Health Insurance Portability and Accountability Act of 1996

# (HIPAA)

# **Privacy Standards**

and

# **Privacy Policies and Procedures**

for

# **Birkam Health Center**

Ferris State University

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## Introduction

In enacting HIPAA in 1996, Congress mandated the establishment of Federal standards for the privacy of individually identifiable health information. HIPAA compliments and supplements other state and federal confidentiality laws including health care professional licensing laws as well as other confidentiality policies of Birkam Health Center (BHC) and Ferris State University (FSU).

HIPAA, as it is reflected and applied in this policy, requires health care providers including Birkam Health Center to implement various activities such as:

- Notifying patients about their privacy rights and how their information can be used.
- Securing patient records containing individually identifiable health information.
- Adopting and implementing privacy policies and procedures for its practice.
- Training employees so that they understand privacy procedures.
- Designating an individual within the practice to be responsible for seeing that the privacy procedures are adopted and followed.

On January 25, 2013, the federal government published changes to the HIPAA rules that require covered entities (such as the Ferris State University Birkam Health Center) to update compliance programs. The changes are effective March 26, 2013, but dental practices have until September 23, 2013 to come into compliance. All business associate agreements entered into on or after January 25, 2013 must be compliant with the new requirements by September 23, 2013, but a transition period until September 22, 2014 applies to certain agreements that were in place on January 25, 2013.

#### Policy Statement

THE BIRKAM HEALTH CENTER IS DEFINED AS A HEALTH CARE PROVIDER AND A COVERED ENTITY UNDER HIPAA. WE CONDUCT CERTAIN FINANCIAL AND ADMINISTRATIVE TRANSACTIONS AND MEDICAL RECORDS ELECTRONICALLY, AND POSSESSES INDIVIDUAL IDENTIFIABLE HEALTH INFORMATION. WE WILL COMPLY WITH ALL OF THE REQUIREMENTS OF HIPAA'S PRIVACY RULE.

BIRKAM HEALTH CENTER WILL NOT DISCLOSE PROTECTED HEALTH INFORMATION TO NON-HEALTH CARE ENTITIES WITHOUT A SIGNED PATIENT AUTHORIZATION OR OTHER HIPAA PERMISSION. THE HEALTH CENTER WILL INSTITUTE APPROPRIATE SAFEGUARDS TO PREVENT IMPROPER DISCLOSURE OF PROTECTED HEALTH INFORMATION TO NON- HEALTH CARE ENTITIES.

# Important Definitions and Concepts Used in These Policies and Procedures

Business Associate	A person or organization, other than a member of the BHC workforce, that creates, receives, maintains or transmits PHI on behalf of BHC. A business associate arranges, performs, or assists in the performance of functions or activities for the BHC that involve PHI. A business associate can also be a covered entity in its own right. Also see Part II, 45 CFR 160.103
Covered Entity	Under HIPAA, this is a health plan, a health care clearinghouse, or a health care provider who transmits any health information in electronic form in connection with a HIPAA transaction. Also see Part II, 45 CFR 160.103.
De-identified Information	Protected health information under HIPAA is <i>individually identifiable</i> health information. De- <i>Identifiable</i> data is data that has been stripped of any and all data that is explicitly linked to a particular individual (that's <i>identified</i> information) and health information with data items which reasonably could be expected to allow individual identification. See also 45 CFR 160.103, 45 CFR 164.502(d)
Disclosure	Disclosure means the release, transfer, provision of, access to, or divulging in any other manner of information outside the entity holding the information. [45 CFR 160.103]
Designated Record Set	The Designated Record Set is defined as records (paper or electronic) maintained by or for Birkam Health Center that are the medical and billing records about patients; or the enrollment, payment, claims adjudication, and case or medical management record systems; and/or used, in whole or in part, by BHC to make decisions about patients.
Healthcare Operations	Any of the following activities of the covered entity to the extent that the activities are related to covered functions: 1) conducting quality assessment and improvement activities, population-based activities, and related functions that do not include treatment; 2) reviewing the competence or qualifications of health care professionals, evaluating practitioner, provider, and health plan performance, conducting training programs where students learn to practice or improve their skills as health-care providers, training of nonhealth-care professionals, accreditation, certification, licensing, or credentialing activities, 3) underwriting, premium rating, and other activities relating to the creation, renewal or replacement

	of a contract of health insurance or benefits; 4) conducting or arranging for medical review, legal services, and auditing functions, including fraud and abuse detection and compliance programs; 5) business planning and development, such as conducting cost-management and planning-related analyses related to managing and operating the entity, including formulary development and administration, development or improvement of methods of payment or coverage policies; and 6) business management and general administrative activities of the entity. [45 CFR 164.501]
Limited Data Set	Protected Health Information that excludes the following identifiers of the Individual, or of relatives, employers or household members of the Individual: names, postal address information other than town or city, state and zip code, telephone numbers, fax numbers, electronic mail address, social security number, health plan beneficiary number, account number, certificate/license number, vehicle identifiers and serial numbers, including license plate numbers, device identifiers and serial numbers, web universal resource locators (URLs), Internet Protocol (IP) address numbers, biometric identifiers, including finger and voice prints and full face photographic images and any comparable images.
Minimum Necessary	One of the guiding principles behind the HIPAA Privacy Rule is the "minimum necessary standard." This standard requires a health care provider to limit the use, disclosure of and requests for protected health information to the minimum necessary to accomplish legitimate tasks. [45 CFR 164.514(d)(1)]
Payment	1) The activities undertaken by (i) a health plan to obtain premiums or to determine or fulfill its responsibility for coverage and provision of benefits under the health plan; or (ii) a health- care provider or health plan to obtain or provide reimbursement for the provision of health care; and 2) the activities relate to the individual to whom health care is provided and include, but are not limited to (i) determinations of eligibility or coverage and adjudication or subrogation of health benefit claims, (ii) risk adjusting amounts due based on enrollee health status and demographic characteristics; (iii) billing, claims management, collection activities, obtaining payment under a contract for reinsurance (including stop-loss insurance) and related health- care services with respect to medical necessity, coverage under a health plan, appropriateness of care, or justification of charges; (v) utilization review activities, including precertification and preauthorization of services, concurrent and retrospective review of services; and (vi) disclosure to consumer reporting agencies of any of the following protected health information relating to collection of premiums or reimbursement: (a) name and address; (b) date of birth; (c) social security number; (d) payment history; (e) account number; and (f) name and address of the health-care provider or health plan.

Protected Health Information (PHI)	Health Information about an individual that is electronically transmitted or stored information; Created or received by a health care provider—written or oral; Related to the past, present or future physical or mental condition of an individual, or the provision of health care for an individual; that Includes demographic information, which can be used to identify the individual. PHI includes demographic information, dates of service, diagnosis, nature of services, medical treatment department and other information that may reveal the identity of the individual or any facts about his or her health care or health insurance. HIPAA allows only demographic patient information, health insurance status, dates of service, department of service information, treating physician information and (for limited purposes) outcome information to be used for fundraising purposes without written patient authorization. See Part II, 45 CFR 164.501.
Use	With respect to individually identifiable health information, the sharing, employment, application, utilization, examination, or analysis of such information with an entity that maintains such information. [45 CFR 160.103.]
	Information about an individual is no longer considered PHI once the individual has been deceased more than 50 years. Therefore, Birkham Health Center is not obligated to apply these policies and procedures to health information about an individual who has been deceased for more than 50 years.
Workforce/Employee	Under HIPAA, this means employees, volunteers, trainees, and other persons under the direct control of a covered entity, whether or not they are paid by the covered entity. Also see Part II, 45 CFR 160.103.

# I. Responsibilities as a Covered Entity

- 1. <u>Privacy Officer and Contact Person</u>. A covered entity must designate a privacy official responsible for developing and implementing its privacy policies and procedures, and a contact person or contact office responsible for receiving complaints and providing individuals with information on the covered entity's privacy practices.
- <u>Workforce Training</u>. A covered entity must train all workforce members on its privacy policies and procedures, as necessary and appropriate for them to carry out their functions. A covered entity must have and apply appropriate sanctions against workforce members who violate its privacy policies and procedures or the Privacy Rule. Trainings will be recorded and maintained in the Privacy Officer's office employee record.
- 3. <u>Safeguards.</u> Birkam Health Center maintains reasonable and appropriate administrative, technical, and physical safeguards for protecting PHI.
  - a. Administrative Safeguards. Administrative safeguards are administrative actions, and policies and procedures, to manage the selection, development, implementation, and maintenance of security measures to protect electronic protected health information and to manage the conduct of the covered entity's workforce in relation to the protection of that information.
    - i. Appointment of Privacy Officer & duties
    - ii. Employee Training
    - iii. Risk Assessment and Management
  - b. Technical Safeguards. Technical safeguards are the technology and the policy and procedures for its use that protect electronic protected health information and control access to it.
    - i. Email
    - ii. Facsimile
    - iii. Access controls
    - iv. Emergency Access
    - v. Automatic Log-off
  - c. Physical Safeguards.
    - i. Record Retention and Destruction
    - ii. Laptops and iPads
    - iii. Incidental Disclosures
    - iv. Private check-in and check-out
- 4. <u>Complaints.</u> A covered entity must have procedures for individuals to complain about its compliance with its privacy policies and procedures and the Privacy Rule. The covered entity must explain those procedures in its privacy practices notice.

# 5. Discipline

- Type of Discipline. When protected health information is improperly accessed, used or released, an individual may be disciplined based on the individual's classification. The specific discipline administered will depend on the nature and severity of the violation. Disciplinary action can range from a verbal warning to immediate termination of the employee.
- b. Whistleblowers. HIPAA regulations permit workforce members of covered entities to disclose PHI in order to expose unlawful or unprofessional conduct, without concern for Intimidation or Retaliatory Acts. Whistleblower disclosures must be:
  - based on a "good faith belief" that such unlawful of unprofessional conduct has occurred, and that disclosure of the PHI is necessary to revealing it;
  - made to a health oversight agency, public health authority or other entity authorized by law to investigate such conduct (such as a law enforcement agency), or to an attorney retained for the purposes of determining legal options in the matter; and
  - no more than reasonably necessary to establish the unlawful or unprofessional conduct (given that the minimum necessary standard can reasonably be inferred to cover all actions associated with PHI).
- c. Crime Victims. Birkam Health Center is not in violation of the rule when a workforce member of a covered entity who is the victim of a crime discloses protected health information to law enforcement officials about the suspected perpetrator of the crime.
- 6. <u>No Intimidating or Retaliatory Acts</u>. Birkam Health Center will not retaliate against a person for exercising rights provided by the Privacy Rule, for assisting in an investigation by HHS or another appropriate authority, or for opposing an act or practice that the person believes in good faith violates the Privacy Rule.
- 7. <u>No Waiver of Rights.</u> Birkam Health Center will not require an individual to waive any right under the Privacy Rule as a condition for obtaining treatment, payment, and enrollment or other benefits eligibility.
- 8. <u>Notice of Privacy Practices.</u> A covered entity under HIPAA must create and provide a Notice of Privacy Practices (NPP) to every patient.
  - a. Creating the Notice.
  - b. Delivering the Notice.
  - c. Electronic Delivery of the Notice.
  - d. Posting the Notice on BHC Website.
  - e. Revisions of the NPP.

## II. Uses and Disclosures of Protected Health Information.

- 1. <u>Basic Principle.</u> A major purpose of the Privacy Rule is to define and limit the circumstances in which an individual's protected heath information may be used or disclosed by covered entities. A covered entity may not use or disclose protected health information, except either:
  - a. as the Privacy Rule permits or requires; or
  - b. as the individual who is the subject of the information (or the individual's personal representative) authorizes in writing.

# 2. Who Must Comply with These Policies and Procedures

<u>Health Care Providers.</u> Every health care provider, regardless of size, who electronically transmits health information in connection with certain transactions, is a covered entity. These transactions include claims, benefit eligibility inquiries, referral authorization requests, or other transactions for which HHS has established standards under the HIPAA Transactions Rule. Using electronic technology, such as email, does not mean a health care provider is a covered entity; the transmission must be in connection with a standard transaction. The Privacy Rule covers a health care provider whether it electronically transmits these transactions directly or uses a billing service or other third party to do so on its behalf. Health care providers include all "providers of services" (e.g., institutional providers such as hospitals) and "providers of medical or health services" (e.g., non-institutional providers such as physicians, dentists and other practitioners) as defined by Medicare, and any other person or organization that furnishes, bills, or is paid for health care. **Birkam Health Center and Staff, by this definition, is a Covered Entity under HIPAA and must comply with these policies and procedures.** 

3. <u>Minimum Necessary.</u> A central aspect of the Privacy Rule is the principle of "minimum necessary" use and disclosure. A covered entity must make reasonable efforts to use, disclose, and request only the minimum amount of protected health information needed to accomplish the intended purpose of the use, disclosure, or request. A covered entity must develop and implement policies and procedures to reasonably limit uses and disclosures to the minimum necessary. When the minimum necessary standard applies to a use or disclosure, a covered entity may not use, disclose, or request the entire medical record for a particular purpose, unless it can specifically justify the whole record as the amount reasonably needed for the purpose. When possible, the minimum amount of information necessary should be the Limited Data Set information.

<u>Exceptions to the Minimum Necessary Standard.</u> The minimum necessary requirement is not imposed in any of the following circumstances: (a) disclosure to or a request by a health care provider for treatment; (b) disclosure to an individual who is the subject of the information, or the individual's personal representative; (c) use or disclosure made pursuant to an authorization; (d) disclosure to HHS for complaint investigation, compliance review or enforcement; (e) use or disclosure that is required by law; or (f) use or disclosure required for compliance with the HIPAA Transactions Rule or other HIPAA Administrative Simplification Rules.

- 4. Complying with Minimum Necessary.
  - a. Access and Uses. For internal uses, a covered entity must develop and implement policies and procedures that restrict access and uses of protected health information based on the specific roles of the members of their workforce. These policies and procedures must identify the persons, or classes of persons, in the workforce who need access to protected health information to carry out their duties, the categories of protected health information to which access is needed, and any conditions under which they need the information to do their jobs.

- 5. <u>Required Disclosures</u>. A covered entity must disclose protected health information in only two situations:
  - a. to individuals (or their personal representatives) specifically when they request access to, or an accounting of disclosures of, their protected health information;
  - b. to HHS when it is undertaking a compliance investigation or review or enforcement action.
- 6. <u>Permitted Uses and Disclosures.</u> A covered entity is permitted, but not required, to use and disclose protected health information, without an individual's authorization, for the following purposes or situations:
  - a. To the Individual (unless required for access or accounting of disclosures);
  - b. Treatment, Payment, and Health Care Operations;
  - c. Opportunity to Agree or Object;
  - d. Incident to an otherwise permitted use and disclosure;
  - e. Public Interest and Benefit Activities; and
  - f. Limited Data Set for the purposes of research, public health or health care operations. Covered entities may rely on professional ethics and best judgments in deciding which of these permissive uses and disclosures to make.
- 7. <u>Authorized Use and Disclosure</u>. A covered entity must obtain the individual's written authorization for any use or disclosure of protected health information that is not for treatment, payment or health care operations or otherwise permitted or required by the Privacy Rule. A covered entity may not condition treatment, payment, enrollment, or benefits eligibility on an individual granting an authorization, except in limited circumstances.
  - a. An authorization must be written in specific terms. It may allow use and disclosure of protected health information by the covered entity seeking the authorization, or by a third party.
  - b. An authorization that is valid must specify a number of elements including a description of the protected health information to be used and disclosed, the person authorized to make the use or disclosure, the person to whom the covered entity may make the disclosure, an expiration date, a statement regarding the right a patient has to revoke the authorization, and, in some cases, the purpose for which the information may be used or disclosed.
  - c. A patient has the right to revoke an authorization at any time. The revocation must be in writing, and is not effective until the covered entity receives it. In addition, a written revocation is not effective with respect to actions a covered entity took in reliance on a valid Authorization, or where the Authorization was obtained as a condition of obtaining insurance coverage and other law provides the insurer with the right to contest a claim under the policy or the policy itself.
  - d. A patient has the right to receive a copy of their completed Authorization.
  - e. All authorizations must be in plain language, and contain specific information regarding the information to be disclosed or used, the person(s) disclosing and receiving the information, expiration, right to revoke in writing, and other data.

i. Marketing. A covered entity must obtain an authorization to use or disclose protected health information for marketing, except for face-to-face marketing communications between a covered entity and an individual, and for a covered entity's provision of promotional gifts of nominal value.

#### III. Complying with Individual Rights

#### Notice and Other Individual Rights

<u>Privacy Practices Notice.</u> Each covered entity, with certain exceptions, must provide a notice of its privacy practices. The Privacy Rule requires that the notice contain certain elements. The notice must describe the ways in which the covered entity may use and disclose protected health information. The notice must state the covered entity's duties to protect privacy, provide a notice of privacy practices, and abide by the terms of the current notice. The notice must describe individuals' rights, including the right to complain to HHS and to the covered entity if they believe their privacy rights have been violated. The notice must include a point of contact for further information and for making complaints to the covered entity. Covered entities must act in accordance with their notices. The Rule also contains specific distribution requirements for direct treatment providers, all other health care providers, and health plans.

<u>Access</u>. Except in certain circumstances, patients have the right to review and obtain a copy of their protected health information in a covered entity's designated record set. The "designated record set" is that group of records maintained by or for a covered entity that is used, in whole or part, to make decisions about individuals, or that is a provider's medical and billing records about individuals or a health plan's enrollment, payment, claims adjudication, and case or medical management record systems. The Rule excepts from the right of access the following protected health information: psychotherapy notes, information compiled for legal proceedings, laboratory results to which the Clinical Laboratory Improvement Act (CLIA) prohibits access, or information held by certain research laboratories. For information included within the right of access, a covered entity may deny an individual access in certain specified situations, such as when a health care professional believes access could cause harm to the individual or another. In such situations, the individual must be given the right to have such denials reviewed by a licensed health care professional for a second opinion. The covered entity may impose reasonable, cost-based fees for the cost of copying and postage.

<u>Amendment.</u> The Privacy Rule gives patients the right to have a covered entity amend their protected health information in a designated record set when that information is inaccurate or incomplete. If a covered entity accepts an amendment request, it must make reasonable efforts to provide the amendment to persons that the patient has identified as needing it, and to persons that the covered entity knows might rely on the information to the individual's detriment. If the request is denied, covered entities must provide the individual with a written denial and allow the individual to submit a statement of disagreement for inclusion in the record. The Rule specifies processes for requesting and responding to a request for amendment. The covered entity must amend protected health information in its designated record set upon receipt of notice to amend from another covered entity.

<u>Disclosure Accounting.</u> Patients have a right to an accounting of the disclosures of their protected health information by a covered entity or their Business Associates. The maximum disclosure accounting period is the six years immediately preceding the accounting request, except a covered entity is not obligated to account for any disclosure made before its Privacy Rule compliance date.

The Privacy Rule does not require accounting for disclosures: (a) for treatment, payment, or health care operations; (b) to the individual or the individual's personal representative; (c) for notification of or to persons involved in an individual's health care or payment for health care, for disaster relief, or for facility

directories; (d) pursuant to an authorization; (e) of a limited data set; (f) for national security or intelligence purposes; (g) to correctional institutions or law enforcement officials for certain purposes regarding inmates or individuals in lawful custody; or (h) incident to otherwise permitted or required uses or disclosures. Accounting for disclosures to health oversight agencies and law enforcement officials must be temporarily suspended on their written representation that an accounting would likely impede their activities.

<u>Restriction Request.</u> Patients have the right to request that covered entities restrict use or disclosure of protected health information for treatment, payment or health care operations, disclosure to persons involved in the individual's health care or payment for health care, or disclosure to notify family members or others about the individual's general condition, location, or death. Except in limited circumstances, covered entities are under no obligation to agree to requests for restrictions.

<u>Confidential Communications Requirements.</u> Covered entities must permit individuals to request an alternative means or location for receiving communications of protected health information by means other than those that we typically employs. For example, a patient may request that the provider communicate with the individual through a designated address or phone number. Similarly, an individual may request that the provider send communications in a closed envelope rather than a post card.

# IV. Breach Notification

There are three exceptions to the definition of "breach." The first exception applies to the unintentional acquisition, access, or use of protected health information by a workforce member acting under the authority of a covered entity or business associate. The second exception applies to the inadvertent disclosure of protected health information from a person authorized to access protected health information at a covered entity or business associate to another person authorized to access protected health information at the covered entity or business associate. In both cases, the information cannot be further used or disclosed in a manner not permitted by the Privacy Rule. The final exception to breach applies if the covered entity or business associate has a good faith belief that the unauthorized individual, to whom the impermissible disclosure was made, would not have been able to retain the information.

<u>Breach Notification Requirements</u>. Following a breach of unsecured protected health information covered entities must provide notification of the breach to affected individuals, the Secretary, and, in certain circumstances, to the media. In addition, business associates must notify covered entities that a breach has occurred.

# **Privacy Policies and Procedures**

**Birkam Health Center** 

Ferris State University

# **Designation of a Privacy Officer**

## Purpose

To ensure that a designated individual is appointed / selected to serve as the primary contact and Privacy Officer for the purpose of carrying out HIPAA and Privacy Rule related duties and responsibilities.

#### Policy

BHC and General Counsel will designate a privacy officer responsible for developing and implementing its privacy policies and procedures, and a contact person or contact office responsible for receiving complaints and providing individuals with information on the covered entity's privacy practices.

## Procedure

- **1.** The Director of BHC is the designated Privacy Officer.
- 2. The Privacy Officer may appoint a Designee.
- **3.** The Privacy Officer is responsible for developing and implementing the Birkam Health Center privacy policies and procedures, and designated as
  - **a.** The person for receiving complaints
  - **b.** Providing further information about the Notice of Privacy Practices (for example, to patients, to staff, etc.), and
  - **c.** Receiving and processing:
    - i. Requests for access
    - ii. Accountings of disclosures
    - iii. Requests for amendments

# **PRIVACY OFFICER DESCRIPTION of DUTIES**

#### **GENERAL DUTIES:**

Maintain the privacy of patient information and oversee activities that keep our practice in compliance with the HIPAA Privacy and Breach Notification Rule and applicable state laws on privacy, data security, and patient records.

## **SPECIFIC DUTIES:**

The Privacy Officer has the following specific duties:

#### • Management

Work with University General Council (GC) to comply with applicable federal and state laws. Stay current on privacy laws and updates in privacy technology. Immediately notify the direct Administrator of any communication from or on behalf of governing agency, such as the Office for Civil Rights or the state attorney general, (for example, if the BHC receives a communication about a notice of investigation, compliance review, or audit).

#### • Policies and Procedures

Develop, or serve as a team leader in the development of compliant privacy and breach notification policies and procedures. Implement the policies and procedures and integrate them into the practice's day-to-day activities.

#### • Training and Sanctions

Provide timely training (planned courses, updates, reminders, and on-the-spot refreshers) to all workforce members, including management, employees, interns and others whose work for BHC is under the practice's direct control. Oversee sanctions for violations of HIPAA and our privacy policies and procedures according to our policies, and bring any sanctions to the attention of the direct Administrator.

#### Risk Management

Collaborate with appropriate University Security Official to ensure that privacy and security risks are assessed regularly and are analyzed, documented and updated as appropriate.

#### Business Associates

Ensure that appropriate agreements are in place with each of the BHC's business associates. Lead the practice in developing and updating business associate agreements and work with GC to develop and execute compliant business associate agreements.

#### • Patient Rights

Respond to patient requests regarding their information and to questions about our privacy practices. Maintain documentation related to patient requests. Help the academic dental hygiene practice's employees understand how to respond appropriately to patient questions about their information and our privacy practices.

#### Documentation

Create, receive, and maintain documentation related to our privacy practices, and retain such documentation for six years from the date of its creation or the date when it last was in effect,

whichever is later. Organize documentation for prompt retrieval in the event of a government investigation or audit.

#### Complaint Management

Receive, respond to, and document complaints about our privacy practices, investigating complaints and mitigating harm where appropriate. Educate workforce on our policies and procedures on complaints, and that retaliation and intimidation is prohibited against individuals who exercise their patient rights.

#### Qualifications

Must be familiar with the practice of medical care within Birkam Health Center; have excellent communication, problem solving, and research skills and an interest in privacy laws and regulations; be recognized detail-oriented and having high integrity; have strong organizational skills and work well with management and staff.

# Workforce Training

## Purpose

To ensure that the BHC workforce has the training it needs to carry out required job functions.

## Policy

The BHC must train all workforce members on its privacy policies and procedures, as necessary and appropriate for them to carry out their functions. A covered entity must have and apply appropriate sanctions against workforce members who violate its privacy policies and procedures or the Privacy Rule.

# Procedure

- 1. New Employees
  - a. The hiring supervisor will organize and facilitate appropriate training of the new employee by completing the following items.
    - i. Assign and complete the New Employee Training Check-sheet to be filed with the employee's employee record.
    - ii. Original certificates of completion are to be given to the employee.
    - iii. Copies of completed training certificates are to be filed with the Privacy Officer.
    - iv. The training is to be completed with a reasonable amount of time after the employee starts working in the center.
    - v. The training is to be completed annually and / or with any updates to policies, procedures or laws effecting the areas of training.
    - vi. Employee will sign a Data Security Agreement to be filed with the Privacy Officer.
    - vii. Employee will sign a Confidentiality Agreement to be filed with the Compliance Officer.
- 2. Student Employees
  - a. The hiring supervisor will organize and facilitate appropriate training of the student employee by completing the following items.
    - i. Assign and complete the Student Orientation Check-sheet to be filed with the student's employee record
    - ii. The training is to be completed prior to the student employee's first day on the job. The training is to be completed prior to the new employee's first day on the job.
    - iii. The training is to be completed annually and / or with any updates to policies, procedures or laws effecting the areas of training.
    - iv. Employee will sign a Data Security Agreement to be filed with the Privacy Officer.
    - v. Employee will sign a Confidentiality Agreement to be filed with the Compliance Officer.

- vi. The training is to be completed annually and / or with any updates to policies, procedures or laws effecting the areas of training.
- 3. Annual Employee Training and Refreshers
  - a. All BHC will participate in annual HIPAA, Privacy Rule and Data Security trainings as needed. When changes are made to policies and procedures, updates are made by HHA or other governmental agency, training will be provided. Refreshers and reminders will be ongoing.
- 4. BHC will maintain documentation demonstrating the dates when employees with access to PHI were trained concerning the Privacy Rules and any applicable Policies and Procedures, for a period of six years from the date each training session was concluded.

# SAFEGUARDS

#### PURPOSE

The purpose of this policy is to provide guidelines for the safeguarding of Protected Health Information ("PHI") in the BHC and to limit unauthorized disclosures of PHI that is contained in a patient's Medical Record, while at the same time ensuring that such PHI is easily accessible to those involved in the treatment of the patient.

#### Policy

The policy of BHC is to ensure, to the extent possible, that PHI is not intentionally or unintentionally used or disclosed in a manner that would violate the HIPAA Privacy Rule or any other federal or state regulation governing confidentiality and privacy of health information. The following procedure is designed to prevent improper uses and disclosures of PHI and limit incidental uses and disclosures of PHI that is, or will be, contained in a patient's Medical Record. At the same time, the BHC recognizes that easy access to all or part of a patient's Medical Record by health care practitioners involved in a patient's care (nurses, attending and consulting physicians, therapists, and others) is essential to ensure the efficient quality delivery of health care.

All staff members are responsible for the security of the active Medical Records within the clinic.

#### PROCEDURE

The BHC Privacy Officer and Director shall periodically monitor the BHC's compliance regarding its reasonable efforts to safeguard PHI.

#### Safeguards for Verbal Uses

These procedures shall be followed, if reasonable by the BHC, for any meeting or conversation where PHI is discussed.

#### Meetings during which PHI is discussed:

- 1. Specific types of meetings where PHI may be discussed include, but are not limited to:
  - a. Compliance Meetings
  - b. Clinical meetings
  - c. Patient / Client Referral Meeting (Personal Counseling for example)
  - d. Bill review meetings
- 2. Meetings will be conducted in an area that is not easily accessible to unauthorized persons.
- 3. Meetings will be conducted in a room with a door that closes, if possible.
- 4. Voices will be kept to a moderate level to avoid unauthorized persons from overhearing.
- 5. Only staff members who have a "need to know" the information will be present at the meeting.
- 6. The PHI that is shared or discussed at the meeting will be limited to the minimum amount necessary to accomplish the purpose of sharing the PHI.

#### Telephone conversations:

- 1. Telephones used for discussing PHI are located in as private an area as possible.
- 2. Staff members will take reasonable measures to assure that unauthorized persons do not overhear telephone conversations involving PHI. Reasonable measures may include:
  - a. Lowering the voice
  - b. Requesting that unauthorized persons step away from the telephone area
  - c. Moving to a telephone in a more private area before continuing the conversation
- 3. PHI shared over the phone will be limited to the minimum amount necessary to accomplish the purpose of the use or disclosure.

#### In-Person conversations:

- In examination or other patient care rooms
- With patient in public areas
- With authorized staff in public areas

Reasonable measures will be taken to assure that unauthorized persons do not overhear conversations involving PHI. Such measures may include:

- 1. Lowering the voice
- 2. Moving to a private area within the BHC
- 3. If in a patient room, pulling the privacy curtain, ensuring the door is closed, etc.

#### Safeguards for Written PHI

All documents containing PHI should be stored appropriately to reduce the potential for incidental use or disclosure. Documents should not be easily accessible to any unauthorized staff or individual.

#### Active Records Within the BHC Clinic:

- 1. Active Medical Records shall be stored in an area that allows staff providing care to patients to access the records quickly and easily as needed.
- 2. Authorized staff shall review the Medical Record on their iPad or in the Records Area.
- 3. Active Medical Records shall not be left unattended in the BHC anywhere an unauthorized individuals could easily view the records.
- 4. Only authorized staff shall review the Medical Records. All authorized staff reviewing Medical Records shall do so in accordance with the minimum necessary standards.
- 5. Medical Records shall be protected from loss, damage and destruction.

#### Active Financial Office Files:

Active Financial Office Files shall be stored in a secure area that allows authorized staff access as needed.

#### Thinned Records, Inactive Medical Records:

1. Purged and inactive Medical Records will be filed in a systematic manner in a location that ensures the privacy and security of the information. The Health Admissions Clerk or a designee shall monitor storage and security of such Medical Records. When records are left unattended, records will be in a locked room, file cabinet or drawer.

- 2. The Privacy Officer and Director will identify and document those staff members with keys to stored Medical Records. The minimum number of staff necessary to assure that records are secure yet accessible shall have keys allowing access to stored Medical Records. Staff members with keys shall assure that the keys are not accessible to unauthorized individuals.
- 3. Inactive Medical Records must be signed out if removed from their designated storage area. Only authorized persons shall be allowed to sign out such records.
- 4. Records must be returned to storage promptly.
- 5. In the event that the confidentiality or security of PHI stored in an active or inactive Medical Record has been breached, the BHC Privacy Officer and Director shall be notified immediately.

#### Inactive Business Office Files:

Inactive Business Office Files shall be stored in a systematic manner in a location that ensures privacy and security of the information.

#### PHI Not a Part of the Designated Record Set:

1. Any documentation of PHI shall be stored in a location that ensures, to the extent possible, that such PHI is accessible only to authorized individuals.

#### Office Equipment Safeguards

#### Computer access:

- 1. Only staff members who need to use computers to accomplish work-related tasks shall have access to computer workstations or terminals.
- 2. All users of computer equipment must have unique login and passwords.
- 3. Passwords shall be changed according to University schedules.
- 4. Posting, sharing and any other disclosure of passwords and/or access codes is **strongly discouraged.**
- 5. Access to computer-based PHI shall be limited to staff members who need the information for treatment, payment or health care operations.
- 6. BHC staff members shall log off their workstation when leaving the work area.
- 7. Computer monitors shall be positioned so that unauthorized persons cannot easily view information on the screen.
- 8. Employee access privileges will be removed promptly following their departure from employment.
- 9. Employees will immediately report any violations of this Policy to their supervisor, Director or BHC Privacy Officer.

#### Printers, copiers and fax machines:

- 1. Printers will be located in areas not easily accessible to unauthorized persons.
- 2. If equipment cannot be relocated to a secure location, a sign will be posted near the equipment indicating that unauthorized persons are prohibited from viewing documents from the equipment.
- 3. Documents containing PHI will be promptly removed from the printer, copier or fax machine and placed in an appropriate and secure location.

Documents containing PHI that must be disposed of due to error in printing will be destroyed by shredding or by placing the document in a secure recycling or shredding

# Destruction

#### Records will be stored, maintained and destroyed according to the University schedule.

Written:

Documentation that is not part of the Medical Record and will not become part of the Medical Record shall be destroyed promptly when it is no longer needed by shredding or placing the information in a secure recycling or shredding bin until the time that it is destroyed.

#### Electronic:

Prior to the disposal of any computer equipment, including donation, sale or destruction, the BHC in conjunction with TAC and / or the equipment vendor must determine if PHI has been stored in this equipment and will delete all PHI prior to the disposal of the equipment.

# **COMPLAINTS**

#### <u>Purpose</u>

To ensure that an effective complaint process is in place to deal with privacy violations. The process is to include:

- Identification of a privacy designee who is responsible for receiving complaints.
- A method for documenting receipt of complaints and their resolution.
- Assurance that no individual will be required to waive their rights to file a complaint with the Department of Health and Human Services.

#### POLICY

It is the policy of this BHC to ensure the privacy of Protected Health Information ("PHI") as well as to ensure that such information is used and disclosed in accordance with all applicable laws and regulations. Any concerned individual has the right to file a formal complaint concerning privacy issues without fear of reprisal. Such issues could include, but are not limited to, allegations that:

- PHI that was used/disclosed improperly;
- Access or amendment rights were wrongfully denied; or
- The BHC's Notice of Privacy Practices does not reflect current practices accurately.

#### PROCEDURE

- 1. All patients or their personal representatives will be notified of their right to complain to the BHC or the Department of Health and Human Services in the BHC's *Notice of Privacy Practices*.
- 2. All concerns may be registered by telephone, mail, or in person.
- 3. Upon receipt of a complaint about a BHC's privacy policies or its compliance with those policies or the law, the complaint will be recorded on a *Complaint Log* or *Complaint Regarding Use or Disclosure of Protected Health Information* ("Complaint") form.
- 4. The BHC Privacy Officer will review the *Complaint* form/log to ensure that the information is complete, and take the necessary steps to get complete information:
  - a. Document the date, time, and name of the person making the complaint in the *Complaint Log.*
  - b. Investigate the complaint.
  - c. Document the resolution of the complaint.
- 5. Once the *Complaint* form/log is completed correctly, the BHC Privacy Officer will review and investigate the complaint to determine if a violation of the law or BHC policies has occurred.
- 6. Following this review, the BHC Privacy Officer shall submit his or her findings to the Privacy Officer for final review.
- 7. The Privacy Officer shall determine the substance of the findings and will direct the BHC Privacy Officer as to the content and method of response:
  - a. Document the resolution of the complaint.
  - b. Communicate the outcome of the complaint with the individual filing the complaint within 30 days from receipt of complaint.
- 8. The BHC Privacy Officer shall maintain documentation of all complaints received and their disposition for a period of at least six years (from the date of creation) in accordance with federal regulations.

#### SAMPLE COMPLAINT REGARDING USES/DISCLOSURES OF PROTECTED HEALTH INFORMATION

Tracking Number\_\_\_\_\_

This form is to be used to file a complaint with the BHC regarding its privacy policies and procedures, and its compliance with those policies and procedures or the federal Privacy Rule.

When this form is complete, please return it to:

Patient Information	Requester's information (if not the patient)		
Name	Name		
Address	Relationship to the Customer		
Date of Birth Student Number	Source of Legal Authority		
Phone Number	Phone Number		
Date of incident:/or  1	he practice is ongoing		
Time of incident:/or 🗌 I	Not applicable		
Please describe the practice or incident about which	you wish to complain:		
Name & title of person(s) involved, if known:			
Please describe why you believe that this practice or incident was improper:			
Please attach any documentation that supports your	complaint to this form.		
	o the best of my knowledge, and that I have a good faith ederal laws regarding the handling of a patient's health cedures.		
Signature:	Date:		

# RESOLUTION OF COMPLAINT REGARDING USES/DISCLOSURES OF PROTECTED HEALTH INFORMATION

Person investigating the complaint:	
Name	
Title	
Tracking Number:	
Date	
Resolution or Conclusion of investigation:	
Comments:	
Date and Time Resolution Communicated to Individu	
Approval of Privacy Officer	
Name	Date
Comments/Instructions:	

# LOG OF INTERNAL COMPLAINTS REGARDING PRIVACY ISSUES

DATE RECEIVED	IDENTITY OF INDIVIDUAL MAKING COMPLAINT (IF KNOWN)	PERSON RECEIVING COMPLAINT	NATURE OF COMPLAINT	STEPS TAKEN TO RESOLVE COMPLAINT	DATE OF RESOLUTION	Method Filed	Tracking Number
					05/00/00		
Example: 04/30/03	Hotline – anonymous	Pam Peters – privacy officer	Computer screens at nursing station not shielded from visitor view	Computer terminals moved to area at nursing station where they cannot be seen by passerby; monitor screen shields installed	05/02/03		

# **Discipline**

#### Purpose

To outline sanctions for employees violations of BHC HIPAA Policies and Procedures.

#### Policy

Attempting to obtain or use, actually obtaining or using, or assisting others to obtain or use PHI, when unauthorized or improper, will result in counseling and/or disciplinary action up to and including termination.

#### Procedure.

Definitions and Caveats:

- Depending on the nature of the breach, violations at any level may result in more severe action or termination
- Levels I-III are considered to be without malicious intent; Level IV connotes malicious intent
- At Level IV, individuals may be subject to civil and/or criminal liability
- For any offense, a preliminary investigation will precede assignment of level of violation
- The Privacy Officer shall maintain documentation of all disciplinary actions that BHC has taken against employees for violations of these Policies and Procedures or the Privacy Rules, for a period of six years from the date of the disciplinary action.

Level of Violation	Examples	Minimum Disciplinary/Corrective Action
Level I	<ul> <li>Misdirected faxes, e-mails &amp; mail.</li> <li>Failing to log-off or close or secure a computer with PHI displayed.</li> <li>Leaving a copy of PHI in a non- secure area.</li> <li>Dictating or discussing PHI in a non-secure area (lobby, hallway, cafeteria, elevator).</li> <li>Failing to redact or de-identify patient information for operational/business uses.</li> <li>Leaving detailed PHI on an answering machine.</li> <li>Improper disposal of PHI.</li> <li>Transmission of PHI using an unsecured method.</li> </ul>	<ul> <li>First offense: verbal counseling</li> <li>Second offense within one year: written warning.</li> <li>Third offense within one year: termination.</li> <li>Notify Privacy Officer of all incidents.</li> </ul>
Level II	<ul> <li>Requesting another individual to inappropriately access patient information.</li> <li>Inappropriate sharing of ID/password with another coworker or encouraging coworker to share ID/password.</li> <li>Failure to secure data on mobile devices through encryption/password.</li> </ul>	<ul> <li>First offense: written warning.</li> <li>Second offense within one year: termination.</li> <li>Notify Privacy Officer of all incidents.</li> </ul>
Level III	<ul> <li>Releasing or using aggregate patient data without facility approval for research, studies, publications, etc.</li> <li>Accessing or allowing access to PHI without having a legitimate reason.</li> <li>Giving an individual access to your electronic signature.</li> <li>Accessing patient information due to curiosity or concern, such as a family member, friend, neighbor, coworker, famous or "public" person, etc.</li> <li>Posting PHI to social media.</li> </ul>	<ul> <li>Termination.</li> <li>Notify Privacy Officer of all incidents.</li> </ul>
Level IV	<ul> <li>Releasing or using data for personal gain.</li> <li>Compiling a mailing list to be sold for personal gain or for some personal use.</li> <li>Disclosure or abusive use of PHI</li> <li>Tampering with or unauthorized destruction of information.</li> </ul>	<ul> <li>Termination.</li> <li>Violation will be reported to appropriate licensing boards and third party agencies when required.</li> <li>Notify Privacy Officer of all incidents.</li> </ul>

# Whistleblowers, Crime Victims and Retaliatory Acts

## PURPOSE

To document the BHC policy regarding whistleblowers and crime victims and the prohibition of retaliatory acts against them.

## POLICY

The BHC is committed to protecting the rights of members of the workforce who disclose protected health information as victims of a crime or who disclose PHI while acting as whistleblowers. Additionally, the BHC prohibits intimidating or retaliating against whistleblowers.

#### PROCEDURE

- 1. Disclosures by Whistleblowers
  - A. A member of the BHC workforce or a business associate may disclose PHI, as minimally necessary, to the Privacy officer or other oversight entity, if he/she believes in good faith that BHC, a member of its workforce or a business associate has:

i. engaged in conduct that is unlawful or otherwise violates professional or clinical standards: or,

ii. that the care, services, or conditions provided by BHC, a member of its workforce, or a business associate potentially endanger one or more patients, workers, or the public

B. A member of the BHC workforce or a business associate may disclose protected health information under these circumstances to:

i. A health oversight agency or public health authority authorized by law to investigate or otherwise oversee the relevant conduct or conditions of BHC
ii. An attorney retained by or on behalf of the workforce member or business associate for the purpose of determining their legal options with regard to the conduct that has resulted in the allegation made by the workforce member or business associate.

- 2. Disclosures by Members of the BHC Workforce Who are Victims of a Crime
  - A. A member of the BHC workforce who is the victim of a criminal act, may disclose PHI to a law enforcement official, when necessary, regarding the suspected perpetrator of the criminal act.
  - B. Disclosing PHI under these circumstances does not violate BHC's HIPAA privacy policies regarding the proper use and disclosure of protected health information.
  - C. A member of the BHC workforce disclosing PHI under these circumstances may disclose the following types of information regarding the suspected perpetrator of the criminal act:
    - 1. Name and address;
    - 2. Date and place of birth;
    - 3. Social security number;
    - 4. ABO blood type and rh factor;
    - 5. Type of injury;
    - 6. Date and time of treatment;
    - 7. Date and time of death, if applicable;
    - 8. Description of distinguishing physical characteristics, including height, weight, gender, race, hair and eye color, presence or absence of facial hair (beard or moustache), scars, and tattoos.
- 3. Refraining from Intimidating or Retaliatory Acts. The BHC may not intimidate, threaten,

coerce, discriminate against, or take other retaliatory action against any individual:

- A. For the exercise by the individual of any action taken by the individual in the filing of a privacy-related complaint.
- B. For the filing of a privacy-related complaint with the Secretary of the Department of Health and Human Services;
- C. For testifying, assisting, or participating in an investigation, compliance review, proceeding, or hearing or
- D. For opposing any act or belief that the practice opposed is unlawful, and the manner of the opposition is reasonable and does not involve a disclosure of protected health information in violation of BHC's policies on the use and disclosure of PHI.
- 4. Reporting Compliance Incidents. Members of the BHC workforce who are aware of a suspected compliance incident, including fraud, abuse, neglect, lapse of professional judgment or privacy violation, are encouraged to report their observations.
- 5. Reporting Violations
  - A. The Privacy Officer has general responsibility for implementing this policy.
  - B. Members of the BHC staff who violate this policy will be subject to disciplinary action up to and including termination of employment or contract with BHC.
  - C. Anyone who knows or has reason to believe that another person has violated this policy should report the matter promptly to his or her supervisor or to the Privacy Officer.
  - D. All reported matters will be investigated, and, where appropriate, steps will be taken to remedy the situation. Where possible, BHC will make every effort to handle the reported matter confidentially
  - E. Any attempt to retaliate against a person for reporting a violation of this policy will itself be considered a violation of this policy that may result in disciplinary action up to and including termination of employment or contract with BHC.

# **Notice of Privacy Practices**

#### Purpose

To provide notice to describe to patients the ways in which the BHC may use and disclose protected health information.

#### Policy

The BHC will provide Notice of Privacy Practices to all patients. The Notice will contain required elements under HIPAA.

#### Procedure

- 1. Creating the Notice
  - a. The Privacy Officer is responsible for creating, maintain and disseminating the Notice of Privacy Practices.
- 2. <u>Notice Distribution</u>. A covered health care provider with a *direct treatment* relationship with individuals must have delivered a privacy practices notice to patients as follows:
  - a. The Health Admissions Clerk is responsible for delivery and posting of the NPP in its electronic and / or paper form. Paper copies of the form are available for view at the reception desk and patients may receive a paper copy upon request.
    - i. Patients are offered the NPP at their first appointment and annually via the self-check in module of the EMR system. If the NPP is changed or revised, the patient will be alerted to this and offered the new copy upon check-in at their next appointment. In order for the patient to progress through electronic check-in, they must acknowledge the NPP by accepting it or declining it.
  - b. Not later than the first service encounter by personal delivery (for patient visits), by automatic and contemporaneous electronic response (for electronic service delivery), and by prompt mailing (for telephonic service delivery)
  - c. By posting the notice at each service delivery site in a clear and prominent place where people seeking service may reasonably be expected to be able to read the notice
  - d. In emergency treatment situations, the provider must furnish its notice as soon as practicable after the emergency abates.
  - e. A copy of the Notice of Privacy Practices will be posted on the website of BHC.
  - f. Patients are offered a paper copy of the NPP.
  - g. A patient must be presented the NPP at electronic check-in prior to their first appointment.
- 3. <u>Acknowledgement of Notice Receipt.</u> The BHC must make a good faith effort to obtain written acknowledgement from patients of receipt of the privacy practices notice.
  - a. Patients will acknowledge receipt via electronic check-in at the BHC.
  - b. Patients may accept or decline the NPP.
  - c. Patients are asked to acknowledge receipt at least annually and / or if there have been any changes or revisions to the NPP.
  - d. If a patient refuses the NPP it is documented in their medical record.
  - 4. <u>Revisions.</u> Only the Privacy Officer has authorization to revise the NPP. We will use and disclose protected health information in a manner that is consistent with HIPAA

and with our NPP. If we change our NPP, the revised NPP will apply to all protected health information that we have, not just protected health information that we generate or obtain after we have changed the NPP.

5. BHC will maintain a copy of the Notice of Privacy Practices for six years beyond the date the documents cease to be effective.

# Birkam Health Center Ferris State University NOTICE OF PRIVACY PRACTICES

Effective Date of Notice: April 14, 2003 Effective Date of Revised Notice: September 23, 2013

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this Notice, please contact:

Director or Privacy officer Birkam Health Center Ferris State University 1019 Campus Drive Big Rapids, MI 49307 (231) 591-2614

# WE WILL COMPLY WITH THIS NOTICE

This Notice describes the privacy practices of Ferris State University's **Birkam Health Center** (**BHC**), our employees and providers and any third parties that help us manage Protected Health Information. In general, we may use and disclose your health information to coordinate and oversee your medical treatment, pay your medical claims, and assist in health care operations as described in this Notice.

# **OUR COMMITMENT TO PROTECT YOUR HEALTH INFORMATION**

We believe that information about you and your health, whether it be in verbal, written, or electronic format is personal and should be carefully safeguarded. We are committed to protecting your personal health information. We (or the third parties that assist us) maintain a record of all health care provided by or paid for by Ferris State University. This Notice applies to all of your health information that we maintain. Please be aware that health care providers or pharmacies not associated with us, such as other doctors, dentists, hospitals, or outside pharmacies, have their own policies regarding their use and disclosure of your health information about how they may use and disclose your health information.

This Notice informs you about the ways we may use and disclose your health information. This Notice also describes your privacy rights, along with the obligations that we have regarding the use and disclosure of your health information. Federal medical privacy law requires us to:

• make sure your health information is kept private;

- give you this Notice of our privacy practices with respect to your health information; and
- follow the terms of this Notice.

## HOW WE MAY USE AND DISCLOSE YOUR HEALTH INFORMATION

We do not sell your personal health information or disclose it to companies that wish to sell you their products. We must have your written permission (called an "authorization") to use and disclose your health information, except for the uses and disclosures described below. We do not sell your health information to anyone or disclose your health information to other companies who may want to sell their products to you (e.g. catalog or telemarking firms). Additionally, Michigan law may require that we obtain your specific prior authorization to use and disclose certain health information, such as behavioral health, substance abuse and HIV/AIDS information.

- You and Your Personal Representative. We may disclose your health information to you or your personal representative (an individual who has the legal right to act on your behalf).
- Others Involved In Your Care. We may share your health information with family members or friends who are directly involved in your medical care, or the payment of your medical care, when you are present and have given us verbal or written permission. We will not discuss your health information with your family or friends if you are not present unless you have given us your permission or we believe it is in your best interest. Our health professionals will exercise their professional judgment in determining when friends and family members may receive health information (e.g., a family member picking up a prescription from the pharmacy for a sick individual).
- **Treatment**. We may use your health information or disclose it to third parties to aid with your medical treatment. We may disclose health information about you to doctors, nurses, pharmacists, technicians, medical students, or other persons who are involved in taking care of you. For example, we may need to share a portion of your records with specialists or other health care providers we refer you to, such as physical therapists, surgeons, the emergency room, etc.
- **Payment**. We may use your health information or disclose it to third parties in order to obtain payment for the services that we provide to you. For example, we may discuss your health information with your insurer to determine whether our health plan will cover the treatment.
- Health Care Operations. We will use and disclose your health information for general administrative and managerial functions, and activities such as quality assessment and improvement, providing educational training programs for medical, nursing, dental, and other health and non-health care professions, accreditation, certification, and licensing.

Examples of how we use or disclose your health information for health care operations are: financial or billing audits; internal quality assurance; personnel decisions; participation in managed care plans; training of students, including imaging of treatment sessions; defense of legal matters; business planning; and outside storage of our records.

- Appointment Reminders and Health Related Benefits and Services. We may use and disclose your health information to remind you about prescription refills and appointments for medical care in our offices.
- **Research.** We may use or disclose your health information to third parties for research purposes when an Institutional Review Board has determined that such disclosure is appropriate without your permission.
- Marketing. We may also engage in face-to-face communication with you about alternative treatment options available to you, or communicate with you about the health related services available to you through our clinic. We may also give you promotional gifts of nominal value as a method of marketing our services. Before we can use your health information for other marketing purposes or receive payment for sending marketing communications, we must first obtain your written authorization.
- As Required By Law. We will disclose your health information to third parties when required to do so by federal, state or local law. For example, we may share your health information when required to do so by state workers' compensation law, the Department of Health and Human Services, or state regulatory officials.
- **To Avert a Serious Threat to Health or Safety**. We may use and disclose your health information to third parties when it is necessary to prevent a serious threat to your health and safety or to the health and safety of the public or another person. Any disclosure, however, would only be to someone able to assist in preventing the potential harm.
- Lawsuits and Disputes. If you are involved in a lawsuit or a dispute, we may disclose your health information in response to a court or administrative order. We may also disclose your health information in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only after we make efforts to inform you of the request or to obtain an order protecting the requested information. If you are a party to a lawsuit in a Michigan court case, a court order or your authorization must be provided to release your health records (in addition to a subpoena).
- **Public Policy Matters**. We may use or disclose your health information in certain limited instances for matters involving the public welfare, such as:
  - for public health risks (e.g., prevention or control of disease, reporting births and deaths, reporting abuse and neglect) or for research purposes when there are sufficient privacy protections in place.

- to a health oversight agency for activities authorized by law (e.g., audits, investigations, inspections, and licensure necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws)
- to law enforcement officials (in response to a court order, subpoena, warrant, summons or similar process or to report certain kinds of crimes) and to national security officials under certain limited circumstances
- to a funeral director, coroner, or medical examiner to permit them to carry out their duties
- to facilitate organ donation and specified research purposes, so long as certain safety measures are in place to protect your privacy
- **Employers and Plan Sponsors**. In order for you to be enrolled in a health plan, we may share limited information with your employer or other organizations that help pay for your health coverage. However, if your employer or another organization that helps pay for your health coverage asks for specific health information, we will not share your health information unless they first obtain your written authorization.
- **Business Associates**. We hire third parties to provide us with various services that are necessary for our health plan to function. Before we share your health information with these companies, we will have a written contract with them in which they promise to protect the privacy of your health information.
- Other Uses and Disclosures of PHI. We have no plans to use or disclose your health information for purposes other than those provided for above or as otherwise permitted or required by law. If you provide us an authorization to use or disclose your health information to third parties, you may revoke the authorization, in writing, at any time. If you revoke your authorization, we will no longer use or disclose your health information for the reasons covered by your written authorization. Please remember that we are unable to take back any disclosures we have already made with your authorization.

# YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION

You have several rights regarding your health information and we will respect your right to exercise them. If you wish to exercise your rights, you must submit a written request on a standard form we will provide to you. You can obtain this form by calling Birkam Health Center at (231) 591-2614, or by writing to us at Birkam Health Center, Ferris State University, 1019 Campus Drive, Big Rapids, MI 49307.

• **Right to Inspect and Copy**. You have the right to inspect and copy your health information that we maintain. Usually this includes your medical and billing records. If you request a copy of the information, we may charge a fee for our costs of providing the copy. We may deny your request to inspect and copy in very limited circumstances. If

we deny your request to access your health information, we will explain why the request was denied and whether you have the right to a further review of the denial.

- **Right to Request Amendments**. If you feel that your health information is incorrect or incomplete, you may ask us to correct the information. You must include with your request an explanation of how and why your health information needs to be corrected. We may deny your request for correction in certain limited circumstances. If we agree to your request for correction, we will take reasonable steps to inform others of the correction.
- **Right to Request an Accounting Of Disclosures**. You have the right to request an accounting of disclosures. This is a list of certain disclosures of your health information that we have made to third parties. This is limited to disclosures during the last three years. If you request this accounting more than once in any 12 month period, we may charge you for the cost of responding to these additional requests. Your request should tell us how you want the list (e.g., on paper, via e-mail, or on a disk).
- **Right to Request Additional Restrictions**. You have the right to request a restriction on how we use or disclose your health information to third parties for your medical treatment, payment of your medical claims, or management of our health care operations. You also have the right to request a limitation on how we disclose your health information to those involved in your care or the payment for your care, such as a family member or friend. For instance, you can request that we not disclose information to your spouse or children concerning a sensitive surgical procedure or a disease you have suffered. *Please note that under federal law, we are generally not required to agree to your request.* However, if you pay the full cost of your treatment without any contribution from a health plan, your health care provider will agree upon your request not to share your treatment with your health plan for payment or health care operations purposes.
- **Right to Request Confidential Communications**. We communicate to you information about your health care treatment and payment. If you feel that our communicating with you may endanger you, you may request that we communicate with you using a reasonable alternative means or location. For example, you can ask that we contact you only at work, by e-mail, or by mail at a specified address (such as a P.O. box, rather than your home mailing address). We will accommodate all reasonable requests.
- **Right to a Paper Copy of This Notice**. You have the right to receive a paper copy of this Notice. You may ask us to give you a copy of this Notice at any time. Even if you have agreed to receive this Notice electronically, you are still entitled to a paper copy of this Notice. You may obtain a copy of this Notice on our website, <a href="http://www.ferris.edu/HTMLS/studentlife/HCenter/currentstudents/docs/privacy\_form.pdf">http://www.ferris.edu/HTMLS/studentlife/HCenter/currentstudents/docs/privacy\_form.pdf</a>, or by writing to us at the address listed above.

• **Right to Receive Notification of a Breach of Your Health Information.** You will receive timely notification if there is a breach of your unsecured health information.

## **CHANGES TO THIS NOTICE**

We have the right to change the terms of this Notice. We also have the right to make these changes apply to health information we already have about you, as well as any we receive or create in the future. We will post current Notice website. copy of the most on our a http://www.ferris.edu/HTMLS/studentlife/HCenter/currentstudents/docs/privacy\_form.pdf, and in our clinic and have a copy available for you to request and take with you. Please look at the top right-hand comer of the Notice to determine the Notice's effective date.

## **OUESTIONS OR COMPLAINTS**

If you have questions about your privacy rights described in this Notice, or if you believe that we may have violated your privacy rights, please contact:

Director or Privacy Officer Birkam Health Center Ferris State University 1019 Campus Drive Big Rapids, MI 49307 (231) 591-2614

You may also file a written complaint with us, as well as with the Department of Health and Human Services. We support your right to protect your health information. We will not penalize you or retaliate against you for filing a complaint.

# Authorization to Use and Disclose PHI

### Purpose

The purpose of this Policy is to set forth the BHC's process for the use and disclosure of Protected Health Information ("PHI") pursuant to a written authorization.

### Policy

In accordance with the HIPAA Privacy Rule, when PHI is to be used or disclosed for purposes other than treatment, payment, or health care operations, the BHC will use and disclose it only pursuant to a valid, written authorization, unless such use or disclosure is otherwise permitted or required by law. Use or disclosure pursuant to an authorization will be consistent with the terms of such authorization.

### Procedure

### Exceptions to Authorization Requirements

PHI may be disclosed without an authorization if the disclosure is:

- 1. Requested by the patient or his personal representative (authorization is never required);
- 2. For the purpose of treatment;
- 3. For the purpose of the BHC's payment activities, or the payment activities of the entity receiving the PHI;
- 4. For the purpose of the BHC's health care operations;
- 5. In limited circumstances, for the health care operations of another Covered Entity, if the other Covered Entity has or had a relationship with the patient;
- 6. To the Secretary of the U.S. Department of Health and Human Services for the purpose of determining compliance with the HIPAA Privacy Rule; or
- 7. Required by other state or federal law.
- 8. Related to an individual who has been deceased for at least 50 years.

### Use or Disclosure Pursuant to an Authorization

- a. When the BHC receives a request for disclosure of PHI, the Privacy Officer, Director or Designee shall determine whether an authorization is required prior to disclosing the PHI.
- b. PHI may never be used or disclosed in the absence of a valid written authorization if the use or disclosure is:
  - a. Of psychotherapy notes as defined by the HIPAA Privacy Rule;
  - b. For the purpose of marketing; or
  - c. For the purpose of fundraising.
- c. If the use or disclosure requires a written authorization, the Facility shall not use or disclose the PHI unless the request for disclosure is accompanied by a valid authorization.
- d. If the request for disclosure is not accompanied by a written authorization, the BHC Privacy Official shall notify the requestor that it is unable to provide the PHI requested. The Privacy Official will supply the requestor with an *Authorization to Use or Disclose PHI* ("*Authorization*") form.
- e. If the request for disclosure is accompanied by a written authorization, the Privacy Official will review the authorization to assure that it is valid (see the "Checklist for Valid Authorization" following this Policy).

- f. If the authorization is lacking a required element or does not otherwise satisfy the HIPAA requirements, the Privacy Official will notify the requestor, in writing, of the deficiencies in the authorization. No PHI will be disclosed unless and until a valid authorization is received.
- g. If the authorization is valid, the Privacy Official will disclose the requested PHI to the requester. Only the PHI specified in the authorization will be disclosed.
- h. Each authorization shall be filed in the patient's Medical Record.

### Preparing an Authorization for Use or Disclosure

- 1. When the BHC is using or disclosing PHI and an authorization is required for the use or disclosure, the BHC will not use or disclose the PHI without a valid written authorization from the patient or the patient's personal representative.
- 2. The *Authorization* form must be fully completed, signed and dated by the patient or the patient's personal representative before the PHI is used or disclosed.
- 3. The BHC may not condition the provision of treatment on the receipt of an authorization except in the following limited circumstances:
  - a. The provision of research-related treatment; or
  - b. The provision of health care that is solely for the purpose of creating PHI for disclosure to a third party (i.e., performing an independent medical examination at the request of an insurer or other third party).
- 4. An authorization may not be combined with any other document unless one of the following exceptions applies:
  - a. Authorizations to use or disclose PHI for a research study may be combined with any other type of written permission for the same research study, including a consent to participate in such research;
  - b. Authorizations to use or disclose psychotherapy notes may only be combined with another authorization related to psychotherapy notes; or
  - c. Authorizations to use or disclose PHI other than psychotherapy notes may be combined, but only if the BHC has not conditioned the provision of treatment or payment upon obtaining the authorization.

### Revocation of Authorization

- 1. The patient may revoke his authorization at any time.
- 2. The authorization may ONLY be revoked in writing. If the patient or the patient's personal representative informs the BHC that he/she wants to revoke the authorization, the BHC will assist him/her to revoke in writing.
- 3. Upon receipt of a written revocation, the Privacy Official will write the effective date of the revocation on the *Authorization* form.
- 4. Upon receipt of a written revocation, the BHC may no longer use or disclose a patient's PHI pursuant to the authorization.
- 5. Each revocation will be filed in the patient's Medical Record.

# **Disclosure to Family or Friends**

## Purpose

In order to comply with HIPAA's Privacy Rule, the BHC will give patients an opportunity to agree or object to providing their PHI to family or friends who are helping with their care.

# Policy

BHC will provide a patient the opportunity to authorize or deny the BHC the authority to give certain and relevant PHI to family and / or friends directly involved in the patient's care.

## Procedure

- 1. If it is necessary or appropriate to inform a close family member or friend who is involved in a patient's care about certain protected health information relevant to their involvement, we will give the patient a chance to agree or object to such disclosure before we make it. If the patient is present or available when this need arises, we will do any of the following:
  - a. Get an oral agreement from the patient that the disclosure is acceptable and document in the Medical Record the oral agreement.
  - b. Give the patient a chance to object to the disclosure and document this in the Medical Record.
  - c. Infer from the circumstances that the patient does not object. For example, we can reasonably infer that the patient does not object if the family member or friend is in the examining room with patient.
  - d. Our general practice will be to obtain written permission or an Authorization to Disclose PHI from the patient. However, if the patient is not present or available when the need arises, or in an emergency situation, we will use our best judgment about whether it is in the patient's best interest to disclose the information.
- 2. If the BHC makes a disclosure to a close family member or friend under the circumstances described in paragraph 1, we will only disclose information that is relevant to the family member or friend's involvement with the patient's care. Examples:
  - a. If the patient's spouse, friend, son or daughter will pick up a prescription, we will provide the prescription but not disclose any diagnoses or information about the patient.
  - b. If a spouse, friend, son or daughter will assist a patient with medication, we will provide information about when and how the medication should be administered, but will not disclose the patient's diagnosis.
- 3. If someone claiming to be a family member or friend of the patient initiates contact with us seeking information, we will instruct the individual to contact the patient to sign an Authorization to Disclose PHI.
- 4. In the event that the patient is a minor, the Health Center policy on "Treatment of Minors" will be followed.

## **Disclosure to Personal Representatives**

### Purpose

To ensure proper release of PHI to authorized patient personal representatives.

### Policy

The BHC, with valid authorization, will allow a patient's personal representative to exercise patient rights on behalf of the patient regarding the use and disclosure of PHI and to give any required permission for a use or disclosure of PHI.

### Procedure

Identify and validate Personal Representative of a patient.

- 1. Adult patients and emancipated minors:
  - a. Adult patients are those eighteen years of age, or older.
  - b. Emancipated minors are people under the age of eighteen who have the legal right to be treated as an adult.
  - c. Generally, adults and emancipated minors personally handle all matters about their protected health information. Sometimes, however, they may be unable to do so because of mental incapacity. In this case, specific legally authorized representatives can substitute for the adult or emancipated minor to sign all permissions and exercise all rights regarding protected health information.

### 2. <u>Unemancipated minors</u>

- a. An unemancipated minor is a person under the age of eighteen.
- b. Generally, unemancipated minors are not able to handle any matters regarding their protected health information because the law presumes them to be incapacitated. The following people can handle signing all permissions and exercise all rights regarding an unemancipated minor's protected health information:
  - i. either parent or a parent appointed by the court with documentation
  - ii. a court appointment guardian

### 3. Deceased patients

- a. The following people have the authority to sign permissions and exercise rights regarding the protected health information of deceased patients:
  - i. Executor of the Estate
  - ii. Next of Kin with Power of Attorney or other authorization

- 4. In a few instances, we will not work with the personal representatives listed above. This can happen in the following cases:
  - a. We think that person claiming to be a personal representative has or may have committed domestic violence, abuse, or neglect against the patient, and it is not in the patient's best interest to treat that person as the personal representative.
  - b. We think that treating such person as the personal representative could endanger a patient, and it is not in the patient's best interest to treat that person as the personal representative.
- 5. Before we work with someone claiming to be a personal representative, we will verify their authority and consult General Counsel. If we are unsure of a person's authority to sign permissions or exercise rights regarding protected health information, we will not use or disclose that protected health information until any ambiguity is resolved.

# **De-identification of Protected Health Information**

### Purpose

To use only de-identified PHI whenever feasible. Health information is not individually identifiable if it does not identify an individual and if the BHC has no reasonable basis to believe it can be used to identify an individual.

### Policy

Sections 164.514(b) and(c) of the Privacy Rule contain the implementation specifications that a covered entity must follow to meet the de-identification standard. The Privacy Rule provides two methods by which health information can be designated as de-identified: Expert Determination or Safe Harbor. Birkam Health Center will use Safe Harbor. Safe Harbor means that 18 types of identifiers will be removed from the PHI and there is no knowledge that any residual information could lead to identification.

### Procedure

1.Remove all potential identifiers including obvious ones like name and social security number, and also:

- all geographic subdivisions smaller than a state, including street address, city, county, precinct, zip code, and their equivalent geocodes, except for the initial three digits of a zip code if, according to the current publicly available data from the Bureau of the Census: the geographic unit formed by combining all zip codes with the same three initial digits contains more than 20,000 people; and [t]he initial three digits of a zip code for all such geographic units containing 20,000 or fewer people is changed to 000.
- all elements of dates (except year) for dates directly related to an individual, including birth date, admission date, discharge date, date of death; and all ages over 89 and all elements of dates (including year) indicative of such age, except that such ages and elements may be aggregated into a single category of age 90 or older;
- voice and fax telephone numbers;
- electronic mail addresses;
- medical record numbers, health plan beneficiary numbers, or other health plan account numbers;
- certificate/license numbers;
- vehicle identifiers and serial numbers, including license plate numbers;
- device identifiers and serial numbers;
- Internet Protocol (IP) address numbers and Universal Resource Locators (URLs);
- · biometric identifiers, including finger and voice prints;
- full face photographic images and any comparable images; and

- any other unique identifying number, characteristic, or code.
  - 2. Statistical De-Identification: A person with appropriate knowledge of and experience with generally accepted statistical and scientific principles and methods for rendering information not individually identifiable applies such principles and determines that the risk is very small that the information could be used to identify the patient. The methods and the results of the analysis must be documented.
  - 3. Re-Identification: The BHC may assign a code that would allow the information to be re-identified by the BHC as long as the code is not derived from or related to information about the patient and is not otherwise capable of being translated so as to identify the patient. The BHC must not use or disclose the code or any other means of record identification for any other purpose and must not disclose the mechanism for re-identification.

# LIMITED ACCESS

## Purpose

To ensure that staff of the BHC have limited access to PHI.

## Policy

BHC will restrict access and uses of protected health information based on the specific roles of the members of the workforce. These policies and procedures must identify the persons, or classes of persons, in the workforce who need access to protected health information to carry out their duties, the categories of protected health information to which access is needed, and any conditions under which they need the information to do their jobs.

## Procedure

- 1. Access to PHI will be determined by position and job duties.
- 2. Access will be granted based upon Minimum Necessary Standards.
  - a. Director / Privacy Officer
    - i. This position is granted full access to PHI.
    - ii. This position assigns all other access of workforce to PHI in EMR system.
    - iii. This position has access to keys of locked files.
    - iv. This position has a unique login and password to the EMR system.
  - b. Medical providers
    - i. These positions have full access to Active PHI to provide patient care.
    - ii. These positions have limited access to inactive patient records.
    - iii. These positions have a unique log in and password to the EMR system.
  - c. Nurses / Nurse Supervisor / Clinic Coordinator
    - i. These positions have full access to Active PHI for the provision of patient care and to assist the medical providers.
    - ii. These positions have limited access to inactive patient records.
    - iii. These positions have a unique log in and password to the EMR system.
  - d. Health Admissions Clerk
    - i. This position has limited access to EMR PHI in order to help facilitate patient care and schedule appointments.
    - ii. This position may have access to a patient's health insurance and financial and demographic information.
    - iii. This position has access to locked paper records for the purpose of facilitating current patient care, record destruction and record retrieval for authorized use and disclosure.
  - e. PT Adult / Clerk Typist / Student Employee Front Office
    - i. This position has limited access to EMR PHI in order to help facilitate patient care and schedule appointments.
    - ii. This position may have access to a patient's health insurance and financial and demographic information.

- f. Account Clerk
  - i. This position has limited access to PHI for the purpose of billing and managing the patient account.
  - ii. This position has a unique log in and password to the EMR system.
- g. Medical Records, Billing, Insurance and Coding Specialist
  - i. This position has full access to the EMR system in order to facilitate patient care, process billing and medical claims, and to manage the requests and releases for PHI.
  - ii. This position has a unique log in and password to the EMR system.
  - iii. This position also has full access to the electronic medical claims clearing house database, Navicure.
- h. Student Employee Patient Check-out
  - i. These positions have limited access to PHI to facilitate patient check-out.
  - ii. These positions have unique login and password to the EMR system.

## Minimum Necessary

### Purpose

To make reasonable efforts to use, disclose, and request only the minimum amount of protected health information needed to accomplish the intended purpose of the use, disclosure, or request.

### Policy

When possible, the minimum amount of information necessary should be "Limited Data Set" information. When additional information is needed, BHC will only use or disclose the minimum amount of PHI necessary to accomplish the purpose of the use or disclosure under the conditions and exceptions described in this policy.

## Procedure

- 1. People in the following job categories will only have access to the kind or amount of protected health information indicated:
  - a. Administrator, doctors, nurses any and all protected health information, including the entire clinical chart, for treatment payment and health care operations.
  - b. Coders/billers and office staff- any and all protected health information needed to perform their job duties.
- 2. We will keep all clinical charts and billing records secure when they are not in use. Paper records will be locked in files behind two locked doors. Only authorized staff will have access to this secure storage. We require that all computers be turned down when the user is away from the workstation. All staff is prohibited from browsing at someone else's workstation or using their computer password. Staff is prohibited from talking about our patients in public areas.
- 3. All staff will sign a "confidentiality agreement" indicating their commitment to access only the minimum amount of protected health information necessary for them to do their job, and to abide by the restrictions listed in paragraph 2. Violation of this agreement is grounds for employee discipline according to our personnel policies.
- 4. Whenever we get a request from a third party for protected health information about one of our patients, or whenever we intend to make a unilateral disclosure of protected health information about one of our patients, we will disclose only the minimum amount of protected health information necessary to satisfy the purpose of that disclosure. This does not apply in the following cases:
  - a. The patient has authorized the disclosure.
  - b. The disclosure is for treatment purposes payment, or health care operations (for example, disclosures to a consultant or follow-up health care provider).
- 5. We will rely upon the representations of the following third parties that they have requested only the minimum amount of protected health information necessary for their purposes:
  - a. Another health care provider or health plan.

- b. A public official, like a law enforcement officer.
- c. Professionals providing services to us (such as attorneys or accountants).
- 6. The Privacy Officer or Physician is responsible for determining what is the minimum amount of protected health information necessary for us to disclose in situations that are not routine. The Privacy Officer or Physician will consider the reason for the disclosure, whether it falls into any of the circumstances described in paragraph 4 of this policy, and the protected health information that we have, in making this determination.
- 7. Whenever we request protected health information about one of our patients from someone else, we *will* ask for only the minimum necessary amount of protected health information necessary for us to accomplish the purpose that prompted us to ask for the information.
- 8. Electronic Medical Records are only accessible by specific permissions granted to individual staff based upon the minimum necessary for them to complete their job duties.

# Use and Disclosure and Requests for Medical Records

## Purpose

To ensure that disclosure of Protected Health Information ("PHI") is made consistent with applicable laws, regulations and health information standards, and to ensure that any disclosures of a patient's PHI to a patient's family members, other relatives, close friends or other persons designated by the patient are appropriate.

# Policy

Disclosure of PHI will only be allowed with a properly completed and signed authorization except:

- When required or allowed by law (see "Request and Disclosure Table" following this Policy).
- As defined in the Notice of Privacy Practices:
  - For continuing care (treatment)
  - To obtain payment for services (payment)
  - For the day-to-day operations of the facility and the care given to the residents (health care operations)

Disclosure of PHI will be centralized through the BHC Privacy Officer. In some instances, the BHC Privacy Officer will need to track information that is disclosed. All disclosures designated as trackable on the "Request and Disclosure Table" must be approved by the Privacy Officer to enable the BHC to provide an accounting of disclosures when requested.

Disclosure of PHI will be carried out in accordance with all applicable legal requirements and in accordance with BHC policy.

Original Medical Records will not be removed from the premises, except when ordered by subpoena or by other court order.

### Procedure

### Receiving a Request for Medical Records:

Requests for Medical Records shall be managed by the Privacy Officer, Director or Designee.

1. Other staff members will not release PHI without approval of the Privacy Official, Director or Designee.

### Responding to Specific Types of Requests:

See the "Request and Disclosure Table" following this Policy for applicable requirements in responding to requests by specific entities/individuals.

- 1. <u>Media</u>: No PHI shall be released to the news media or commercial organizations without the authorization of the patient or his personal representative.
- 2. <u>Telephone Requests</u>: Staff members receiving requests for PHI via the telephone will instruct the caller that they cannot verify or deny the patient had been seen until a valid authorization is on file.

### Disclosures to Persons Involved with a Patient's Care:

- 1. The BHC may disclose to a family member, other relative, close friend, or any other person identified by the patient, PHI:
  - a. That is directly relevant to that person's involvement with the patient's care or payment for care; or

- 2. <u>Conditions if the Patient is Present</u>. If the patient is present for, or otherwise available, prior to a permitted disclosure, then the BHC may use or disclose the PHI only if the BHC:
  - a. Obtains the patient's agreement;
  - b. Provides the patient with an opportunity to object to the disclosure, and the patient does not express an objection (this opportunity to object and the patient's response may be done orally).

Requestor	Authorization Required?	Copy Fee Charged?	Track on Accounting of Disclosure?	Notes:
Accrediting Agencies (JCAHO, CARF)	No	No	No	See policy on Business Associates
Attorney for Patient	Yes	Yes	No	See policy on Authorizations
Attorney for Ferris State University	No	No	No	
Contractors/ Business Associates	No, unless their purpose falls outside of TPO	No	No	See policy on Business Associates
<ul> <li>For Persons Deceased less than</li> <li>50 years</li> <li>Coroner or Medical Examiner, Funeral Directors</li> <li>Organ Procurement</li> </ul>	No	No	Yes	See policy on Accounting of Disclosures
<ul> <li>Employer</li> <li>PHI specific to work related illness or injury, and</li> <li>Required for employer's compliance with occupational safety and health laws</li> </ul>	No, for the purpose listed. Yes for all others.	No	No	
Family Members	No for oral disclosures to family members involved in care; Yes for others	Yes	No	See policy on Authorizations
<ul> <li>Entity Subject to the Food and Drug Administration</li> <li>Adverse events, product defects or biological product deviations</li> <li>Track products</li> <li>Enable product recalls, repairs, or replacements</li> <li>Conduct post marketing surveillance</li> </ul>	No	No	Yes	See policy on Accounting of Disclosures
Health Oversight         Government benefits program         Fraud and abuse compliance         Civil rights laws         Trauma/tumor registries         Vital statistics         Reporting of abuse or neglect	No	No	Yes	See policy on Accounting of Disclosures
Health Care Practitioners and Providers for Continuity of Treatment and Payment	No	No	No	Part of treatment
Health Care Practitioners and Providers if <u>not</u> Involved in Care	No	No	No	Part of operations

			Track on	
	Authorization	Copy Fee	Accounting of	
Requestor	Required?	Charged?	Disclosure?	Notes:
or Treatment (i.e., consultants)	NL.	NL	NL.	Destation
Insurance Companies/Third Party Payors	No	No	No	Part of payment
Related to Claims Processing				
Judicial and Administrative				See policy on
Proceedings □ Court order, or warrant	No	No	Yes	Accounting of Disclosures
Subpoena	No - See policy on Responding to a Subpoena	Yes	Yes	
Law Enforcement	No	No	Yes, except for	See policy on
<ul> <li>Administrative request</li> <li>Locating a suspect, fugitive, material witness or missing person</li> <li>Victims of crime</li> <li>Crimes on premises</li> <li>Suspicious deaths</li> <li>Avert a serious threat to health or safety</li> </ul>			disclosures to correctional institutions.	Accounting of Disclosures
Public Health Authorities	NI-	NI-	Nee	Ose reliever
<ul> <li>Surveillance</li> <li>Investigations</li> <li>Interventions</li> <li>Foreign governments collaborating with US public health authorities</li> <li>Recording births/deaths</li> <li>Child/elder abuse</li> <li>Prevent serious harm</li> <li>Communicable disease</li> </ul>	Νο	No	Yes	See policy on Accounting of Disclosures
Research (w/o Authorization)	No, if IRB or Privacy Board approves the research study and waives authorization.	No	Yes	See policy on Uses and Disclosures for Research and policy on Accounting of Disclosures
Resident/Resident's Personal Representative	No	Yes	No	See policy on Authorizations
<ul> <li>Specialized Government</li> <li>Functions</li> <li>Military and Veterans' activities</li> <li>Protective services for the President</li> <li>Foreign military personnel</li> <li>National security and intelligence activities</li> </ul>	No	No	Yes, except for disclosures for national security and intelligence activities.	See policy on Accounting of Disclosures
<ul> <li>Workers' Compensation</li> <li>□ Comply w/existing laws (see state law)</li> </ul>	No	See applicable state law	Yes	See policy on Accounting of Disclosures

# Marketing and Fundraising

## Purpose

To ensure that all marketing and fundraising communications comply with the HIPAA Privacy Rule's requirements, as well as any applicable state laws or regulations. The goal is for the BHC to safeguard the patient's PHI when engaging in permitted marketing or fundraising activities.

### Policy

Marketing communications utilizing PHI require a prior written authorization from the patient with certain defined exceptions.

Fundraising communications that are made specifically for the benefit of the BHC and contain only demographic information and dates of service do not require an authorization as long as the Facility's *Notice of Privacy Practices* describes this limited use of PHI.

### Procedure

### Marketing

- 1. The Privacy Rule defines marketing as a communication and/or disclosure of PHI that encourages an individual to use or purchase a product or service, except under the following conditions:
  - a. Communications made directly by the BHC to describe a health related product or service it provides.
  - b. Communications made for treatment of the individual.
  - c. Communications to direct or recommend alternative treatments, therapies, and health care providers or settings of care.
  - d. Face to face communications made by the BHC representative to an individual.
  - e. Promotional gifts of nominal value (defined in policy; for example, less than \$25 each gift not to exceed \$100.00 per annum) provided by the BHC.
    - f. Communications about government and government-sponsored programs such as communications regarding Medicare or Medicaid eligibility.
    - g. Marketing also does not include communications made for the following purposes, unless the BHC or FSU is paid by a third party to do make the communication:
      - Treatment.
      - Case management/care coordination or recommending alternative treatments.
      - To describe a health-related product or service provided by the covered entity including participation in a health care provider network or health plan network; replacement of or enhancements to a health plan; health-related products or services available only to a health plan enrollee that add value to but are not part of a plan of benefits.
- 2. BHC must obtain a valid, completed *Authorization to Use or Disclose Protected Health Information* (*"Authorization"*) form prior to using or disclosing PHI for purposes that meet the HIPAA definition of marketing and do not qualify for any of the exceptions listed in Item 1 above.
  - a. The authorization must conform to the authorization policy.
  - b. If direct or indirect remuneration to the BHC from a third party is involved, the authorization must state the nature of such third party remuneration.

- 3. No authorization is required in the following situations:
  - a. Communications directed at an entire population (not to a targeted individual) that promote health in a general manner and do not endorse a specific product or service;
  - b. PHI is not disclosed in a marketing communication (such as a newspaper advertisement).
- 4. In the event a planned marketing activity involves payment to the BHC (e.g., cash, referral, gifts, etc.), anti-kickback, inducement, self-referral and general fraud and abuse statutes and regulations may apply. These shall be considered and approved prior to implementation of the marketing activity. The Facility will assure that any marketing activity is in compliance with such laws and regulations.
- 5. Business Associates and other third parties:
  - a. The BHC may engage a marketing firm to conduct permitted marketing activities on the BHC's behalf. Should the marketing activities require the use or disclosure of PHI to the marketing firm, then a Business Associate relationship would exist and a BA Agreement/Addendum would be required. (See the Policy "Business Associates.")
  - b. The Facility may not sell or disclose PHI to a third party to help the third party market its own products or services without a signed authorization from the patient. (See Policy "Authorization for Release of Protected Health Information.")

## Fundraising

- 1. When fundraising for its own benefit, the BHC may use or disclose without authorization the following PHI to a Business Associate or to an institutionally related foundation, such as a nonprofit charitable foundation to act on the BHC's behalf:
  - a. Demographic information relating to an individual, and
  - b. Dates of health care provided to an individual.
- 2. The Facility's *Notice of Privacy Practices* must include the following information:
  - a. The Facility or its agent may contact the patient to raise funds for the BHC, and
  - b. The patient may opt out of receiving any fundraising communications.
- 3. With each fundraising communication made to an individual the BHC must provide the individual with a clear and conspicuous opportunity to elect not to receive any further fundraising communications. The method for an individual to elect not to receive further fundraising communications may not cause the individual to incur an undue burden or more than a nominal cost.
- 4. The BHC will not condition treatment or payment on the individual's choice with respect to the receipt of fund-raising communications.
- 5. The BHC will not make fund-raising communications to an individual under this paragraph where the individual has elected not to receive such communications.
- 6. The BHC may provide an individual who has elected not to receive further fundraising communications with a method to opt back in to receive such communications.

# <u>Sale</u>

# Purpose

To ensure that any sale of PHI complies with the HIPAA Privacy Rule's requirements, as well as any applicable state laws or regulations.

### Policy

The BHC's general policy is not to sell PHI of its patients. Any sale of PHI would require approval by the Privacy Officer. Before such a sale could occur, the BHC would first have to obtain authorization from each individual whose information was to be sold

### Procedure

*Definition.* "Sale of PHI" means any disclosure of PHI where the BHC receives direct or indirect remuneration from the recipient of the PHI.

*Exceptions*. There are several exceptions to what constitutes a sale of PHI under HIPAA. A sale does not include the following, and the BHC will not seek an individual's authorization for the following disclosures:

- For public health activities described in 45 CFR § 164.512(b) or § 164.514(e).
- For research, where the only remuneration received by the BHC is a reasonable, cost-based fee to cover the cost to prepare and transmit the PHI for those purposes.
- For treatment and payment.
- For the transfer, merger, or consolidation of all or part of the BHC and related due diligence.
- To a business associate for activities that the business associate undertakes on behalf of the BHC, if the only remuneration is provided by the BHC to the business associate for its performance of such activities.
- Providing an individual with access to his or her PHI.
- For disclosures required by law.
- For any other purposes permitted by and in accordance with the applicable requirements of the Privacy Rule, where the only remuneration received by the BHC is a reasonable, cost-based fee to cover the cost to prepare and transmit the PHI for such purpose, or a fee that is otherwise expressly permitted by other law.

## **Business Associate Agreements**

### Purpose

The purpose of this Policy is to provide a process for establishing a written agreement with each of the BHC's Business Associates ("BA") as required by the HIPAA Privacy Rule.

## Policy

The BHC contracts with various outside entities and organizations to perform functions or provide services on behalf of the BHC that may involve the disclosure of Protected Health Information ("PHI") to the outside entity. These outside entities are the BHC's Business Associates. The policy of this BHC is to obtain written assurances from BAs that they will appropriately safeguard any PHI they create or receive on the BHC's behalf. Such written assurances will be in place before the BHC discloses PHI to the Business Associate.

### Procedure

- 1. The BHC Director will forward contracts to be reviewed by General Counsel for contract review, revision and approval to assure that contract is in compliance with state and federal law and policies of the University.
- 2. For each contract, determine whether a Business Associate Agreement is necessary. Common examples of BAs are:
  - a. The BHC's Xerox Machine Vendor
  - b. The BHC's interpreter service vendor.

**Note:** Business Associate language is **not** required when the BA is a health care provider and all disclosures to the BA concern the treatment of a patient.

- 3. If a BA Agreement is necessary and the third party provides its own BA Agreement, review the Agreement to assure it meets all requirements of the Privacy Rule.
- 4. If a BA Agreement is necessary, and the third party does not provide the Agreement, submit BHC's template BA Agreement for approval by the third party.
- 5. If the BA refuses to sign the BA Agreement, the HIPAA Privacy Rule prohibits the BHC from disclosing any PHI to the BA. If the BA requires access to PHI in order to perform the function or service on behalf of the BHC, the BHC shall not contract with the BA.
- 6. The original signed contract and contract addendum containing BA language shall be maintained by the BHC and University Purchasing.
- 7. <u>Violations of BA Requirements</u> If BHC staff learns of a breach or violation of a BA requirement by a BA, such breach or violation shall be reported to the Privacy Officer, his designee, or to the Compliance Department. The Privacy Officer or Compliance Designee will assist the BHC in determining whether reasonable steps can be taken to cure the breach. If the BHC's reasonable steps to cure the BA's violations are unsuccessful, the BHC may:

- a. Terminate the contract or arrangement; or
- b. If termination is not feasible, report the problem to the Secretary of the U. S. Department of Health and Human Services.

<u>Notice of Termination of a Contract with a BA</u> - The BHC shall notify the Privacy Officer, his designee or the Legal Department when issuing or receiving a notice of contract termination involving a BA. The Legal Department will assist with contacting the BA regarding the BA's obligations to return or destroy all PHI or, if return or destruction is not feasible, to extend the protections of the BA requirements to the PHI and to limit further uses and disclosures to those purposes that make the return or destruction of the PHI.

The Privacy Officer shall maintain copies of all contracts with business associates for a period of six years from the date the contract was last in effect.

# Validation of Authorization to Disclose PHI

## Purpose

To ensure that Protected Health Information (PHI) is disclosed only to appropriate persons in accordance with the requirements of the HIPAA Privacy Rule.

### Policy

It is the policy of BHC to verify the identity and the authority of a person making a request for the disclosure of PHI, if the identity or authority of such person is not known to BHC. Further, BHC will obtain from the person seeking disclosure of PHI such documentation, statement or representation, as may be required by the HIPAA Privacy Rule, prior to a disclosure.

### Procedure

- 1. In general, the BHC may rely on required documentation, statements or representations that, on their face, meet the verification requirements, if the reliance is reasonable under the circumstances. If there are concerns as to the requirements, contact the General Counsel.
- 2. <u>Administrative Requests, Subpoena and Investigative Demand:</u> Verification is sufficient and the BHC will disclose the requested PHI if the administrative document itself or a separate written statement recites:
  - a. The information sought is relevant to a lawful inquiry.
  - b. The disclosure complies with the minimum necessary standard or is specifically exempt from the minimum necessary standard.
  - c. De-identified information could not be used.
  - d. If not accompanied by an order of a court or administrative tribunal, there must be an appropriate protective order in place and, when medical records are involved, documentation that the patient has waived his or her physician-patient privilege.

Check state laws for any additional restrictions on the right to use or disclose PHI; in a Michigan court case, medical records are subject to a privilege; if the BHC received a subpoena, the BHC may not release a party's medical records without an accompanying court order, administrative order, or patient's waiver of the physician-patient privilege. See Mich. Ct. Rule 2.314

### 3. <u>Requests by a Public Official</u>

- a. It is sufficient verification of the *identity* of the requesting person to rely on any of the following, if reasonable under the circumstances:
  - i. A badge or other credential
  - ii. A request on government letterhead.
  - iii. If the person making the request is acting on behalf of a public official, a written statement on government letterhead that the person is acting on behalf of a public official. If other authority is presented, contact General Counsel for guidance before disclosure.
- b. It is sufficient verification of the *authority* of the requesting person to rely on any of the following, if reasonable under the circumstances:
  - i. A written statement of the authority under which the information is requested, for example, a copy of the law or regulation. Rarely, a written statement is impractical, and then an oral statement is sufficient.

- ii. Verification of authority is presumed if the request is made pursuant to a warrant, subpoena, order or other process issued by a grand jury, court or judge or administrative tribunal.
- 4. If the disclosure is sought by persons involved in the patient's care, and it is relevant to the requesting party's involvement in the care, the BHC may rely on reasonable professional judgment in verifying the identity and authority of the person seeking disclosure. If the individual is deceased, BHC may disclose to a family member, or other persons involved in the individual's care or payment for health care prior to the individual's death, PHI of the individual that is relevant to such person's involvement, unless doing so is inconsistent with any prior expressed preference of the individual that is known to the covered entity.
- 5. Verification requirements are met if the BHC, in good faith, makes a disclosure of PHI:
  - a. To prevent or lessen a serious and imminent threat to the health or safety of a person or the public, or
    - b. To law enforcement authorities (i) in order to avert a serious threat to health or safety; or (ii) to identify or apprehend an individual. BHC may also make a disclosure of PHI to law enforcement authorities (iii) about an individual who has died; (iv) for identification and location purposes; (v) about an individual who is, or is suspected of being, a victim of a crime; or (vi) about an individual relating to a crime on the premises.

# SAMPLE CHECKLIST FOR VALID AUTHORIZATION

When you receive a request for release of Medical Records containing PHI from any entity other than the patient or the patient's personal representative, and the disclosure is not for purposes of treatment, payment or health care operations or another disclosure required or permitted by the HIPAA Privacy Rule, <u>you may not release those records unless the requestor has provided a valid authorization</u>. Use this checklist to assure that the authorization is valid. **If any one element is missing, the Privacy Rule prohibits you from disclosing the information.** You should contact the requestor and explain why you cannot disclose the information.

The authorization must be written in plain language.
All of the following elements must be included in the authorization:
A specific and meaningful description of the information to be disclosed.
The name or other specific identification of the person (or organization or class of persons) authorized to make the requested disclosure.
The name or other specific identification of the person (or organization or class of persons) to whom the information will be disclosed.
The purpose of the requested disclosure. (If the patient initiates the authorization, the statement "at the request of the patient" is a sufficient description of the purpose).
An expiration date or an expiration event that relates to the patient or the purpose of the disclosure.
Signature of the patient or personal representative and date.
If signed by personal representative, a description of the representative's authority to act for the patient.
Required Statements:
A statement that information disclosed pursuant to the authorization may be subject to redisclosure and may no longer be protected by the Privacy Rule.
A statement of the patient's right to revoke the authorization in writing and either,
A reference to the revocation right and procedures described in the Notice of Privacy Practices;
OR

A statement about the exceptions to the right to revoke and a description of how the patient may revoke.

\_One of the following statements, or a substantially similar statement:

 If the Covered Entity is not permitted to condition treatment or payment on the provision of an authorization: <u>I understand that the BHC will not condition the provision of treatment or</u> payment on the provision of this authorization.

OR

 If the Covered Entity is permitted to condition the provision of research-related treatment on the provision of an authorization: <u>I understand that the BHC will not provide research-related</u> <u>treatment to me unless I provide this authorization</u>.  If the Covered Entity is permitted to condition the provision of health care that is solely for the purpose of creating PHI for disclosure to a third party on the provision of an authorization: <u>I</u> <u>understand that the BHC will not provide health care that is solely for the purpose of creating</u> <u>PHI for disclosure to a third party to me unless I provide this authorization</u>.

## **Defective Authorizations**

If an authorization has any one of the following defects, it is invalid and any use or disclosure made pursuant to the authorization will be in violation of the Privacy Rule:

\_\_\_\_\_The authorization has expired.

\_\_\_\_One of the required elements or statements is missing.

\_\_\_\_\_The BHC has knowledge that the authorization has been revoked.

\_\_\_\_\_The authorization violates the regulations governing conditioning treatment or payment upon signing the authorization, or combining authorizations.

\_\_\_\_\_The BHC has knowledge that information in the authorization is false.

## Mitigation of Inadvertent Disclosure

## Purpose

To ensure proper mitigation of harm in the event of inadvertent disclosure of PHI occurs by the BHC or one of its Business Associates.

## Policy

It is the policy of BHC to mitigate known harm from an inadvertent disclosure of PHI when it is practical to do so.

## Procedure

- 1. Whenever we learn of harm caused by an improper disclosure of our protected health information, we will take reasonable steps to mitigate the harm. We will take these steps whether the improper disclosure was made by us or by one of our business associates.
- Our Privacy Officer will determine what specific steps are appropriate to mitigate particular harm. It is our policy to tailor mitigation efforts to individual harm. Examples of some mitigation steps include:
  - a. Determine if there are steps that should be taken immediately to prevent any further potential harm to individuals whose PHI is involved in the unauthorized use, and take reasonable and appropriate action to prevent further potential harm. The Privacy Officer may consult as necessary with legal counsel.
  - b. Document the known details of the unauthorized use or disclosure for purposes of responding to requests for an accounting.
  - c. Evaluate current policies and procedures to determine whether modifications are appropriate.
  - d. Retrieving PHI that was inadvertently disclosed.
  - e. Monetary reparation will not be considered.
  - f. If a business associate has made the improper disclosure, we will require the business associate to cure the problem to our satisfaction, or terminate the relationship with the business associate.
  - g. The Privacy Officer will determine whether BHC will need to follow the Breach Notification Procedures, below.

### **Risk Assessment and Management**

### Purpose

To take security measures to protect against reasonably anticipated threats or hazards to the security or integrity of electronic PHI (ePHI).

### Policy

A periodic risk analysis of the BHC ePHI shall be conducted by the Privacy Officer or his/her designee. This risk analysis shall occur at least yearly, and shall be a comprehensive and thorough review of the use, maintenance, and disposal of BHC ePHI.

### Procedure

On a regular basis (or whenever environmental or an operational changes occur that significantly impact the confidentiality, integrity or availability of specific information systems that contain ePHI), BHC will conduct the risk assessment using the following steps:

*Conduct an Inventory.*: Inventory BHC information systems containing ePHI and the security measures protecting those systems.

*Identify Threats*: Identify the potential threats to the information systems containing ePHI. Such threats may be natural, human or environmental.

Identify Vulnerabilities: Identify the vulnerabilities to the information systems containing ePHI.

*Security Control Analysis*: Analyze the security measures that have been implemented to protect the information systems (including both preventive and detective controls).

Determine the Likelihood that a Risk Will Be Exploited: Assign a risk rating indicating the probability that a vulnerability will be exploited by a particular threat, taking into account (1) threat motivation and capability, (2) the type of vulnerability, and (3) the existence and effectiveness of current security controls.

Determine the Likely Impact if a Vulnerability Is Exploited: Determine the impact to confidentiality, integrity or availability that would result if a threat were to successfully exploit a vulnerability on a BHC system containing ePHI.

*Identify the Level of Risk for each Vulnerability and Associated Possible Threat.* Based on the above analysis, assign a risk level to each vulnerability and associated threat.

**Prioritize Risk**: In consultation with the relevant individuals, prioritize the risks identified in the risk analysis on a scale from high to low based on the potential impact to information systems containing ePHI and the probability of occurrence.

**Evaluate Options to Manage Risks**: For those risks determined as significant enough to require further evaluation, identify appropriate security methods to address and manage the risk to BHC information systems.

**Perform a Cost-Benefit Analysis**: Identify the costs and benefits of implementing or not implementing specific risk management methods.

Select a Risk Management Method: Recommend to the appropriate individuals the most appropriate, reasonable and cost-effective option for managing the identified risks to the information systems containing ePHI. Data Security will determine the appropriate risk management method.

**Implement the Risk Management Method**. Implement the selected risk management methods according to a schedule developed with Data Security.

**Evaluate the Effectiveness of the Risk Management Method**. Establish a schedule to review and evaluate the effectiveness of the implemented risk management methods, and consider revising the method if necessary.

# **Documentation and Record Retention**

## Purpose

To create a policy stating that the BHC complies with HIPAA by documenting and retaining compliance records for the later of (i) at least six (6) years from the date of its creation, or (ii) at least six (6) years from the date the document ceased to be effective. Upon expiration of the aforementioned timeline BHC will comply with destruction according to University Record Destruction Policy.

## Policy

The BHC and Privacy Officer will document and retain documentation on the following:

- 1. HIPAA Policies and Procedures
- 2. Notice of Privacy Practices
- 3. Disclosures of PHI for Requests for an Accounting
- 4. Uses and Disclosures that Must Be Documented
- 5. Uses and Disclosures that Need Not be Documented
- 6. Authorizations and Individual Rights
- 7. Training
- 8. Complaints
- 9. Disciplinary Action
- 10. Mitigation Efforts and any risk analysis performed
- 11. Business Associate Agreements
- 12. Risk Assessments

### Procedure

The Privacy Officer will follow the attached policies associated with the above. Except as provided below, each policy requiring documentation provides procedures for that documentation. The Privacy officer will store all documentation in a designated cabinet for all HIPAA compliance activities.

**Documenting Authorizations and Individual Rights.** The Privacy Officer will maintain under lock and key for a period of six years from the date the document was last effective, the following:

- individual authorizations for the disclosure of PHI
- each request for an accounting of disclosures and all accountings and related communications provided in response to the requests
- temporary suspensions of an individual's right to an accounting by:
  - a health oversight agency conducting health oversight activities authorized by law and described in the Privacy Rules
  - o a law enforcement official, conducting an activity described in the Privacy Rules
- each request for confidential communications and all documents relating to the response to each
- · each request to inspect and copy and all documents relating to the response to each
- each request to amend PHI and all documents relating to the disposition of each; if the BHC elects to amend the PHI, the amendment must be maintained with the record for as long as the record is maintained; if the BHC elects not to amend the request, the denial, and any statement of

disagreement and rebuttal statement must also be kept with the record for as long as the record is maintained

- each request for additional restrictions and all documents relating to the disposition of each
- an individual's agreement to receive a Notice of Privacy Practices by e-mail, and any withdrawal of such agreement

The obligation to retain documents relating to individual rights is limited to requests made to the BHC for documents maintained by the BHC. When PHI is held by a business associate, the individual will be referred to the business associate and the business associate is responsible for maintaining required documentation relating to individual rights.

In addition to the documents listed above, BHC may at its discretion maintain any additional documents it believes are appropriate relating to requests by individuals to exercise their individual rights under HIPAA.

# Patient Access to Their PHI

# Purpose

To define a patient's right to access their PHI / medical records.

# Policy

Except in certain circumstances, individuals have the right to review and obtain a copy of their protected health information in a covered entity's designated record set. The "designated record set" is that group of records maintained by or for the BHC that is used, in whole or part, to make decisions about patients, or that is a provider's medical and billing records about patients or a health plan's enrollment, payment, claims adjudication, and case or medical management record systems. The Rule excepts from the right of access the following protected health information: psychotherapy notes, information compiled for legal proceedings, laboratory results to which the Clinical Laboratory Improvement Act (CLIA) prohibits access, or information held by certain research laboratories. For information included within the right of access, the BHC may deny an individual access in certain specified situations, such as when a health care professional believes access could cause harm to the individual or another. In such situations, the individual must be given the right to have such denials reviewed by a licensed health care professional for a second opinion. The BHC may impose reasonable, cost-based fees for the cost of copying and postage.

## Procedure

### Request to View Medical Records:

- 1. Refer the patient or personal representative to the BHC designated Medical Records, Billing, Insurance and Coding Specialist or Health Admissions Clerk.
- 2. Confirm the requestor has the legal authority to view the record by verifying identity.
- 3. Set up a meeting within 24 hours as required by law. If the requestor cannot accommodate a meeting within the 24 hour time frame, the review should be set up at a mutually agreed upon time.
- 4. Assure a staff member is in attendance at all times during the meeting, to
  - a. Answer questions,
  - b. Assure the record is not altered in any way, and
  - c. Assure documents are not removed/destroyed.
- 5. Allow the patient to review and read the record without intervention from the staff member present.
- 6. Preferred procedure is to complete an Access to Protected Health Information form.

## Request for a Copy of Medical Records:

- Refer the patient or legal representative to the BHC Medical Records, Billing, Insurance and Coding Specialist or Health Admissions Clerk.
- Confirm the requestor has the legal authority to request a copy of the record by verifying identity.
- Although HIPAA does not require the access request to be in writing, the preferred procedure is to complete an *Access to Protected Health Information* form.
- Disclose the BHC's charge for copying to the patient.
- Make reasonable efforts to provide the patient with the copies within two working days but no later than 30 days from the date of the request.

Requests That Are Denied. If the request to inspect and copy is denied

- the denial must be approved by the Compliance Officer
- the denial must contain the following information provided to the individual:
  - $\circ$  the basis for the denial
  - if applicable, a statement of the individual's right to have the decision to deny access reviewed
    - the statement must include an explanation of how the individual may seek review of the decision to deny access
    - if the individual seeks a review
      - provide a complaint form for the individual to request a review
      - the decision must be timely reviewed by a licensed health care professional who was not originally involved in the decision to deny access ("reviewing official"); the BHC will designate who will serve as the reviewing official
      - the denial letter must be promptly sent to the individual to notify him or her of the reviewing official's determination
      - the BHC must take any other action required by the reviewing official
    - a description of how the individual may complain to the BHC or to HHS, including the name, title and telephone number of the Privacy Officer
  - if the denial only applies to a portion of the PHI being requested, then the rest of the information must be provided to the individual

Requests That Are Granted. If the request is granted in whole or in part

- the individual must be given access to the designated record set
  - o the individual has the right to inspect the record and to have a copy made
  - if the same PHI is maintained in more than one designated record set, or in more than one location, the individual need only be given the information once in response to the request for access
- the individual has the right to designate a certain form of access (e.g., electronic form, paper form or in person)
  - o if the individual has requested the information in a particular format (e.g., electronic file), the information should be provided in that format if it is readily producible in that format
  - $\circ$  otherwise, produce the information in a readable hard copy form or in such other form in which the individual agrees to receive it
  - $\circ$  if the PHI is in coded form, an accurate translation in plain English must be provided
- Summary or Explanation of PHI in Lieu of Access to Record.
  - o in lieu of providing access to the record, or in addition to the full record, the BHC may provide the individual with a summary or explanation of the information, if the individual
    - agrees in advance to receive the summary or explanation
    - agrees in advance to any fees that may be imposed for the summary or explanation

- $_{\odot}$  if an individual agrees to accept a summary or explanation, and any associated fees
  - prepare the summary or explanation
  - provide the information in the requested format
- Fees. The BHC may charge the following fees for access to the records o the BHC may not charge for retrieving or handling the information o

if photocopies are requested

- the BHC may charge for the costs of supplies used in making the copies, including the cost of the paper
- BHC may charge for the time an employee spent making the copies at the employee's hourly rate; if the employee is a salaried employee, a pro rata hourly rate will be calculated to determine the charge
- $_{\odot}$  the information is provided on a computer disk or other portable electronic media, the cost of the media may be charged
- o if the request is to have the records sent by mail or other type of delivery service (such as UPS, Federal Express, etc.), the actual cost of the postage or delivery service requested may be charged
- o if the request is for a summary or explanation of the individual's records, the BHC may charge for the time an employee spent preparing the summary or explanation at the employee's hourly rate; if the employee is a salaried employee, a pro rata hourly rate will be calculated to determine the charge
- if the disclosure is made to the parent of a minor or a personal representative, retain documentation of the disclosure as required
- If the BHC maintains the information in an electronic form, the BHC must be able to provide the information in an electronic form to an individual. The BHC must provide the individual with access to the information in the electronic format requested by the individual if it is readily producible in that format. If the BHC cannot provide the information in the requested format, it will offer to produce the information in the formats that are available. If the BHC and the individual cannot agree on an electronic format, the BHC may produce the records in paper form.

# Patient Request to Amend PHI

### Purpose

This Policy is to provide a process for responding to a patient's request for an amendment to Protected Health Information ("PHI").

### Policy

A patient has the right to request that the BHC amend his PHI maintained in the Designated Record Set for as long as the PHI is maintained. The policy of this BHC is to respond to a patient's request for amendment of PHI in accordance with the HIPAA Privacy Rule. This policy contains the procedures for approving an amendment, denying an amendment and making an amendment at the request of another covered entity.

### Procedure

- 1. The patient will be notified of the right to amend his PHI in the *Notice of Privacy Practices*.
- 2. The BHC Privacy Officer will process all requests for amendment.
- 3. Upon receiving an inquiry from a patient regarding the right to amend his/her PHI, the Privacy Officer will provide the patient with a copy of an *Amendment of Protected Health Information* ("*Amendment of PHI*") form. A request for amendment will not be evaluated until the request form is completed and signed by the patient or personal representative.

### Evaluating and Responding to the Request for Amendment

- 1. The Privacy Officer will date stamp or write the date received and initial the Amendment of PHI form.
- 2. The Privacy Officer will make a determination to accept or deny the amendment after consultation with the appropriate staff, if needed.
- 3. The Privacy Officer shall act on the request for amendment no later than 60 days after receipt of the request.
  - a. If the amendment is accepted, BHC staff shall make the amendment and inform the patient within 60 days of the written request.
  - b. If the amendment is denied, the BHC shall notify the patient in writing of the denial within 60 days of the written request.
- 4. If the BHC is unable to act on the request for amendment within 60 days of receipt of the request, it may have one extension of no more than 30 days. The Privacy Officer will notify the patient in writing of the extension, the reason for the extension and the date by which action will be taken.

### **Denial of Request for Amendment**

- 1. The BHC may deny the request for amendment in whole or in part if:
  - a. The PHI was not created by the BHC.
  - b. The PHI is not part of the Designated Record Set
  - c. The PHI would not be available for inspection under the HIPAA Privacy Rule.
  - d. The PHI that is subject to the request is accurate and complete.
- 4. If the Privacy Officer, in consultation with the appropriate staff, determines that the request for amendment is denied in whole or in part, the Privacy Officer will provide the patient with a timely amendment denial letter. The denial shall be written in plain language and shall contain:

- a. The basis for the denial;
- b. A statement that the patient has a right to submit a written statement disagreeing with the denial and an explanation of how the patient may file such statement;
- c. A statement that, if the patient does not submit a statement of disagreement, the patient may request that the BHC include the patient's request for amendment and the denial with any future disclosures of the PHI that is the subject of the amendment;
- A description of how the patient may file a complaint with the BHC or to the Secretary of the U.S. Department of Health and Human Services. The description must include the name or title and telephone number of the contact person for complaints.
- 3. The patient may submit a written statement of disagreement.
- 4. If the patient submits a written statement of disagreement, the BHC may prepare a written rebuttal to the statement. The BHC shall provide a copy of the written rebuttal to the patient who submitted the statement.
- 5. The following documentation must be appended (or otherwise linked) to the PHI that is the subject of the disputed amendment:
  - a. The patient's Amendment of PHI form;
  - b. The BHC's amendment denial letter;
  - c. The patient's statement of disagreement, if any; and
  - d. The BHC's written rebuttal, if any.

# Future Disclosures of PHI that is the Subject of the Disputed Amendment

- 1. If the patient submitted a statement of disagreement, the BHC will disclose all information listed in Item 5 above or an accurate summary of such information with all future disclosures of the PHI to which the disagreement relates.
- 2. If the patient did not submit a statement of disagreement, and if the patient has requested that the BHC provide the *Amendment of PHI* form and the amendment denial letter with any future disclosures, the BHC shall include these documents (or an accurate summary of that information) with all future disclosures of the PHI to which the disagreement relates.

#### Acceptance of the Request for Amendment

If the BHC accepts the requested amendment, in whole or in part, the BHC will take the following steps:

- 1. The BHC Privacy Officer shall place a copy of the amendment in the patient's Medical Record or provide a reference to the location of the amendment within the body of the Medical Record.
- 2. The Privacy Officer shall notify the relevant persons with whom the amendment needs to be shared, as identified by the patient on the original *Amendment of PHI* form.
- 3. The Privacy Officer shall identify other persons, including Business Associates that it knows have the PHI and that may have relied on, or could foreseeably rely on, such information to the detriment of the patient. The Privacy Officer will inform the patient of, and obtain the patient's agreement to notify such other persons or organizations of the amendment.
- 4. The Privacy Officer shall make reasonable efforts to inform and provide the amendment within a reasonable time to:
  - a. Persons identified by the patient as having received the PHI and needing the amendment;
  - b. Persons, including Business Associates, that the BHC knows have the PHI and may have relied, or could foreseeably rely, on such information to the detriment of the patient.

5. If no additional persons needing notification of the amendment are identified, the Privacy Officer shall inform the patient in writing that the amendment has been accepted.

#### Actions on Notices of Amendment

If another Covered Entity notifies the BHC of an amendment to PHI it maintains, the Privacy Officer shall make the amendment to the patient's Designated Record Set.

- 1. Amendments to the Designated Record Set shall be filed with that portion of the PHI to be amended.
- 2. Amendments that cannot be physically placed near the original PHI will be filed in an appropriate location.
- 3. If it is not possible to file the amendment(s) with that portion of the PHI to be amended, a reference to the amendment and its location will be added near the original information location.
- 4. If the actual amendment is not in an easily recognized location near the original information, the reference should indicate where it could be found.
- 5. General information regarding requests for amendment, forms relating to amendments and correspondence relating to denial or acceptance of requests to amend will be filed in the patient's Medical Record.

# SAMPLE AMENDMENT OF PROTECTED HEALTH INFORMATION

\_\_\_\_\_My Business Office Files

# **SECTION A:** Patient to complete the following information

Patient Name: \_\_\_\_\_\_ Student Number \_\_\_\_\_\_ Address:

# **REQUEST:**

I hereby request that the BHC amend the following in my Designated Record Set (check all that apply):

\_\_\_My Medical Records

Date:

Date(s) of information to be amended (i.e., date of visit, treatment, or other health care services)

The information is incorrect or incomplete in the following manner:

I request this amendment for the following reason(s):

The information should be amended as follows:

I understand that the BHC may or may not supplement my record with an addendum based on my request. I also understand that the BHC is <u>not</u> able to alter the original documentation in a record under any circumstances. Regardless whether my request is granted or denied, I understand that this request will be made a part of my permanent Medical Record and will be sent as part of the Medical Record in response to any authorized requests for release of my Protected Health Information.

Signature of Patient

Date

Print Name

# AMENDMENT OF PROTECTED HEALTH INFORMATION - side 2

SECTION B: BHC to complete the following		
Date of Receipt of Request		
Request for correction / amendment has been:AcceptedDenied		
If denied, check reason for denial:		
The PHI was not created by this BHC.		
The PHI is not part of patient's Designated Record Set.		
The PHI is not available to the patient for inspection as required by federal law (i.e., psychotherapy notes)		
The PHI is accurate and complete.		
NOTICE TO PATIENT/OTHERS		
Patient and/or others notified of determination via one or more of the following (check all that apply):		
Amendment Acceptance Letter sent to patient on(date).		
Amendment Acceptance with Consent to Notify sent to patient on(date).		
Notification of Amendment sent to identified persons pursuant to patient authorization on		
(date).		
Signature of Privacy Officer Date		
Print Name		

Distribution of copies: Original to patient's Medical Record, copy to patient

# SAMPLE AMENDMENT ACCEPTANCE LETTER

# [DATE]

[PATIENT NAME] [ADDRESS]

Dear [PATIENT]:

Your request to amend your Protected Health Information (see attached form) has been approved. We will notify the individuals and/or organizations that you identified in the original amendment request.

Very truly yours,

[AUTHOR SIGNATURE] [PRINTED NAME AND TITLE]

#### SAMPLE AMENDMENT ACCEPTANCE WITH CONSENT TO NOTIFY LETTER

[DATE]

[PATIENT NAME] [ADDRESS]

Dear [PATIENT]:

Your request to amend your Protected Health Information (see attached form) has been approved. We will notify the individuals and/or organizations that you identified in the original amendment request.

In addition, we have identified the following individuals and/or organizations that received your Protected Health Information. We are not permitted to notify these individuals and/or organizations without your written agreement. If you would like us to notify the individuals and/or organizations listed below, you must sign, date, and return this statement to us.

Very truly yours,

[AUTHOR SIGNATURE] [PRINTED NAME AND TITLE]

I hereby request and consent to the notification of the above-identified persons and/or organizations who have previously received my Protected Health Information regarding the approval of my request for amendment.

Signature of Patient or Personal Representative

Date

Print Name

### SAMPLE NOTIFICATION OF AMENDMENT LETTER

# [DATE]

[Name of Individual/Organization to Receive *Notification of Amendment* [ADDRESS]

Re:

[PATIENT] Approval of Amendment of Protected Health Information

Dear [RECIPIENT]

We have agreed to a request from the above-referenced patient to amend his/her Protected Health Information as outlined on the attached form entitled "*Amendment of Protected Health Information*."

In compliance with the HIPAA Privacy Rule (45 CFR §164.526—Amendment of Protected Health Information), we are providing you with proper notification of this approved amendment.

Thank you.

Very truly yours,

[AUTHOR SIGNATURE]

[PRINTED NAME AND TITLE]

### SAMPLE AMENDMENT DENIAL LETTER

[DATE]

[PATIENT NAME] [ADDRESS]

Dear [PATIENT]:

Your request to amend your Protected Health Information (see attached form) has been denied for the following reason(s):

You have the right to submit a written statement disagreeing with the denial. If you choose to do so, submit your statement to the BHC Privacy Officer.

If you do not submit a statement of disagreement, you may request that the BHC include your request for amendment and the denial in any future disclosures of your Protected Health Information.

You may file a complaint with our BHC by contacting the BHC Privacy Officer at \_\_\_\_\_(BHC phone number). You also may file a complaint with the Secretary of the U.S. Department of Health and Human Services. Please contact the BHC Privacy Officer for contact information.

Very truly yours,

[SIGNATURE] [PRINTED NAME AND TITLE]

# Request for Alternative Communications

### Purpose

To ensure the patient's right to request that communications of Protected Health Information ("PHI") be delivered by alternative means or at alternate locations.

# Policy

A patient will be allowed to request that the BHC communicate PHI to him by alternative means or at alternative locations. The BHC shall accommodate reasonable requests.

# Procedure

- 1. The patient will be notified of the right to request communication by alternative means or an alternative locations in the BHC's *Notice of Privacy Practices.*
- 2. The BHC Privacy Officer will manage requests to receive communications by alternative means.
- 3. When an inquiry is received from a patient regarding the right to request that the BHC communicate with him or his personal representative by some alternate means, the BHC will provide the patient with a copy of A *Request for Communications by Alternative Means* form. A request will not be evaluated until this request form is completed and signed by the patient or personal representative.
- 4. The Privacy Officer will review the completed *Request for Communications* form to determine if it is a reasonable request. The BHC may not require an explanation for the request. The BHC's decision will not be based on the perceived merits of the request. The BHC will accommodate a request determined to be reasonable.
- 5. The Privacy Officer will complete the Response section of the *Request for Communications* form to inform the patient of the BHC's decision.
- 6. The Privacy Officer shall maintain all requests and responses in the appropriate location in the patient's Medical Record.

# SAMPLE REQUEST FOR COMMUNICATION BY ALTERNATIVE MEANS/LOCATION

Patient Name:	Student Number
Student Address:	
I wish to receive communication of my Protected Health Information fro	om the BHC by the following mean:
Signature of Patient or Personal Representative Date	
Print Name	
Personal Representative's Title (e.g., Guardian, Executor of Estate, Health Care Power of Attorney)	
Response to Request	
Date Request Received:	
Alternative communication has been:	
Accepted	
Declined: The request is not reasonable because:	
Signature of Privacy Officer Date	
Print Name Distribution of copies: Original to patient's Medical Record, copy to patient	

# Patient Requested Restrictions on Use and Disclosures of PHI

#### Purpose

To provide a process for a patient to request a restriction to an otherwise permitted use or disclosure of the patient's Protected Health Information ("PHI"), and for the BHC to respond to such request.

#### Policy

A patient has the right to request that otherwise permitted uses and disclosures of PHI be restricted. Specifically, the patient may request restrictions on:

- The use and disclosure of PHI for treatment, payment or health care operations, or
- The disclosures to family, friends or others for involvement in care and notification purposes.

Except as provided below, the BHC is not required to comply with such requests for restriction, but will consider and may agree to a restriction. The BHC will consider the need for access to PHI for treatment purposes when considering a request for a restriction. A request for restriction must be made in writing. The BHC Privacy Officer will notify the resident of its determination with respect to the request.

#### Procedure

- 1. The patient will be notified of the right to request restrictions on the use and disclosure of PHI in the BHC's *Notice of Privacy Practices* and that the request must be in writing.
- 2. The Privacy Officer shall manage requests for restrictions. All documentation associated with this request will be placed in the patient's Medical Record.
- 3. The Privacy Officer will provide the patient a *Request to Restrict Use and Disclosure of Protected Health Information* ("*Request to Restrict*") form if the patient asks to make a restriction.
- 4. A request for restriction will not be reviewed until the *Request to Restrict* form is completed and signed by the patient. The Privacy Officer may assist the patient in completing the form, if necessary.
- 5. The Privacy Officer will review the request in consultation with other BHC staff to determine the feasibility of the request. The BHC shall give primary consideration to the need for access to the PHI for treatment and payment purposes in making its determination.
- 6. The Privacy Officer shall complete the "BHC Response" section of the *Request to Restrict* form and provide a copy to the patient.

#### Restriction Not Accepted

1. If the BHC declines the request for restriction, the Privacy Officer will provide the patient with a copy of the signed response (part of the *Request to Restrict* form).

# Restriction Accepted

- 1. If the BHC agrees to the requested restriction, it must abide by the accepted restriction with the following exceptions:
  - a. The BHC may use the restricted PHI, or may disclose such information to a health care provider if:
  - b. The patient is in need of emergency treatment, and
  - c. The restricted PHI is needed to provide emergency treatment. In this case, the BHC will release the information, but ask the emergency treatment provider not to further use or disclose the patient's PHI.
- 2. The BHC may disclose the information to the individual who requested the restriction.
- 3. The BHC may use and disclose the restricted PHI when statutorily required to use and disclose the information under the HIPAA Privacy Rule.
- 4. The Privacy Officer will notify appropriate BHC staff of the restriction.

5. The Privacy Officer will document the restriction on the *Request to Restrict* form, provide the patient with a copy and maintain the original in the patient's Medical Record.

Restrictions on Dislosures to Health Plans

The BHC must agree to the request of an individual to restrict disclosure of PHI about the individual to a health plan if:

- 1. <u>The disclosure is for the purpose of carrying out payment or health care operations and is not</u> otherwise required by law; and
- 2. <u>The PHI pertains solely to a health care item or service for which the individual, or person other than</u> the health plan on behalf of the individual, has paid the BHC in full.

#### Terminating the Restriction

Termination with the patient's agreement

- 1. The BHC may terminate the accepted restriction if:
  - a. The patient agrees to the termination in writing; or
  - b. The patient agrees to the termination verbally and the verbal agreement is documented.
- 2. The Privacy Officer will notify the appropriate BHC staff of the termination of the restriction.
- 3. The Privacy Officer will document the patient's agreement to the termination of the restriction on the *Request to Restrict* form, provide the patient with a copy and maintain the documentation in the patient's record.
- 4. Termination of a restriction with the patient's agreement is effective for all PHI created or received by the BHC.

Termination without the patient's agreement

- 1. The BHC may terminate the restriction without the patient's agreement if it informs the patient that the restriction is being terminated.
- 2. Such termination is only effective with respect to PHI created or received after the BHC has informed the patient that it is terminating the restriction.

**Note:** The BHC must continue to abide by the restriction with respect to any PHI created or received before it informed the patient of the termination of the restriction.

- a. <u>Inform by mail</u>: If the patient is informed by mail that the BHC is terminating the restriction, the notification shall be sent via certified mail, return receipt requested. The BHC shall maintain a copy of the notification and of the return receipt with the *Request to Restrict* form. The BHC shall not terminate the restriction until it receives confirmation that the patient has received the notification.
- b. <u>Inform in person</u>: It is preferable to have the patient sign and date a notification of termination of a restriction. However, it will be acceptable to document that the patient was so notified on the *Request to Restrict* form.
- c. <u>Inform via telephone</u>: If the patient is informed by telephone, this action shall be documented on the *Request to Restrict* form. In addition, a letter shall be sent via certified mail, return receipt requested. The termination shall be effective as of the date the patient is informed by telephone.

# SAMPLE REQUEST TO RESTRICT USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

Patient Name:

Student No:

Address:

I request that the disclosure of my protected health information maintained in the BHC be restricted in the following manner:

\_

\_\_\_Do not release information to the following person(s):

Other restriction (please specify):

Signature of Patient or Personal Representative

Date

Print Name

Personal Representative's Title (e.g., Guardian, Executor of Estate, Health Care Power of Attorney)

# REQUEST TO RESTRICT USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION - side 2

#### **BHC RESPONSE:**

Your request for restriction has been declined.

Your request for restriction has been accepted. In the case of an emergency or if necessary to comply with the law, we may use and disclose your health information in violation of the restriction. Other than in those circumstances, we will abide by your request unless and until the restriction is terminated (with or without your agreement) and you are notified.

Signature of BHC Privacy Officer

Date

Print Name

#### **TERMINATION OF RESTRICTION**

\_\_\_\_\_The above name patient agreed to terminate this restriction on:

\_\_\_\_\_The above named patient was notified on \_\_\_\_\_\_ (date) that this restriction was terminated.

• Patient was notified: (check appropriate box)

\_\_\_\_In person

\_\_\_\_By telephone (attach documentation of notification)

\_\_\_\_\_By mail (attach documentation of notification)

Signature of BHC Privacy Officer

Date

Print Name

Distribution of copies: Original to patient's Medical Record; copy to patient.

# ACCOUNTING OF DISCLOSURES OF PROTECTED HEALTH INFORMATION In Response to Request for

# Accounting

Date Provided: \_\_\_\_\_

Patient's Name:\_\_\_\_\_ MedicalRecord

DateRequested: \_\_\_\_\_

Number:\_\_\_\_\_

StudentNumber:

FeeforService:

Name of Entity Requesting Disclosure	Address of Entity Requesting Disclosure	Brief Description of PHI Disclosed	Purpose of Disclosure	Date Disclosed

Signature of Privacy Officer: \_\_\_\_\_\_ Distribution of copies: Original to resident's Medical Record, copy to Patient

# Accounting of Disclosures of PHI

#### Purpose

Patients have the right to receive an accounting of the disclosures of their Protected Health Information ("PHI") maintained in their Designated Record Set. The following is the process for responding to a patient's request for an accounting of disclosures of their PHI made by the BHC.

#### Policy

Each patient may request and receive an accounting of trackable disclosures of PHI made by the BHC. The potential areas where accounting of disclosures applies are listed in the *Notice of Privacy Practices*. The BHC will provide such an accounting, in accordance with the HIPAA Privacy Rule, when requested by a patient or a patient's personal representative. The requested information will not include PHI released or disclosed on or prior to April 13, 2003.

Records of disclosures are retained for as long as the record is retained by FSU.

#### Procedure

1. Upon receiving an inquiry from a patient, the BHC Privacy Officer provides the patient or personal representative with a copy of a *Request for an Accounting of Disclosures of PHI ("Request")* form.

Requests are not evaluated until the *Request* form is completed and signed by the patient or personal representative.

- 2. The BHC Privacy Officer reviews and processes the request.
- 3. The BHC provides a written accounting no later than 60 days after receipt. If the BHC is unable to meet the 60-day time frame, the BHC may extend the time once by no more than 30 days as long as the individual is provided with a written statement of the reasons for the delay and the date by which the BHC will provide the accounting.
- 4. A written accounting is provided to the requestor using an Accounting of Disclosures log.
  - a. The accounting will include disclosures during the period specified by the patient or personal representative in the request. The specified period may be up to six years prior to the date of the request.
  - b. The BHC will include known disclosures made by its Business Associates, if aware of any such disclosures required to be included in an accounting.
  - c. For each disclosure, the accounting will include:
    - i. Date the request for disclosure was received;
    - ii. Name of entity requesting disclosure and, if known, the address of such person or entity;
    - iii. A brief description of the PHI that was disclosed; and
    - iv. A brief statement of the purpose of the disclosure that reasonably informs the individual of the basis for the disclosure.
  - d. If there are multiple disclosures for health oversight or law enforcement officials for a single purpose, the BHC may provide:

- i. The first disclosure during the accounting period;
- ii. The frequency, or number of disclosures made during the accounting period;
- iii. The date of the last such disclosure during the accounting period.
- 5. For disclosures of PHI for research purposes in a project consisting of fifty or more individuals, the accounting may provide:
  - a. Name of protocol or other research activity;
  - b. Description and purpose of research, criteria for selecting particular records;
  - c. Brief description of the type of PHI disclosed;
  - d. Date or period of time during which disclosure(s) occurred, including date of last disclosure during accounting period;
  - e. Name, address, telephone number of entity that sponsored the research and of the researcher to whom the information was disclosed;
  - f. Statement that PHI of the patient may or may not have been disclosed for a particular protocol or the research activity.
- 6. The BHC will provide the first accounting to a patient or personal representative within a 12month period without charge. However, the BHC may impose a reasonable, cost-based fee for each subsequent request for an accounting by the same party within the 12-month period, provided the BHC has informed the requesting party of the charges in advance, giving the party the opportunity to withdraw or modify the request.
- 7. The BHC may exclude those disclosures that qualify as an exception.
- 8. The BHC must document and retain for ten years from the date of the accounting:
  - a. The information required to be included in the accounting, and
  - b. The written accounting provided to the requesting party.
  - c.

Potential Areas where Accounting of Disclosures Applies:

- 1. Disclosures to Public Health Authorities
  - For the purpose of preventing or controlling disease, injury or disability
  - To conduct public health surveillance
  - For public health investigations and interventions
  - For reporting vital events such as births and deaths
  - To a foreign government agency at the request of a public health authority
  - To report child/elder abuse
  - If necessary, to prevent or lessen a serious and imminent threat to the health or safety of an patient or the public
- 2. Disclosures to an Entity Subject to the Food and Drug Administration
  - To report adverse events, product defects or biological product deviations
  - To track products
  - To enable product recalls, repairs or replacements
  - To conduct post marketing surveillance
- **3.** Disclosures to an Employer

- Only PHI specific to a work-related illness or injury, and
- Required for the employer to comply with its obligations under federal or state occupational safety and health laws
- 4. Disclosures to Health Oversight Agencies
  - For government benefit program eligibility
  - To determine compliance with civil rights laws
  - For civil, administrative or criminal investigations, proceedings or actions
- 5. Disclosures in Judicial and Administrative Proceedings
  - In response to a court order or court ordered warrant
  - In response to a subpoena once approved by FSUs General Counsel
- 6. Disclosures to Law Enforcement Officials
  - For the purpose of locating a suspect, fugitive, material witness or missing person
  - About a patient who is or is suspected to be a victim of a crime
  - Regarding crimes on the BHC or FSU premises
  - Regarding suspicious deaths
  - In response to an administrative request, civil investigative demand or grand jury subpoena, after approval by General Counsel
  - For the purpose of averting a serious threat to health or safety
- 7. Disclosures about victims of abuse, neglect or domestic violence
  - To a government authority authorized by law to receive reports of abuse, neglect or domestic violence
- 8. Disclosure of Deceased Persons' PHI
  - To the Coroner, Medical Examiner or Funeral Directors
  - To organ procurement organizations
- 9. Disclosures for research
  - Only if disclosure was made without an authorization as permitted by the Privacy rule
- 10. Disclosures for Specialized Government Functions
  - To Armed Forces personnel for military purposes
  - To authorized federal officials for the protection of the President and other Federal officials
  - To other government agencies, if approved by General Counsel
- 11. Disclosures for Worker's Compensation
  - As authorized by and to the extent necessary to comply with the law

#### Exceptions to Accounting of Disclosures:

Accounting of disclosure does not include disclosures:

- Necessary to carry out treatment, payment, and health care operations
- To the patient for whom the PHI was created or obtained
- Pursuant to a signed authorization by the patient or personal representative
- For persons involved in the patient's care or other notification purposes
- For national security or intelligence purposes

- To a correctional institution
- That are incidental
- As part of a Limited Data Set

#### SAMPLE REQUEST FOR AN ACCOUNTING OF DISCLOSURES OF PROTECTED HEALTH INFORMATION

Patient's Name:

Medical Record Number:

Student Number:

#### Date Range to be Included

I would like an accounting of disclosures of my Protected Health Information (PHI) for the following time frames.

(Please note the maximum time frame that can be requested is six years prior to the date of this request.)

From Date	To Date
From Date	To Date
From Date	To Date

#### Fees

First request in a 12-month period:	Free
Subsequent Requests:	(Cost-based fee per entity)

I understand that there may be a fee for this accounting and wish to proceed. I also understand that the accounting will be provided to me within 60 days unless I am notified in writing that an extension of up to 30 days is needed.

#### **Qualified Exceptions to the Accounting**

I understand that, by law, the BHC is not required to account for disclosures that meet the following criteria:

The disclosure was necessary to carry out treatment, payment, and health care operations. The disclosure was to the patient for which the PHI was created or obtained.

The disclosure was pursuant to a signed authorization by the patient or personal representative.

The disclosure was for the BHC's directory or to persons involved in the patient's care or other notification purposes.

The disclosure was for national security or intelligence purposes.

The disclosure was to a correctional institution or law enforcement official.

The disclosure occurred prior to April 13, 2003.

Signature of Patient or Personal representative

Date

Distribution of copies: Original to patient's Medical Record, copy to patient

# Birkam Health Center Ferris State University Breach Notification Policy

### 1. Breach Notification Team.

Ferris State University ("Ferris State"), a hybrid entity with health care components, has established a Breach Notification Team, which consists of the following members:

- Privacy Officer of the health care component where the violation may have occurred
- HIPAA Security Officer and member(s) of the Information Technology Services Security Incident Response Advisory Team, if applicable
- Vice President for Administration and Finance
- a representative from the General Counsel's office

In the event of a potential breach of protected health information or "PHI" (as defined under HIPAA), Ferris State will investigate the incident consistent with its HIPAA Security Rule security incident procedures (if applicable). One or more members of the Breach Notification Team will participate in such investigation and report relevant facts to the Team for purposes of determining whether notification will be required.

In determining whether notification is required, the Breach Notification Team may consult with any additional employees, agents, contractors, consultants or other individuals reasonably necessary to determine whether Ferris State has a duty to notify individuals about a breach.

#### 2. Investigation

In the event the Information Technology Department or a member of Ferris State's workforce detects or otherwise learns of a security violation of its electronic or paper files, it will conduct an investigation of the security incident consistent with its Policies and Procedures. If the incident involves records containing PHI, the Information Technology Department will notify the Privacy Officer of the health care component where the violation may have occurred. Other workforce members who learn of an incident involving unauthorized access to PHI (whether in electronic or paper form) will also notify the Privacy Officer of the health care component of the incident.

Upon notification of a potential incident of unauthorized access to PHI, the Privacy Officer of the health care component where the violation may have occurred will determine whether Ferris State has a duty to notify individuals about a breach. In determining whether notification is required, the Privacy Officer of the health care component where the violation may have occurred may consult with legal counsel, employees, agents, contractors or consultants as reasonably necessary to determine Ferris State's notification obligations, if any.

#### 3. Determine whether a breach has occurred.

The following are examples of the types of situations that may need evaluation. These include situations in which a contractor/business associate notifies Ferris State that an impermissible use or disclosure has or may have occurred:

- Ferris State learns that an unauthorized individual has gained access to Ferris State's electronic information system.
- Ferris State learns that an authorized individual may have accessed protected health information for an improper purpose.
- Ferris State learns that information intended for an authorized individual was misdirected (for example, by e-mail or fax transmission).
- Ferris State learns that a business associate has suffered a potential data breach.
- Ferris State hears from individuals who are the subject of protected health information that they have been the victims of identity theft or other identity fraud crime.
- Ferris State learns that a client file that may contain sensitive information cannot be located.

If a situation requires evaluation, the Breach Notification Team should gather details about the incident, including the following:

- The specific data that is involved in the incident.
- Whether the access, use or disclosure is consistent with Ferris State's HIPAA policies and procedures.
- The manner in which the information was accessed, used or disclosed, and the circumstances surrounding the incident.
- The date the incident was discovered.
- The date(s) the incident occurred.
- The number of individuals whose information was involved.
- The states in which the individuals reside.

When Ferris State learns of a possible breach of either its electronic files or physical files the Breach Notification Team must first determine whether there has been an impermissible use or disclosure of unsecured protected health information under HIPAA's Privacy Rule and/or whether the disclosure included confidential client information under the Michigan Rules of Professional Conduct.

If the facts indicate that the access, use, or disclosure was not permitted under HIPAA, the Breach Notification Team will need to determine whether the incident falls into one of the exceptions to the HIPAA breach notification requirements. Ferris State may not have a duty to notify if (A) the information is considered "secured"; (B) the incident is not considered a "breach"; or (C) the Protected Health Information has not been compromised, as described below.

**Note:** While much of this policy addresses breach notification requirements under HIPAA, most states have security breach notification requirements that may also apply. Therefore, the Breach Notification Team may need to consult with legal counsel to determine if Ferris State has any obligations under state notification laws—whether or not notification is required under HIPAA.

**Note:** In the event of a breach, Ferris State will also need to evaluate the effectiveness of its privacy and security practices and determine whether changes need to take place, consistent with Ferris State's HIPAA evaluation procedures.

# A. Determine whether the information is deemed "secured" under HIPAA.

The first step is to determine whether the information was properly secured under HIPAA. Whether the information is properly secured will depend on the nature of the information and how well it is protected.

- If the information is electronic, the data is considered secured if *both* of the following are true:
  - 1. The data has been properly encrypted consistent with guidance issued by the Department of Health & Human Services. This guidance may change from time to time, but as of September 2009, HHS guidance called for the following:
    - For data at rest (including data that resides in databases, file systems, flash drives, memory and other structured storage methods), the encryption process must be consistent with National Institute of Standards & Technology Special Publication 800-111, Guide to Storage Encryption Technologies for End User Devices.
    - For data in motion (which includes data moving through a network, including wireless transmission, whether by e-mail or structured electronic interchange), the encryption process must comply, as appropriate, with one of the following:
      - National Institute of Standards & Technology Special Publication 800-52, *Guidelines for the Selection and Use of Transport Layer Security (TLS) Implementations*;
      - National Institute of Standards & Technology Special Publication 800-77, *Guide to IPsec VPNs;*

- National Institute of Standards & Technology Special Publication 800-113, *Guide to SSL VPNs*; or
- Other encryption processes that are Federal Information Processing Standards 140-2 validated.
- 2. The individual/entity with improper access to the information does not have access to the confidential decryption process or key.
- Data that has been destroyed may also be considered secured if one of the following is true:
  - 1. The information was stored on paper, film or other hard copy media, and the media has been shredded or destroyed in such a way that the protected health information cannot be reconstructed. (Note that redaction is **not** an effective form of destruction.)
  - 2. The information is in electronic form and has been cleared, purged or destroyed consistent with National Institute of Standards & Technology Special Publication 800-88, *Guidelines for Media Sanitization*, so that the protected health information cannot be retrieved.

If the information meets one of the tests above for being secured, the incident will not be considered a breach and notification will not be necessary.

If the Breach Notification Team concludes that the information is secured, it must document the facts leading to this conclusion. The Privacy Officer of the health care component where the violation may have occurred will make and retain the documentation for a period of at least six years from the date the Team concludes its evaluation of the incident.

# B. Determine whether the incident falls within an inadvertent acquisition or disclosure exception.

If the information is not considered secured, the incident may still not be considered a breach if the incident falls within one of the following exceptions:

- 1. <u>Unintentional acquisition, access or use of protected health information</u>. In order for this exception to apply, all of the following have to be true:
  - a. the unauthorized acquisition, access or use of protected health information must have been unintentional;
  - b. the individual who acquired, accessed or used the protected health information must be one of the following:
    - a member of Ferris State's workforce
    - A member of a business associate's workforce

- A person acting under the authority of Ferris State or Ferris State's business associate
- c. The individual who acquired, accessed or used the protected health information did so in good faith.
- d. The acquisition, access or use did not result in any further use or disclosure that is not permitted under the HIPAA privacy rules.
- 2. <u>Inadvertent internal disclosure of protected health information</u>. This exception applies if all of the following are true:
  - a. The disclosure is made by an individual who is authorized to access protected health information
  - b. The disclosure is made to an individual who is authorized to access protected health information.
  - c. Both individuals work for the same organization, which may be one of the following:
    - Ferris State
    - Ferris State's business associate
    - An organized health care arrangement in which Ferris State participates.
  - d. The disclosure did not result in any further use or disclosure that is not permitted under the HIPAA privacy rules.
- 3. <u>Where the information would not be retained.</u> This exception applies if all of the following are true:
  - a. The disclosure is made to an unauthorized individual.
  - b. Ferris State or its business associate has a good-faith belief that the unauthorized individual would not reasonably have been able to retain the information.

If the Breach Notification Team concludes that the incident meets one of the exception tests above, the incident will not be considered a breach and notification will not be necessary. The Team must document its analysis leading to this conclusion. The documentation must be retained for a period of at least six years from the date the Team concludes its evaluation of the incident.

# C. Determine the probability that the Protected Health Information has been

#### compromised.

If the Breach Notification Team determines that the information did not meet the requirements for being secured or fall within one of the exceptions noted above, the Team must conduct a risk assessment. There is a presumption that an impermissible use or disclosure is a breach unless it can be determined through a risk assessment that there is a low probability that the Protected Health Information has been compromised.

Factors to consider include:

- The nature and extent of the Protected Health Information involved, including the types of identifiers and the likelihood of re-identification.
  - Did it include social security numbers, driver's license numbers, bank account/credit card numbers, insurance numbers, or other sensitive information that could be used for identity theft or identity fraud crimes?
  - Did it include information about medical treatment, diagnoses, diseases, or similar details about an individual's health?
  - What is the likelihood that the Protected Health Information could be reidentified based on the context and the ability to link the information with other available information?
- The unauthorized person who used the Protected Health Information or to whom the disclosure was made.
  - Was the recipient also a HIPAA covered entity with a legal duty not to misuse the information?
  - Does the recipient have a contractual relationship with Ferris State that prohibits it from misusing the information?
  - Are there other facts and circumstances that would indicate that the recipient of the information is unlikely to misuse the information?
- Whether the Protected Health Information was actually acquired or viewed.
  - Does a forensic analysis indicate that Protected Health Information on a lost computer was never accessed, viewed, acquired, transferred or otherwise compromised??
- The extent to which the risk to the PHI has been mitigated.
  - Are there past dealings with the recipient or other factors that would indicate that the recipient can be trusted not to use or further disclose the information?

The Breach Notification Team should consider these and other pertinent facts to determine whether there is a low probability that the Protected Health Information has been compromised.

If the Breach Notification Team concludes that there is a low probability that the Protected Health Information has been compromised, then notification is not required. The Team must document its analysis leading to this conclusion and retain this documentation for at least six years from the date the Team concludes its evaluation of the incident. 4. Special considerations for breaches involving Business Associates (or for business associates, subcontractors)

Under HIPAA, a business associate who maintains protected health information on behalf of Ferris State has a duty to notify Ferris State of the breach within 60 days, but it is Ferris State's duty to provide notification to the individuals impacted by the breach. Moreover, in certain circumstances, Ferris State may be charged with the business associate's knowledge of the breach, so that the deadline for providing notice will be based upon when the business associate knew or should have known about the breach.

In order to reduce the risk to Ferris State of a HIPAA violation, Ferris State will seek to include in its business associate agreements a provision that requires the business associate to notify Ferris State of a potential breach within 5 business days of discovery and to provide information about the individuals involved in the potential breach within 30 days of discovery. When appropriate, and after reaching consensus with business associate, Ferris State may also include a provision in the business associate agreement allocating responsibility for notification between Ferris State and business associate. When a business associate reports a potential breach to Ferris State, the Breach Notification Team will work with the business associate to determine whether the incident requires notification.

5. Notification

If the Breach Notification Team determines that Ferris State must provide notification of the incident, the Team will prepare appropriate notification as required below.

# A. Notice to Individuals

Under HIPAA, Ferris State must provide notice to affected individuals without unreasonable delay, but no later than 60 days after the date Ferris State discovers the breach or should have discovered the breach if it had exercised appropriate diligence. In order to reduce the risk of exceeding the deadline, Ferris State will seek to provide notice as soon as reasonably possible once it has discovered the breach.

The HIPAA breach notification regulations require that the following information be included in the notification:

 A brief description of what happened, including the date of the breach and the date of the discovery of the breach, if known.

- A description of the types of unsecured protected health information that were involved in the breach.
- Any steps the individual should take to protect themselves from potential harm resulting from the breach.
- A brief description of what Ferris State is doing to investigate the breach, to mitigate harm to individuals, and to protect against any further breaches.
- Contact procedures for individuals to ask questions or learn additional information including a toll-free telephone number, an e-mail address, Website, or postal address.

All notifications must be written in plain language.

Notice may be provided by e-mail to individuals who have agreed in advance to receive electronic notice. Otherwise, notice must be sent via first class mail. If Ferris State knows that an individual is deceased and has the address of the deceased's next of kin or personal representative, Ferris State may send the written notification to either next of kin or the personal representative.

Under HIPAA, Ferris State has no more than 60 days after discovery of the disclosure to notify individuals. The date of discovery is measured as follows:

- First day the breach is known to a member of the Ferris State's workforce or agents;
  - workforce member includes any employee, partner, volunteer, trainee, agent, etc.
- First day a member of the Ferris State workforce or its agents would have known of the breach by exercising reasonable diligence; or
- First day that Ferris State is notified of a breach by any of its independent contractors (unless the independent contractor is deemed to be an agent).

**Note:** State security breach notification laws may also apply and may mandate a shorter time frame for notification.

If Ferris State does not have sufficient contact information for some or all of the affected individuals (or if the contact information is outdated) then Ferris State must provide substitute notice for such individuals in the following manner:

- If fewer than 10 individuals are affected, substitute notice can be provided to these individuals via telephone or other written notice that is reasonably calculated to reach the individuals.
- If more than 10 individuals are affected, HIPAA requires the following:
  - a conspicuous posting for a period of 90 days on Ferris State's home page **or** a conspicuous notice in a major print or broadcast media in the geographic areas where the individuals affected by the breach likely reside; and
  - a toll-free phone number active for 90 days where an individual can learn whether the individual's unsecured protected health information may be included in the breach.
- The content of the substitute notice must include all of the elements required for the standard notice described above.
- Substitute notice is not required in situations where an individual is deceased and Ferris State does not have sufficient contact information for the deceased individual's next of kin or personal representative.

If Ferris State believes that there is the possibility of imminent misuse of unsecured protected health information Ferris State may also provide expedited notice by telephone or other means. This notice is in addition to, and not in lieu of, direct written notice.

Ferris State must retain copies of all notifications for at least six years from the date the notifications were provided. For substitute notifications, retain copies for at least six years from the date the notification was last posted on the website or the date the notification last ran in print or broadcast media.

#### B. Notice to the Media

If the Breach Notification Team determines that notification is required to more than 500 residents of a state, Ferris State must provide notice in the form of a press release to prominent media outlets serving the state. The press release must include the same information required in the written notice provided to individuals. The Breach Notification Team may coordinate such notice with Ferris State's public relations department or other public relations consultants, as appropriate.

**Note:** State security breach notification laws should also be consulted to determine whether there are additional notification obligations to the media, state agencies, or national credit bureaus.

Ferris State must retain copies of all press releases provided to prominent media outlets for at least six years from the date the notifications were provided.

# C. To the Department of Health & Human Services

If the Breach Notification Team determines that Ferris State or its business associate must provide notification to individuals under HPAA, then Ferris State will also have to provide notification to the Department of Health & Human Services. The timing of the notification will depend on the number of individuals affected by the incident:

- If the breach involves more than 500 individuals (regardless of whether they reside in the same state or in multiple states), Ferris State will notify the Department of Health & Human Services without unreasonable delay, but no later than 60 days after discovery. This notification is to be submitted to the Department of Health & Human Services contemporaneously with the written notifications sent to individuals and in the manner specified on the Department's Web site.
- If the breach involves fewer than 500 individuals:
  - The Privacy Officer of the health care component where the violation may have occurred must maintain a log of notifications involving fewer than 500 individuals. The information to be recorded in the log will be set forth on the Department of Health & Human Services' Web site.
  - The Privacy Officer of the health care component where the violation may have occurred, in coordination and consultation with the General Counsel's Office, will submit the log to the Department of Health & Human Services for each calendar year by February 28 of the following year, in the manner specified on the Department's Web site.

Notifications to the Department of Health & Human Services, including the annual log of notifications, must be maintained for at least six years from the date submitted to the Department.

6. Notification (For use when Ferris State is considered a Business Associate)

If Ferris State discovers a potential breach, the Breach Notification Team will review the business associate agreement with the covered entity or entities whose data is involved in the incident and, if addressed in the business associate agreement, will follow the requirements set forth in the agreement. To the extent not addressed in the business associate agreement, Ferris State will use the following default rules set forth in HIPAA:

- Ferris State will notify the covered entity as soon as possible after discovering a potential breach, and no later than 60 days after discovery.
- Ferris State will provide the covered entity with the following information, either at the time Ferris State provides notice of the potential breach to the covered entity or promptly thereafter as the information becomes available:
  - The identity of each individual whose unsecured protected health information has been, or is reasonably believed to have been, breached, to the extent possible.
  - Any other available information that the covered entity is required to include in the notification to the individual. This may include the following:
    - A brief description of what happened, including the date of the breach and the date of the discovery of the breach, if known.
    - A description of the types of unsecured protected health information that were involved in the breach.
    - Any steps the individual should take to protect themselves from potential harm resulting from the breach.
    - A brief description of what Ferris State is doing to investigate the breach, to mitigate harm to individuals, and to protect against any further breaches.
    - Contact procedures for individuals to ask questions or learn additional information including a toll-free telephone number, an e-mail address, Website, or postal address.
- Ferris State will cooperate with covered entity in determining whether notification is required under HIPAA.