

## Alcohol Scenario

Your friend has just turned 21 and a group of people want to take her out and show her what it means to become an "adult"! She is a non drinker but doesn't want to let her friends down especially since they are doing something nice for her. She has asked you to make sure it doesn't get out of hand when someone in the group starts ordering shots for her saying, "This is gonna be fun to watch." What do you do?

## Alcohol Scenario

You are at a party with lots friends and group members. After several hours, you're talking with the host of the party when some others come up and want her to go buy some more beer. She is clearly intoxicated and doesn't want to go but a couple people start hassling her. She finally gives in and goes to get her keys. What do you do?

## Alcohol Scenario

You go to a party with 5 of your friends and you have a designated driver. At one point in the party you see your designated driver having a beer. As you're getting ready to leave you ask him how many drinks he has had and he admits to having 3. (he is 5'11" and 182 pounds) What do you do?

## Sexual Assault Scenario

At a party, you see a man appear to put something in his dates' drink but you're not sure. Later you notice that she is not that steady on her feet and he is trying to get her to go into a bedroom with him. You know they have been dating in the last few weeks but she doesn't seem like herself. What do you do?

## Depression Scenario

A friend of yours on the gymnastics team suffers a career ending injury. She seemed OK at first but recently she has become more withdrawn and has stopped coming to any team related activities. She also doesn't want to go out anymore and won't return phone calls. You know how important her sport was to her and are concerned. What do you do?

## Depression Scenario

A friend calls you on the phone crying hysterically because her boyfriend just broke up with her. You know it was her first serious relationship and they did everything together. She keeps saying, "You just don't understand, you don't understand." Clearly she is distraught. What do you do?

## Depression Scenario

You notice your teammate has been wearing long sleeves lately. It seems a little odd to you because the weather outside is too warm for long sleeves. Lately, he has been withdrawn and at times irritable. He seems to be under a lot of pressure but does not wish to talk about it. During a practice, his sleeve slips just enough for you to see what appears to be a couple of old scars and a few new cuts along his forearm. You are alarmed. What do you do?