



BULLDOG FAMILY & FRIENDS

FALL IS IN THE AIR

As the semester is in full swing the month of October, students also begin to prepare for their mid-term exams, papers, projects. This month's issue includes updates on Bulldog Family & Friends Weekend, academic resources, wellness checks, changing majors, advising and graduation. As always, we welcome ideas and topics you would like to see shared in this monthly communication.

ACADEMIC RESOURCES

The first few months of the semester can be a time of adjustment to a new way of studying or even the way a course is taught. Some students may even be struggling to meet their academic goals or experiencing stress over their course load. This is especially true for first-year students who may have trouble adjusting to the more independent work-intensive environment of college level course work. If your student needs assistance, there are a number of academic resources available. All services are FREE to Ferris State University students:

Academic Support Center: Is a "one-stop shop" for academic support including workshops, free tutoring, and student success speakers.
<https://www.ferris.edu/HTMLS/colleges/university/ASC/index.htm>

The Writing Center: Offers professional writing consultants on any piece of writing (except for exams) -
<https://www.ferris.edu/arts-sciences/departments/languages-and-literature/writing-center/>

Structured Learning Assistance (SLA): To give Ferris State University students a high level of academic support while reducing course withdrawal/failure rates and increasing the number of students who pass some of the most challenging and highest risk-for-failure university courses.
<https://www.ferris.edu/sla/>

FLITE: Assist in the development of a research strategy for term papers, materials, and librarian assistance.
<https://www.ferris.edu/library/>

HEALTH AND WELLNESS

The Birkam Health Center is the on campus resource to keep your student healthy while achieving your academic success. They offer primary care services as well as acute for all Ferris students. Walk-in appointments may be available, but urge students to use the Healthy Dog Student Health Portal to schedule an appointment most convenient with their schedule.



Flu season is just around the corner and the Birkam Health Center offers flu shots on campus. Schedule an appointment using the student health portal or call the center (231)591-2614.

Counseling Center

The Counseling Center provides a place where students can have conversations with licensed counselors who provide a supportive and understanding environment. Where students seek counseling for a variety of concerns.

New Wellness Room

The Wellness Room is private space designed to improve the quality of student's mental and physical health. This is a quiet space with comfortable seating, light therapy, and de-stressing activities available to individual students on a drop-in basis.

We ask that visitors unplug from technology and do not bring homework into the space to take advantage of the opportunity to be present and practice being mindful.

The Wellness Room is located on the second floor of the Birkam Health Center building. To use the space, check-in at the Personal Counseling Center's front desk located on the second floor.

REMINDERS

Advising and Registration

During the month of October, students will begin making appointments to meet with their advisor in preparing for Spring registration that starts on Monday, October 28, 2019.

Information about advisement and registration can be found in the student information in MYFSU.

FAFSA

Parents and students can already fill out the FAFSA for the 2020-2021 school year. Go out to www.fafsa.ed.gov to get started.

Graduating Seniors

Ferris Commencement is confirmed for Fall Semester, Saturday, December 14, 2019 <https://www.ferris.edu/HTMLS/current/Commencement/> and for Winter Semester, Friday, May 8, 2020 & Saturday, May 9, 2020.

BFF Weekend

October is a perfect time to visit your student on campus. We have a weekend set aside just for you and your family. To register and check out the events, please go to <https://www.ferris.edu/parents/friendsandfamilyweekend.htm>.

Safety

Safety is a priority for all of us, our department of public safety works hard to keep our campus safe. If you or your student have any questions regarding the safety of the campus, start with their website at <https://www.ferris.edu/HTMLS/othersrv/campusafety/>.

The Clery Act requires all colleges and universities that participate in federal programs to keep and disclose information about crime on and near their respective campuses.

Per Clery Act requirements, the log is updated within two business days of the FSU DPS receiving a crime report.

Students, faculty and staff can access the Clery Crime Log online via Microsoft SharePoint here: <https://ferrisstateuniversity.sharepoint.com/sites/FSUCleryCrimeLog>.

Visitors can access the Clery Crime Log one of two ways:

- ONLINE: Manual Upload - PDF.
- IN-PERSON: Dispatch Center, ask for the Clery Crime Log.