Optometry at the Lexington VA Health Care System



Lexington, KY

Academic Affiliations

- Residency
 - Indiana University College of Optometry (4 residents/year)
- Externships (4-6 students total per rotation)
 - IU
 - KYCO
 - MCO
 - PUCO







FERRIS STATE UNIVERSITY

The Experience

Hospital based primary eye care

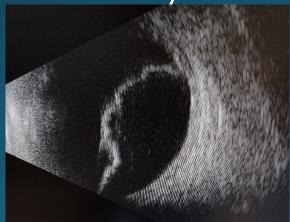
• Providing comprehensive care for veterans, who tend to be older

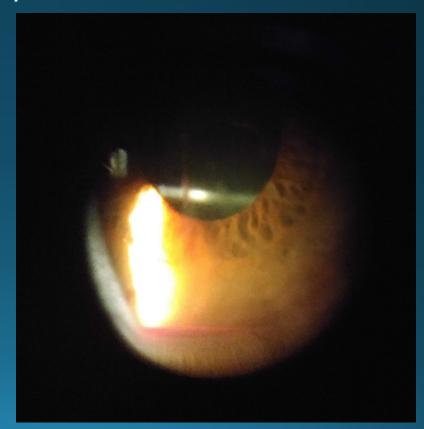
and have a higher prevalence of disease

Morning education conferences

Weekly journal club/OCT conference

Work four 10-hour days



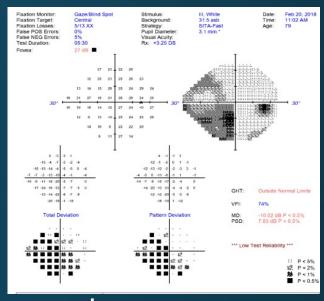


Benefits of a VA rotation

- Multidisciplinary care setting
- Complex patient population

• Exposure to geriatrics, systemic disease, low vision, poly trauma, and ocular disease

- Diabetes
- AMD
- Glaucoma
- Serving those who served our country





Lexington VA (Sousley Division)



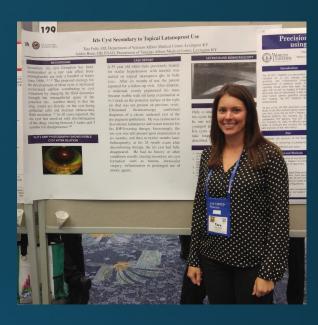
Optometry Clinic

- 9 exam lanes
- Cirrus OCT
- HVF
- GVF
- Anterior seg camera
- Posterior seg camera
- B-Scan
- Pentacam topographer



Staff

- Chief of Optometry: Tara Foltz, OD
 - Graduated from UAB
 - Residency at Birmingham VA
- Residency Coordinator: Ashley Rone, OD, FAAO
 - Graduated from IU
 - Residency at Kansas City VA
- Student Coordinator: Breyne Middleton, OD, FAAO
 - Graduated from MCO
 - Residency at Dorn VA, Columbia, SC
- Taylor Norris, OD
 - Graduated from OSU
 - Residency at Dorn VA, Columbia, SC





Clinic



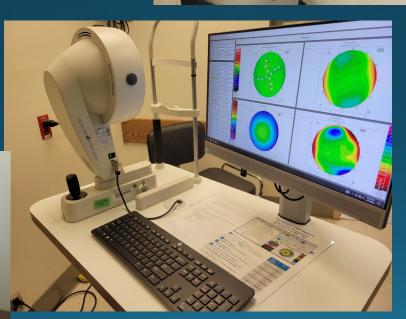
Exam lane equipment updated Fall 2021



Specialty testing



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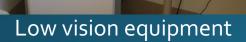
HVF and GVF

Pentacam





Cirrus OCT



Comments from previous students:

I really enjoyed my experience. I am glad I chose this rotation. All the attendings are great and it is great to work with so many different doctors. I thoroughly enjoyed my experience here; I feel I learned how to properly manage ocular disease and work in an efficient manner.

Morning education was valuable - the format is conducive to learning but is laidback.

I had an extremely rewarding experience and feel like I have gained a lot of clinical knowledge.

The experience was better than I expected; I thought it was going to be intimidating & tough, but I found it to be an encouraging, tough, & positive learning environment.

I loved my overall experience at the VA. I learned so much in such a short period of time.

I felt it was
a worthwhile
experience and
helped improve my
knowledge in the
optometric
profession.

I feel as though morning education was very helpful to my daily learning at the VA. It was very relevant to my patients.

10/10 amazing! At first the load and expectation is intimidating, but it forces externs to work hard, become confident, be more efficient, and think like clinicians, which some rotations honestly don't give the opportunity to do!

Great chance to work w/ a lot of doctors in a disease setting --> would tell other students to come here!

This has been a very educational experience!
Overall, very challenging at times, but I learned a lot and feel I have improved my skills in both diagnostics and treatment.

In my opinion, the way everything is set up is great and really pushes us to strive for the best every day.













• With any questions, please contact Dr. Middleton, student extern coordinator: Breyne.Middleton2@va.gov

