

Preschool Daily Schedule What Children are Learning

7:30am – 8:20am	Welcome Choices/Tooth Brushing
8:20am – 8:30am	Clean-up/Table Prep
8:30am – 9:00am	Breakfast

During the above times, children enter the classroom at their own pace. Parents/guardians are encouraged to stay until children are ready for them to leave. Children have choices about whether to eat, spend time with books, or interact with adults and one another.

9:00am – 9:15am	Morning Message
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During Morning Message Meetings the children and adults gather together to discuss announcements, daily happens, and/or changes to the routine or environment.

9:15am – 9:30am	Small Group
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An adult-initiated learning experience based on children's interests and development where children explore, play, work with materials, and talk about what they are doing. Individual children explore and use the same set of materials in their own way. During this time adults are able to observe children's developmental level in order to plan future learning experiences.

9:30am – 9:40am	Planning
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Children indicate their plans to adults in a place where intimate conversations can occur and where people and materials are visible. Adults use a range of strategies to support children's planning (e.g., props, area signs, tape recorders, singing, planning individually, in pairs, and in small groups).

9:40am – 10:40am	Work Time (children's hour of uninterrupted Choice Time)
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Children initiate activities and carry out their intentions. Children make many choices about where and how to use materials. During Work Time, adults participate as partners in child-initiated play and encourage children's problem solving both with materials and during times of social conflict.

10:40am – 10:45am	Clean-up
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Children and adults clean up together keeping the spirit of play and problem solving alive. Children make many choices during clean up. Adults accept children's level of involvement and skill while supporting their learning.

10:45am – 10:50am	Recall
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Gathered in small group settings, children choose Work Time experiences to reflect on, talk about, and exhibit. Adults provide a variety of materials and strategies to maintain interest as they follow children's lead and encourage children to share (e.g., individual props such as puppets, telephones or periscopes, group games using a hula hoop, ball or spinner, re-enacting, drawing, showing and describing a structure or painting).

10:50am – 11:50am	Outside
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Children have many choices about how they play in the outdoor learning environment, much as they do during Work Time indoors. Adults supervise children for safety and also join in their active outdoor play, supporting their initiatives and problem solving.

11:50am – 12:20pm	Lunch
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Children assist in preparation and set up. Children choose where they would like to sit and are encouraged to serve themselves. Family-Style meals support children doing things for themselves (e.g., serve themselves, pour beverages, distribute napkins, and wipe up spills). Children choose whether to eat, what to eat, and how much to eat. Adults eat and have meaningful conversations with the children. Children are encouraged to clean their own space including disposal of leftovers, wiping of tables, and pushing in their own chairs.

12:25pm – 12:30pm	Language & Literacy Transition
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As lunch is finishing children and adults engage in read-a-loud stories individually and in small groups based on children's choices and interests.

12:30pm – 1:30pm

Rest Time

1:30pm – 2:35pm

Rest Transition/Individual Choice

Resting is a time for sleeping or quiet, solitary, on-your-own-cot play. Rest Time plans should be individualized to meet the needs of each child. Quiet play could include books, soft music, baby dolls, or fine motor manipulatives.

2:35pm – 2:45pm

Clean-up (see AM description)

2:45pm – 3:00pm

Table Prep/Snack

As children wake up, adults and children work together to put away cots and set up for snack. Children are encouraged to clean their own snack space including disposal of leftovers, wiping of tables, and pushing in their own chairs.

3:00pm – 3:20pm

Large Group/Music Transition

All adults and children participate in activities planned around children's interests, developmental levels, music and movement, cooperative play and projects; and events meaningful to children.

3:20pm – 4:20pm

Outside/GSRP Departure @ 3:30 (refer to AM descriptions)

4:20pm – 5:30pm

Child Choice/Clean-up/Recall/Departure (refer to AM)