

**Community Resources of Big Rapids/Mecosta County
for Students of Ferris State University**

This compilation of resources is not intended to be a full and complete list of services that may be available to you in the Big Rapids area. Many of the organizations listed here were taken from free community service publications. The Ferris State University Personal Counseling Center, the FSU Department of Public Safety, or Ferris State University has no fiscal or referral arrangements with any organizations listed here.

Food Pantry/Food Bank

Chippewa Lake Community Church	(231) 867-6051
Faith Community Church	(231) 796-8389
God's Helping Hands	(989) 967-8581
Manna Pantry	(231) 408-2940
Project Starburst	(231) 796-5342
Third Avenue Methodist Church	(231) 796-4157
Twelve Baskets Food Pantry, Stanwood Free Methodist Church .	(231) 823-2115
Wesley House	(231) 796-8315

Medical Care/Health Services/Family Planning

Birkam Health Center	(231) 591-2614
Community Mental Health Central Michigan – Health Services	(231) 796-5825
Hope House Free Medical Clinic	(231) 598-9500
Mecosta County Health Department (DHD#10)	(231) 592-0130
Planned Parenthood	(231) 796-8612
Spectrum Health Big Rapids	(231) 796-8691

Mental Health/Counseling

Community Mental Health Central Michigan	(231) 796-5825
Northland Counseling Center	(231) 592-8090
Nova Counseling	(231) 796-4637
Personal Counseling Center	(231) 591-5968
Riverview Psychological Services	(231) 796-9188

Substance Use

1016 Recovery Network	(231) 527-2000
Nova Counseling	(231) 796-4637

Legal Help

Big Rapids Area Legal Service	(231) 796-1630
Counsel and Advocacy Law Line	(248) 569-9658
Samuel's Law Office	(231) 796-8858

Sexual Assault/Domestic Violence/Shelters

WISE (231) 796-6600 or 24 Hour Hotline (800) 374-9473
Our Brother’s Keeper (231) 629-8033

Suicide Prevention/Crisis

Community Mental Health Central Michigan (231) 796-5825 Ask for crisis team
Crisis Text Line Text ‘HOME’ to 741741
National Suicide Prevention Lifeline (800) 273-8255

General Assistance

Mid-Michigan Community Action (231) 660-0271

Local Law Enforcement/Criminal Justice Agencies

EMERGENCIES:.....911
Meceola Central Dispatch (non-emergency) (231) 796-4811

Big Rapids Department of Public Safety (231) 527-0005
Big Rapids City Hall..... (231) 592-4025

Ferris State University
Department of Public Safety..... (231) 591-5000
Anonymous Crime Reporting (231) 591-5900
..... BulldogsTextTip@ferris.edu

Mecosta County Sheriff’s Office (231) 592-0150
Mecosta County Prosecutor’s Office (231) 592-0141

Michigan State Police
Reed City Post (231) 832-2221
Lakeview Post (989) 352-8444

Detailed Guide to Organizations

1016 Recovery Network

21061 19 Mile Rd.
Big Rapids, MI 49307
Phone: (231) 527-2000
www.1016.org

1016 Recovery Network provides outpatient counseling, education, peer support, recovery coaching, outreach, and prevention services.

Big Rapids Area Legal Service

510 Elm St
Big Rapids, MI 49307
(231) 796-1630

Birkam Health Center

1019 Campus Dr.
Big Rapids, MI 49307
(231) 591-2614
<http://www.ferris.edu/htmls/studentlife/HCenter/>

Ferris students and their dependents are eligible for medical care including evaluation and treatment for illness and injury anytime during the enrolled semester. Patients are seen by appointment and on a limited walk-in basis for acute illnesses.

Chippewa Lake Community Church (food bank)

10490 Lake St
Chippewa Lake, MI 49320
(231) 867-6051

Community Mental Health Central Michigan

500 South Third Avenue
Big Rapids, MI 49307
(231) 796-5825
<http://www.cmhcm.org/>

Our mission is to promote community inclusion and optimal recovery through provision of comprehensive and quality integrated services to individuals with a mental illness, developmental disability, and/or substance use disorder.

Counsel and Advocacy Law Line

We offer an attorney-staffed telephone advice, brief service, pro se and referral system serving low income and senior people throughout much of Michigan.
(248) 569-9658

Crisis Text Line

Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the USA to text with a trained Crisis Counselor.

Text 'HOME' to 741741

Faith Community Church

610 Green St

Big Rapids, MI 49307

(231) 796-8389

God's Helping Hands

8760 50th Ave

Remus, MI 49340

(989) 967-8581

Manna Pantry

315B S. State St.

Big Rapids, MI 49307

(231) 408-2940

<http://www.mannapantrybr.org/>

The Manna Pantry of Big Rapids, MI is an emergency food pantry serving the hungry in Mecosta and Osceola Counties. We are a pantry of choice, meaning that the clients use guidelines for their family size to "shop" from our shelves, choosing the foods that they know their families like, rather than getting a pre-packaged box of food.

Mecosta County District Health Department (DHD#10)

14485 Northland Drive

Big Rapids, MI 49307

(231) 592-0130

<http://www.dhd10.org/>

To promote and enhance the health of our communities and environment through protection, prevention, and intervention.

Mid-Michigan Community Action

14330 Northland Dr.

Big Rapids, MI 49307

(231) 660-0271

<http://www.mmcaa.org/>

Mid-Michigan Community Action provides services such as food assistance, water and sewer assistance, heat and utility assistance, homeless support, supportive services for Veterans and families, early head start, weatherization, and home empowerment.

National Suicide Prevention Lifeline

(800) 273-8255

<https://suicidepreventionlifeline.org/>

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

Northland Counseling Center

18554 Northland Dr.

Big Rapids, MI 49307

(231) 592-8090

<http://www.thecentrebuilding.com/>

Nova Counseling

1724 N State St

Big Rapids, MI 49307

(231) 796-4637

Our Brother's Keeper

405 S. Third

Big Rapids, MI 49307

(231) 629-8033

<http://www.obkshelter.org/>

Our Brothers Keeper is a shelter that provides temporary housing for those homeless and looking for safety or a place to stay as they transition into more permanent housing.

Personal Counseling Center

1019 Campus Dr., BHC-210

Big Rapids, MI 49307

(231) 591-5968

<https://www.ferris.edu/htmls/studentlife/PersonalCounseling/>

The Counseling Center provides a place where students can have conversations with trained counselors who provide a supportive and understanding environment. Students seek counseling for a variety of concerns including stress, anxiety, depression, relationship struggles, sexual concerns, traumatic events, self-harm, suicidal thoughts, drugs and alcohol, family problems, adjustment to college life and anything that causes the student to struggle or doubt.

Planned Parenthood

110 Sanborn Ave., Suite B
Big Rapids, MI 49307
(231) 796-8612

<https://www.plannedparenthood.org/>

Services Offered: Abortion Referral, Birth Control, General Health Care, HIV Testing, LGBT Services, Men's Health Care, Morning-After Pill (Emergency Contraception), Pregnancy Testing and Services, STD Testing, Treatment, Vaccines, Women's Health Care.

Project Starburst

120 S. State Street
P.O. Box 313
Big Rapids, MI 49307
(231) 796-5342

<http://projectstarburst.org/>

Project Starburst provides food and other related items to Mecosta and Osceola residents who are temporarily in need of assistance. They also provide supplemental services when resources are available.

Riverview Psychological Services

15495 Old Millpond Rd
Big Rapids, MI 49307
(231) 796-9188

Samuel's Law Office

305 S Warren Ave
Big Rapids, MI 49307
(231) 796-8858

<http://samuelslawoffice.com/>

Samuel's Law Office works with Family Law, Criminal Defense, Probate or Estate Planning, Debt Collection, Land Contracts, Real Estate Transactions, Business Formation, or other legal needs.

Spectrum Health Big Rapids

605 Oak St
Big Rapids, MI 49307
(231) 796-8691

<https://www.spectrumhealth.org/locations/spectrum-health-big-rapids-hospital>

Spectrum Health Big Rapids provides medical services such as At Home Care, Cancer Care, Cardiovascular Care, Children's Health, Emergency Department, Pregnancy and Childbirth, Laboratory Services, MedNow, Orthopedics, Primary Care, Rehabilitation, Sleep Medicine, Urology, Women's Health, and Women's Imaging Services.

Third Avenue Methodist Church (Big Rapids Parish)

222 N 3rd Ave
Big Rapids, MI 49307
(231) 796-4157

Twelve Baskets Food Pantry, Stanwood Free Methodist Church 7486 Stanwood Drive

Stanwood, Michigan
(231) 823-2115
<http://www.thewoodsfmc.com/twelve-baskets-food-pantry-2/>

Wesley House

826 Warren Ave
Big Rapids, MI
(231) 796-8315
<http://miwesley.org/>

WISE

PO Box 1249
Big Rapids, MI 49307
(231) 796-6600
24 hour emergency line (800) 374-9473
<https://wiseagainstviolence.org/>

Women's Information Service, Inc. (WISE) provides crisis intervention and support services to survivors of domestic and sexual violence by empowering individuals, children and families along with our community partners to reclaim their sense of self.