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President's Post



What's Your 'Real Age'?

For the past fifteen or so years, every fall on or near my birthday I have spent forty-five minutes answering the detailed questionnaire about my health and habits at what used to be realage.com, now a part of sharecare.com. After the site has analyzed the information, it announces my "real age." This year, on my 70th birthday, it announced that my "real age" was 62 years and two months.

At this point you may be asking why I credit this information. The general answer is that it passes the sniff test: years of web surfing have sharpened what Ernest Hemingway would call my shockproof BS detector. And even though the low number is flattering, I am inclined to trust this estimate of my mental and physical health because it is grounded in actual data – the drugs I take, the amount of sleep I get, vital signs and lab results from my latest physical – as well as self-estimates of my health, mood, and quality of my relationships. It's also true that over

the years the age estimates have seemed intuitively correct and corresponded with information from my health providers.

So, I'll take 62 and a few months, though if I really were 62, I'd have to work for three more years to retire, and I'm not in the market for a time machine! On a more serious note, we all come to terms eventually with the fact that not only are we not going to live forever, but we're also not going to be healthy forever, so we want to keep that streak of good health going if we can, because in the end it's a gift. We don't want to end up like Tithonus in Greek mythology, who was granted eternal life, but not eternal youth. Chronic illness aside, this often involves making a bargain with your body.

When I actually was 62, I quit distance running. With interruptions at various points in my life, I had been distance running since the age of 19, and I loved the way my minimum of four to five miles a day kept me healthy and gave me that runner's high. But in my early sixties I started to experience more sprains and bruises. After consulting my doc, I realized that if I kept running I would need knee surgery. So, I decided that I would find less risky alternatives to running – swimming, walking, snowshoeing, kayaking, biking. That's what I mean by bargaining with your body.

Continued on Page 2

President's Post, continued from Page 1

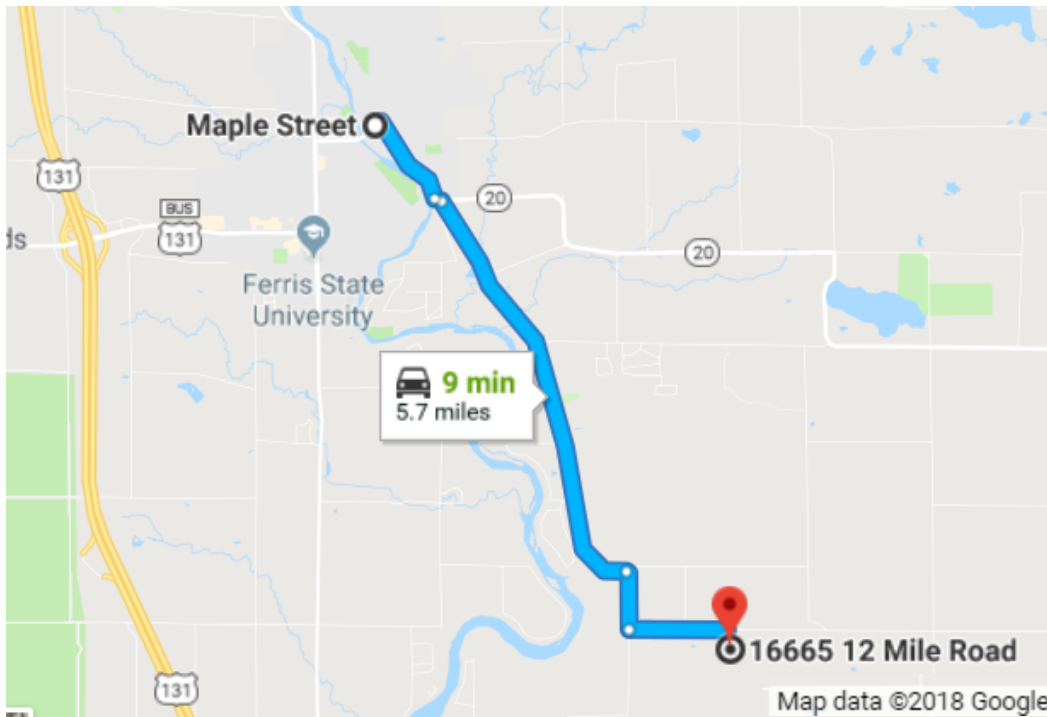
Of course, in another way entirely, I still think that I'm 18. Sometimes this occurs when I lift a heavy object, and my back tells me forcibly to stop doing that. Other times, it's my surprise at looking in the mirror, seeing this old bald guy looking back at me, and wondering who he is.

But I know that there's one way in which I am quite young, and that's the intuitive optimism I learned from my mother, who died in 2017 at 94 and was still climbing mountains at 86. From her, I learned always to look forward to what the new day might bring. I don't mean this in a Pollyanna way: like most older people, she had plenty of dark things happen in her life, as have I, but she made it her practice to bounce back from adversity, and in this way, I am my mother's son.

So, the show goes on, with something new and unexpected every day. I'm 70, or 62, or 18, or all the above, and I'm looking forward to what the day brings to my door. At whatever your stage of life, I hope you feel the same way.

— Doug

Here's a map to our Holiday Dinner venue - Two Hats Ranch on 12 Mile Rd. See Social Chair Report on page 5 for more information and step-by-step driving directions. Fill out and return reservation form on page 7. Seating is limited, so get your reservations in soon.



From the Social Media Coordinator

We are looking to enrich our media sites (Facebook/web page). To do that we would like Ferris emeriti to submit pictures, stories and information about things that Emeriti are doing. People that have them can email them to me or upload them onto our Facebook page. In either case a description of the activity should be included. Thanks,

MaryKay MacIver

MaryKayMacIver@ferris.edu

The emeriti web page can be found here

<http://www.ferris.edu/HTMLS/alumni/Emeriti/>

And the Facebook page can be found here

<https://www.facebook.com/FSUEA>



FSUEA SCHOLARSHIP ENDOWMENT UPDATE

Thanks to the generosity of my fellow emeriti, as of October 1, 2018, the Emeriti Scholarship fund contained just under \$72,000 in donations and accrued interest. We awarded our second \$1,000 scholarship to Alan Marine, a student in the College of Business. He is in the Professional Golf Management program and is on internship in California so he was unable to attend our fall luncheon. To be eligible for an award from our endowment, a student must be a returning undergraduate Ferris student (in any college or department) who demonstrates financial need (as determined by the Office of Scholarships and Financial Aid) and who has a minimum GPA of 3.25. We are awarding scholarships to students in the undergraduate colleges in alphabetical order. Next year, we will award a scholarship to a student in the College of Education and Human Services.

Our stretch goal is to get enough money in the fund (\$125,000) to grant a \$1,000 award to a student in each undergraduate college every year. The Ferris Futures matching program continues through June 30, 2022 so we are in sight of our goal. In pursuit of this goal, we are once again conducting our annual "bucket campaign" the first two weeks in December. The donations we get will be bundled to get a match from the Ferris Futures Challenge fund. If you are so inclined, please write a check to the Ferris Foundation with the words Ferris Emeriti Scholarship Endowment in the memo line. Bring your check to the Emeriti Holiday Dinner on December 9, 2018 at 2 Hats Ranch, or mail your check to the address below:

ATTN: Sherry Erbes
PRK 101 420 Oak Street
Big Rapids, MI 49307
(or contact MaryKay MacIver at MaryKayMacIver@ferris.edu)

If you have any questions, please feel free to contact me at cadimstr@aol.com.

Bob Carter, Chair FSUEA Fundraising Committee



Once again, FSU Emeriti are invited to join the United Way campaign, and have your contribution be counted toward the university's goal. You should have received a letter from FSUEA United Way Co-Chairs Jerena Keys and Robert Friar. This year, the university goal is \$60,000.00. Please mail your check made out to Mecosta Osceola Area United Way to **Jerena Keys, 203 W. Pine Street, Big Rapids, MI 49307**, and she will take it in to be counted as an emeriti donation toward the university goal. The campaign ends November 9, but the university will accept donations to the end of the year.

LIVE UNITED

Granting of Emeriti Status by the FSU Board of Trustees

As of 10/15/18

Patricia Maguire Acct Clerk Level 3, Pharmacy,
July 13, 2018

Ron McKean, Associate Dean, Corporate & Professional Development Center, December 18, 2018

Thomas Pizzo, Assistant Director, Dining Services, January 2, 2019

Marie Sichelsteel, Associate Professor, Medical Records, Health Professions, December 17, 2018

Karen Thompson, Investments Officer, Finance, August 15, 2018

Shaw Walker, Associate Professor, Math, Arts & Sciences, May 13, 2019

Matthew Yang, Associate Professor, Plastics & Rubber Engineering Technology, December 17, 2018

FSUEA President's Office Hours

President Doug Haneline keeps regular office hours on campus in Prakken 114, should you wish to meet with him. Between now and February 28, he is scheduled Tuesdays 1-4 11/13, 11/27, 12/11, 1/15, 1/22, 2/12, 2/19. He will be in the office 1-4 on the Mondays that the full Board meets: November 5, December 3, January 7, February 4. Please call first at 231.591.2510 to be sure there have not been any unforeseen changes.

Staying in touch



Are you interested in receiving communications from the bargaining unit you participated in while employed at Ferris? Contact the unit representatives below for information on how to stay in touch.

AFSCME Local 1609	Jim McIntyre	231-591-2602	JamesMcIntyre@ferris.edu
Clerical Technical Association	Marie Delamater	231-591-3662	MarieDelamater@ferris.edu
Ferris Faculty Association	Charles Bacon	231-591-2586	CharlesBacon@ferris.edu
Kendall Faculty Association	Adam DeKraker	616-451-2787	AdamDeKraker@ferris.edu
POLC I (Public Safety Officers)	Aaron Humphreys	231-591-5000	AaronHumphreys@ferris.edu
POLC II (Public Safety Supervisors)	Diana Hepler	231-591-5000	DianaHepler@ferris.edu
Teamsters Local 214 (RN's)	Melissa Sprague	231-591-2614	MelissaSprague@ferris.edu

Report from the Social Chair

47 attended the Summer Picnic August 15th at Hemlock Park. And 61 emeriti attended the fall luncheon held at Artworks and catered by Pere Marquette on September 25. Lynne Scheible, Artworks Director, shared information about the arts in Mecosta County with the group.

Our next event is the Holiday Dinner at Two Hats Ranch on December 9 at 3:00. The event will be capped at 60 attendees, so get your RSVP in early.

Where: Two Hats Ranch 16665 12 Mile Rd, Big Rapids, MI
When: Sunday, December 9, Social hour at 3:00 with dinner following at 4:00
Cost: \$30.00 per person
RSVP Due date: November 26, 2018

Dinner choices - Please select one entree per attendee on your reservation form:

Slow roasted prime rib 6 oz.

Airline chicken breast

Roasted vegetable lasagna

You may bring your own alcohol. Staff will serve. The dinner includes salad, fresh-baked rolls & butter, entrée with smashed redskin potatoes, roasted seasonal vegetables, coffee, iced tea, Coke products and ice water, and warm apple crisp a la mode.

Directions from Big Rapids: Follow **East M20** towards Mt. Pleasant; **Turn right** on to New Millpond Rd - continue 3.5 miles; **Slight right** onto 175th Ave - continue 0.5 mile; **Turn left** onto 12 Mile Rd - continue 0.8 miles to destination. The gate will open as your vehicle enters the drive; Follow the signs to the lodge. (also see map on page 2 of newsletter)

Those of you coming from Grand Rapids may wish to take a more direct route.

Two Hats Ranch has seven rooms available at \$145.00 per night for anyone interested in spending the night. Contact Two Hats Ranch for more information at 231.796.4287.

Jane Pole

Historical Society of Michigan History Hero

Emeriti Association member Dr. Richard (Rich) Santer is a recipient of the Historical Society of Michigan's History Hero Award for 2018. The award was presented during its Annual Meeting and Michigan History Conference, which was held in Sturgis, Michigan this past September. The award is presented to individuals who have made significant and lasting contributions to history and the mission of the Historical Society of Michigan. Rich has served as a HSM board of trustee, and along with his wife Ruth, they have been generous supporters of the organization. Congratulations Rich!



Events Calendar

Upcoming Events November 2018 - February 2019

- November 5 - Board Meeting, 10 am, Prakken 114
- December 3 - Board Meeting, 10 am, Prakken 114
- December 4 - President's Holiday Reception, 4:00 p.m.-6:30 p.m., Woodbridge N. Ferris Building, Grand Rapids Campus
- December 6 - President's Holiday Reception, 4:00 p.m.-6:30 p.m., University Center, Big Rapids Campus
- December 9 - Holiday Dinner, 3:00 p.m., Two Hats Ranch, Big Rapids
- January 26 - Alumni and Emeriti Luncheon, TPC Prestancia, Sarasota, FL 11:30 a.m. - 1:30 p.m.
- February 6 - Soup Talk, United Church, 120 S. State St., Big Rapids, 11:30 a.m. - 1:00 p.m.
- February 7 - Arizona Emeriti Luncheon, Golden Corral, Tucson, AZ



All FSUEA Board meetings are scheduled for 10 -11:30 am and held in Prakken 114

FSUEA Officers

2018-2019

Doug Haneline, President
Ferris State University
420 Oak Street, PRK 101
Big Rapids, MI 49307
Office Hours: Tuesdays 1-4 in PRK 114; **exception: Monday 1-4 on Board meeting days; see p. 4 for specifics**

FSU Emeriti Association
Office: PRK 114
Office phone: 231.591.2510
Email: FSUEA@ferris.edu or hanelind@ferris.edu



The Board meets the first or second Monday of the month year round

Officers

President	Doug Haneline	hanelind@ferris.edu
Vice-President	Jerena Keys	jerenakeys@ferris.edu
Secretary	Jeff Nagelbush	nagelbuj@ferris.edu
Treasurer	Randy Vance	randyvance@ferris.edu

Committee Chairs and Directors

Newsletter Editor	Randy Vance	randyvance@ferris.edu
Membership	Barb Johnson	nb_johnson@charter.net
Social Media Coordinator	MaryKay MacIver	maciverm@ferris.edu
Publicity	MaryKay MacIver	maciverm@ferris.edu
Service	Jim Jacobs	jacobsj418@yahoo.com
Social	Jane Pole	JanePole@ferris.edu
Director-Professional Concerns	Bob Krueger	kruegerr@ferris.edu
Director-Professional Concerns	Bob Friar	robertfriar@ferris.edu
Fundraising Committee	Bob Carter	cadimstr@aol.com

In Memoriam: Current Faculty/Staff and Emeriti Deaths, August 2018 — October 2018

Emeriti:

9/8/2018 Gary Bradt
 10/1/2018 Lynn Chrenka
 9/7/2018 Carole Kamp
 8/17/2018 Lillian McMullen (Associate)
 9/15/2018 Marilyn Schippa (Associate)

Current Faculty & Staff:

None reported



**EMERITI HOLIDAY DINNER
 SUNDAY, DECEMBER 9, 2018
 Reservation Form**

The Holiday Dinner will take place on Sunday, December 9th at Two Hats Ranch (social time 3:00 p.m., dinner at 4:00 p.m.). The cost is \$30.00 per person. Seating is limited. Reservations and checks due not later than **November 26th**, however, **reservations can not be accepted after the seating limit is reached.**

PLEASE complete and return with your check

Name(s):
Address:
<input type="checkbox"/> I would like a ride to the dinner; please contact me at _____ (phone)

Indicate your ENTRÉE CHOICE(s):

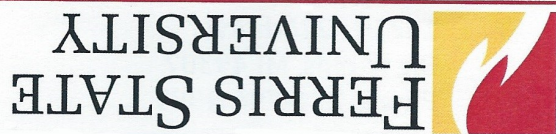
Slow roasted prime rib 6 oz.	How many? ____
Airline chicken breast	How many? ____
Roasted vegetable lasagna	How many? ____

	Number participating	Total cost
Dinner fee (\$30.00 per person)		
Total amount enclosed		

Please make checks payable to FSU Emeriti Association. Mail check and reservation form **by November 26, 2018** to:

**The Emeriti Office
 PRK 101
 420 Oak Street
 Big Rapids, MI 49307**

Questions? MaryKay MacIver 231-591-3739 MaryKayMacIver@ferris.edu



EMERITI ASSOCIATION

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Big Rapids, MI 49307-2020

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