



GLUTEN FREE APPETIZER

Multigrain Tortilla Chips

1 lb. Food Should Taste Good Brand Multigrain Hexagon Tortilla Chips

METHOD OF PREPARATION:

1. Serve with a cheese ball or as a gluten free cracker option with other appetizers.

SERVES: 16 (1 ounce portion = 10 chips)

NUTRITION: 140 Calories, 7g Fat, 0.5 g Saturated Fat, 0g Trans Fat, 0 mg Cholesterol, 80 mg Sodium, 18g Carbohydrate, 2 g Dietary Fiber, 2 g Protein

WEIGHT WATCHER SMARTPOINTS = 4

ALLERGENS: Contains sesame and sunflower ingredients