

# FERRIS STATE UNIVERSITY

## HUMAN RESOURCES

# Benefits at a Glance

# 2026-2027

## Lecturer

### CONTACT

US NOW



231-591-2150  
Human Resources



[hrbenefits@ferris.edu](mailto:hrbenefits@ferris.edu)



420 Oak Street  
Prakken 150  
Big Rapids, MI 49307



#### NEW HIRE ENROLLMENT

Benefits are available on the date of hire into a Lecturer position. Newly benefit eligible employees have 30 calendar days to enroll in FSU benefit plans.



#### MEDICAL/PRESCRIPTION

FSU offers 4 medical/prescription plan options through Priority Health including PPO, and HDHP options. Employees may also elect to opt-out of an FSU medical plan, if they have other coverage, and may receive an opt-out credit.



#### DENTAL

FSU offers 2 dental plan options through Blue Cross Blue Shield Dental. The low plan is provided at no cost for employees and dependents. The high plan, which has a cost, includes orthodontic coverage for adults. Employees may elect to opt-out of an FSU dental plan, if covered elsewhere, and receive an opt-out credit.



#### VISION

FSU offers 2 vision coverage plan options through EyeMed. The core plan is offered at no cost for employees and their dependents.



#### OTHER ELIGIBLE ADULT

Employees may enroll one "other eligible adult" (OEA) in an FSU-sponsored health care plan if they have resided in the same residence as the employee for at least the last 18 months and are not a dependent of the employee as defined by the IRS.

## **FLEXIBLE SPENDING ACCOUNTS**

*Pre-tax deductions to a Medical Flexible Spending Account for employees enrolled in Ferris 3.*

*Pre-tax deductions to a Dependent Care Flexible Spending Account for all benefit eligible employees.*

## **LIFE INSURANCE**

*\$20,000 Group Term Life and AD&D Insurance at no cost to the employee.*

## **TUITION WAIVER**

*Employees are eligible to take up to nine (9) FSU credits per semester, 24 maximum per year, undergraduate or graduate, at no cost. Credits may be transferred to a spouse and/or dependent child.*

*This benefit may be taxable based on the current IRS guidelines.*

*Spouse and/or dependent child may receive a 30% tuition discount in lieu of credit waivers.*

## **RETIREMENT**

*FSU contributes 10% of the employee's base salary to a 403b account each pay period. Employees may make voluntary contributions via payroll deduction as well.*

*FSU retirement plans are processed through TIAA-CREF.*

*Employees with previous university service in the Michigan Public Schools Employee Retirement System are eligible to continue their MPSERS retirement plan.*

## **LONG TERM DISABILITY**

*Lecturers pay their health insurance premiums via payroll deduction over 19 pay periods during the academic year. Medical, Dental, and Vision coverage is for a 12 month period (September through August) unless the coverage is terminated prior to the end of the academic year, for any reason.*



## **VOLUNTARY BENEFITS**

*Employees have the option to elect*

- Accident - A supplemental health insurance plan that helps cover certain types of injuries and expenses.*
- Critical Illness - A supplemental health insurance plan that may provide a lump-sum cash payment if you are diagnosed with a serious critical illness.*
- Hospital Indemnity - A supplemental health insurance plan which may provide a cash benefit when you are hospitalized to help with out-of-pocket cost.*

## **HOLIDAYS**

*Lecturers are not expected to report to work on University approved holidays and holiday shut down periods.*

# Blue Cross Blue Shield Dental Plan

## Options

Options		Low Plan	High Plan
Preventative Care	Cleanings (Limit) Fluoride (Limit) Oral Exams Sealants X-Rays	80% (2 in 12 Months) 80% (Under Age 19) 80% 80% 80%	100% (2 in 12 Months) 100% (Under Age 19) 100% 100% 100%
Basic Care	Anesthesia Fillings Period Surgery Perio Maintenance (Limit) Repair of Crowns, Bridges, & Dentures Root Canal Scaling/Root Planing Simple Extractions Surgical Extractions	60% 60% 60% 60% (Once Every 3 Months) 60% 60% 60% 60% 60%	80% 80% 80% 80% (Once Every 3 Months) 80% 80% 80% 80% 80%
Major Care	Bridges & Dentures Dental Implants Inlays, Onlays, Veneers Single Crowns	50% 50% 50% 50%	80% 80% 80% 80%
Orthodontia	Orthodontia (Limit) Lifetime Max Benefit (Per Member)	50% (Under Age 19) \$1,000	50% (Any Age) \$1,500
	Annual Max Benefit (Per Member)	\$1,000	\$1,200
	Dental Premiums Per Pay Period	\$0 - Single, Two Person & Family	\$4.38/pay - Single \$10.04/pay - 2 Person \$17.56/pay - Family

If you select no dental coverage, and are not covered on another employee's FSU dental plan (through a spouse, parent or OEA relationship) you will receive an opt-out credit of \$163/year paid at \$8.58 per pay period.

This is not a comprehensive list of covered dental services and/or exclusions. Please ask your dental provider to complete a Pre-Determination for all non-routine dental care to determine actual dental insurance coverage.

# EyeMed Vision Plan Options



Ferris State University

## CORE PLAN

VISION CARE SERVICES	IN-NETWORK MEMBER COST	OUT-OF-NETWORK MEMBER REIMBURSEMENT
<b>EXAM SERVICES</b>		
Exam	\$0 copay	Up to \$40
<b>FRAME</b>		
Frame	\$0 copay; 20% off balance over \$130 allowance	Up to \$91
<b>CONTACT LENSES</b> <i>(Contact Lens allowance includes materials only)</i>		
Contacts - Conventional	\$0 copay; 15% off balance over \$110 allowance	Up to \$110
Contacts - Disposable	\$0 copay; 100% of balance over \$110 allowance	Up to \$110
Contacts - Medically Necessary	\$0 copay; paid-in-full	Up to \$300
<b>STANDARD PLASTIC LENSES</b>		
Single Vision	\$10 copay	Up to \$30
Bifocal	\$10 copay	Up to \$50
Trifocal	\$10 copay	Up to \$70
Lenticular	\$10 copay	Up to \$70
Progressive - Standard	\$75 copay	Up to \$50
Progressive - Premium Tier 1	\$95 copay	Up to \$50
Progressive - Premium Tier 2	\$105 copay	Up to \$50
Progressive - Premium Tier 3	\$120 copay	Up to \$50
Progressive - Premium Tier 4	\$75 copay, 20% off retail price less \$120 allowance	Up to \$50

### Proposed Benefits

EyeMed Vision Care in conjunction with Fidelity Security Life Insurance Company  
 Option Base  
 Exam & Materials  
 Insight Network  
 Fully Insured  
 Employer Paid  
 Funded Benefits

### Frequency

**Examination**

Once every 12 months

**Lenses (in lieu of contacts)**

Once every 12 months

**Contacts (in lieu of lenses)**

Once every 12 months

**Frame**

Once every 12 months

### Vision Premiums Per Pay Period

- Single: \$0
- Two Person: \$0
- Family: \$0



Ferris State University

## BUY UP PLAN

VISION CARE SERVICES	IN-NETWORK MEMBER COST	OUT-OF-NETWORK MEMBER REIMBURSEMENT
<b>EXAM SERVICES</b>		
Exam	\$0 copay	Up to \$40
<b>FRAME</b>		
Frame	\$0 copay; 20% off balance over \$150 allowance	Up to \$105
<b>CONTACT LENSES</b> <i>(Contact Lens allowance includes materials only)</i>		
Contacts - Conventional	\$0 copay; 15% off balance over \$150 allowance	Up to \$150
Contacts - Disposable	\$0 copay; 100% of balance over \$150 allowance	Up to \$150
Contacts - Medically Necessary	\$0 copay; paid-in-full	Up to \$300
<b>STANDARD PLASTIC LENSES</b>		
Single Vision	\$0 copay	Up to \$30
Bifocal	\$0 copay	Up to \$50
Trifocal	\$0 copay	Up to \$70
Lenticular	\$0 copay	Up to \$70
Progressive - Standard	\$65 copay	Up to \$50
Progressive - Premium Tier 1	\$85 copay	Up to \$50
Progressive - Premium Tier 2	\$95 copay	Up to \$50
Progressive - Premium Tier 3	\$110 copay	Up to \$50
Progressive - Premium Tier 4	\$65 copay, 20% off retail price less \$120 allowance	Up to \$50

### Proposed Benefits

EyeMed Vision Care in conjunction with Fidelity Security Life Insurance Company  
 Option Buy Up  
 Exam & Materials  
 Insight Network  
 Fully Insured  
 Employee Paid  
 Funded Benefits

### Frequency

**Examination**

Once every 12 months

**Lenses (in lieu of contacts)**

Once every 12 months

**Contacts (in lieu of lenses)**

Once every 12 months

**Frame**

Once every 12 months

### Vision Premiums Per Pay Period

- Single: \$3.17
- Two Person: \$6.03
- Family: \$8.85

FERRIS FORWARD

	FERRIS 3 PPO Plan		FERRIS 4 (HSA) PPO Plan with HSA		FERRIS 5 (HSA) PPO Plan with HSA		FERRIS 6 (HSA) PPO Plan with HSA	
	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK
Preventive Care	100% coverage	60% after deductible	100% coverage	80% after deductible	100% coverage	80% after deductible	100% coverage	60% after deductible
Primary Care Office Visit (face to face and telehealth)	\$25 copay	60% after deductible	100% after deductible	80% after deductible	80% after deductible	60% after deductible	\$25 copay after deductible	60% after deductible
Specialist Office Visit (face to face and telehealth)	\$50 copay	60% after deductible	100% after deductible	80% after deductible	80% after deductible	60% after deductible	\$50 copay after deductible	60% after deductible
Virtual Care Services (not part of PCP or Specialist visit)	\$0 copay	N/A	\$0 copay	N/A	\$0 copay	N/A	\$0 copay	N/A
Coinsurance - (Plan Pays)	80% after deductible	60% after deductible	100% after deductible	80% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
Prescription copay								
	COPAYS APPLY AFTER DEDUCTIBLE							
Generic	20% copay (\$5 min/\$30 max)	60% after deductible	10% copay (\$5 min/\$30 max)	80% after deductible	10% copay (\$5 min/\$30 max)	60% after deductible	20% copay (\$5 min/\$30 max)	60% after deductible
Preferred Brand	20% copay (\$30 min/\$60 max)	60% after deductible	10% copay (\$30 min/\$60 max)	80% after deductible	10% copay (\$30 min/\$60 max)	60% after deductible	20% copay (\$30 min/\$60 max)	60% after deductible
Non-Preferred Brand	20% copay (\$50 min/\$75 max)	60% after deductible	10% copay (\$50 min/\$75 max)	80% after deductible	10% copay (\$50 min/\$75 max)	60% after deductible	20% copay (\$50 min/\$75 max)	60% after deductible
Preferred Specialty	20% copay (\$40 min/\$70 max)	60% after deductible	10% copay (\$40 min/\$70 max)	80% after deductible	10% copay (\$40 min/\$70 max)	60% after deductible	20% copay (\$40 min/\$70 max)	60% after deductible
Non-Preferred Specialty	20% copay (\$80 min/\$100 max)	60% after deductible	10% copay (\$80 min/\$100 max)	80% after deductible	10% copay (\$80 min/\$100 max)	60% after deductible	20% copay (\$80 min/\$100 max)	60% after deductible
Mail Order Pharmacy	1x copay for 90 day supply	60% after deductible	1x copay for 90 day supply	80% after deductible	1x copay for 90 day supply	60% after deductible	1x copay for 90 day supply	60% after deductible
Urgent Care Center Copay	\$50 copay	60% after deductible	100% after deductible	80% after deductible	80% after deductible	60% after deductible	\$50 copay after deductible	60% after deductible
Emergency Room Copay	\$150 copay (copay waived if admitted)	60% after deductible	100% after deductible	80% after deductible	80% after deductible	60% after deductible	\$150 copay after deductible	60% after deductible
Network	Priority Health / CIGNA							
Deductible	Priority Health / CIGNA							
Individual	\$1,000	\$2,750	\$1,750	\$3,500	\$3,500	\$6,000	\$1,750	\$6,000
Family	\$2,000	\$5,500	\$3,500	\$7,000	\$7,000	\$12,000	\$3,500	\$12,000
Coinsurance Maximum	Excludes Deductible							
Individual	\$2,250	\$2,750	\$1,000	\$2,500	\$2,500	\$4,000	\$1,450	\$2,750
Family	\$4,500	\$5,500	\$2,000	\$5,000	\$5,000	\$8,000	\$3,000	\$5,500
Out of Pocket Maximum	Includes Deductibles, Coinsurance							
Individual	\$3,250	\$5,500	\$2,750	\$6,000	\$6,000	\$10,000	\$3,200	\$5,500
Family	\$6,500	\$11,000	\$5,500	\$12,000	\$12,000	\$20,000	\$6,500	\$11,000
ACA Statutory Maximum	Includes Deductibles, Coinsurance, Copays							
Individual	\$10,600	\$18,900	\$2,750	\$6,000	\$6,750	\$10,000	\$8,500	\$18,900
Family	\$21,200	\$37,800	\$5,500	\$12,000	\$13,000	\$20,000	\$17,000	\$37,800
HSA Contribution								
		Single \$500	Single \$500	2 Person \$1000	2 Person \$1000	Family \$1,250	Single \$500	2 Person \$1000
		Family \$1,250	Family \$1,250	Family \$1,250	Family \$1,250	Family \$1,250	Family \$1,250	Family \$1,250
2026-2027								
Bi-Weekly Rates	Single \$134.20	Single \$154.65	Single \$154.65	2 Person \$687.80	2 Person \$687.80	Family \$419.32	Single \$95.73	2 Person \$630.91
	2 Person \$652.49	2 Person \$687.80	2 Person \$687.80	Family \$586.79	Family \$586.79	Family \$419.32	2 Person \$630.91	Family \$562.01



# Ulliance

No cost and completely confidential

## Life Advisor EAP

The Ulliance Life Advisor EAP® is part of your benefits package and offers total well-being services to you, your spouse/live-in partner and dependents through the age of 26. **This is a free and totally confidential service. Call today!**



### Counseling

Feeling overwhelmed with work, relationship issues, addiction, or loss? Take a breath and let our expert counselors guide you toward solutions. Choose from in-person chats, virtual video sessions, or phone calls and start making breakthroughs today!



### Coaching

Tackle life's hurdles with a Life Advisor Coach, ready to chat via phone or video. Crush those career goals, save for a rainy day, or level up your self-improvement game with our pro tips and tricks.



### Well-being Portal

Discover expert advice, informative articles, & insider tips to live your best life. Attend enlightening webinars & orientation videos on demand & unleash your hidden talents.



### Crisis Support

You can speak with a mental health professional by phone at any time, 24 hours a day, 7 days a week—365 days a year.



### Legal & Financial Consultations

Ulliance professionals can connect employees with resources to assist individuals regarding legal and financial issues.



### Referrals

Consultants provide you with tips and tricks for tapping into community resources that are just right for you & your family.



### Identity Theft Program

Introducing a program providing continuous surveillance of the dark web, wallet retrieval, fraud restoration support, and an online information hub. Protect up to four family members by adding their emails, phone numbers, and bank accounts.



### Work/Life Materials

The EAP portal is like a treasure trove of helpful webinars, videos, and PDFs, all aimed at helping you nail that elusive work-life balance.



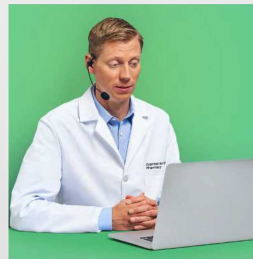
# Your medications, delivered right to your door.



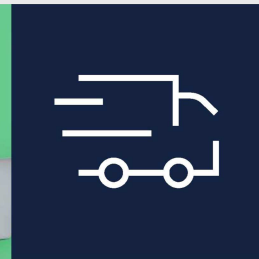
We're a different kind of pharmacy. We're the pharmacy designed with you in mind.

For over 35 years, Express Scripts® Pharmacy has been making getting your prescriptions as easy as can be, by bringing them right to you. Get your 90-day supply of maintenance medications delivered safely, on your schedule, to your door. And our auto-refill program can save you time while making sure you never miss a dose.

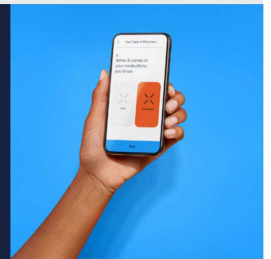
We're here for you. Whatever you need. Whenever you need it.



**Specially trained pharmacists available 24/7 to answer questions**



**Free standard shipping<sup>1</sup> – with most medications arriving within 5-7 days once shipped**



**Convenient app to easily track orders, refill prescriptions and more**

## Three easy ways to switch to Express Scripts® Pharmacy


- × **Visit** [express-scripts.com/hd](https://www.express-scripts.com/hd)
- × **Ask** your doctor to e-prescribe
- × **Download** the Express Scripts® mobile app


**Express Scripts®  
Pharmacy**

# Let's get started.

There are several ways to start getting your prescriptions delivered by Express Scripts® Pharmacy. Just use the one that works best for you.

 Visit  
[express-scripts.com/hd](https://express-scripts.com/hd)

 Ask your doctor  
to e-prescribe

 Download the  
Express Scripts® mobile app

- Log in or create an account by clicking the "Register" button.
- You'll see which of your current prescriptions are eligible to be filled by Express Scripts® Pharmacy. Simply choose the ones you'd like to transfer.<sup>2</sup>
- Confirm your doctor's information, payment method and delivery address before clicking the "Place Order" button.
- Consider updating your Communication Preferences (under the Account dropdown on the navigation menu) to choose how you'd like to receive important messages about your prescriptions — for example, via email or text.

- Contact your doctor and ask them to send your prescriptions to Express Scripts® Pharmacy.
  - You can ask for: **A new electronic prescription for a 90-day supply of any of your maintenance medications, PLUS refills for up to a year.**
- Create an online account at [express-scripts.com/hd](https://express-scripts.com/hd) or on the Express Scripts® mobile app to track orders, order refills, sign up for auto refills and much more.

- Log in or create an account by tapping the "Register Now" link.
- Tap on the "Prescriptions" tile to see which of your current prescriptions are eligible to be filled by Express Scripts® Pharmacy. Simply choose the ones you'd like to transfer.<sup>2</sup>
- Tap the "Order Now" button to add each individual prescription to your shopping cart.
- When you're finished adding prescriptions, tap the shopping cart icon. Confirm your doctor's information, payment method and delivery address before tapping the "Place Order" button.

**Express Scripts®**  
**Pharmacy**

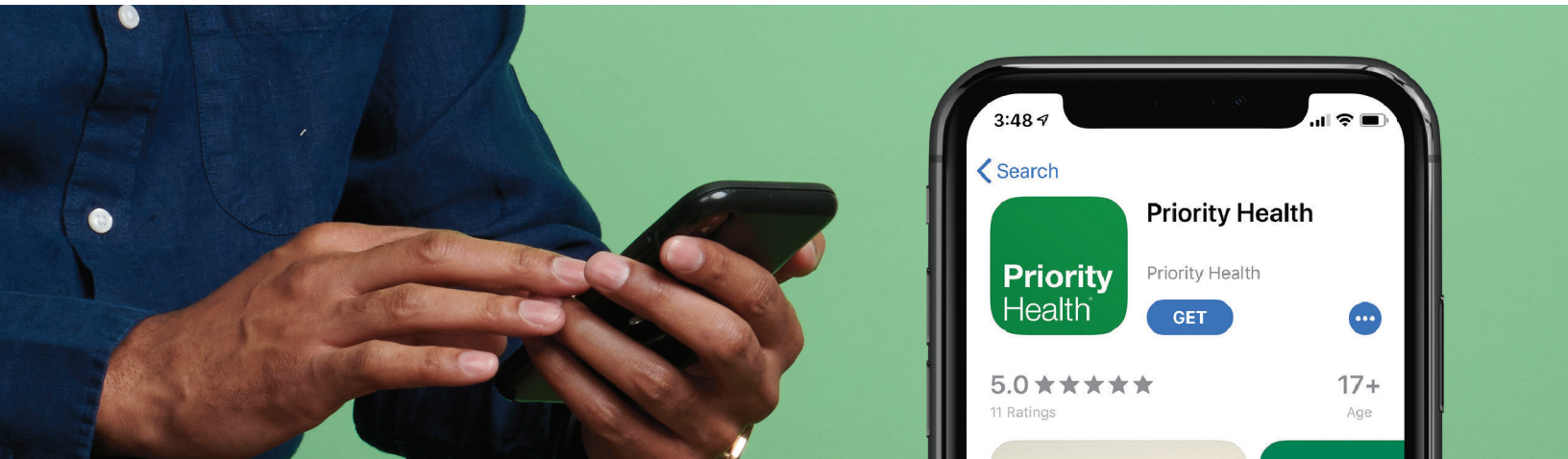
<HIPAA line>  
<Federal Contracting Statement>

Other pharmacies are available in the network

1 Standard shipping costs are included as part of your prescription plan.

2 If you have paid cash for prescriptions or didn't use your insurance, some prescriptions eligible to be filled by Express Scripts® Pharmacy may not be displayed. If this happens, reach out to your doctor and ask them to send a new, electronic prescription to Express Scripts® Pharmacy.

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# The smart choice, now on your smartphone

Managing your health insurance is easier than ever with the new Priority Health app.

**In your member account, you can quickly and easily:**



Track spending balances to keep your budget in check



Search your claims and see a detailed breakdown of care and prescription costs



Compare costs of medical procedures and prescriptions based on your plan so you can save money



Find in-network doctors, specialists, labs and more



Set up a video visit and get virtual care when and where you need it



Download the Priority Health app from the App Store or Google Play or sign up at [member.priorityhealth.com](https://member.priorityhealth.com) to view your personalized health insurance information anytime, anywhere.



## Getting started is easy:

1. Download the Priority Health app from the App Store or Google Play, or visit [member.priorityhealth.com](http://member.priorityhealth.com).
2. Click **Sign up** and follow the instructions.\*

## Questions about your member account?

If you need technical support or help accessing your account, email us at [techsupport@priorityhealth.com](mailto:techsupport@priorityhealth.com) or call 833.207.3210. For all other questions about your plan, call the number on the back of your member ID card to speak with a member of our Customer Service team.

*\*You may be asked security questions to verify your identity.*



## Already have a MyHealth account?

You can use your existing MyHealth username and password to log in to the Priority Health app.

Continue using your MyHealth account to access your Spectrum Health providers, appointments and other patient information.

Priority Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia en su idioma. Consulte al número de Servicio al Cliente que está en la parte de atrás de su tarjeta de identificación de miembro. (TTY: 711).

ملاحظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. يرجى الاتصال برقم خدمة العملاء على الجانب الخلفي من بطاقة عضويتك الشخصية. (رقم هاتف الصم والبكم: 711).

# Teladoc Health means living healthier at no cost to you



Scan to get started



An advanced blood glucose meter and blood pressure monitor, plus the support you need.  
Available to you and offered by your employer or health plan.

## Diabetes Management

Connected meter  
Unlimited strips and lancets

## Hypertension Management

Connected monitor  
One-on-one coaching

## Get started

Join by visiting [TeladocHealth.com/Smile/GETSUPPORT](https://TeladocHealth.com/Smile/GETSUPPORT)  
or call **800-835-2362** and use registration code: **GETSUPPORT**

Program includes trends and support on your secure Teladoc Health account and mobile app but does not include a phone, tablet or smartwatch.

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-835-2362 o visite [TeladocHealth.com/Bienvenido/GETSUPPORT](https://TeladocHealth.com/Bienvenido/GETSUPPORT)

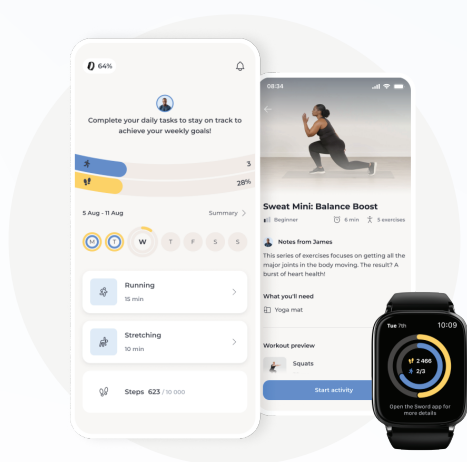
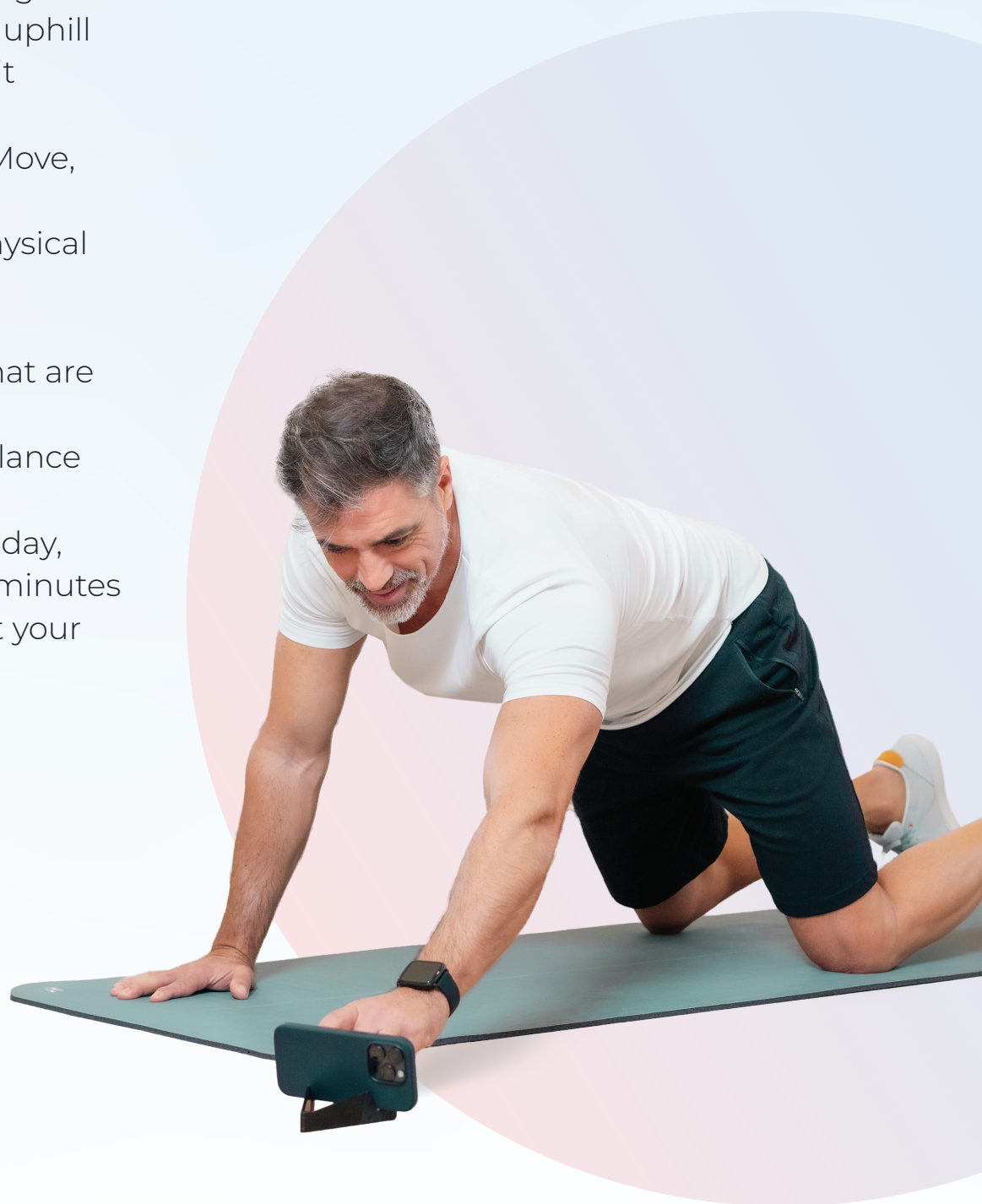
Program eligibility varies. Visit our website to learn more.

# Are you sore from sitting most of the day?

Here at Sword Move, we understand that carving out time for movement in our busy lives can be an uphill battle. What's even more challenging is doing it without the proper guidance, support, or true personalization. That's why we created Sword Move, your no-cost benefit for Priority Health.

With Move, you will match with a dedicated Physical Health Specialist who will:

- Provide you with weekly movement plans that are tailored to your exact needs
- Help you improve strength, mobility, and balance and address aches and pains
- Motivate you to move more throughout the day, with classes ranging from 90 seconds to 24 minutes
- Work with you to set the right goals to boost your physical health and productivity



Learn more at

[sword.health/move/priorityhealth/go](https://sword.health/move/priorityhealth/go)

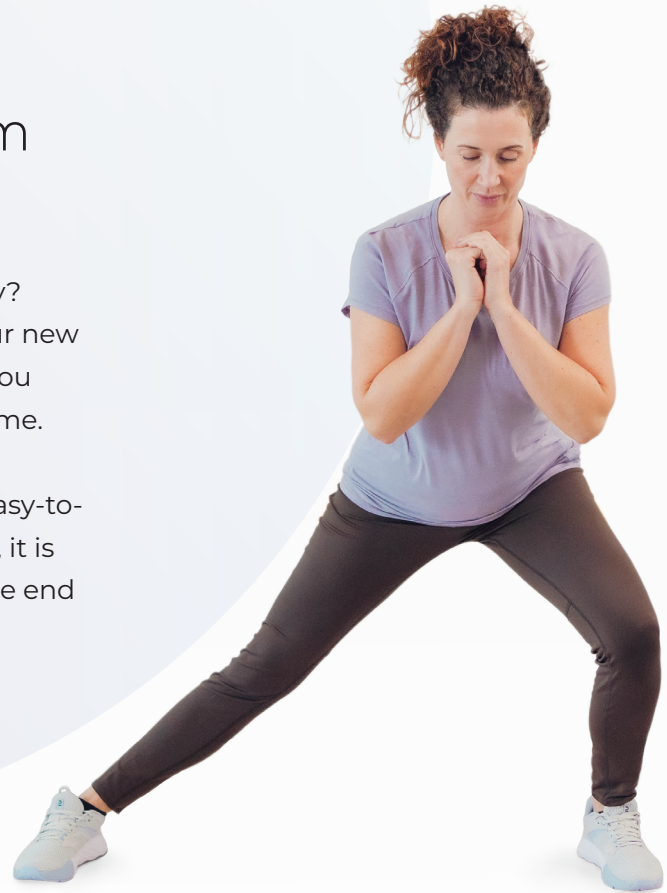
Members must have primary insurance coverage through a Priority Health plan offering the Sword Health Move program, and be age 13 or older to be eligible for this program.



## Relieve aches + pains from the comfort of your home

Tired of experiencing chronic pain or loss of mobility? Struggling with discomfort? Meet Sword Thrive, your new digital physical therapy program designed to help you overcome joint, back, and muscle pain—all from home.

Combining licensed physical therapists (PTs) with easy-to-use technology, Thrive is more than just convenient, it is proven to work. 67% of members are pain-free by the end of their program<sup>1</sup>.



### Here's how it works



#### Pick your PT

Thanks to your dedicated PT, your Thrive program is entirely customized to you, your goals and your abilities.



#### Get your Thrive kit

Your kit comes with your own tablet, and will provide you and your PT with real-time feedback.



#### Stay connected

Chat 1:1 with your PT anytime. They'll check in, monitor your progress, and adjust your program as needed.



#### Feel the relief

Complete your exercise sessions whenever is most convenient for you. Then feel pain relief for yourself.

Pain doesn't wait. Why should you?  
**Enroll today to get started**

[sword.health/thrive/priorityhealth/go](https://sword.health/thrive/priorityhealth/go)





# HEALTHY

Newly eligible employees will receive an email from Personify Health to set up access to the wellness platform.

Current employees can scan the QR code to enroll and access the platform!



## Eligibility

Active, full-time employees of the University are eligible for the HealthyU Wellness incentive while actively enrolled in an FSU sponsored medical plan.

## HealthyU Program Benefits

Participants who complete the quarterly program requirements in the wellness platform will receive an incentive of a quarterly premium refund of up to **\$75 for employee participation** and up to **\$45 for spouse/domestic partner participation**. Premium refunds are paid in a lump sum, each quarter.

Participants who are actively engaging with the wellness platform will be eligible for the wellness discount on their membership rates at the Student Recreation Center and the Racquet and Fitness Center for new and renewed memberships.

If both spouses work for FSU, for the purposes of the Wellness Program, the "employee" is the participant who is the policy holder and is eligible to earn the employee premium refund amount. The other employee will be designated as the spouse, and eligible to earn the spouse premium refund amount. All earned premium refunds are paid to the "employee" participant.

Quarter 1 = July 1 - September 30

Quarter 2 = October 1 - December 31

Quarter 3 = January 1 through March 31

Quarter 4 = April 1 through June 30



## How To Participate

- Log into the Wellness Platform - hosted by Personify
  - Visit <https://login.personifyhealth.com> and download the Personify Health app to your mobile device
  - Select "Create Account"
  - This is how Employees & Spouses access the platform
- Complete your Health Assessment (required annually before you can earn points)
- Complete activities in the wellness platform to earn 15,000 points for the quarter to earn your premium refund
- All points must be recorded by the last day of the quarter to earn the incentive.
- If you fail to meet the requirements in any quarter, you will not earn the incentive for that quarter. You are still eligible to earn the incentive for future quarters as long as the requirements are met for that quarter.

Note: Points reset each quarter, but the health assessment is good for the entire plan year (July thru June). **You will not be able to earn any points until you have completed your Health Assessment.**

## Biometric Screening Options

1. Annual Well Visit - Your personal physician can complete a biometric screening form during your annual well visit, and you can upload it to the wellness platform.
2. If you are not able to complete your biometric screening at a well visit you can order your biometric screening kit through LabCorp on the Personify Health website or app.

For Benefits  
Inquiries, please  
contact us at  
[hrbenefits@ferris.edu](mailto:hrbenefits@ferris.edu)  
or  
231-591-2150

~personify  
HEALTH



The wellness platform allows you to connect a variety of fitness trackers and mobile apps to help you track your activities and earn points!

Scan here to download the app now!