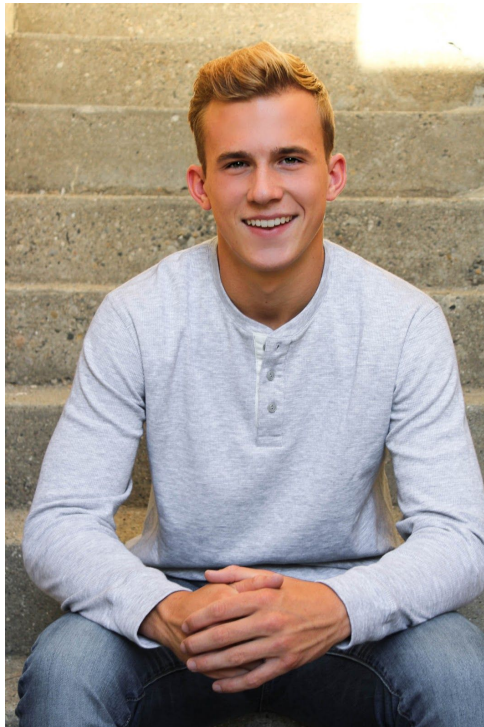


ALC Tutor Strategies for Virtual Course Success

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Virtual Tutoring: BIOL 121, 122, 286, 321, 322, 375 CHEM 103, 114, 121, 122, 321, 322, 364
ECON 221 ENGL 150, 250, 321 MATH (Up through 251) PHYS 211, 212 PSYC 150



1. Study in small chunks... 30mins to 1 hour at a time

- Although it certainly can be difficult, this is the #1 best way to study for any test. Breaking up your studying into smaller chunks throughout the day can help you prepare better than one or two days of cramming!

2. Consistent sleep pattern of 7-8 hours per night

- We are all students and this can be very difficult, especially in the summer when it is tempting to sleep in. Having a consistent sleep pattern (even if it's 2am to 9am) is better than inconsistent sleep!

3. Write flashcards!

- Research shows that memory is improved when you write out the information by hand before reviewing it. Combining this with a consistent study schedule for re-visiting those flashcards will allow you to prepare for many exams!

4. Plan to put your phone away!

- With virtual classes comes the increased temptation to use your phone during planned study time. Before you begin studying, put your phone on mute and set it somewhere that you can't see it. After taking a few minutes to relax, start to work on the content. This will allow you to focus and improve your memory of course content! Doing this on a consistent basis will make it much easier to turn the phone off and begin studying effectively!

5. Reliable tutor to keep you on-track

- Keeping a consistent tutoring schedule can help you to remain focused, especially when we are all stuck at home! Whether that be myself or another Ferris tutor, it is certainly worth taking an hour or two each week to keep up-to-date on course information and ask questions of other students who have taken the class before!
- An in-person tactic is to find a study partner to take turns asking multiple choice questions with, however, this can still be accomplished virtually! For a biology class, take turns using your notes to come up with hypothetical multiple choice questions to ask the other person! When you do this, you are thinking much like your professor who is creating your test... you're likely going to create a question similar to what will be asked on test day!