

WAIVER

Every activity one engages in has certain risks and hazards associated with it. The following is a list of risks, hazards, and physical stresses associate with the club sports program in which you have chosen to participate. This list is not intended to be all-inclusive; exclusion of hazard or risk does not negate its possibility.

PARTICIPANT RESPONSIBILITIES

Each participant must recognize that each person must always be responsible for his/her own wellbeing and the wellbeing of the group or team with which s/he is participating. Each participant shares with the other participants the concerns and responsibilities of safety and agrees to follow safe procedures and to avoid unnecessary, hazardous situations, whether or not those situations have been specified. Each participant accepts responsibility for the outcome of situations resulting when his/her actions are beyond the generally accepted practices for safety in the activity, such as use of alcohol prior to or during participation. Likewise, each participant accepts responsibility for actions that are outside the bounds of public law, such as use or possession of illegal drugs.

HAZARDS

1. Loss of vision as a result of being struck with a ball — wearing a protective eye guard or other protective equipment can reduce this hazard.
2. Concussion, neck/spinal trauma, loss of teeth, or injury as a result of body or object contact — wearing appropriate protective equipment and maintaining adequate distance between yourself and other participants can reduce this hazard, especially during team play.
3. Death or various injuries resulting from a traffic accident when traveling for a club activity — following traffic laws, practicing proper driving techniques, and insisting your driver do the same can reduce this hazard.
4. Death or various injuries resulting from weather conditions (i.e., lightning, hail, or wind) — stopping the activity and taking proper care when inclement weather appears can reduce this hazard.
5. Dehydration — consumption of liquids during breaks in play or activity can reduce this hazard.
6. Heat stroke — stopping play or reducing exertion levels during hot weather can reduce this hazard.
7. Muscle pulls, cramps, sprains, cuts, bruises, or other injuries during normal activity — proper conditioning, warming-up/stretching (static) prior to play, execution of strokes/skills, utilizing appropriate footwear, and not playing on wet or slippery surfaces can reduce this hazard.
8. Death due to cardiovascular complication as a result of physical overexertion — not eating immediately before participation, proper conditioning, recognizing signs of fatigue, and reacting responsibly to the various warning signs of cardiovascular distress can reduce this hazard.
9. Death due to drowning or head/neck/spinal injury due to contact with pool surfaces and/or bottom. Follow all

PRECAUTIONS

1. Participants are responsible for discussing with the Birkam Health Center medical staff or with their family doctors any known physical problems which may limit their participation in this program. Physical check-ups should be done before participation.
2. Participants are obligated to wear the proper attire and utilize appropriate protective equipment. If the participant chooses not to use such equipment, the participant must realize that s/he is doing so at his/her own risk.
3. Should an injury incur during participation, an injury report form must be filed with the Student Recreation Center office within 48 hours.
4. The injured party is responsible for all financial obligations incurred due to any treatment necessitated by any injury. Participants are encouraged to carry some form of health insurance. Personal health insurance is required for all competitive club members who will travel off-campus to participate in club-related activities. Personal health insurance is required for members of the following clubs: baseball, ice hockey, lacrosse, rugby, soccer, volleyball, equestrian, wrestling, mixed martial arts, and all water-related activity.
5. Participants are responsible for proper conditioning as a prerequisite in any form of participation with club sports.

This entire statement is for your protection. Should you have any questions regarding this statement, please contact the A.D. of Intramurals and Club Sports



I, _____, a member of the _____ Club,

Printed First and Last Name

Full Club Name

a registered student organization, have read the risks, hazards, and physical stresses to which I will expose myself by participating in this club sports program. I understand the risks of my participation and have carefully considered those risks. In consideration of the right to participate in this program, I do hereby release Ferris State University, its trustees, officers, officials, agents, employees, and all persons participating in such program from any responsibility or liability for personal injury or property damage sustained by me during or because of participating in the activities of the organization I have documented above. If the undersigned is a minor (under 18 years of age), the signature of a parent or legal guardian appears in the space indicated below. The signature by said parent or legal guardian signifies acceptance of the terms and conditions hereof shall be binding upon them and constitute a release by them of any and all claims, demands, and causes of actions they may have whatsoever against Ferris State University, its trustees, officers, officials, agents, employees, or participants in such program as a result of the undersigned sports club member's engagement in the activities described.

My signature below indicated that I have read all of the material on the previous page and fully understand the risks, hazards, and physical stresses as they apply to this club's activities.

Member Signature

Date

Parent/Legal Guardian Signature (if member is a minor)

Parent/Legal Guardian Signature (if member is a minor)

Student ID:

Sex: M F

Birthdate:

Age:

School Address:

City:

Zip:

Phone Number :

Health Insurance Company:

Policy Number:

Please return this waiver to the Student Recreation Center Office.

