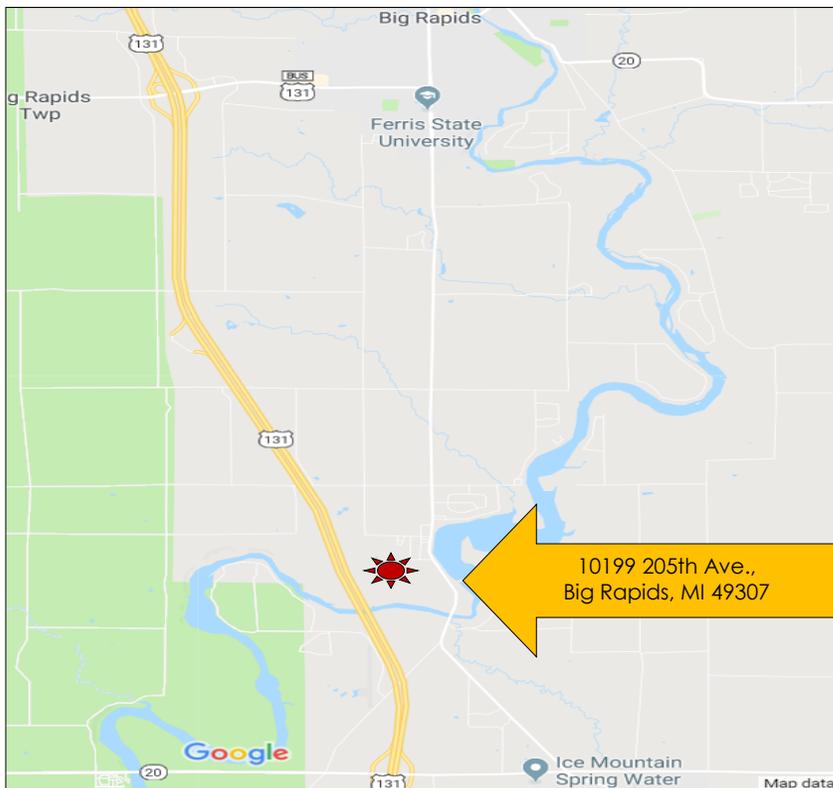


What to expect at the Ferris State University Ropes Course.

We are excited for your program at the ropes course, and are working intently on meeting individual and group goals for the day. Ropes course groups are facilitated through the ropes course experiential learning goals. Participants explore behaviors, ideas, beliefs, and strategies. Then how these might apply to other life situations. The "**Low Ropes**" elements are within 3' from the ground and require group participation to complete. A low ropes experience lasts 3-5 hours. The "**High Ropes**" elements are approximately 30' high and are accomplished in groups with the climber "on-belay." Groups who complete the low ropes are eligible to complete the high ropes. The low and high ropes last 7-8 hours. Our course is a dynamic course so a climber climbs and completes each element and returns to the ground with support of their belay team. This is different than courses in which participants hook in and move through the course independently by transitioning between each element in the air.

Be Prepared:

- Bring water! LOTS OF IT! We do not have facilities with running water. (P.S. expect portable bathroom facilities)
- Wear close-toed, durable shoes.
- Bring layers and rain gear if rain is expected (we close for lightning, not for rain).
- Bring lunch or snacks.
- Bring anything you might need for self-care (including allergy medicine, Epi-Pens, asthma inhalers, etc.). You can keep these on you throughout your day.
- Bring your waiver signed.



Directions

From Ferris State University (north):

Head south on Northland Drive approx. 4 miles
Turn right onto Hayes Rd.

Continue down Hayes Rd heading west .5 miles
Turn south, left onto 205th Ave.

205th Ave. is a dirt road.

The ropes course is on the right approx. .8 miles
Parking is on the left

From Northbound US 131 (south):

Take 8 Mile Rd. exit 131, go east 1.1 miles

Turn north (left) onto Northland Drive., go 2.8 miles
Turn left (west) onto Hayes Rd.

Continue down Hayes Rd heading west .5 miles
Turn south, left onto 205th Ave.

205th Ave. is a dirt road.

The ropes course is on the right approx. .8 miles
Parking is on the left

The ropes course is not ADA accessible. With prior notice (at least 72 hrs), we can attempt to accommodate individuals and groups.

Contact the Adventure Coordinator with any comments, questions, and requests:

Adventure@ferris.edu or call the UREC main line: (231) 591-2679



FERRIS STATE UNIVERSITY
University Recreation

STUDENT RECREATION CENTER
ADVENTURE PROGRAM