

Ferris State University Student Recreation Center

Reserving a workout timeslot

Step 1:

Follow the link to the reservation page and enter your login information.

Link: <https://ferrisstateurec.ezfacility.com/Sessions>

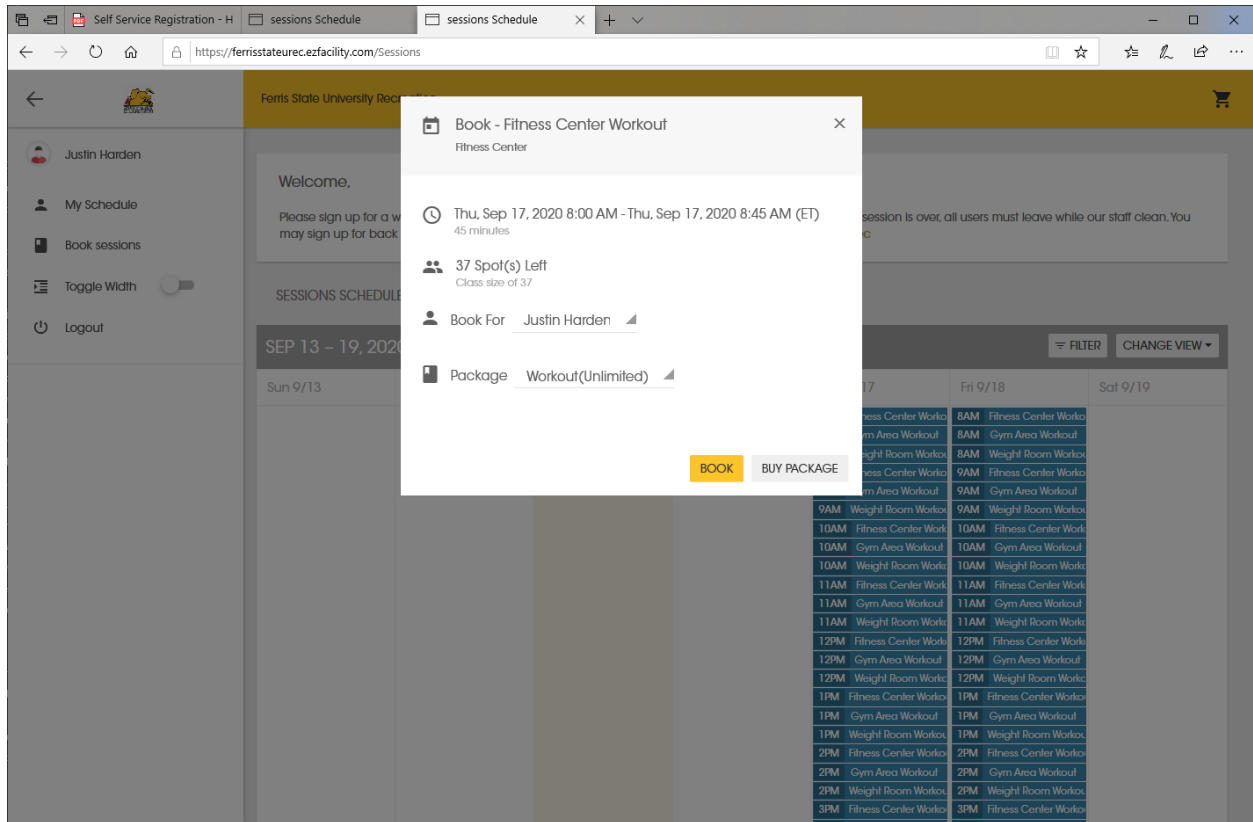
Step 2:

After you login, this screen should appear. Click on the day and time you wish to book your workout.

The screenshot shows a web browser window with the URL <https://ferrisstateurec.ezfacility.com/Sessions>. The page title is "Ferris State University Recreation". On the left sidebar, there are links for "Book sessions", "Toggle Width", and "Login". The main content area has a "Welcome" message and a "SESSIONS SCHEDULE" section. The schedule is for "SEP 13 - 19, 2020" and is titled "FERRIS STATE UNIVERSITY RECREATION". It features a grid with columns for days from Sun 9/13 to Sat 9/19. The "Tue 9/15" column is highlighted in yellow. The grid shows workout sessions for Thursday 9/17 and Friday 9/18, with times ranging from 8AM to 3PM and various workout types like "Fitness Center Worko", "Gym Area Workout", and "Weight Room Worko".

Step 3:

When you've selected the time you wish to workout, click the yellow BOOK button.



To cancel your workout:

Step 1:

Click on the time you reserved your spot.

Step 2:

Click on the cancel session in the box and your workout will be canceled.

Self Service Registration - H sessions Schedule sessions Schedule

https://ferrisstateurec.ezfacility.com/Sessions

Ferris State University Recreation Center

Welcome,
Please sign up for a workout session. You may sign up for back-to-back sessions.

SESSIONS SCHEDULE

SEP 13 - 19, 2020

Sun 9/13

39 Spot(s) Left
Class size of 40

CANCEL SESSION

Scheduled

	Fri 9/18	Sat 9/19
8AM	Fitness Center Workout	Fitness Center Workout
8AM	Gym Area Workout	Gym Area Workout
8AM	Weight Room Workout	Weight Room Workout
9AM	Fitness Center Workout	Fitness Center Workout
9AM	Gym Area Workout	Gym Area Workout
9AM	Weight Room Workout	Weight Room Workout
10AM	Fitness Center Workout	Fitness Center Workout
10AM	Gym Area Workout	Gym Area Workout
10AM	Weight Room Workout	Weight Room Workout
11AM	Fitness Center Workout	Fitness Center Workout
11AM	Gym Area Workout	Gym Area Workout
11AM	Weight Room Workout	Weight Room Workout
12PM	Fitness Center Workout	Fitness Center Workout
12PM	Gym Area Workout	Gym Area Workout
12PM	Weight Room Workout	Weight Room Workout
1PM	Fitness Center Workout	Fitness Center Workout
1PM	Gym Area Workout	Gym Area Workout
1PM	Weight Room Workout	Weight Room Workout
2PM	Fitness Center Workout	Fitness Center Workout
2PM	Gym Area Workout	Gym Area Workout
2PM	Weight Room Workout	Weight Room Workout
3PM	Fitness Center Workout	Fitness Center Workout