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President's Post



Keeping Up with the Changes in Our Lives

In the dawn of my career, when I was teaching college English in South Dakota, I assigned a paper on life changes, expecting that from my mostly traditional age audience, I would receive papers on the transition from high school to college.

So I did, but one student chose a different focus: he argued that our lives changed rapidly in the early years, but that once you had survived the tumultuous transition from elementary school to middle school to high school to college, all you had to do was get a job, marry your girlfriend, start a family, and then, as he put it, “you were now on a steady course, and could take it easy until retirement.”

Of course, such a view of what constitutes a typical lifespan could only be held by someone who had not lived very long, or observed very much, so it is easy to make fun. The real irony in the refrain from John Mellencamp’s “Jack and Diane” -- “Oh yeah, life goes on/ Long after the thrill of living is gone” – is that because our lives are inherently so unpredictable and self-renewing, the thrill, so to speak, continues.

That isn’t to say that no one ever falls into a pattern of monotonous routine – we all do. To cite a personal example, the year before I retired, as I confided to my daughter at the time, I realized I had one more year of mojo left, but after that, people would begin to notice that I was becoming bored with teaching. And I always swore that I would never become that teacher, the one clutching his yellowed notes and going through an unchanging routine, simply to collect his pay.

So I did retire when I wanted to, in 2013, and at that time and since I have been thankful for the pension and retirement savings opportunities Ferris offers its employees. And look at the changes in my life just since that time, all initiated by me, all made possible by good health care and post career financial security – I moved to Grand Rapids, got involved in new kinds of volunteer work, joined two choral groups, spent more time with my daughters, traveled all over the US (46 states now!) and, just to brag a little, met the lady I’m marrying in September. She has a high school age son with a full range of his own activities. So, at least around here, the thrill of living isn’t gone yet.

But wait! This column was supposed to be about keeping up with the changes in our lives. And so, starting now, I have to do what many older people forget to do in the rush of actual living – review my documents so they correspond to my current status. I have to change my will, and my fiancé has to change hers, so that regardless of the order in which we die, the right heirs get what they deserve.

Continued on Page 4

EMERITI SCHOLARSHIP ENDOWMENT UPDATE !!

I want to thank all of you who gave to the end-of-the-year "bucket campaign." People donated a total of **\$6,376**. Because we "bundled" those contributions and turned them in together, the Ferris Futures match doubled the total amount going into the endowment to **\$12,752**. As of February 6, 2017, the total amount in the Endowment fund was **\$40,159**. We will award our first \$1,000 scholarship this coming fall semester to a student in the College of Arts and Sciences (as decided by the FSUEA Fundraising Committee). At present, we intend to rotate the awards alphabetically between the five undergraduate colleges until we have enough funds to award a scholarship to all five colleges every year. As a reminder, any donation to any endowed scholarship at FSU, including this one, will be matched by the Ferris Futures fund if it is \$1,000 or more. This will continue to July 1, 2022!

To make a \$1,000 scholarship award, an endowment must have a minimum of \$25,000 in funds. The maximum scholarship award is 4% of the existing balance. If you want to create your own named scholarship endowment, you will need to give \$12,500 over the course of the next five years to get a \$12,500 match to bring the total funds up to the minimum \$25,000. Pertinent information can be found on the Ferris web site. If you are so inclined, now is the time to donate to an existing endowment or create a new one.

Again, thank you to all of you who made our endowment a success.

Bob Carter, Chair, FSUEA Fundraising Committee

Emeriti Association Speakers' Bureau?

Discussion at the recent Emeriti Board meeting included the possibility of putting together an emeriti speakers' bureau. It was concluded that we should poll the emeriti membership to see if there is enough interest to warrant its development. What we need to know is if any of our members would make themselves available to speak to interested audiences in the Mecosta county area. ***Please send your name, contact information, and topic(s) plus available times to our newsletter editor, Randy Vance.*** The board has not yet determined how or if to charge for the lecture; or if that should be up to the group and their selected lecturer. We thought to limit the area served to Mecosta county though if you would be available elsewhere such as Osceola or Kent counties, please note that in your email to Randy. We have many experts among our members and want to showcase our talented members! Randy can be contacted via email (RandyVance@ferris.edu). Once we have an estimate of interest, the Board will draft a process for matching our speaker volunteers with groups desiring a lecture. Those who expressed an interest will be asked their opinions as to the details concerning the process before it is finalized.

Bob Krueger, FSUEA Professional Concerns Committee



From the Social Media Coordinator

We are looking to enrich our media sites (Facebook/web page). To do that we would like Ferris emeriti to submit pictures, stories and information about things that Emeriti are doing. People that have them can email them to me or upload them onto our Facebook page. In either case a description of the activity should be included. Thanks,

Dale Hobart

DaleHobart@ferris.edu

The emeriti web page can be found here

<http://www.ferris.edu/HTMLS/alumni/Emeriti/>

And the Facebook page can be found here

<https://www.facebook.com/FSUEA>



GREETINGS FROM PRESIDENT EISLER

It is a pleasure to be included in the Emeriti Association newsletter. I want to thank your editor, Randy Vance, for extending this invitation. While we were in college, Randy and I played together in the Michigan Marching Band. When I joined Ferris State University in 2003, he was the one person I knew at Ferris.

It was wonderful to see the Emeriti Association surpass \$25,000 in donations for your Scholarship Endowment. I want to thank President Doug Haneline, your board and the many emeriti who created and funded this scholarship. This was also timely, as donations since July could be matched as part of the Ferris Futures Scholarship Challenge. Through 2022, this initiative will match gifts to new and existing endowments up to a total of \$18 million. We are humbled by the many alumni, emeriti, faculty, staff and donors who have made gifts to endowed scholarships.

Since July we have welcomed more than 110 gifts and pledges to new and existing endowments, with more than \$2.2 million of new gift commitments from kind friends and supporters like yourself. Working together, it is my dream that we will create \$36 million in endowed scholarships for Ferris students. From your work at Ferris, you understand that many of our students come from modest backgrounds. Your support makes an important difference for them and helps keep debt down for our students. Gifts to these endowments will live on in perpetuity and help many students access the opportunity a Ferris education can provide. For more information on the Ferris Futures Scholarship Challenge, please contact me, a member of our development staff or visit ferris.edu/giving/ferrisfutures.htm.

This is the time of year when some emeriti are able to enjoy warmer climates. It was a pleasure to visit with more than 70 emeriti, alumni, friends and guests in January at TPC Prestancia Golf Club in Sarasota, Fla. It was good to see and catch up with so many friends and share an update on our work at Ferris. Ruth Hicks, Bob and Mary Louise Leach, and Bob Stechschulte do a marvelous job of hosting the luncheon and provided us all with a wonderful afternoon. While we were in Florida, I also attended Professional Golf Association Merchandise Mart in Orlando, where we host a reception for our PGM alumni. President Bob Ewigleben now winters in Florida, and he was able to join us for this evening. It was good to see Bob, who helped create this program at Ferris.

We were disappointed to not join our Arizona emeriti and alumni at their annual gathering in Tucson because of a conflict with our Board of Trustees meeting. Barb and Newell Johnson do a fantastic job of hosting this. Before joining Ferris, we spent 13 years in New Mexico and Utah, and it is always good to visit our friends in Arizona.

Over the past weeks many emeriti have braved this Michigan winter at the Festival of the Arts in Big Rapids. It seems difficult to believe, but this is the 10th anniversary of bringing back this tradition to Ferris and our community. The variety and quality of these events are truly extraordinary, and this Festival represents a wonderful partnership with the arts and our community. There is truly something for everyone, and we are so very proud to be a part of this monthlong celebration that brings our community and University together.

Thank you for the many years you devoted to our University and everything you continue to do for our students. We are fortunate to have the opportunity to build upon the legacy you helped establish at Ferris State University. Please know you are always welcome on our campus and at our events. We look forward to seeing you soon.

David L. Eisler, President

Events Calendar

Emeriti Association Upcoming Events March 2017 – August 2017

2017

- March 15 – Florida Emeriti Luncheon – Mattison’s 41 Restaurant, Sarasota
- April 3 - Board meeting, 10 am, Prakken 114
- April 5– Florida Emeriti Luncheon -- Mattison’s 41 Restaurant, Sarasota
- May 1 - Board meeting, 10 am, Prakken 114
- May 10– Spring Luncheon, 11:30 am social time, 12 pm lunch, The Rock Cafe
- June 5- Board meeting, 10 am, Prakken 114
- August 16-Summer Picnic, Hemlock Park Shelter, Noon



All FSUEA Board meetings are scheduled for 10 -11:30 am and held in Prakken 114

President's Post, continued from Page 1

I should review the list of beneficiaries for all my various policies and plans. Who gets notified if I’m in the hospital? And the list goes on and on.

Yeah – I’ve got some work ahead of me, and I’m not the only one.

“Youth,” said George Bernard Shaw, “is wasted on the young.” It’s certainly very easy to look back on our lives and think, “I wish I had known then what I know now.” But, except in our dreams and in the movies, we can’t go back and relive the past. And that is probably just as well. We’d spend so much time thinking about the past that we’d miss the new and interesting things constantly popping up in our future. But, as we plunge headlong into some new commitment, we need to stop and ask ourselves if we’ve kept everything updated. —Doug

FSUEA Officers

2016-2017

Doug Haneline, President
 Ferris State University
 420 Oak Street, PRK 101
 Big Rapids, MI 49307
 Office Hours: Tuesdays 1-4 in PRK
 114; **exception: Monday 1-4 on
 Board meeting days**

FSU Emeriti Association
 Office: PRK 114
 Office phone: 231.591.2510
 Email: FSUEA@ferris.edu or
hanelind@ferris.edu



The Board meets the first or second Monday of the month year round

Officers

President	Doug Haneline	hanelind@ferris.edu
Vice-President	Jerena Keys	jerenakeys@ferris.edu
Secretary	Jeff Nagelbush	nagelbuj@ferris.edu
Treasurer	Randy Vance	randyvance@ferris.edu

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Director-Professional Concerns	Bob Krueger	kruegerr@ferris.edu
Director-Professional Concerns	Bob Friar	robertfriar@ferris.edu
Fundraising Committee	Bob Carter	cadimstr@aol.com

FSU EMERITI, ALUMNI, FRIENDS GATHERING

On Thursday, February 9, 2017, thirty-five FSU Emeriti, Alumni and Friends gathered in Tucson, AZ for a luncheon at the Golden Corral Buffet. Guests from FSU were Kevin Bunce, Alumni Association; Steven Durst, Dean of College of Pharmacy; and Carla Miller, Ferris Foundation. Each made remarks regarding updates and current activities on FSU Campus.

Richard Hamilton, retired FSU Administrator and current author, shared comments with the group regarding his recent writings of his ancestors' involvement in the Gettysburg Campaign during the Civil War in the mid 1860s. (Many emeriti may recall the article featuring Dick in a recent edition of the Emeriti newsletter in our effort to find out where our current emeriti are and what they are doing now.)

The group enjoyed conversation and door prize drawings and parted with a promise to "see you again next year."



5 Things to Know About Relaxation Techniques for Stress

1. Relaxation techniques are generally safe, but there is limited evidence of usefulness for specific health conditions.
2. Relaxation techniques include a number of practices such as progressive relaxation, guided imagery, biofeedback, self-hypnosis, and deep breathing exercises.
3. Relaxation techniques often combine breathing and focused attention to calm the mind and body.
4. Most relaxation techniques can be self-taught and self-administered.
5. Do not use relaxation techniques as a replacement for conventional care or to postpone seeing a doctor about a medical problem.

From: nccih.nih.gov/health/tips/stress. More information is readily available here at this site.

Are You Taking a Botanical Supplement?

Are you taking a botanical supplement or contemplating taking one in the future? To get accurate basic information on 50 of the most common ones available in the US market, all you have to do is head to the series of brief (2 pages) summaries on the web entitled "Herbs at a Glance". The compilation is available at nccih.nih.gov/health/herbsataglance. From the National Institutes of Health, these briefs are easy to understand and informative. You can read them on the web or download them to print. There is no charge. Each contains basic information such as: common names, what the science says, potential side effects, cautions, and lots of additional resource links for more detailed information. One of these that you may find most helpful is a link to "How Might Herbs Interact with [your] Medicines". These briefs were just updated on November 21, 2016 and therefore represent current information.

Contributed by Bob Friar and Bob Krueger, FSUEA Professionals Concerns Committee

United Way 2016 Campaign Results

Forty FSU Emeriti-designated donations to the university-wide United Way campaign totaled \$4,670.00 and helped the university reach its goal. Thanks to all who contributed to this year's community campaign either directly on your own, or through the FSU Emeriti Association or other organization.



Report from the Social Chair

There were 43 Emeriti at the Winter Dinner on December 6th at Falcon Head. The Prime Rib was outstanding as was the company. Barb Johnson and her daughter did an outstanding effort on the baskets for the raffle. Thanks go to all the people who donated items for the auction including FSU Dining Services, Katke Golf course, and Falcon Head golf course. \$351.00 was raised for the FSUEA Scholarship Endowment.

The Soup Talk was held on Feb. 8th at United Church (see photos below). Thanks to Jim Jacobs, Jerena Keys, Randy Vance, Don Stephen, Bob Friar, and all who donated soups, desserts, and other goodies. The soups were delicious, and the other food complimented the meal. Good job, everyone!

The Spring Luncheon is fast approaching on May 10, 2017 at the Rock Café (11:30 social time, lunch at noon). The cost is 10 dollars per person. Reservations (see page 7) must be made by April 27th to Walt Luecke, 16270-220th Ave., Big Rapids, MI 49307 phone:7964989. Make checks out to FSUEA. See you there!!

New: If you would like to attend, but need a ride to this event (within general Big Rapids area), the FSUEA Board of Directors would like to help. There is a check box item on the reservation form (see Page 7) to indicate your request, and to provide a phone number for a volunteer to contact you and make arrangements.

Walter Luecke
16270-220th Ave.
Big Rapids, MI 49307
phone: 231-796-4989
wlyuecke@sbcglobal.net



In Memoriam: Current Faculty/Staff and Emeriti Deaths, October 2016 – February 2017

Mrs. Shirley Rice Davis 1/6/2017
Mr. Kimberly "Kim" Gillett 2/1/2017
Dr. Charles Hurt, Sr. 1/22/2017
Dr. Lowell LeClair 10/29/2016
Mr. Walter "Bud" Short 11/16/2016

Dr. Steven Symmes 12/11/2016
Mr. Joseph Mendenhall 1/29/2017
Mrs. Ann Westart 11/14/2106
Bruce Gilchrist, Enrollment Services, 12/19/2016
Gabriel Harkins, Media Production 1/29/2017

Granting of Emeriti Status by the FSU Board of Trustees

Mrs. Barbara Eberts - *Secretary Level 1, Residential Life, January 11, 2017*

Ms. Darlene Kaczmarczyk - *Professor, Kendall College of Art and Design, December 12, 2016*

Warner Myntti - *Associate Professor, Accountancy, Finance and Information Systems, May 8, 2017*

Granted posthumously:

Dr. Ellen Haneline *Dean, College of Allied Health Sciences, October 12, 2010*



EMERITI SPRING LUNCHEON WEDNESDAY, MAY 10, 2017 Reservation Form & Ride Request

The Spring Luncheon will take place on Wednesday, May 10th at The Rock Cafe (social time 11:30 a.m., lunch at Noon). The cost is \$10.00 per person . Reservations and checks due **April 27**. Make checks payable to FSUEA.

PLEASE complete and return with your check

Reservations for the Spring Luncheon, May 10th, 2017 at The Rock Cafe.
Name(s):
Address:
<input type="checkbox"/> I (we) would like a ride; please contact me at _____ (phone)

	Number participating	Total cost
Luncheon fee (\$10.00 per person)		
Total amount enclosed		

Please make checks payable to FSU Emeriti Association. Mail check and reservation form **by April 27, 2017** to:
Walt Luecke
16270 220th Ave.
Big Rapids, MI 49307
Phone: 231-796-4989



Helen's Garden:

Last Fall at Helen's Garden, in addition to cleanup and preparation for winter, volunteers planted hundreds of bulbs for spring blooms. Soon it will be time for work to begin again. Annuals have been ordered for the 2017 season, and the Commencement Office at Ferris has generously offered to share some geraniums for the garden after the May ceremonies. Please consider setting aside a few hours to volunteer this coming spring to help plant annuals, pull weeds, prune, rake and do various other tasks in the garden.

Schedule coming soon – check the website at <http://www.ferris.edu/alumni/emeriti>.

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