

HEALTH SCREENING FORM

Schedule an appointment with your personal doctor, and take this form with you. After your doctor completes the form, you or your doctor must return this form by: **email (support@assethealth.com), fax (248.816.3326) or mail (Asset Health Inc., Attn: Physician Forms, 2250 Butterfield Drive, Suite 100 Troy, MI 48084).**

Employee Spouse

Patient Name		Date of Birth	Gender (circle one)	
		/ /	M F	
Employee Name	Banner ID	Company Name		
Address	City	State	Zip Code	
Home Phone	Cell Phone			

The top section of this form must be filled out completely.

Do you smoke/chew tobacco? Yes No Did you fast prior to taking this screening? Yes No

TEST	YOUR RESULTS
Height	_____ ft. _____ in.
Weight	_____ lbs.
Blood Pressure Blood pressure monitoring is used to detect hypertension, a risk factor for heart disease and stroke.	Systolic _____ mm/Hg Diastolic _____ mm/Hg
Total Cholesterol Cholesterol is a fat-like substance, and although a certain amount is needed for proper body function, too much can build up in the arteries and put you at risk for heart disease and stroke.	_____ mg/dl
HDL HDL stands for high-density lipoprotein. HDL is considered "good" cholesterol because it may protect you from a heart attack. Unlike other cholesterol levels, the higher your HDL, the better. You can raise your HDL by quitting smoking, losing excess weight and being more active.	_____ mg/dl
Glucose Glucose testing is a measure of sugar in the blood to help determine diabetes risk. Your health care provider may recommend further testing if you have symptoms such as increased thirst and urination, fatigue, blurred vision or wounds that are slow to heal.	_____ mg/dl
LDL LDL stands for low-density lipoprotein. LDL is considered "bad" cholesterol because it can slowly build up on the walls of your arteries. Together with other substances, it can form plaque that clogs the arteries. If a clot forms, blood flow can be blocked, causing a heart attack or a stroke.	_____ mg/dl
Triglycerides Triglycerides in the blood come from fatty foods eaten, and they are made in the body from other food sources such as carbohydrates. Excess calories are converted to triglycerides and stored as fat cells. High triglyceride levels are associated with being overweight, excessive drinking, having diabetes and other disorders.	_____ mg/dl

Physician's Signature

Date

/ /

Phone Number

Address