

BULLDOG INVITATIONAL

Hosted by Ferris State University

DATE: Friday September 22, 2006.

RACE SCHEDULE 4:00 p.m. – Women's 5000 meters
4:30 p.m. – Men's 8000 meters
5:00 p.m. – High School Girls 5,000 meters
5:30 p.m. – High School Boys 5,000 meters

LOCATION: Katke golf Course, Ferris State University, Perry Street (West M-20)

PACKET PICK-UP: Near start and finish area beginning at 3:00 p.m.

COURSE: The entire course is grass with rolling hills and excellent footing.
Note: course will not be available for warm-up until 3:00 p.m.

AWARDS: Awards will be given to the top ten individuals in each collegiate race.

ENTRIES: Unlimited, team entry forms are enclosed along with an entry form for any possible unattached entries. Please return forms no later than Monday, September 18th. Races are open to all post high school athletes.

We will also use the Hy-tek entry system. This info will be e-mailed prior

ENTRY FEE: \$100.00 per team. Make checks payable to Ferris State University.

Return entries by September 19th to: Jeff Kavalunas
Ferris State University
210 Sports Drive
Big Rapids, MI 49307
FAX: (231) 591-2869
e-mail: kavalunj@ferris.edu

RACE INSTRUCTIONS

1. The women's race will start at 4:00 p.m. sharp! The men's race will start at 4:30 p.m.
2. All runners must wear their assigned number on the front of their uniform.
3. Follow the painted line at all times. Running more than 10 meters from the line will result in disqualification.
4. Recording the runner's number as they leave the finish chute will score the meet. Instruct your runners to keep their position and move quickly through the chute. Each runner will receive a finish card as a backup to the scoring system. Collect the cards from your runner's, write their names on the cards and turn the cards in to the finish line tent.
5. Instruct your runners to stay off the fairways and the greens.
6. The top ten finishers and the top teams will receive awards in the collegiate race.
7. You may pick up your race packets beginning at 3:00m.the day of the race.
8. Awards will take place shortly following the men's race near the **clubhouse** area.

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Team Entry Form

Please list all potential runners on the entry form. Each runner will be assigned a number so it is important that you list anyone who may run.

- | | |
|-----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |
| 11. _____ | 12. _____ |
| 13. _____ | 14. _____ |
| 15. _____ | 16. _____ |
| 17. _____ | 18. _____ |
| 19. _____ | 20. _____ |

SCHOOL _____

COACH _____ HOME PHONE _____

The entry fee is \$100.00 per team. Make checks payable to Ferris State University. This entry must be returned by Monday, September 18th, 2006. Return this entry by mail, FAX, or e-mail to:

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Ferris State University
210 Sports Drive
Big Rapids, MI 49307
FAX (231) 591-2869
E-mail: kavalunj@ferris.edu