

FERRIS STATE UNIVERSITY

FINAL 2002-03 WOMEN'S INDOOR TRACK AND FIELD INDIVIDUAL RESULTS

INDIVIDUAL & EVENT RESULTS

<u>NAME</u>	<u>YEAR</u>	<u>EVENT</u>	<u>HOMETOWN/HIGH SCHOOL (COLLEGE)</u>
Kristen Balla	Fr.	Distance	Farmington, Mich.
Mile Run: 6th, GVSU Laker Open (5:46.60), 12th, Lewis Friday Night Series (5:52.69), 4th, GVSU Laker Challenge (5:46.95); 3000m Run: 15th, Division II Team Challenge (11:38.69), 14th, Jack Skoog Open (11:49.91), 15th, GLIAC Championships (11:26.55)			
Abigail Bearman	So.	Throws	Port Huron, Mich./Northern
Weight Throw: 11th, SVSU Cardinal Open (25-0.50), 5th, GVSU Laker Open (27-6), 7th, Lewis Friday Night Series (30-3), 26th, Division II Team Challenge (31-7.50), 9th, GVSU Laker Challenge (20-11), 16th, Jack Skoog Open (29-1.75)			
Jessica Berube	Sr.	Sprints	Escanaba, Mich.
200m Dash: 8th, GVSU Laker Open (29.09), 11th, Lewis Friday Night Series (28.97); 200m Hurdles: 4th, Lewis Friday Night Series (30.75); 400m Dash: 6th, GVSU Laker Challenge (1:03.09), 9th, Jack Skoog Open (1:02.82)			
Michelle Blanch	So.	Jumps	Grand Rapids, Mich./Kenowa Hills
Pole Vault: T-6th, SVSU Holiday Open (9-0), 9th, SVSU Cardinal Open (8-6), 6th, Lewis Friday Night Series (10-0), 14th, Division II Team Challenge (8-6), 8th, GVSU Laker Challenge (10-0), 6th, Jack Skoog Open (10-0), 6th, GLIAC Championships (10-2)			
Kristyn Buck	Jr.	Jumps	Brighton, Mich.
Pole Vault: 6th, SVSU Cardinal Open (9-0), 8th, GVSU Laker Open (9-0), T7th, Lewis Friday Night Series (9-6), 10th, Division II Team Challenge (9-6), 10th, GVSU Laker Challenge (9-6), 7th, Jack Skoog Open (10-0), 7th, GLIAC Championships (10-2)			
Rachel Cox	Jr.	Distance	Gladstone, Mich./Battle Creek Lakeview
3000m Run: 2nd, SVSU Cardinal Open (11:07.01), 12th, GVSU Laker Open (11:27.34), 4th, Division II Team Challenge (10:46.84), 2nd, GVSU Laker Challenge (10:51.72), 5th, Jack Skoog Open (10:59.52); Mile Run: 9th, Lewis Friday Night Series (5:42.29); 5000m Run: 8th, GLIAC Championships (19:02.74)			
Jennifer Delamater	Jr.	Sprints	Edmore, Mich./Montabella
55m Dash: 3rd, GVSU Laker Open (7.35), 5th, Lewis Friday Night Series (7.54), 5th, GVSU Laker Challenge (7.41); 60m Dash: 2nd, SVSU Cardinal Open (8.02), 7th, Division II Team Challenge (8.14), 4th, Jack Skoog Open (8.02); 200m Dash: 3rd, GVSU Laker Open (26.54), 11th, Division II Team Challenge (26.69), T6th, GVSU Laker Challenge (26.98), 6th, EMU Classic (26.18), 3rd, Jack Skoog Open (26.01), 7th, GLIAC Championships (26.41); Long Jump: 2nd, SVSU Cardinal Open (16-7.50), 3rd, GVSU Laker Open (17-2), 4th, Lewis Friday Night Series (16-10.75), 10th, Division II Team Challenge (16-10.50), 5th, GVSU Laker Challenge (17-0.50), 7th, Jack Skoog Open (17-2.75), 8th, GLIAC Championships (17-0)			
Stefanie DeLong	So.	Distance	Muskegon, Mich./Whitehall
3000m Run: 13th, GVSU Laker Open (11:29.79), 19th, Division II Team Challenge (12:03.85); Mile Run: 8th, GVSU Laker Challenge (6:00.31)			
Adrienne Desenzio	Sr.	Jumps	Highland, Mich./Milford
Pole Vault: T-1st, SVSU Holiday Open (10-6), 1st, SVSU Cardinal Open (10-0), 3rd, GVSU Laker Open (10-6), T2nd, Lewis Friday Night Series (10-6), 2nd, Division II Team Challenge (10-6), 1st, GVSU Laker Challenge (11-0.25), 5th, GLIAC Championships (10-8); Long Jump: 4th, SVSU Holiday Open (16-0), 4th, GVSU Laker Open (15-11), 8th, GVSU Laker Challenge (15-11); Triple Jump: 2nd, SVSU Holiday Open (30-6.25), 2nd, GVSU Laker Open (32-5), 8th, Lewis Friday Night Series (30-11), 7th, Division II Team Challenge (32-11), T1st, GVSU Laker Challenge (33-7.50), 3rd, GLIAC Championships (34-0.75)			
Crystal Flutur	Fr.	Distance	Ludington, Mich./Mason County Central
Mile Run: 4th, SVSU Cardinal Open (5:33.10), 2nd, Jack Skoog Open (5:28.31), 15th, GLIAC Championships (5:24.02); 800m Run: 4th, GVSU Laker Open (2:31.05), 7th, Lewis Friday Night Series (2:32.74), 17th, Division II Team Challenge (2:29.99); 3000m Run: 4th, GVSU Laker Challenge (10:57.50)			
Jessica Gladding	Fr.	Throws	Fenwick, Mich./Central Montcalm
Shot Put: 4th, SVSU Holiday Open (39-4.50), 5th, SVSU Cardinal Open (36-8), 5th, GVSU Laker Open (37-8), 1st, Lewis Friday Night Series (38-3.25), 8th, Division II Team Challenge (38-4), 5th, GVSU Laker Challenge (38-6); Weight Throw: 8th, SVSU Cardinal Open (36-9.50), 3rd, GVSU Laker Open (40-0), 6th, Lewis Friday Night Series (39-6.75), 21st, Division II Team Challenge (38-1), 8th, GVSU Laker Challenge (35-11)			
Angela Herzog	Fr.	Middle Distance	St. Joseph, Mich.
400m Dash: 4th, GVSU Laker Open (1:01.89), 3rd, GVSU Laker Challenge (1:01.11), 6th, GLIAC Championships (1:00.88); 800m Run: 3rd, SVSU Cardinal Open (2:29.74), 16th, Division II Team Challenge (2:29.58), 9th, Jack Skoog Open (2:27.66); 1000m Run: 3rd, Lewis Friday Night Series (3:25.00)			
Jenny Irwin	Fr.	Distance	Scottville, Mich./Mason County Central
Mile Run: 1st, SVSU Cardinal Open (5:25.04), 1st, GVSU Laker Open (5:27.54), 12th, Division II Team Challenge (5:38.80), 1st, Jack Skoog Open (5:19.85), 12th, GLIAC Championships (5:18.55); 800m Run: 4th, Lewis Friday Night Series (2:24.02); 3000m Run: 1st, GVSU Laker Challenge (10:49.63)			
Geneva Jones	Fr.	Distance	Detroit, Mich./Cooley
Mile Run: 2nd, SVSU Cardinal Open (5:32.66), 2nd, GVSU Laker Open (5:32.37), 9th, Division II Team Challenge (5:25.32); 1000m Run: 2nd, Lewis Friday Night Series (3:10.15); 3000m Run: 6th, GVSU Laker Challenge (11:01.20); 800m Run: 5th, Jack Skoog Open (2:24.28), 9th, GLIAC Championships (2:19.88)			
Crystal Kuzma	So.	Sprints	Wixom, Mich./Western
55m Dash: 1st, GVSU Laker Open (7.33), 3rd, Lewis Friday Night Series (7.45), 2nd, GVSU Laker Challenge (7.30), 6th, GLIAC Championships (7.37); 60m Dash: 1st, SVSU Cardinal Open (8.00); 200m Dash: 2nd, SVSU Cardinal Open (27.20), 10th, Division II Team Challenge (26.61), 9th, GVSU Laker Challenge (27.27), 4th, EMU Classic (25.79), 8th, GLIAC Championships (26.87); Long Jump: 10th, Lewis Friday Night Series (15-11), 16th, Division II Team Challenge (16-3), 6th, GVSU Laker Challenge (16-4), 9th, GLIAC Championships (16-1.50)			

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NAME	YEAR	EVENT	HOMETOWN/HIGH SCHOOL (COLLEGE)
Kathryn Lange	Fr.	Distance	Laingsburg, Mich.
Mile Run: 4th, GVSU Laker Open (5:39.40), 11th, Lewis Friday Night Series (5:48.31), 15th, Division II Team Challenge (5:44.07), 5th, Jack Skoog Open (5:41.50), 18th, GLIAC Championships (5:46.89); 3000m Run: 12th, GVSU Laker Challenge (11:55.44)			
Jaime Lyberg	Fr.	Sprints	Gladstone, Mich./Escanaba
400m Dash: 1st, SVSU Holiday Open (1:04.12), 3rd, SVSU Cardinal Open (1:04.45), 5th, GVSU Laker Open (1:03.34), 15th, Division II Team Challenge (1:03.35), 8th, GVSU Laker Challenge (1:03.58), 10th, Jack Skoog Open (1:02.92); 200m Dash: 8th, SVSU Holiday Open (28.80), 7th, GVSU Laker Open (28.69), 10th, Lewis Friday Night Series (28.55)			
Molly Machinski	Jr.	Hurdles	North Branch, Mich.
55m Hurdles: 2nd, GVSU Laker Open (8.88), 4th, Lewis Friday Night Series (8.95), 3rd, GVSU Laker Challenge (8.70), 3rd, GLIAC Championships (8.80); 60m Hurdles: 3rd, SVSU Holiday Open (9.75), 1st, SVSU Cardinal Open (9.66), 6th, Division II Team Challenge (9.56), 5th, Jack Skoog Open (9.32); 200m Dash: 5th, SVSU Holiday Open (28.03), 4th, GVSU Laker Open (27.76), 8th, EMU Classic (26.67), 7th, Jack Skoog Open (27.02); 200m Hurdles: 1st, Lewis Friday Night Series (30.05), 11th, GVSU Laker Challenge (27.49)			
Mary Miller	So.	Distance	Sault Ste. Marie, Mich.
3000m Run: 9th, GVSU Laker Open (10:54.32), 2nd, Jack Skoog Open (10:37.96); Mile Run: 4th, Lewis Friday Night Series (5:28.75), 3rd, GVSU Laker Challenge (5:27.73); 5000m Run: 4th, Division II Team Challenge (19:21.84), 12th, GLIAC Championships (19:27.85)			
Sharon Smith	So.	Sprints	Inkster, Mich./Oak Park
55m Dash: 6th, GVSU Laker Open (7.79); 60m Dash: 4th, SVSU Cardinal Open (8.48), 5th, Jack Skoog Open (8.16); 200m Dash: 6th, SVSU Cardinal Open (28.54), 6th, GVSU Laker Open (28.37), 3rd, Lewis Friday Night Series (27.45), 15th, Division II Team Challenge (27.29), 3rd, GVSU Laker Challenge (26.66), 6th, Jack Skoog Open (26.63)			
Michele Vanderhyde	So.	Jumps	Howard City, Mich./Tri-County
Pole Vault: 11th, SVSU Holiday Open (8-6), 2nd, SVSU Cardinal Open (9-6), 7th, GVSU Laker Open (9-6), T7th, Lewis Friday Night Series (9-6), 5th, Division II Team Challenge (10-0), 7th, GVSU Laker Challenge (10-0), T9th, Jack Skoog Open (10-0), T8th, GLIAC Championships (10-2)			
Leanna Wolf	Fr.	Distance	Fountain, Mich./Mason County Central
800m Run: 1st, SVSU Cardinal Open (2:25.64), 1st, GVSU Laker Open (2:21.66), 6th, Division II Team Challenge (2:21.49), 3rd, Jack Skoog Open (2:20.48), 6th, GLIAC Championships (2:17.80); 1000m Run: 1st, Lewis Friday Night Series (3:07.49); 400m Run: 1st, GVSU Laker Challenge (59.97)			
Relays			
4x400m Relay: 2nd, SVSU Cardinal Open (4:13.74), 7th, SVSU Cardinal Open (4:30.38), 3rd, GVSU Laker Open (4:19.18), 4th, GVSU Laker Open (4:36.24), 8th, Division II Team Challenge (4:11.97), 3rd, EMU Classic (4:06.86), 2nd, Jack Skoog Open (4:06.44), 4th, Jack Skoog Open (4:15.50), 5th, GLIAC Championships (4:04.53)			
4x800m Relay: 2nd, Division II Team Challenge (9:41.72), 4th, GLIAC Championships (9:25.82)			
4x200m Relay: 1st, Lewis Friday Night Series (1:47.09)			
Distance Medley Relay: 1st, Lewis Friday Night Series (12:45.64), 3rd, Lewis Friday Night Series (13:23.24)			

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2002-03 WOMEN'S TRACK AND FIELD SCHEDULE/RESULTS

INDOOR SCHEDULE

DATE	MEET/INVITATIONAL	SITE	RESULTS/TIME
Dec. 6	Saginaw Valley State Holiday Open	University Center, Mich.	No Team Scoring
Jan. 17	Saginaw Valley State Cardinal Open	University Center, Mich.	No Team Scoring
Jan. 25	Grand Valley State Laker Open	Allendale, Mich.	No Team Scoring
Jan. 31	Lewis (Ill.) Friday Night Series #2	Romeoville, Ill.	No Team Scoring
Feb. 8	Division II Team Challenge	University Center, Mich.	No Team Scoring
Feb. 14	Grand Valley State Laker Challenge	Allendale, Mich.	No Team Scoring
Feb. 15	Eastern Michigan Classic	Ypsilanti, Mich.	No Team Scoring
Feb. 21	Central Michigan Jack Skoog Open	Mt. Pleasant, Mich.	No Team Scoring
Feb. 28-March 1	GLIAC Indoor Track and Field Championships	University Center, Mich.	6th of eight (42.5 points)
March 14-15	NCAA Division II Indoor Championships	Boston, Mass.	—

OUTDOOR SCHEDULE

DATE	MEET/INVITATIONAL	SITE	RESULTS/TIME
March 29	Indianapolis Invitational	Indianapolis, Ind.	11 a.m.
April 5	Michigan State Open	East Lansing, Mich.	9 a.m.
April 12	Bulldog Invitational	Big Rapids, Mich.	11 a.m.
April 19	Saginaw Valley State Invitational	University Center, Mich.	11 a.m.
April 19-20	University of Kansas Relays	Lawrence, Kan.	11 a.m.
April 26	USTCA Quadrangular	Big Rapids, Mich.	11 a.m.
May 2-3	GLIAC Outdoor Track and Field Championships	University Center, Mich.	3 p.m.
May 9-10	Michigan Len Paddock Invitational	Ann Arbor, Mich.	3 p.m.
May 22-24	NCAA Division II Outdoor Championships	Edwardsville, Ill.	3 p.m.

All times are Eastern and subject to change
Home meets in **bold** and held at FSU's Top Taggart Field

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FINAL 2002-03 WOMEN'S INDOOR TRACK AND FIELD INDIVIDUAL RESULTS

ALL-GLIAC PERFORMERS

Placed sixth at the league meet under head coach Jeff Kavalunas

Adrienne Desenzio – 3rd, Triple Jump (34-0.75)

Molly Machinski – 3rd, 55m Hurdles (8.80)

NCAA NATIONAL CHAMPIONSHIP QUALIFIERS

Ferris State Had One Provisional National Qualifier

Adrienne Desenzio – Provisional Qualifier, Pole Vault (11-0.25)

FERRIS STATE ALL-TIME INDOOR TOP FIVE PERFORMANCES

FSU Broke Two School Records During 2002-03 Indoor Campaign

Name – FSU All-Time Ranking, Event, Meet (Mark)

Michelle Blanch – T3rd, Pole Vault, GLIAC Championships (10-2)

Kristyn Buck – T3rd, Pole Vault, GLIAC Championships (10-2)

Adrienne Desenzio – 1st, Pole Vault, GLIAC Championships (11-0.25)❖

Crystal Kuzma – 3rd, 55m Dash, GVSU Laker Challenge (7.30); 4th, 200m Dash, Eastern Michigan Classic (25.79)

Michele Vanderhyde – T3rd, Pole Vault, GLIAC Championships (10-2)

4x800m Relay (**Jenny Irwin, Geneva Jones, Crystal Flutur, Leanna Wolf**) – 1st, GLIAC Championships (9:25.82)❖

❖ – FSU Indoor Record

INDIVIDUAL FIRST PLACE FINISHES

Ferris State had 20 first-place finishes and 20 runner-up finishes this season

Adrienne Desenzio – Pole Vault, SVSU Holiday Open (10-6), SVSU Cardinal Open (10-0), GVSU Laker Challenge (11-0.25); Triple Jump, GVSU Laker Challenge (33-7.50); **Jessica Gladding** – Shot Put, Lewis Friday Night Series #2 (38-3.25); **Jenny Irwin** – Mile Run, SVSU Cardinal Open (5:25.04), GVSU Laker Open (5:27.54), Jack Skoog Open (5:19.85); 3000m Run, GVSU Laker Challenge (10:49.63); **Crystal Kuzma** – 55m Dash, GVSU Laker Open (7.33); 60m Dash, SVSU Cardinal Open (8.00); **Jamie Lyberg** – 400m Dash, SVSU Holiday Open (1:04.12); **Molly Machinski** – 60m Hurdles, SVSU Cardinal Open (9.66); 200m Hurdles, Lewis Friday Night Series #2 (30.05); **Leanna Wolf** – 800m Run, SVSU Cardinal Open (2:25.64), GVSU Laker Open (2:21.66); 1000m Run, Lewis Friday Night Series #2 (3:07.49); 400m Run, GVSU Laker Challenge (59.97); **4x200 Meter Relay** – Lewis Friday Night Series #2 (1:47.09); **Distance Medley Relay** – Lewis Friday Night Series #2 (12:45.64)

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FINAL 2002-03 WOMEN'S INDOOR TRACK AND FIELD RESULTS

2002-03 SEASON BESTS

Event	Name	Mark	Date	Location
55 Meters	Crystal Kuzma	7.30	2/14	GVSU Laker Challenge
60 Meters	Crystal Kuzma	8.00	1/17	SVSU Cardinal Open
55 Meter Hurdles	Molly Machinski	8.70	2/14	GVSU Laker Challenge
60 Meter Hurdles	Molly Machinski	9.32	2/21	CMU Jack Skoog Open
200 Meters	Crystal Kuzma	25.79	2/15	Eastern Michigan Classic
200 Meter Hurdles	Molly Machinski	27.49	2/14	GVSU Laker Challenge
400 Meters	Leanna Wolf	59.97	2/14	GVSU Laker Challenge
800 Meters	Leanna Wolf	2:17.80	3/1	GLIAC Championships
Mile Run	Jenny Irwin	5:18.55	3/1	GLIAC Championships
1000 Meters	Leanna Wolf	3:07.49	1/31	Lewis Friday Night Series #2
3000 Meters	Mary Miller	10:37.96	2/21	CMU Jack Skoog Open
5000 Meters	Rachel Cox	19:02.74	3/1	GLIAC Championships
4 x 200 Meters	—	1:47.09	1/31	Lewis Friday Night Series #2
4 x 400 Meters	—	4:04.53	3/1	GLIAC Championships
4 x 800 Meters	—	9:25.82	3/1	GLIAC Championships
Distance Medley	—	12:45.64	1/31	Lewis Friday Night Series #2
High Jump	—	—	—	—
Long Jump	Jennifer Delamater	17-2.75	2/21	CMU Jack Skoog Open
Triple Jump	Adrienne Desenzio	34-0.75	3/1	GLIAC Championships
Shot Put	Jessica Gladding	39-4.50	12/6	SVSU Holiday Open
35 lb. Weight	Jessica Gladding	39-6.75	1/31	Lewis Friday Night Series #2
Pole Vault	Adrienne Desenzio	11-0.25	2/14	GVSU Laker Challenge

*Results Do Not Include Preliminary Rounds