

FERRIS STATE UNIVERSITY

FINAL 2003-04 WOMEN'S INDOOR TRACK AND FIELD INDIVIDUAL & EVENT RESULTS

<u>NAME</u>	<u>YEAR</u>	<u>EVENT</u>	<u>HOMETOWN/HIGH SCHOOL (COLLEGE)</u>
Kristen Balla	So.	Distance	Farmington, Mich.
Mile Run: 14th, GVSU Open (6:05.04), 22nd, Division II Challenge (5:48.47); 3000m Run: 32nd, SVSU Invitational (12:12.49), 14th, Eastern Michigan Classic (11:46.12), 14th, CMU Skoog Open (11:49.11)			
Michelle Blanch	Sr.	Pole Vault	Grand Rapids, Mich./Kenowa Hills
Pole Vault: T3rd, GVSU Open (10-0), T7th, SVSU Invitational (10-0), T8th, Division II Challenge (10-0), T10th, Eastern Michigan Classic (10-6), T7th, CMU Skoog Open (10-0), 13th, GLIAC Championships (10-0.75)			
Kristyn Buck	Sr.	Pole Vault	Brighton, Mich.
Pole Vault: T1st, GVSU Open (10-6), T5th, SVSU Invitational (10-6), T8th, Division II Challenge (10-0), T10th, Eastern Michigan Classic (10-6), T5th, CMU Skoog Open (10-6), 9th, GLIAC Championships (10-6.75)			
Rachel Cox	Sr.	Distance	Gladstone, Mich./Battle Creek Lakeview
3000m Run: 4th, GVSU Open (10:41.96), 3rd, CMU Skoog Open (10:39.23), 5th, GLIAC Championships (10:30.73); Mile Run: 12th, SVSU Invitational (5:34.07), 10th, Eastern Michigan Classic (5:27.42); 5000m Run: 3rd, Division II Challenge (18:42.71), 5th, GLIAC Championships (18:23.66)			
Elizabeth Engle	Fr.	Hurdles	Colon, Mich.
55m Hurdles: 7th, GVSU Open (9.29); 60m Hurdles: 6th, Eastern Michigan Classic (9.97); 200m Dash: 28th, SVSU Invitational (29.00), 21st, Eastern Michigan Classic (28.83), 12th, CMU Skoog Open (28.27)			
Ashley Farr	Fr.	Sprints	Detroit, Mich./King
55m Dash: 7th, GVSU Open (7.74); 200m Dash: 7th, GVSU Open (27.04), 5th, SVSU Invitational (26.90), 16th, Eastern Michigan Classic (27.33); 400m Dash: 12th, Division II Challenge (1:01.90), 11th, Eastern Michigan Classic (1:02.37), 4th, CMU Skoog Open (1:02.08)			
Crystal Flutur	So.	Distance	Ludington, Mich./Mason County Central
Mile Run: 5th, GVSU Open (5:34.59), 7th, Division II Challenge (5:25.71), 11th, GLIAC Championships (5:23.98); 800m Run: 15th, SVSU Invitational (2:30.75), 14th, Eastern Michigan Classic (2:29.21), 8th, CMU Skoog Open (2:25.56)			
Jessica Gladding	So.	Throws	Fenwick, Mich./Central Montcalm
Shot Put: 3rd, GVSU Open (37-8.75), 6th, SVSU Invitational (38-4.50), 3rd, GVSU Laker Open (38-1.50), 9th, CMU Skoog Open (37-9.25), 9th, GLIAC Championships (37-6.50); Weight Throw: 7th, GVSU Open (39-10.50), 9th, GVSU Laker Open (39-4), 11th, CMU Skoog Open (39-9.75), 13th, GLIAC Championships (40-11.75)			
Katie Hanover	Fr.	Pole Vault	Kalamazoo, Mich./Mattawan
Pole Vault: T20th, Eastern Michigan Classic (8-11.75)			
Larenda Hintz	Fr.	Sprints	Kingsford, Mich.
200m Dash: 32nd, SVSU Invitational (29.41), 22nd, Division II Challenge (28.43); 400m Dash: 16th, Division II Challenge (1:04.25), 7th, CMU Skoog Open (1:04.16)			
Geneva Jones	So.	Middle Distance	Detroit, Mich./Cooley
800m Run: 4th, GVSU Open (2:24.85), 9th, Division II Challenge (2:24.39), 10th, Eastern Michigan Classic (2:22.86), 4th, CMU Skoog Open (2:20.61), 6th, GLIAC Championships (2:19.19); 400m Run: 12th, SVSU Invitational (1:04.10)			
Jenny Irwin	So.	Distance	Scottville, Mich./Mason County Central
3000m Run: 1st, GVSU Open (10:35.06), 3rd, Division II Challenge (10:31.46), 1st, GLIAC Championships (10:20.78); Mile Run: 24th, SVSU Invitational (5:54.14), 3rd, Division II Challenge (5:11.30), 3rd, CMU Skoog Open (5:10.44), 6th, GLIAC Championships (5:07.59); 800m Run: 9th, Eastern Michigan Classic (2:21.59)			
Crystal Kuzma	Sr.	Sprints	Wixom, Mich./Western
55m Dash: 2nd, GVSU Open (7.41), 3rd, GLIAC Championships (7.28); 60m Dash: 6th, SVSU Invitational (8.21), 3rd, Division II Challenge (7.94), 6th, Eastern Michigan Classic (8.15), 7th, CMU Skoog Open (7.94); 200m Dash: 17th, GVSU Open (28.08), 13th, Division II Challenge (27.31), 12th, Eastern Michigan Classic (26.83); Long Jump: 6th, Eastern Michigan Classic (15-10.50), 11th, CMU Skoog Open (15-2.75), 13th, GLIAC Championships (15-11.50)			
Kathryn Lange	So.	Distance	Laingsburg, Mich.
Mile Run: 7th, GVSU Open (5:37.87); 3000m Run: 11th, SVSU Invitational (11:06.23), 11th, Division II Challenge (10:58.92), 10th, Eastern Michigan Classic (11:12.19), 8th, CMU Skoog Open (11:09.60), 18th, GLIAC Championships (11:06.02)			
Jaime Lyberg	So.	Middle Distance	Gladstone, Mich./Escanaba
400m Run: 7th, GVSU Open (1:02.28), 10th, Eastern Michigan Classic (1:02.24), 5th, CMU Skoog Open (1:02.27); 800m Run: 14th, Division II Challenge (2:27.69)			
Molly Machinski	Sr.	Hurdles	North Branch, Mich.
55m Hurdles: 5th, GVSU Open (9.14); 60m Hurdles: 8th, SVSU Invitational (13.96), 7th, CMU Skoog Open (9.55); 200m Dash: 20th, Division II Challenge (28.27), 9th, CMU Skoog Open (27.64); Long Jump: 10th, Eastern Michigan Classic (14-6), 15th, GLIAC Championships (15-3.25)			
Mary Miller	Jr.	Distance	Sault Ste. Marie, Mich.
3000m Run: 3rd, GVSU Open (10:41.16), 7th, Eastern Michigan Classic (10:36.84); Mile Run: 1st, SVSU Invitational (5:18.56), 8th, CMU Skoog Open (5:25.73), 13th, GLIAC Championships (5:24.93); 5000m Run: 1st, Division II Challenge (18:34.97), 9th, GLIAC Championships (18:43.32)			
Michele Vanderhyde	Jr.	Pole Vault	Howard City, Mich./Tri-County
Pole Vault: T3rd, GVSU Open (10-0), T7th, SVSU Invitational (10-0), 7th, Division II Challenge (10-6), 19th, Eastern Michigan Classic (9-5.75), T7th, CMU Skoog Open (10-0), 8th, GLIAC Championships (10-6.75)			

*Results Do Not Include Preliminary Rounds

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NAME	YEAR	EVENT	HOMETOWN/HIGH SCHOOL (COLLEGE)
Julia Viel	Fr.	Distance	Big Rapids, Mich.
Mile Run: 8th, GVSU Open (5:39.83); 3000m Run: 13th, SVSU Invitational (11:08.18), 9th, Eastern Michigan Classic (11:09.55), 10th, CMU Skoog Open (11:15.87), 17th, GLIAC Championships (11:01.53)			
Jennifer Walsh	Fr.	Hurdles	Wyoming, Mich./Kellogsville
200m Dash: 27th, SVSU Invitational (28.87), 22nd, Eastern Michigan Classic (29.38), 13th, CMU Skoog Open (29.34); 60m Hurdles: 7th, Eastern Michigan Classic (10.34)			
Sonya White	Fr.	Throws	Allegan, Mich.
Shot Put: 9th, GVSU Open (31-6.50), 5th, GVSU Laker Open (36-8.50), 16th, CMU Skoog Open (31-3); Weight Throw: 15th, GVSU Open (28-1.50), 11th, GVSU Laker Open (35-0), 12th, CMU Skoog Open (37-4.50), 15th, GLIAC Championships (38-2.25)			
Leanna Wolf	So.	Middle Distance	Fountain, Mich./Mason County Central
400m Run: 8th, GVSU Open (1:02.71), 4th, SVSU Invitational (1:01.33); 800m Run: 6th, Division II Challenge (2:21.89), 5th, Eastern Michigan Classic (2:18.98), 1st, CMU Skoog Open (2:18.93), 4th, GLIAC Championships (2:17.12)			
Relays			
4x400m Relay: 6th, GVSU Open (4:15.65), 10th, GVSU Open (4:28.18), 7th, SVSU Invitational (4:18.53), 5th, Division II Challenge (4:09.43), 6th, Eastern Michigan Classic (4:16.22), 7th, Eastern Michigan Classic (4:18.92), 4th, CMU Skoog Open (4:14.89), 6th, GLIAC Championships (4:05.81)			
4x800m Relay: 1st, SVSU Invitational (9:39.93), 2nd, GLIAC Championships (9:14.16)			

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FINAL 2003-04 WOMEN'S INDOOR TRACK AND FIELD SEASON BESTS

Event	Name	Mark	Date	Location
55 Meters	Crystal Kuzma	7.28	2/27-28	GLIAC Championships
55 Meter Hurdles	Molly Machinski	9.14	1/16	GVSU Open
60 Meters	Crystal Kuzma	7.94	Twice	Last 2/20 @ CMU Skoog Open
60 Meter Hurdles	Molly Machinski	9.55	2/20	CMU Skoog Open
200 Meters	Crystal Kuzma	26.83	2/14	Eastern Michigan Classic
400 Meters	Leanna Wolf	1:01.33	1/23	SVSU Invitational
800 Meters	Leanna Wolf	2:17.12	2/27-28	GLIAC Championships
Mile Run	Jenny Irwin	5:07.59	2/27-28	GLIAC Championships
3000 Meters	Jenny Irwin	10:20.78	2/27-28	GLIAC Championships
5000 Meters	Rachel Cox	18:23.66	2/27-28	GLIAC Championships
4 x 400 Meters	—	4:05.81	2/27-28	GLIAC Championships
4 x 800 Meters	—	9:14.16	2/27-28	GLIAC Championships
Long Jump	Crystal Kuzma	15-11.50	2/27-28	GLIAC Championships
Shot Put	Jessica Gladding	38-4.50	1/23	SVSU Invitational
Weight Throw	Jessica Gladding	40-11.75	2/27-28	GLIAC Championships
Pole Vault	Kristyn Buck	10-6.75	2/27-28	GLIAC Championships
	Michele Vanderhyde	10-6.75	2/27-28	GLIAC Championships

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2003-04 WOMEN'S TRACK AND FIELD SCHEDULE/RESULTS

INDOOR SCHEDULE

DATE	MEET/INVITATIONAL	SITE	RESULTS/TIME
Jan. 16	Grand Valley State Open	Allendale, Mich.	No Team Scoring
Jan. 23	Saginaw Valley State Invitational	University Center, Mich.	No Team Scoring
Feb. 7	Division II Team Challenge	University Center, Mich.	No Team Scoring
Feb. 13	Grand Valley State Mike Lints Laker Open	Allendale, Mich.	No Team Scoring
Feb. 14	Eastern Michigan Open	Ypsilanti, Mich.	No Team Scoring
Feb. 20	Central Michigan Jack Skoog Open	Mt. Pleasant, Mich.	No Team Scoring
Feb. 27-28	GLIAC Indoor Track and Field Championships	Findlay, Ohio	6th of eight teams (47 points)
March 12-13	NCAA Division II Indoor Championships	Boston, Mass.	—

OUTDOOR SCHEDULE

DATE	MEET/INVITATIONAL	SITE	RESULTS/TIME
March 27	Saint Joseph's (Ind.) Invitational	Rensselaer, Ind.	11 a.m.
April 3	Bluffton (Ohio) Beaver Invitational	Bluffton, Ohio	10 a.m.
April 8	Bulldog Invitational	Big Rapids, Mich.	12 p.m.
April 17	Saginaw Valley State Invitational	University Center, Mich.	11 a.m.
April 23-24	Hillsdale Gina Relays	Hillsdale, Mich.	5 p.m.
May 1	Northwood Open	Midland, Mich.	11 a.m.
May 6-7	GLIAC Outdoor Track and Field Championships	Hillsdale, Mich.	5 p.m.
May 14-15	Michigan Len Paddock Invitational	Ann Arbor, Mich.	5 p.m.
May 27-29	NCAA Division II Outdoor Championships	Pomona, Calif.	5 p.m.

All times are Eastern and subject to change
Home meets in **bold** and held at FSU's Top Taggart Field

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ALL-GLIAC PERFORMERS

Placed sixth at the league meet under head coach Jeff Kavalunas

Jenny Irwin – 1st, 3000 meters (10:20.78)

Crystal Kuzma – 3rd, 55 meters (7.28)

GLIAC ALL-ACADEMIC TEAM HONOREES

Ferris had 11 student-athletes earn GLIAC All-Academic Team recognition this campaign

Kristin Balla – Sophomore; Farmington, Mich.

Michelle Blanch – Senior; Grand Rapids, Mich./Kenowa Hills

Rachel Cox – Senior; Gladstone, Mich./Battle Creek Lakeview

Crystal Flutur – Sophomore; Ludington, Mich./Mason County Central

Jessica Gladding – Sophomore; Fenwick, Mich./Central Montcalm

Jenny Irwin – Sophomore; Scottville, Mich./Mason County Central

Kathryn Lange – Sophomore; Laingsburg, Mich.

Jaime Lyberg – Sophomore; Gladstone, Mich./Escanaba

Molly Machinski – Senior; North Branch, Mich.

Mary Miller – Junior; Sault Ste. Marie, Mich.

Michele Vanderhyde – Junior; Howard City, Mich./Tri-County

FERRIS STATE ALL-TIME INDOOR TOP FIVE PERFORMANCES

FSU posted nine school top five all-time marks during the 2003-04 Indoor Campaign

Name – FSU All-Time Ranking, Event, Meet (Mark)

4x800 Meter Relay (*Geneva Jones, Crystal Flutur, Jenny Irwin, Leanna Wolf*) – 1st, GLIAC Championships (9:14.16)

Jenny Irwin – 2nd, 3000 meters, GLIAC Championships (10:20.78)

Kristyn Buck – T2nd, Pole Vault, GLIAC Championships (10-6.25)

Michele Vanderhyde – T2nd, Pole Vault, GLIAC Championships (10-6.25)

Crystal Kuzma – 3rd, 55 meters, GLIAC Championships (7.28)

Rachel Cox – 3rd, 5000 meters, GLIAC Championships (18:23.66)

Rachel Cox – 4th, 3000 meters, GLIAC Championships (10:30.73)

Mary Miller – 4th, 5000 meters, GLIAC Championships (18:34.97)

Michelle Blanch – 4th, Pole Vault, GLIAC Championships (10-6)

INDIVIDUAL FIRST PLACE FINISHES

Ferris State had seven first-place finishes and two runner-up performances this season

Jenny Irwin – *3000m Run*, GVSU Open, 1st, (10:35.06)

Jenny Irwin – *3000m Run*, GLIAC Championships, 1st, (10:20.78)

Mary Miller – *Mile Run*, SVSU Invitational, 1st, (5:18.56)

Mary Miller – *5000m Run*, Division II Team Challenge, 1st, (18:34.97)

Leanna Wolf – *800m Run*, CMU Jack Skoog Open, 1st, (2:18.93)

Kristyn Buck – *Pole Vault*, GVSU Open, T1st, (10-6)

4x800 Meter Relay – SVSU Invitational, 1st, (9:39.93)

Crystal Kuzma – *55m Dash*, GVSU Open, 2nd, (7.41)

4x800 Meter Relay – GLIAC Championships, 2nd, (9:14.16)

