

2006 Bulldog Invitational Track and Field Meet

Date: Saturday April 8, 2006

Location: Top Taggart Track and Field

Entries: Team rosters and event entries must be received by **Monday April 3, 2006**. **FAX 231-591-2869**. You may enter as many athletes as you would like in each event. Hytek entries may be e-mailed to **rollefsl@ferris.edu**

Entry Fee: \$100 per team, or \$10.00 per individual.

Confirmation and Scratches: 10:00-11:00 AM in the 3rd floor press box.

Implement Weigh-ins: Weigh-in starts at the throwing area located across the street from Top Taggart Stadium at 10:00-11:30 AM.

Track Events: Seeding will be done following final scratches. All events will be timed finals.

Surface: 8 lane, 400 meter polyurethane. ¼ spikes or less.

Field Events: 3 attempts with top 9 to finals for an additional 3 attempts. NCAA competition rules in effect. **Note: Javelin will be contested on a grass runway.**

Results: Available in the press box approximately ½ hour after last event. Results will also be faxes to each school.

Starting Heights:

Men High Jump will start at 6'0" - 2" raises until 6 left then 1" raises.
Pole Vault will start at 12'6" - 6" raises until 6 left then 3" raises.

Women High Jump will start at 4'10" - 2" raises until 6 left then 1" raises.
Pole Vault will start at 8'0" - 6" raises until 6 left then 3" raises.

Phone:

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BULLDOG INVITATIONAL

TRACK AND FIELD MEET

Saturday April 8, 2006

Event Time Schedule

FIELD EVENTS

11:00 **WOMEN'S THROWS** (ROLLING TIME SCHEDULE

- **DISCUS** [11:00], followed by
- **SHOT PUT** followed by
- **JAVELIN** followed by
- **HAMMER** .

11:00 **MEN'S THROWS** (ROLLING TIME SCHEDULE

- **SHOT PUT** [11:00], followed by
- **DISCUS** followed by
- **HAMMER** followed by
- **JAVELIN** .

11:00 **POLE VAULT** – WOMEN THEN MEN

11:00 **LONG JUMP** – WOMEN THEN MEN

1:00 **HIGH JUMP** – WOMEN THEN MEN

TBA **TRIPLE JUMP** – (to follow Men's LJ) Women then Men

Running Events (Women precede Men. Fast heats second)

12:00	5,000 Meters (Women)
12:25	3,000 Steeplechase (Women then Men)
12:55	400 Meter Relay
1:10	1,500 Meter Run
1:35	100 Meter Hurdles
1:45	110 Meter Hurdles
1:55	400 Meter Dash
2:15	100 Meter Dash
2:30	800 Meter Dash
2:45	400 Meter Intermediate Hurdles
3:00	200 Meter Dash
3:30	3,000 Meters Run (Women)
3:45	5,000 Meters Run (Men)
4:10	1,600 Meters Relay