

# FERRIS

**Bulldog Track & Field**

## **INVITATIONAL**

**2006**



**COREY PEVERK**

**KRISTEN BALLA**

**OFFICIAL PROGRAM**

**HOSTED BY**

**FERRIS STATE UNIVERSITY**

**APRIL 8, 2006**

**TOP TAGGART FIELD**

**BIG RAPIDS, MICHIGAN**

**FERRIS STATE  
TRACK & FIELD**



# 2006 BULLDOG TRACK & FIELD INVITATIONAL

## FERRIS STATE MEN'S & WOMEN'S ROSTERS

### FERRIS STATE WOMEN'S TRACK & FIELD ROSTER

Name	Yr.	Events	Hometown/High School
Kristen Balla	Sr.	Distance	Farmington, Mich.
Anna Barrington	So.	Throws	Jonesville, Mich.
Marissa Bober	Fr.	Sprints	Milford, Mich.
Kamitra Carroll	So.	Throws	Flint, Mich./Carman-Ainsworth
Leticia Carvahlo-Pinto	So.	Distance	Big Rapids, Mich./Morley-Stanwood
Sarah Duesing	Sr.	Jumps	Sault Ste. Marie, Mich./Sault Area
Elizabeth Engle	Jr.	Hurdles	Colon, Mich.
Ashley Farr	Jr.	Sprints	Detroit, Mich./King
Sarah Fowke	Fr.	Hurdles	Harrison Township, Mich./L'Anse Creuse
Ebony Franklin	Fr.	Hurdles	Flint, Mich./Southwestern
Jessica Gladding	Sr.	Throws	Fenwick, Mich./Central Montcalm
Jacquelyn Green	So.	Distance	Portage, Mich./Northern
Larenda Hintz	Jr.	Hurdles	Kingsford, Mich.
Jenny Irwin	Sr.	Distance	Scottville, Mich./Mason County Central
Geneva Jones	Sr.	Middle Distance	Detroit, Mich./Cooley
Jenelle Keinath	Fr.	Distance	Millington, Mich./Valley Lutheran
Ashley Lehmann	Fr.	Distance	Grand Rapids, Mich./Grandville
Dia Price	So.	Jumps	Mt. Morris, Mich./Beecher
Chandra Robinson	So.	Middle Distance	Warren, Mich./Mott
Stephanie Root	So.	Jumps	Ludington, Mich./Mason County Central
Lauren Rose	Fr.	Sprints	Lake Orion, Mich.
Marianne Rutkowski	Fr.	Jumps	Port Austin, Mich./North Huron
Allison Schultz	So.	Sprints	Bridgman, Mich.
Rebecca Shields	Fr.	Throws	West Muskegon, Mich./Whitehall
Ashley Sholl	So.	Hurdles	Fort Wayne, Ind./Bishop Luers
Brook Smith	Jr.	Hurdles	Gaines, Mich./Swartz Creek
Erica Stirn	Fr.	Jumps	Sand Creek, Mich.
Mikinzie Stuart	Fr.	Distance	Saginaw, Mich./Nouvel
Sarah Thomas	Fr.	Hurdles	Jonesville, Mich./Reading
Julia Viel	Jr.	Distance	Big Rapids, Mich.
Jennifer Walsh	Jr.	Hurdles	Wyoming, Mich./Kelloggville
Sonya White	Jr.	Throws	Allegan, Mich.
Krystle Wilson	Fr.	Sprints	Detroit, Mich./Trinity Catholic
Leanna Wolf	Sr.	Middle Distance	Fountain, Mich./Mason County Central

### FERRIS STATE MEN'S TRACK & FIELD ROSTER

Name	Yr.	Events	Hometown/High School
Justin Barts	Jr.	Distance	Richland, Mich./Gull Lake
Curtis Begley	Fr.	Distance	Ann Arbor, Mich./Saline
Adam Brown	So.	Pole Vault	McMillan, Mich./Newberry
Dan DeLeeuw	Jr.	Distance	Midland, Mich./Dow
Phil Doyle	So.	Sprints	Zeeland, Mich.
Barrington Dykes	Jr.	Distance	Greenville, Mich.
Sean Foulkes	Fr.	Throws	East Leroy, Mich.
Chase Gibson	Jr.	Distance	Big Rapids, Mich.
Darryl Glashauser	Jr.	Hurdles	Sterling Heights, Mich./Henry Ford II
Kyle Hinkson	Fr.	Throws	Milford, Mich.
Matt Jozwiak	Fr.	Hurdles	Berkley, Mich.
Jared Kelsh	So.	Distance	Chippewa Lake, Mich./Chippewa Hills
Tony Little	Fr.	Jumps	Cansovia, Mich./Kent City
Mike Mangieri	Fr.	Distance	Big Rapids, Mich.
Sean Maxwell	Sr.	Hurdles	Sturgis, Mich./Mendon
Chad Menefee	So.	Hurdles	Sand Lake, Mich./Cedar Springs
Joe Mielke	So.	Jumps	Westland, Mich./Franklin
Chris Moses	Fr.	Sprints	Hamilton, Mich.
Joe Myers	Fr.	Sprints	Gaylord, Mich./Johannesburg-Lewiston
Jason Ojala	Jr.	Sprints	Warren, Mich./Mott
Nate Penny	So.	Distance	Zeeland, Mich.
Joe Periard	Fr.	Sprints	Saline, Mich.
Corey Peyerck	Sr.	Middle Distance	Marysville, Mich.
Beau Poquette	Jr.	Distance	Iron Mountain, Mich.
Corey Reinke	Jr.	Distance	Big Rapids, Mich.
Ray Rollet	So.	Distance	South Rockwood, Mich./Airport
Kyle Schuberger	Jr.	Sprints/Jumps	Big Rapids, Mich.
Justin Trombey	Fr.	Jumps	Newberry, Mich.
Greg Turrell	So.	Throws	Marysville, Mich.
Dan Volk	Fr.	Middle Distance	Rockford, Mich.
Kevin Wesley	Fr.	Sprints	Canton, Mich.

**Head Coach:** Jeff Kavalunas (10th season)

**Assistant Coach:** Lisa Rollefstad (4th season)

### Top Taggart Field

With Ferris State University continually expanding its efforts to accommodate all of its student-athletes, the Bulldog men's and women's cross country and track programs are just two to have become beneficiaries of this progression.

The athletic facilities at Ferris State have undergone a recent transformation in order to provide the varsity athletic programs with first-class facilities for its respective student-athletes.

The site for the Bulldogs' home track and field meets is Top Taggart Field, named in honor of W.C. "Top" Taggart. The stadium, which also serves as home to FSU's varsity football program, was dedicated October 1957 in honor of the school's first official varsity football coach and his contributions to the institution.

The facility underwent a multi-million dollar renovation in the spring of 1998, which involved the installation of a 400-meter, eight-lane track with a brick red urethane surface surrounding a top-of-the-line artificial turf playing surface. Also, renovations were completed for two shot put circles, two long and triple jump pits, and a pair of pole vault boxes.

The \$1.8 million state-of-the-art Wheeler Pavilion is the latest addition to Top Taggart Field and allows Ferris State University to have one of the top NCAA Division II facilities in the nation.

The three-story building was constructed through the generosity of alumnus John Wheeler ('76), Chief Executive Officer of Rockford Construction Company and the Rockford Development Group. Wheeler and his wife, Chris, pledged \$500,000 and an in-kind gift of \$100,000 in professional services.

A public fundraising campaign raised \$600,000 in contributions and pledges, which was matched by the University.

The Ferris State Track and Cross Country offices are housed in Ewigleben Sports Arena on the southern edge of campus. The arena includes athletic training and weight room facilities as well as the offices of the athletic department staff. The arena welcomed the addition of the new Jim Wink Arena in the fall of 1999.

The many new facilities allow athletes to train and enhance their performance capabilities in the best possible facilities.





# 2006 BULLDOG TRACK & FIELD INVITATIONAL

MEET/SEASON SCHEDULES

## Meet Schedule Of Events Saturday, April 8 – Top Taggart Field

### FIELD EVENTS:

#### 11 a.m. - Women's Throws

*Rolling Time Schedule*  
Discus (11 a.m.), Shot Put,  
Javelin, Hammer

#### 11 a.m. - Men's Throws

*Rolling Time Schedule*  
Shot Put (11 a.m.), Discus,  
Hammer, Javelin

11 a.m. - Pole Vault (Women then Men)

11 a.m. - Long Jump (Women then Men)

1 p.m. - High Jump (Women then Men)

TBA - Triple Jump (To follow men's long jump); Women  
then men



### RUNNING EVENTS:

*(Women Precede Men; Fast heats second)*

12:00	5,000 Meters (Women)
12:25	3,000 Steeplechase (Women then men)
12:55	400 Meter Relay
1:10	1,500 Meters
1:45	100 Meter Hurdles (Women)
2:00	110 Meter Hurdles (Men)
2:15	400 Meters
2:40	100 Meters
3:05	800 Meters
3:20	400 Meter Intermediate Hurdles
3:40	200 Meters
4:15	3,000 Meters (Women)
4:45	5,000 Meters (Men)
5:15	1,600 Meter Relay

*\*Rolling Time Schedule - Times are estimates*

## 2006 FERRIS STATE OUTDOOR TRACK & FIELD SCHEDULE

### APRIL

1	Sat.	Saint Joseph's (Ind.) Invitational	Rensselaer, Ind.	—
8	Sat.	<b>Bulldog Invitational</b>	<b>Big Rapids, Mich.</b>	<b>11 a.m.</b>
15	Sat.	Saginaw Valley State Invitational	Univ. Center, Mich.	11 a.m.
22	Sat.	Northwood Invitational	Midland, Mich.	11 a.m.
26-27	Wed.-Thurs.	GLIAC Championship Multi's	Hillsdale, Mich.	TBA
28-29	Fri.-Sat.	Hillsdale "Gina" Relays	Hillsdale, Mich.	5 p.m.

### MAY

4-5	Thurs.-Fri.	<b>GLIAC Outdoor Championships</b>	<b>Big Rapids, Mich.</b>	<b>3 p.m.</b>
12-13	Fri.-Sat.	North Central (Ill.) Invitational	Naperville, Ill.	5 p.m.
25-27	Thurs.-Sat.	NCAA-II Outdoor Championships	Emporia, Kan.	TBA

*All times are Eastern  
Schedule is tentative and subject to change*



# Ferris State



# 2006 BULLDOG TRACK & FIELD INVITATIONAL

## SCHOOL RECORDS/HEAD COACH

### FSU WOMEN'S OUTDOOR SCHOOL RECORDS

Event	Name	Performance	Year	Site
100 Meters	Sharon Smith	12.14	2004	Ferris State
200 Meters	Sharon Smith	24.75	2004	Ferris State
400 Meters	Lauren Washington	55.73	1992	Hillsdale
800 Meters	Katie Chapman	2:06.94	2002	Hillsdale
1500 Meters	Jenny Irwin	4:30.11	2005	Hillsdale
3000 Meters	Jenny Irwin	10:00.97	2005	Eastern Michigan
3000 Meter Steeplechase	Crystal Flutur	11:53.17	2004	Saginaw Valley State
5000 Meters	Rachel Cox	17:57.28	2004	Butler
10,000 Meters	Kerry Wolcott	38:32.84	1989	Hillsdale
100 Meter Hurdles	Morgan Buckner	14.48	2002	Northwood
400 Meter Hurdles	Sherri Jones	1:00.15	1988	Angelo State
4 x 100 Meters	Taber, Thomas			
	Kilbourne, Washington	47.84	1992	Hillsdale
4 x 400 Meters	Washington, Edinger			
	Ferguson, Thomas	3:44.90	1992	Angelo State
Long Jump	Jaime Sollose	18-2 1/2	1999	Ferris State
Triple Jump	Jaime Sollose	37-2 1/2	2001	Ferris State
High Jump	Rhonda Filius	5-8	1983	Southeast Missouri St.
Shot Put	Kamitra Carroll	47-3 3/4	2005	North Central (Ill.)
Discus	Tianna Kirkland	153-7	2002	San Angelo, Texas
Javelin	Terri Patterson	143-10	1989	Southwestern Michigan
Hammer Throw	Farrah Sewell	180-9	2000	Grand Valley State
Pole Vault	Kristyn Buck	11-6 1/4	2004	Michigan State

### FSU MEN'S OUTDOOR SCHOOL RECORDS

Event	Name	Performance	Year	Site
100 Meters	Fred Kirkland	10.54	1981	
	Chris Floyd	10.54	1986	Ferris State
200 Meters	Fred Kirkland	21.39	1981	
400 Meters	Andrew Allen	48.11	1994	Saginaw Valley State
800 Meters	Ron Ward	1:51.94	1964	
1500 Meters	Tony Fleming	3:49.14	1976	Ohio University
3000 Meter Steeplechase	Jim Bumbul	9:11.30	1986	Kentucky
5000 Meters	Steve Fountain	14:36.64	1977	
10,000 Meters	Dan Ebright	30:27.84	1987	North Central College
110 Meter Hurdles	Corey Bouyer	14.14	1969	
400 Meter Hurdles	Corey Bouyer	50.74	1970	
4 x 100 Meters	Floyd, Whittington,			
	Scott, Miller	41.63	1986	Saginaw Valley State
4 x 400 Meters	Hogan, Allen,			
	Hessem, Snellings	3:14.21	1993	Toledo
Long Jump	Mark Fields	23-10 1/2	1983	
Triple Jump	Everett Goodson	49-5	1992	Hillsdale
High Jump	Mark Smith	6-10	1984	Kentucky
Pole Vault	Terry Loher	16-4	1992	Hillsdale
Shot Put	Paul Cochran	58-2	1990	Hampton University
Discus	Paul Cochran	182-10	1990	Central Michigan
Javelin	Allen Wenzel	221-2	1989	Hillsdale
Hammer	Doug Gillard	200-11	1983	

## Head Coach Jeff Kavalunas

Jeff Kavalunas is midst his 10th year as head coach of the Ferris State University men's and women's cross country and track and field programs.



Year in and year out, Kavalunas has developed competitive teams

and standout athletes in both cross country and track. Through his guidance, the Bulldogs are quickly emerging as one of the up and coming programs in both athletics and academics. The reputation of Kavalunas' teams precedes them both on the field and in the classroom.

Kavalunas was named the "Coach of the Year" in the Great Lakes Intercollegiate Athletic Conference (GLIAC) for Women's Indoor Track for two consecutive years (1998-99). He knows what it takes to build a program and his professional demeanor works well with his student-athletes.

Recently, he was selected as the GLIAC's 2004 Women's Cross Country Coach of the Year after leading FSU to a third place league finish and the school's first national ranking in his tenure.

Prior to Ferris, Kavalunas spent five seasons (1991-96) as head coach of both the men's and women's cross country and track programs at conference member Northwood University in Midland, Mich. During that period, Kavalunas guided NU to five GLIAC championships along with coaching the 1993 NAIA National Long Jump Champion.

Kavalunas assisted with the Central Michigan University men's cross country and track programs from 1988-91 before his Northwood appointment. While at CMU, he played an integral role in helping the Chippewas' cross country squad finish among the top 20 teams at both the 1988 and 1989 NCAA Division I National Championships. Central also won the Mid-American Conference (MAC) in each of those years as well.

A native of West Branch, Mich., Kavalunas received a Bachelor of Science degree in physical education at Grand Valley State University in 1987 and went on to earn a masters' degree in exercise physiology at Central Michigan in 1990. He competed in both cross country and track and field at GVSU.

Kavalunas began his coaching career in 1988 at his prep alma mater, Ogemaw Heights High School in West Branch, Mich. He resides in Big Rapids and is a member of the NCAA Division II Track and Field Coaches Association Board.