

**Great Lakes Intercollegiate Athletic Conference
Outdoor Track and Field Championships
Ferris State University, May 4-5, 2006**

Thursday May 4, 2006

Field Events:

3:00 Men's Hammer Throw
Men's Triple Jump
Women's Javelin
Women's Pole Vault
5:00 Women's Hammer Throw
Women's Triple Jump
Men's Javelin
Men's High Jump

Running Events:

3:00 Women's 3,000m Steeplechase Final
3:20 Men's 3,000m Steeplechase Final
3:35 Women's 1,500m Preliminaries
3:50 Men's 1,500m Preliminaries
4:05 Women's 100H Preliminaries
4:15 Men's 110H Preliminaries
4:25 Women's 400m Preliminaries
4:40 Men's 400m Preliminaries
4:55 Women's 100m Preliminaries
5:10 Men's 100m Preliminaries
5:25 Women's 800m Preliminaries
5:40 Men's 800m Preliminaries
6:00 Women's 400H Preliminaries
6:15 Men's 400H Preliminaries
6:35 Women's 200m Preliminaries
6:50 Men's 200m Preliminaries
7:05 Women's 10,000m Finals
7:55 Men's 10,000m Finals

Friday May 5, 2006

Field Events:

11:00 Men's Shot Put
Women's Discus
Men's Long Jump
Women's High Jump
1:00 Women's Shot Put
Men's Discus
Women's Long Jump
Men's Pole Vault

Running Events:

12:00 Women's 5,000m Final
12:30 Women's 4x100m Relay Final
12:40 Men's 4x100m Relay Final
12:45 Women's 1,500m Final
12:55 Men's 1,500m Final
1:05 Women's 100H Final
1:15 Men's 110H Final
1:20 Women's 400m Final
1:25 Men's 400m Final
1:30 Women's 100m Final
1:35 Men's 100m Final
1:40 Women's 800m Final
1:45 Men's 800m Final
1:55 Women's 400H Final
2:00 Men's 400H Final
2:10 Women's 200m Final
2:15 Men's 200m Final
2:20 Women's 3,000m Final
2:35 Men's 5,000m Final
2:55 Women's 4x400m Relay Final
3:05 Men's 4x400m Relay Final
3:45 Awards