



FERRIS STATE CROSS COUNTRY ROSTERS

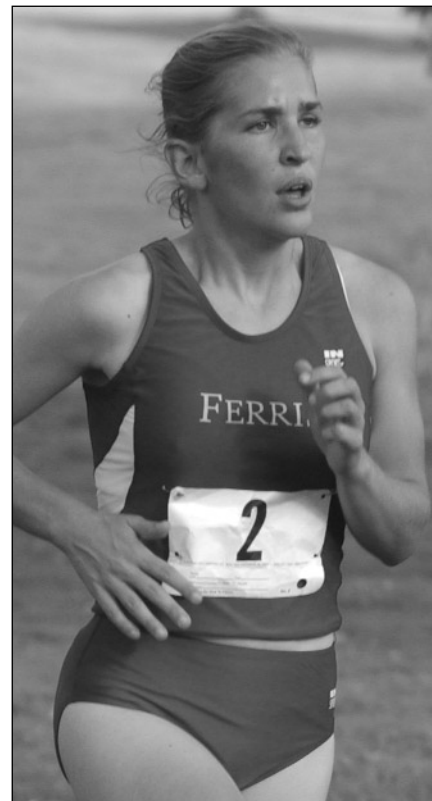
2004 MEN'S ROSTER

Name	Year	Hometown/High School (College)
Justin Barts	Jr.	Richland, Mich./Gull Lake
Darren Donakowski	So.	Alpena, Mich.
Barrington Dykes	So.	Greenville, Mich./Central Montcalm
Nick Evans	Fr.	Stevensville, Mich./Bridgman
Chase Gibson	So.	Big Rapids, Mich.
Jared Kelsh	Fr.	Chippewa Lake, Mich./Chippewa Hills
Nate Penny	Fr.	Zeeland, Mich.
Ray Rollet	Fr.	South Rockwood, Mich./Airport
Lee Schwass	So.	Scottville, Mich./Ludington

2004 WOMEN'S ROSTER

Name	Year	Hometown/High School (College)
Kristen Balla	Jr.	Farmington, Mich.
Leticia Carvalho-Pinto	Fr.	Big Rapids, Mich./Morley-Stanwood
Rachel Cox*	Sr.	Gladstone, Mich./Battle Creek Lakeview
Crystal Flutur	Jr.	Ludington, Mich./Mason County Central
Jacquelyn Green	Fr.	Portage, Mich./Northern
Jenny Irwin	Jr.	Scottville, Mich./Mason County Central
Geneva Jones	Jr.	Detroit, Mich./Cooley
Kathryn Lange	Jr.	Laingsburg, Mich.
Mary Miller*	Sr.	Sault Ste. Marie, Mich.
Chandra Robinson	Fr.	Warren, Mich./Mott
Jessie Rodgers	Fr.	Clare, Mich.
Ashley Sholl	Fr.	Fort Wayne, Ind./Bishop Luers
Julia Viel	So.	Big Rapids, Mich.
Leanna Wolf	Jr.	Fountain, Mich./Mason County Central

* Denotes Captains



Senior Rachel Cox guided the women's team to a national ranking in 2004.



Ferris State Takes Off In The 2004 Bulldog Invitational Held At FSU's Katke Golf Course

MEN'S CROSS COUNTRY MVP'S

2003	Joe Every
2002	Steve Picucci
2001	Joe Swendrowski
2000	Steve Picucci
1999	Steve Picucci
1993	Chad Waucaush
	Trevor Smith
1992	Jeremy Bruskotter
1991	Joe Wardie
1990	Lee Christensen
1989	Lee Christensen
1988	Dan Ebright
1987	Dan Ebright
1986	Dan Ebright
1985	Pete Rittenger
1984	Paul Mehlberg
1983	Paul Mehlberg
1982	Pete Rittenger
1981	John Steinberg
1980	John Steinberg
1979	John Steinberg
1976	Bob Ewigleben
	Dave Baker
1975	Tony Fleming
1974	Steve Fountain
1973	Tony Fleming
1972	George Wilson
1971	Steve McFarlan
1970	Alan Kennedy
1969	Dennis Weymouth
	Tom Morrell
1968	Alan Kennedy

WOMEN'S CROSS COUNTRY MVP'S

1980	Denise DeLong	1992	Jill Myrand
1981	Denise DeLong	1993	Sherine Powell
1982	Denise DeLong	1994	Lori Kamrowski
1983	Dawn Clark	1995	Jenny Barber
1984	Shelly Saunders	1996	Jenny Barber
1985	Dawn VanBrocklin	1997	Michelle Terry
1986	Karen Klein	1998	Michelle Terry
1987	Emily Kloss	1999	Katie Klaver
1988	Penny Bailey	2000	Michelle Terry
1989	Jeanne Spitler	2001	April Smith
1990	Nikki Norris	2002	Jenny Irwin
1991	Monica Ferguson	2003	Rachel Cox



Monica Ferguson