

MEN'S TOP FIVE ALL-TIME INDOOR MARKS

55 METERS

| | | |
|---------------|------|------|
| Rico Miller | 6.24 | 1986 |
| Leroy Hunt | 6.34 | 1972 |
| G. Washington | 6.34 | 1968 |
| Matt Sullivan | 6.34 | 1990 |
| Wil Palmer | 6.40 | 1986 |

55 METER HURDLES

| | | |
|----------------|------|------|
| Chris Floyd | 7.51 | 1987 |
| Andy Johnson | 7.54 | 1969 |
| Corey Bouyer | 7.54 | 1969 |
| Raphell Cooper | 7.54 | 1994 |
| Jack Mainguy | 7.60 | 1993 |

200 METERS

| | | |
|---------------|-------|------|
| Andrew Allen | 22.14 | 1994 |
| Don Johnson | 22.48 | 1993 |
| S. Ecenbarger | 22.87 | 1993 |
| Bill Kangas | 23.03 | 1992 |
| Akil Young | 23.21 | 1993 |

400 METERS

| | | |
|----------------|-------|------|
| Don Johnson | 49.22 | 1993 |
| Keith Oparka | 49.36 | 1979 |
| Andrew Allen | 49.53 | 1994 |
| Corey Bouyer | 49.85 | 1970 |
| Michael Gatson | 49.94 | 1987 |

600 METERS

| | | |
|-----------------|---------|------|
| Ron Hessem | 1:21.61 | 1993 |
| Asika Snellings | 1:21.63 | 1993 |
| Steve Mathews | 1:21.98 | 1991 |
| Michael Brown | 1:22.24 | 1987 |
| Dan Schnell | 1:22.60 | 1994 |

800 METERS

| | | |
|---------------|---------|------|
| Steve Mathews | 1:53.49 | 1991 |
| Mark Ulman | 1:54.43 | 1994 |
| Fred Bunn | 1:54.44 | 1985 |
| Chris Buursma | 1:54.94 | 1990 |
| John Dawe | 1:55.04 | 1976 |

1000 METERS

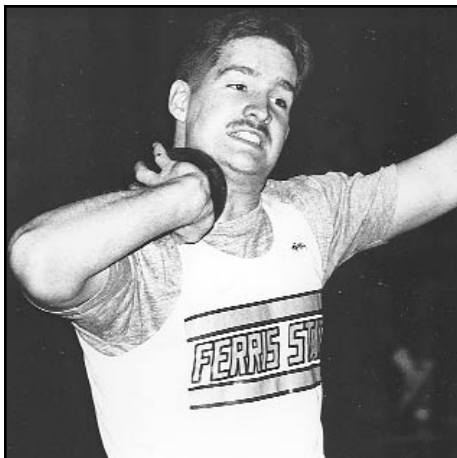
| | | |
|----------------|---------|------|
| Paul Mehlberg | 2:27.54 | 1986 |
| Pete Rittenger | 2:29.04 | 1986 |
| Steve Mathews | 2:29.33 | 1991 |
| Fred Bunn | 2:30.42 | 1987 |
| Mike Belmas | 2:31.14 | 1986 |

1500 METERS

| | | |
|----------------|---------|------|
| Paul Mehlberg | 3:50.94 | 1986 |
| Fred Bunn | 3:52.45 | 1987 |
| Tony Fleming | 3:52.84 | 1976 |
| Pete Rittenger | 3:54.32 | 1984 |
| Chris Buursma | 3:55.04 | 1990 |

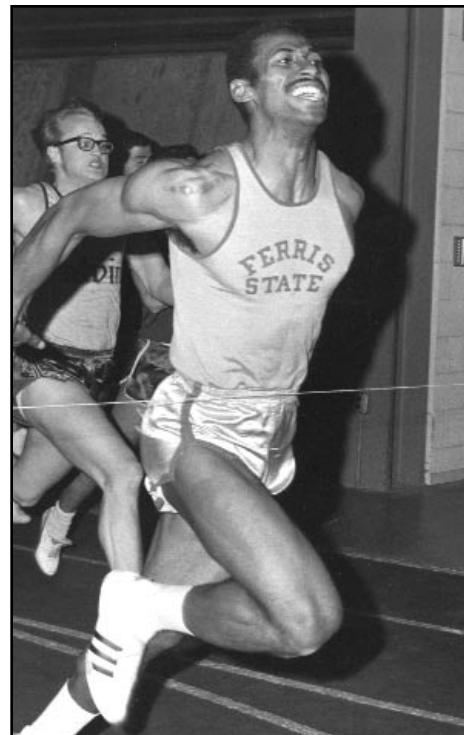
3000 METERS

| | | |
|----------------|---------|------|
| Tony Fleming | 8:16.04 | 1976 |
| Paul Mehlberg | 8:18.64 | 1985 |
| Tim Flahaven | 8:30.24 | 1980 |
| Steve Fountain | 8:34.14 | 1976 |
| John Steinberg | 8:34.34 | 1982 |



NATIONAL CHAMPION

Bulldog great Paul Cochran holds the GLIAC's indoor shot put record. He won three national titles during the 1989-90 campaign in the shot put and discus. Cochran was a 2003 FSU Athletics Hall of Fame inductee.



NATIONAL CHAMPION

Former Bulldog Corey Bouyer recorded FSU's first national championship as he won the 440-yard hurdles at the NAIA National Outdoor Track and Field meet in 1970.

LONG JUMP

| | | |
|-----------------|------|------|
| Jason Thompson | 23-7 | 2002 |
| Rod Whittington | 23-6 | 1987 |
| Mark Fields | 23-5 | 1984 |
| Chad Smith | 23-5 | 1993 |
| Doug Smith | 23-3 | 1968 |

TRIPLE JUMP

| | | |
|-----------------|-------|------|
| Larry Jennigs | 48-11 | 1975 |
| Everett Goodson | 46-2 | 1993 |
| Jason Thompson | 45-10 | 2002 |
| Robert Shumake | 45-4 | 1988 |
| Lou Iordanou | 45-2 | 1981 |

HIGH JUMP

| | | |
|-----------------|-----|------|
| Mark Smith | 7-0 | 1984 |
| Keith White | 7-0 | 1985 |
| Phil Trochelman | 6-8 | 1971 |
| Bob Finazzo | 6-8 | 1983 |
| Barry Tallent | 6-6 | 1979 |
| Matt Mitchell | 6-6 | 1990 |
| Jim Malczewski | 6-6 | 1990 |
| Andrew Hayton | 6-6 | 2003 |

35 LB. WEIGHT THROW

| | | |
|----------------|-------|------|
| Doug Gillard | 60-2 | 1983 |
| John Schwartz | 56-9 | 1992 |
| Marty Sheridan | 55-0 | 1982 |
| Eric Wilcox | 54-1 | 1991 |
| Dan Newmarch | 53-10 | 1981 |

5000 METERS

| | | |
|----------------|----------|------|
| Steve Fountain | 14:46.74 | 1976 |
| John Steinberg | 14:48.04 | 1979 |
| Tim Flahaven | 14:53.84 | 1980 |
| Dennis Murvich | 14:59.64 | 1991 |
| Lee Allard | 15:01.44 | 1986 |

4 x 400 METERS

| | | |
|-------------------------------------|---------|------|
| Brown, Gatson, Scott, Whittington | 3:18.04 | 1987 |
| Hogan, Snellings, Hessem, Johnson | 3:21.21 | 1993 |
| Hogan, Snellings, Fountain, Johnson | 3:21.35 | 1993 |

SHOT PUT

| | | |
|--------------|-------|------|
| Paul Cochran | 57-10 | 1990 |
| Joe Bertram | 52-4 | 1990 |
| Ray Barnett | 51-10 | 1987 |
| Craig Zenner | 51-0 | 1984 |
| Doug Yancey | 50-10 | 1974 |

POLE VAULT

| | | |
|----------------|------|------|
| Terry Loher | 16-0 | 1992 |
| Rob Jozwiak | 15-6 | 1991 |
| Dana Hill | 15-1 | 1978 |
| Dave Dickmayer | 15-0 | 1977 |
| John Ely | 14-9 | 1971 |