

## WOMEN'S TOP FIVE ALL-TIME OUTDOOR MARKS

### 100 METERS

Sharon Smith	12.14	2004
Katina Kilbourne	12.16	1992
Jennifer Delamater	12.24	2004
Crystal Kuzma	12.36	2004
Cynthia Merritt	12.37	1988
Tina Salo	12.44	1982

### 200 METERS

Sharon Smith	24.75	2004
Jennifer Delamater	24.85	2002
Melissa Thomas	25.04	1991
Katina Kilbourne	25.04	1994
Crystal Kuzma	25.49	2003
Gina Mitchell	25.54	1985

### 400 METERS

Lauren Washington	55.73	1992
Kiesha Jones	55.90	1999
Melissa Thomas	56.09	1991
Sherri Jones	56.43	1988
Gina Mitchell	56.94	1985

### 800 METERS

Katie Chapman	2:06.94	2002
Lori Edinger	2:11.01	1994
Monica Ferguson	2:13.24	1991
Leanna Wolf	2:13.61	2004
Sherri Jones	2:14.44	1986

### 1500 METERS

Jenny Irwin	4:30.11	2005
Shelly Saunders	4:36.24	1985
Katie Chapman	4:38.50	2002
Penny Bailey	4:41.14	1989
Monica Ferguson	4:42.44	1992

### 3000 METERS

Jenny Irwin	10:00.97	2005
Karen Klein	10:12.74	1987
Emily Koss	10:15.34	1987
Dawn VanBrocklin	10:27.74	1985
Denise Delong	10:29.14	1982

### 5000 METERS

Rachel Cox	17:57.28	2004
Jenny Irwin	18:03.21	2004
Dawn VanBrocklin	18:04.04	1985
Tracy Burry	18:09.43	1992
Kerry Wolcott	18:22.14	1989

### 10,000 METERS

Kerry Wolcott	38:32.84	1989
Pam Browne	38:36.24	1991
Karen Klein	38:40.34	1987
Rachel Cox	38:43.99	2004
Mary Miller	39:20.13	2005

### 100 METER HURDLES

Morgan Buckner	14.48	2002
Shelli Gaul	14.60	1995
Lauren Washington	14.74	1992
Sherri Jones	14.85	1988
Althea Graham	14.98	2003

### 400 METER HURDLES

Sherri Jones	1:00.15	1988
Lauren Washington	1:00.55	1992
Carrie Cunningham	1:02.68	1993
Sue Sweinhagen	1:03.14	1994
Jessica Berube	1:04.54	2003

### SHOT PUT

Kamitra Carroll	47-3.75	2005
Tianna Kirkland	47-0.25	2002
Farrah Sewell	41-10.5	2000
Antionette Rose	41-8	1986
Jill Treml	41-6	1981

### DISCUS

Tianna Kirkland	153-7	2002
Jody Pavlik	151-1	1997
D'Ann Hoppa	150-9	1989
Farrah Sewell	145-6	2000
Vicky Butchko	136-1	1993

### JAVELIN

Terri Paterson	143-10	1989
Jennifer Brogger	133-6	2002
Atesha Olds	125-1	2002
Carla Buechler	123-7	2000
Michelle Dupie	116-9.5	1985

### LONG JUMP

Jamie Sollose	18-2.5	1999
Toya Hunter	18-1	1994
Deb Mackins	17-11.75	1983
Sarah Duesing	17-11.5	2003
Althea Graham	17-8	2003

### TRIPLE JUMP

Jamie Sollose	37-2.5	2001
Melissa Braxton	36-6.5	1999
Shelli Gaul	36-2	1995
Toya Hunter	35-8	1994
Theresa Schindler	35-7.5	1989

### HIGH JUMP

Rhonda Filius	5-8	1983
Sarah Duesing	5-6	2003
Trisha Sustarich	5-6	1997
Joann Herst	5-6	1986
Theresa Schindler	5-4	1988
Morgan Buckner	5-4	2002

### 4 x 100 METERS

Taber, Washington, Kilbourne, Thomas	47:84	1992
Delamater, Smith, Kuzma Engle	47.90	2004
Buckner, Desenzio, Kuzma, Delamater	48.34	2001

### 4 x 400 METERS

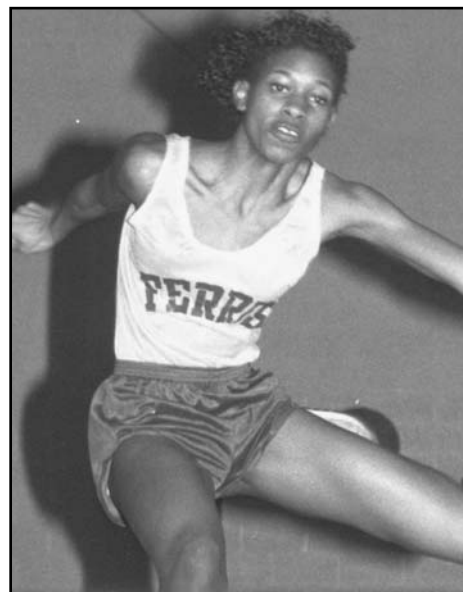
Washington, Edinger, Ferguson, Thomas	3:44.90	1992
Washington, Edinger, Ferguson, Thomas	3:45.42	1992
Washington, Edinger, Ferguson, Thomas	3:45.64	1992

### HAMMER THROW

Farrah Sewell	180-9	2000
Tianna Kirkland	157-6	2002
Jessica Gladding	151-11	2005
Carla Buechler	150-7	2000
Jody Pavlik	150-1	1997

### POLE VAULT

Kristyn Buck	11-6.25	2004
Adrienne Desenzio	11-3.5	2003
Susan Jadan	11-0	2001
Michele Vanderhyde	10-9.5	2004
Michelle Blanch	10-0.25	2004
Emily Kooiker	9-10	2002



### SCHOOL RECORD HOLDER

Former Bulldog Sherri Jones holds the school's outdoor 400-meter hurdle record. She was among three former track and field athletes inducted into the 2005 FSU Athletics Hall of Fame Class.

### KATIE CHAPMAN: ELITE TEAM MEMBER

Former FSU All-American Katie Chapman joined the Indiana Invaders, an elite USA Track and Field Club Team, in April of 2003.

The Invaders compete in USA Track and Field National Championship competitions.

Chapman was a three-time All-American in the 800 meters at Ferris State. She currently holds both the school's indoor (2:09.30) and outdoor (2:06.94) records in the event.

