



FERRIS STATE UNIVERSITY

August 31, 2005

Attention Cross Country Athletic Trainer:

I would like to welcome you to Ferris State University and Big Rapids, Michigan. This letter will detail the services that will be provided to your team during the 2005 NCAA Great Lakes Regional Cross Country Championships. This event will be held at Katke Golf Course on Saturday, November 5, 2005. We will provide water, ice, and cups for your athletes. In addition, there will be a certified athletic trainer and student athletic trainers to assist your athletes with their needs. EMS personnel will also be on hand to assist our athletic training staff with emergency situations. There will **not** be any modalities available at the course except ice. Therefore, if your athletes will need other treatments; please contact our athletic training staff at least one week prior to your arrival so we may accommodate your needs. If your team is not traveling with a certified athletic trainer, a note will be required for ultrasound and electrical stimulation along with the specific parameters. If your athletes require taping please supply your own materials. Below, I have listed some important numbers you may need during your stay in Big Rapids.

Ferris State University Athletic Training Staff and Facilities Phone Numbers:

FSU Athletics Department (231) 591-2860

Michael Blackburn, Assistant Athletic Trainer
Office: (231) 591-2872 Home: (231) 796-0015
Cell: (616) 334-6656

Dave Lucey, Head Athletic Trainer
Office: (231) 591-2868 Home: (231) 832-3240

Tim Glover, Assistant Athletic Trainer
Office: (231) 591-2872 Home: (231) 796-7236

FSU Campus Safety On-Campus: 5000
Off-Campus: (231) 591-5000

Mecosta County General Hospital E.R. (231) 591-4250
Emergency/Ambulance 911

I wish you a safe and successful season. If you have any questions or concerns please do not hesitate to contact me at the numbers listed above.

Sincerely,

A handwritten signature in black ink, appearing to read 'Michael Blackburn' followed by 'M.A., ATC'.

Michael Blackburn, M.A., ATC
Assistant Athletic Trainer