



2005 NCAA Great Lakes Region Cross Country Championships

Hosted by Ferris State University
At Katke Golf Course
Saturday November 5th, 2005

Tuesday October 11, 2005

Entries Due

Friday November 4, 2005

12:00 noon	Final declarations due.
12:00-6:00pm	Course Open for Inspection
4:30pm	Coaches meeting in Katke Clubhouse classroom (Mandatory) Packet Pick-Up

Saturday November 5, 2005

9:00am	Course Opens
10:45am	Women report to start line
11:00am	Women's 6,000 Meter Championship
11:45am	Men report to start line
12:00 noon	Men's 10,000 meter Championship
1:30pm	Awards

Entry/Roster: Entry/rosters must be received by Tuesday October 11th, 2005. **Entries will now be through Direct Athletics Online entry system. More information to access site will be mailed shortly.**

Final Declarations: Final declarations due by 12:00 noon Friday November 4th, 2005. Declarations can be emailed to kavalunj@ferris.edu, or faxed 231-591-2869. This will declare your 7 athletes that will compete. This can also be done through the Direct Athletics web site

Course: Katke Golf course, located on Ferris State and the Holiday Inn of Big Rapids. Grass with good footing, and rolling

hills. Will cross an occasional cart path (will be covered).
Course will be marked with white boundary lines and flags.

- Course Inspection: Course will be available for inspection Friday November 4th from 12:00-6:00pm only.
- Timing/Finish Line: Will be administered by Gault race management. There will also be backup hand timing and 2 finish cameras.
- Awards: Championship awards and All-Regions awards (top 15 individuals), will take place at the clubhouse patio. In the case of inclement weather, awards will take place in a designated room at the Holiday Inn.
- Results: Will be available at the clubhouse following The 30 minute protest period after unofficial results has been posted.
- Parking: A portion of the lot will be designated for team vans/buses on race day. Team passes will be issued at Friday's coaches meeting.
- Championship Web site: www.ferris.edu/htmls/sports/mcc/05region/homepage.htm
- Trainers: Trainers will be available at the course from 12:00-6:00pm on Friday, and beginning at 9:00am Saturday. A tent will be located near the finish line.
- Restrooms: Portable restrooms will be provided near the start line. The clubhouse will be available, absolutely no spikes allowed inside.
- Inclement Weather: The athletic training staff and games committee will make any decisions regarding delays due to inclement weather. Delays will be considered in 30 minute intervals
- Meet Director Info: Tom Kirinovic
Director of Athletics
Ferris State University
210 Sport Drive
Big Rapids, MI. 49307
Phone: 231-591-2863
Fax: 231-591-2869
E-mail: kirinovt@ferris.edu