

November 5, 2008

Attention Cross Country Coach and/or Athletic Trainer:

I would like to welcome you to Ferris State University and Big Rapids, Michigan. This letter will detail the services that will be provided to your team during the 2008 NCAA Great Lakes Regional Cross Country Championships. This event will be held at Katke Golf Course on Saturday, November 8, 2008. We will provide water, ice, and cups for your athletes. In addition, there will be a certified athletic trainer and student athletic trainers to assist your athletes with their needs. EMS personnel will also be on hand to assist our athletic training staff with emergency situations. The only modalities available at the course will be ice. Therefore, if your athletes will need other treatments; please contact our athletic training staff by Friday, November 7, 2008 so we may accommodate your needs. Below, I have listed some important numbers you may need during your stay in Big Rapids.

Ferris State University Athletic Training Staff and Facilities Phone Numbers:

FSU Athletics Department	(231) 591-2860
Joe Fox, Assistant Athletic Trainer Regional Host Athletic Trainer	Office: (231) 591-2872 Cell: (989) 621-5904
Dave Lucey, Head Athletic Trainer	Office: (231) 591-2868 Cell: (231) 388-0204
FSU Campus Safety	On-Campus: 5000 Off-Campus: (231) 591-5000
Mecosta County Medical Center E.R. Emergency/Ambulance	(231) 591-4250 911

I wish you a safe and successful season. If you have any questions or concerns please do not hesitate to contact me at the numbers listed above.

Sincerely,

Joe Fox, M.A., A.T.,C.
Assistant Athletic Trainer