

## Volleyball Training Camps Registration Form

(Please print)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Name of School \_\_\_\_\_

Name of Coach \_\_\_\_\_

Grade (2011-12) \_\_\_\_\_ Birthdate \_\_\_\_\_

Home phone (\_\_\_\_) \_\_\_\_\_

Alternate Phone (\_\_\_\_) \_\_\_\_\_

Fax Number (\_\_\_\_) \_\_\_\_\_

E-mail Address \_\_\_\_\_

### SKILL CAMPS

#### All Skills

July 8-10, 2011

Overnight Plan (\$295)

Commuter Plan (\$235)

#### Setter

July 12-15, 2011

Overnight Plan (\$295)

Commuter Plan (\$235)

#### Hitter

July 13-15, 2011

Overnight Plan (\$235)

Commuter Plan (\$190)

MH  OH  RH

#### Libero

July 13-15, 2011

Overnight Plan (\$235)

Commuter Plan (\$190)

### TEAM CAMPS

#### JV/Freshman

July 10-12, 2011

Overnight Plan (\$195)

Commuter Plan (\$175)

#### Varsity

July 15-17, 2011

July 17-19, 2011

July 20-22, 2011

Overnight Plan (\$195)

Commuter Plan (\$175)

#### Team Challenge

July 19-20, 2011

Commuter Plan (\$45)

## Registration Information & Procedures

Overnight plan includes instruction, meals, supervised recreation, lodging, T-shirt, water bottle, camp ball (except Team Challenge) and awards. Players selecting the overnight plan will receive lodging in modern residence hall suites. Meals are planned by registered dietitians and served in our award-winning Rock Cafe. Commuter plan includes instruction, T-shirt, water bottle, ball, awards, lunch and dinner.

Camps will fill early so please register soon. Enrollment is limited and accepted on a first-come, first-served basis. No telephone reservations.

- Fill out the attached registration form or register online for individual camps at [www.ferris.edu/sports/camps](http://www.ferris.edu/sports/camps).
- Coaches can register their team using the Team Camp Registration Form found on the Web site.
- All Skills Camp open to girls from ages 10 to 18. Other camps are high school players only.
- Deposit of \$50/person for individual skill camps and team training camps.
- \$300/team deposit for Team Challenge.
- Registration deadline and payment balance due by June 15, 2011.
- Space in camp not guaranteed until all forms and payment are received.
- Medical History and Waiver forms will be sent via e-mail upon receipt of registration (also on Web site).
- Confirmation information on check-in, what to bring, residence hall, rules of conduct, etc. will be sent upon receipt of registration and payment. If you have special needs or accommodations, please notify our office.

**Refund Policy** A refund minus a \$25 administrative fee is given when requested in writing by June 15, 2011. After this date and prior to the start of camp, refunds minus a \$25 administrative fee will be issued upon written receipt of a medical excuse signed by a physician and refund request from a parent/guardian.

### For Further Information

Call the Athletic Camps office at (866) 950-2267 or e-mail [summercamps@ferris.edu](mailto:summercamps@ferris.edu). For other information and forms, check our Web site at [www.ferris.edu/sports/camps](http://www.ferris.edu/sports/camps).

### Payment

Make checks payable to "Ferris State University" or use your credit card to register online at [www.ferris.edu/sports/camps](http://www.ferris.edu/sports/camps).

Mail registration and deposit to

Volleyball Camp  
Ferris State University  
210 Sports Drive  
Big Rapids, MI 49307

Non-Profit  
Organization  
U.S. Postage  
PAID  
Big Rapids, MI 49307  
PERMIT NO. 77

Volleyball Camp  
Ferris State University  
210 Sports Drive  
Big Rapids, MI 49307

FERRIS STATE  
UNIVERSITY



FERRIS STATE  
UNIVERSITY

# Volleyball Camps

# 2011

### SKILL CAMPS

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July 19-20, 2011

*"Everyone is willing to help, demonstrate, and answer questions."*





**Ferris State University's Bulldog Volleyball is nationally recognized as an outstanding volleyball program. The Bulldogs have won nine conference championships and 14 berths in the NCAA II Championship Tournament, advancing to the Elite Eight and Final Four. If you desire to learn the physical and mental skills to reach your potential, the Ferris Volleyball Camps are for you!**

### Camp Philosophy

Our job is to help you become a better volleyball player. We do this with one-on-one coaching, lots of individual instruction and challenging playing experiences for you to test your new skills!

**Tia Brandel-Wilhelm** guided Ferris to the 2004 GLIAC Championship and four NCAA Tournaments! Named 2002 and 1998 GLIAC Coach of the Year, Coach Brandel-Wilhelm built a powerhouse program at WV Wesleyan, leading the team into the Elite Eight, before becoming the Bulldog mentor in 1996. Her career record following the 2010 season is 422-180 (.701).

### Camp Staff

Our volleyball camp staff is consistently evaluated as "excellent" by our campers!

Individual instruction is a high priority! Player to coach ratios will average 6 to 1.

*"All the coaches were very helpful. There was a lot of one-on-one instruction."*

**Gave the girls variety and a chance to learn from player with specific expertise. Amazing.**

## TEAM TRAINING CAMPS

The goal of Team Camps is to improve your team's offense and defense systems. Instruction will emphasize team tactics and the strategies of the individual within these frameworks. Teams will have eight hours of competitive training and 10 hours of competition and team-building opportunities.

### Varsity Team

**Friday, July 15 – Sunday, July 17**

**Sunday, July – Tuesday, July 19**

**Wednesday, July 20 – Friday, July 22**

Overnight: \$195/player

Commuter: \$175/player

One coach accompanies team-no cost.

Additional coaches are \$90.

### JV-Freshman Team

**Sunday, July 10 – Tuesday, July 12**

Overnight: \$195/player

Commuter: \$175/player

One coach accompanies team-no cost.

Additional coaches are \$90.

### Team Challenge

This camp helps teams improve their performance with quality playing opportunities. There will be a short training time, team-building opportunities and 11 hours of competitive play. This is a great camp at a great price!

Team Challenge teams are responsible for lodging and meals. Information and options will be sent with your confirmation letter.

**Tuesday, July 19 – Wednesday, July 20**

**Only \$45 per person (coaches free)**



*"Sooo helpful. Learned lots. Covered so many good things."*

## SKILL CAMPS

### All Skills

This camp will totally immerse you in the sport, giving you a high level of instruction and practice time in each skill area. Fundamental skills and proper mechanics will be taught for attacking, passing, digging, setting, serving and blocking. This is an excellent camp for players of all levels, since players are grouped and coached by age and experience.

**Friday, July 8 – Sunday, July 10**

Overnight: \$295 Commuter: \$235

### Setter

Fundamental training will include a strong emphasis on the hands, contact and movement skills needed for consistent and accurate delivery of the ball. Designed for setters entering grades 9-12. This is a high-repetition camp for setters serious about becoming their best. Campers will spend some time working with hitters and passers to learn skills and decision making in controlled competitive scenarios.

**Tuesday, July 12 – Friday, July 15**

Overnight: \$295 Commuter: \$235

### Hitter

This high-school-players-only camp will give specialized, individual instruction to hitters by position (outside, right side, middle). Individual skill work will include attacking, blocking and transition. Advanced skills and decision making will be trained and practiced in competitive situations.

**Wednesday, July 13 – Friday, July 15**

Overnight: \$235 Commuter: \$190

## Ball Control/Libero

This camp is for the high school libero or any player desiring to work on her back row skills. Campers will work on fundamentals of passing, serving and floor defense. This is a high-repetition camp that will yield skill improvement along with game-play decision making.

**Wednesday, July 13 – Friday, July 15**

Overnight: \$235 Commuter: \$190

## Typical Camp Day

7:30 - 8:30 a.m. Breakfast

9 a.m. - 12 p.m. Training Session

12:30 p.m. Lunch

2 - 4:30 p.m. Training Session

5 p.m. Dinner

6:30 - 9 p.m. Scrimmage Play

9:30 p.m. Evening Activities

## Each Camper Receives

- Camp T-shirt
- Ferris State University Water Bottle
- One-on-One Instruction
- Camp Volleyball (not Team Challenge)
- Supervised Evening Recreation
- Excellent Meals
- Prizes and Awards
- Lodging for Overnight Campers

## What 2010 campers are saying:

***"Good teamwork. I learned more passing adjustment."***

***It was great. I liked that when sharing courts different staff members instructed."***

***"I had a great time. Run very well. Very good. Coaches were very encouraging and easy to understand."***

***"Great food nice ppl. Lots of fun."***

***"That's why we drove 3.5 hours to come to Ferris. Best I've ever been to. It is fantastic that you tailor it to fit our needs."***

**Check us out on**

**facebook**

**Search for Ferris State University Sports Camps**