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Michigan Tech and Hillsdale Women's Basketball Teams Tabbed by Media to Win 2008-09 GLIAC Divisional Titles, Coaches Name Hillsdale's Cezat GLIAC Preseason Player of The Year

BAY CITY, Mich. -- The head women's basketball coaches of the Great Lakes Intercollegiate Athletic Conference (GLIAC) chose Hillsdale College senior forward **Katie Cezat** (Plymouth, Mich./Canton) as the league's preseason "Player of the Year."

Selected members of the media and the GLIAC's Sports Information Directors were asked to choose the Conference's Basketball Preseason Polls. The 30-member group tabbed Michigan Technological University and Hillsdale College to win the league's North and South Division titles, respectively.

Michigan Tech returns nearly 80 percent of its scoring from a year ago when it won the GLIAC North Division and league tournament titles. The Huskies are led by All-America candidate Katie Wysocky, who averaged 16.1 points and 9.7 rebounds as a sophomore in 2007-08. Sarah Stream, who was an All-GLIAC performer in 2006-07, rejoins the team after missing last year with injury. The two preseason All-GLIAC selections will combine with a stellar supporting cast in hopes of making the program's 14th appearance in the NCAA Tournament.

The **Hillsdale** College women's basketball team returns four starters from its 2007-08 squad that set a school record for best winning percentage in a season (23-5 .821). The Chargers won the GLIAC South Division with a 15-2 conference record. Forward Katie Cezat was named the 2007-08 GLIAC Player of the Year after leading the conference in scoring and rebounding. She was also named First-Team All-GLIAC South Division and to the South Division's All-Defensive Team. Joining Cezat on the All-Defensive Team was returning starter Claire Aubrey, who averaged a career-high 8.5 points per game last season. Returning starting guard Brooke Knight ranked in the top 10 in the GLIAC in assists and minutes played per game, while returning starter Janay Miller

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2008-09 GLIAC Preseason Women's Basketball Media Poll

<i>North Division</i>		
<i>Rank</i>	<i>School (first-place votes)</i>	<i>Points</i>
1.	Michigan Tech (29)	179
2.	Grand Valley State (1)	134
3.	Ferris State	121
4.	Lake Superior State	97
5.	Saginaw Valley State	53
6.	Northern Michigan	43

<i>South Division</i>		
1.	Hillsdale (25)	174
2.	Northwood (2)	137
3.	Ashland (3)	132
4.	Wayne State	84
5.	Findlay	60
6.	Tiffin	43

2008-09 Women's Basketball Preseason All-GLIAC Team

<i>Player of the Year</i>			
Katie Cezat	HC	Sr.	F
<i>North Division</i>			
<i>Name</i>	<i>School</i>	<i>Yr.</i>	<i>Pos.</i>
Jaclyn Armstrong	LSSU	Sr.	C
Sarah Stream	MTU	Jr.	G
Teghan Thelen	FSU	Sr.	G
Kim Wyngaard	GVSU	Sr.	F
Katie Wysocky	MTU	Jr.	F
<i>South Division</i>			
<i>Name</i>	<i>School</i>	<i>Yr.</i>	<i>Pos.</i>
Katie Cezat	HC	Sr.	F
Jasmine McCall	WSU	Sr.	G
Jodi Ostergren	NU	Jr.	F
Megan Starnes	NU	Sr.	F
Lynsey Warren	AU	Sr.	F

set a new career-high with 9.0 points per game, second-most among the team's 10 returning players.

Joining Cezat on the preseason All-GLIAC South Division Team are: senior guard **Jasmine McCall** of Wayne State University; junior forward **Jodi Ostergren** and senior forward **Megan Starnes** of Northwood University; and senior forward **Lynsey Warren** of Ashland University.

The 2008-09 preseason All-GLIAC North Division Team includes: senior center **Jackie Armstrong** of Lake Superior State University; junior guard **Sarah Stream** of Michigan Tech; senior guard **Teghan Thelen** of Ferris State University; senior forward **Kim Wyngaard** of Grand Valley State University; and junior forward **Katie Wysocky** of Michigan Tech.

Hillsdale senior forward **Katie Cezat (Plymouth, Mich./Canton)** returns for her second season as a starter after a record-breaking 2007-08 season. Cezat was named the GLIAC Player of the Year and the Great Lakes Region Player of the Year after averaging 24.0 points and 12.6 rebounds per game, both school records. She led all Division II players in scoring average and broke 10 school records last season. Among her school records set last season were points in a game (42), rebounds in a game (26), points in a season (673) and rebounds in a season (353).

Wayne State senior guard **Jasmine McCall (Detroit, Mich./CMA)** was voted to the All-GLIAC South Division First Team a year ago after scoring in double figures 22 times, including six contests with at least 20 points, and leading the GLIAC with 101 steals (3.74 per game). In addition to leading the Warriors in field goals made, points, scoring average and minutes played, McCall ranked among the GLIAC leaders in assist/turnover ratio (fifth), scoring (11th) and assists (12th).

Northwood junior forward **Jodi Ostergren (Midland, Mich./Dow)** earned Second Team All-North Division honors as a sophomore, when she averaged 13.3 points and 6.9 rebounds per game while shooting 52.0 percent from the floor. Ostergren set a school record by connecting on 121 free throws last season, a number which ranked her second in the GLIAC. Ostergren also led the conference in offensive rebounds, averaging 3.78 per game. She had four double-doubles on the season and led Northwood in scoring nine times.

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2007-08 GLIAC Women's Basketball Final Standings

<i>North Division</i>	
<i>School</i>	<i>Record (GLIAC)</i>
Michigan Tech	23-8 (13-5)
Northwood	18-9 (13-5)
Ferris State	17-12 (11-7)
Grand Valley State	16-12 (11-7)
Lake Superior State	12-14 (8-10)
Saginaw Valley State	12-15 (5-13)
Northern Michigan	9-17 (4-14)

<i>South Division</i>	
Hillsdale	23-5 (15-2)
Ashland	19-11 (10-7)
Gannon	16-12 (10-7)
Wayne State	15-12 (9-8)
Findlay	9-17 (3-14)
Mercyhurst	7-20 (2-15)

2008 GLIAC Women's Basketball Postseason Tournament Results

GLIAC Tournament Final

SDC Gymnasium, Houghton Mich.
 Hosted by Michigan Technological University
 Championship Game
 at #1 Michigan Tech 81, #3 Ashland 53

GLIAC Tournament Semifinals

SDC Gymnasium, Houghton Mich.
 Hosted by Michigan Technological University
 at #1 Michigan Tech 83, #4 Wayne State 62
 #3 Ashland 56, #2 Ferris State 45

Saturday, March 1

GLIAC Tournament Quarterfinals

(4S) Wayne State 67, at (1S) Hillsdale 64
 at (1N) Michigan Tech 63, (4N) Grand Valley St.58
 (3S) Ashland 70, at (2S) Gannon 45
 (3N) Ferris State 93, at (2N) Northwood 89

2008 GLIAC Women's Basketball

All-Tournament Team

Tournament MVP: Catherine Rottier - MTU

- Katie Wysocky - MTU
- Lindsey Gaut - AU
- Tara Ferris - MTU
- Betsy Morrison - AU
- Monique George - WSU

Senior forward **Megan Starnes (Mt. Pleasant, Mich.)** led Northwood in scoring (15.1 ppg) and rebounding (7.5 rpg) as a junior, becoming the first player in school history to earn First Team All-GLIAC honors. The senior finished with five double-doubles on the season while leading Northwood in scoring 15 times. She also became the first player at Northwood to be named to the All-Defensive team as well as earning GLIAC Player of the Week honors twice. Starnes is the third leading scorer and rebounder among players returning to the GLIAC this season.

This is the first year senior **Lynsey Warren (Worthington, Ohio/Bishop Watterson)** has concentrated solely on basketball, after earning All-America honors as a setter for the volleyball team the past four years. A year ago, the 6-2 center averaged 8.0 ppg., 4.9 rpg., and blocked 15 shots in 25 games. Warren did not play in 2006-07, but in 2005-06, averaged 7.8 ppg., and 5.1 rpg. Her size and ability to run the floor give the Eagles an added dimension inside.

Lake Superior State senior center **Jackie Armstrong (Haslett, Mich.)** was the 2006 GLIAC Freshman of the Year and is a two-time GLIAC All-Academic Team selection. Last season, she was LSSU's top scorer, averaging 11.7 points per game, and No. 3 rebounder at 4.8 rebounds per game. Her most-impressive improvement has been at the free-throw line, where she has gone from shooting 47.3 percent as a freshman to 50.5 percent as a sophomore and 72.4 percent as a junior. She has recorded 888 career points.

Michigan Tech junior point guard **Sarah Stream (Ishpeming, Mich./Westwood)** is a two-time All-GLIAC selection. She led the Huskies in both points and assists in 2006-07, but missed last year with injury. The 5-7 guard enters her junior season with 763 career points.

Ferris State senior guard **Teghan Thelen (Pewamo, Mich./Pewamo-Westphalia)** was the Bulldogs' second-leading scorer (10.4 ppg.) last season and added 119 rebounds, 85 assists along with 35 steals in starting 25 of 29

games. Her 50 made three-pointers led the squad and ranked as the 10th-best seasonal figure in school history. Thelen currently ranks eighth in school history with 99 career three-pointers made and is among the top 10 performers in school career three-point percentage (.350).

Senior **Kim Wyngaard (Kimberly, Wis.)** enters the season as the Lakers' leading returning scorer, after averaging 12.0 ppg. during her junior season. The 5-10 forward led GVSU in rebounding in 2007-08, pulling down 6.2 boards per game and her 79 offensive rebounds were the fifth-best figure in the conference. Wyngaard shot .538 from the floor, including .457 on three-point attempts. She scored in double-figures in 20 of 28 games, including a career-high 20 points over eventual national champion Northern Kentucky.

Michigan Tech junior **Katie Wysocky (Whitefish Bay, Wis.)** is a two-time All-GLIAC performer and was named 2006-07 GLIAC Freshman of the Year. The 6-0 forward comes off a sophomore season in which she tallied 500 points and a school-record 301 rebounds.

The 2009 GLIAC Women's Basketball Championship quarterfinals will be held on Tuesday, Mar. 3 on campus sites with the semifinals and final being held on Friday, Mar. 6 and Saturday, Mar. 7 at the site of the highest remaining seed.

