

**2006 Michigan Intercollegiate Cross Country Championships**  
**Hosted by Ferris State University**  
**Friday October 6, 2006**

Date: Friday October 6, 2006

Schedule: 2:00pm Course Opens  
3:30pm Women's 4,000 meters (score 4 with 2 displacers)  
4:00pm Men's 4,000 meters (score 4 with 2 displacers)  
4:30pm Women's 6,000 meters (score 5 with 2 displacers)  
5:00pm Men's 8,000 meters (score 5 with 2 displacers)  
5:45pm Open 5,000 and 8,000 meters (M & W combined)  
6:30pm Awards (Outside of Katke club house)

Course: Katke Golf Course on the West side of campus, adjacent to the Holiday Inn, Perry Street (M-20). Course is consists of grass and rolling hills.

Entry Fee: \$75.00 per team, per race. Team will consist of at least 4 runners for the 4k race and 5 runners for the 6k and 8k. Less than a full team shall be \$10.00 per individual. Open race shall be \$10.00 per individual.

Entry Friday September 29, 2006. Fax or e-mail.

Packet Starting at 2:00pm at the tent adjacent to the finish line.  
Pick-Up:

Parking: Team and spectator parking is available adjacent to the course in the Katke/Holiday Inn parking lots.

Timing/ Chip timing by Gault Race Management. Results will be available shortly  
Results: after each race at the finish line tent, and also posted at the Katke club house.

Awards: NCAA DI Division: Top 10 finishers in each race receive "All-Michigan T-shirts. Team trophy awarded to winning team in each race.  
DII, DIII, NAIA, JC combined: Top finishers in each race receive "All-Michigan" T-shirts. Team trophy awarded to winning team in each race.

Bathrooms: Port-a-jons will be available near the start finish area.

Contacts: **Jeff Kavalunas: phone (231) 591-2876, fax (231) 591-2869**  
**e-mail- [kavalunj@ferris.edu](mailto:kavalunj@ferris.edu)**

**2006 Michigan Intercollegiate Cross Country Championships  
Entry Form**

School: \_\_\_\_\_ Coach: \_\_\_\_\_

E-mail: \_\_\_\_\_ FAX: \_\_\_\_\_ Phone: \_\_\_\_\_

Men: \_\_\_\_\_ Women: \_\_\_\_\_

**4,000 meters**

**6,000/8,000 meters (circle one)**

1. \_\_\_\_\_ 1. \_\_\_\_\_

2. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 3. \_\_\_\_\_

4. \_\_\_\_\_ 4. \_\_\_\_\_

5. \_\_\_\_\_ 5. \_\_\_\_\_

6. \_\_\_\_\_ 6. \_\_\_\_\_

7. \_\_\_\_\_ 7. \_\_\_\_\_

8. \_\_\_\_\_ 8. \_\_\_\_\_

9. \_\_\_\_\_ 9. \_\_\_\_\_

10. \_\_\_\_\_ 10. \_\_\_\_\_

11. \_\_\_\_\_ 11. \_\_\_\_\_

12. \_\_\_\_\_ 12. \_\_\_\_\_

13. \_\_\_\_\_ 13. \_\_\_\_\_

14. \_\_\_\_\_ 14. \_\_\_\_\_

15. \_\_\_\_\_ 15. \_\_\_\_\_

*Entries due Friday September 29<sup>th</sup>. Fax (231) 591-2869 E-mail-kavalunj@ferris.edu*