

## MEN'S TOP FIVE ALL-TIME INDOOR MARKS

### 55 METERS

Rico Miller	6.24	1986
Leroy Hunt	6.34	1972
G. Washington	6.34	1968
Matt Sullivan	6.34	1990
Wil Palmer	6.40	1986

### 55 METER HURDLES

Chris Floyd	7.51	1987
Andy Johnson	7.54	1969
Corey Bouyer	7.54	1969
Raphell Cooper	7.54	1994
Jack Mainguy	7.60	1993

### 200 METERS

Andrew Allen	22.14	1994
Don Johnson	22.48	1993
S. Ecenbarger	22.87	1993
Bill Kangas	23.03	1992
Akil Young	23.21	1993

### 400 METERS

Don Johnson	49.22	1993
Keith Oparka	49.36	1979
Andrew Allen	49.53	1994
Corey Bouyer	49.85	1970
Michael Gatson	49.94	1987

### 600 METERS

Ron Hessem	1:21.61	1993
Asika Snellings	1:21.63	1993
Steve Mathews	1:21.98	1991
Michael Brown	1:22.24	1987
Dan Schnell	1:22.60	1994

### 800 METERS

Steve Mathews	1:53.49	1991
Mark Ulman	1:54.43	1994
Fred Bunn	1:54.44	1985
Chris Buursma	1:54.94	1990
John Dawe	1:55.04	1976

### 1000 METERS

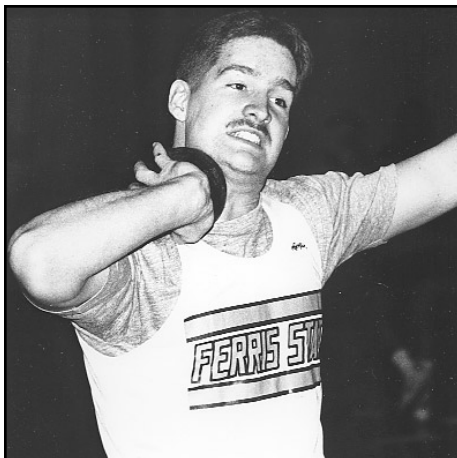
Paul Mehlberg	2:27.54	1986
Pete Rittenger	2:29.04	1986
Steve Mathews	2:29.33	1991
Fred Bunn	2:30.42	1987
Mike Belmas	2:31.14	1986

### 1500 METERS

Paul Mehlberg	3:50.94	1986
Fred Bunn	3:52.45	1987
Tony Fleming	3:52.84	1976
Pete Rittenger	3:54.32	1984
Chris Buursma	3:55.04	1990

### 3000 METERS

Tony Fleming	8:16.04	1976
Paul Mehlberg	8:18.64	1985
Tim Flahaven	8:30.24	1980
Steve Fountain	8:34.14	1976
John Steinberg	8:34.34	1982



### NATIONAL CHAMPION

Bulldog great Paul Cochran holds the GLIAC's indoor shot put record. He won three national titles during the 1989-90 campaign in the shot put and discus. Cochran was a 2003 FSU Athletics Hall of Fame inductee.



### LONG JUMP

Jason Thompson	23-7	2002
Rod Whittington	23-6	1987
Mark Fields	23-5	1984
Chad Smith	23-5	1993
Doug Smith	23-3	1968

### TRIPLE JUMP

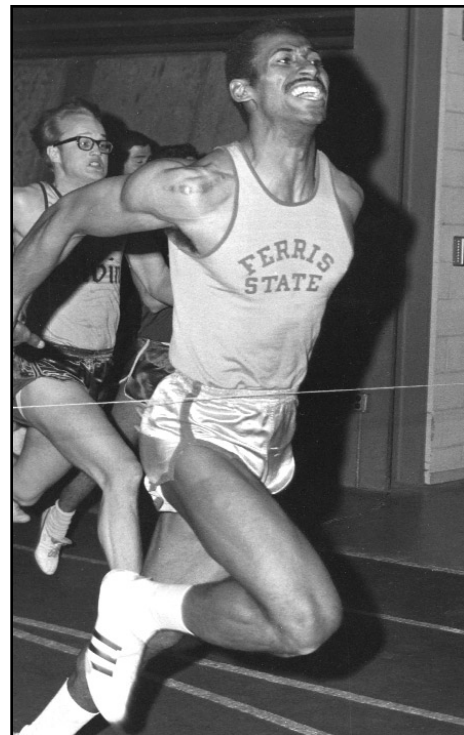
Larry Jennigs	48-11	1975
Everett Goodson	46-2	1993
Jason Thompson	45-10	2002
Robert Shumake	45-4	1988
Lou Iordanou	45-2	1981

### HIGH JUMP

Mark Smith	7-0	1984
Keith White	7-0	1985
Phil Trochelman	6-8	1971
Bob Finazzo	6-8	1983
Barry Tallent	6-6	1979
Matt Mitchell	6-6	1990
Jim Malczewski	6-6	1990
Andrew Hayton	6-6	2003

### 35 LB. WEIGHT THROW

Doug Gillard	60-2	1983
John Schwartz	56-9	1992
Marty Sheridan	55-0	1982
Eric Wilcox	54-1	1991
Dan Newmarch	53-10	1981



### NATIONAL CHAMPION

Former Bulldog Corey Bouyer recorded FSU's first national championship as he won the 440-yard hurdles at the NAIA National Outdoor Track and Field meet in 1970.

### 5000 METERS

Steve Fountain	14:46.74	1976
John Steinberg	14:48.04	1979
Tim Flahaven	14:53.84	1980
Dennis Murvich	14:59.64	1991
Lee Allard	15:01.44	1986

### 4 x 400 METERS

Brown, Gatson, Scott, Whittington	3:18.04	1987
Hogan, Snellings, Hessem, Johnson	3:21.21	1993
Hogan, Snellings, Fountain, Johnson	3:21.35	1993

### SHOT PUT

Paul Cochran	57-10	1990
Joe Bertram	52-4	1990
Ray Barnett	51-10	1987
Craig Zenner	51-0	1984
Doug Yancey	50-10	1974

### POLE VAULT

Terry Loher	16-0	1992
Kurt Peterson	15-6.25	2004
Rob Jozwiak	15-6	1991
Dana Hill	15-1	1978
Dave Dickmayer	15-0	1977
John Ely	14-9	1971