

# FERRIS STATE UNIVERSITY

## \*FINAL 2003-04 WOMEN'S OUTDOOR TRACK AND FIELD INDIVIDUAL & EVENT RESULTS\*

NAME	YEAR	EVENT	HOMETOWN/HIGH SCHOOL (COLLEGE)
<b>Kristen Balla</b>	<b>So.</b>	<b>Distance</b>	<b>Farmington, Mich.</b>
<b>1500m Run:</b> 5th, St. Joseph's Invitational (5:15.64); <b>5000m Run:</b> 4th, SVSU Invitational (20:45.00); <b>3000m Run:</b> 14th, Hillsdale Gina Relays (11:05.90), 5th, Northwood Open (11:21.59), 19th, GLIAC Championships (11:15.37)			
<b>Abigail Bearman</b>	<b>Jr.</b>	<b>Sprints/Javelin</b>	<b>Port Huron, Mich./Northern</b>
<b>Javelin:</b> 3rd, St. Joseph's Invitational (98-11), 7th, Bluffton Invitational (95-3), 3rd, Bulldog Invitational (87-4), 3rd, SVSU Invitational (98-8.50), 26th, Hillsdale Gina Relays (95-6), 8th, Northwood Open (86-7), 9th, GLIAC Championships (97-8)			
<b>Michelle Blanch</b>	<b>Sr.</b>	<b>Pole Vault</b>	<b>Grand Rapids, Mich./Kenowa Hills</b>
<b>Javelin:</b> 4th, St. Joseph's Invitational (85-9.50), 11th, Bluffton Invitational (84-1), 4th, Bulldog Invitational (84-0), 4th, SVSU Invitational (88-6), 14th, GLIAC Championships (85-6); <b>Pole Vault:</b> 4th, Bluffton Invitational (9-6.25), 9th, Bulldog Invitational (10-0), 30th, Hillsdale Gina Relays (10-0.25), T14th, GLIAC Championships (9-9.75)			
<b>Kristyn Buck</b>	<b>Sr.</b>	<b>Pole Vault</b>	<b>Brighton, Mich.</b>
<b>Pole Vault:</b> 3rd, St. Joseph's Invitational (10-6), 1st, Bluffton Invitational (11-0.25), 3rd, Bulldog Invitational (11-0), 3rd, MSU Spartan Invitational (11-6.25)▲, 1st, SVSU Invitational (11-0), 11th, Hillsdale Gina Relays (11-0.50), T3rd, Butler Twilight (10-6.25), 4th, GLIAC Championships (11-3.50), 4th, Aquinas Twilight (10-6), 4th, Windsor Open (10-10)			
<b>Rachel Cox</b>	<b>Sr.</b>	<b>Distance</b>	<b>Gladstone, Mich./Battle Creek Lakeview</b>
<b>5000m Run:</b> 1st, St. Joseph's Invitational (18:45.42), 10th, Butler Twilight (17:57.28), 2nd, GLIAC Championships (18:00.67), 1st, Aquinas Twilight (18:38.38); <b>10,000m Run:</b> 1st, Bluffton Invitational (38:43.99); <b>1500m Run:</b> 5th, Bulldog Invitational (4:59.50)✳; <b>3000m Run:</b> 15th, GLIAC Championships (11:07.08)			
<b>Jennifer Delamater</b>	<b>Sr.</b>	<b>Sprints/Jumps</b>	<b>Edmore, Mich./Montabella</b>
<b>Long Jump:</b> 1st, St. Joseph's Invitational (17-4.25), 8th, Bluffton Invitational (15-7.75), 8th, Bulldog Invitational (15-5.50); <b>100m Dash:</b> 2nd, St. Joseph's Invitational (12.60), 2nd, Bulldog Invitational (12.24)✳, T15th, Hillsdale Gina Relays (12.77), 8th, GLIAC Championships (12.63); <b>200m Dash:</b> 2nd, Bulldog Invitational (26.14)✳			
<b>Elizabeth Engle</b>	<b>Fr.</b>	<b>Hurdles</b>	<b>Colon, Mich.</b>
<b>100m Hurdles:</b> 4th, St. Joseph's Invitational (16.21), 8th, Bluffton Invitational (16.25), 4th, Bulldog Invitational (15.94)✳, 3rd, SVSU Invitational (15.97), 31st, Hillsdale Gina Relays (16.17); <b>400m Hurdles:</b> 8th, St. Joseph's Invitational (1:14.70), 7th, Bluffton Invitational (1:15.27), 8th, Bulldog Invitational (1:13.00)✳, 7th, SVSU Invitational (1:12.49), 31st, Hillsdale Gina Relays (1:10.01)			
<b>Ashley Farr</b>	<b>Fr.</b>	<b>Sprints</b>	<b>Detroit, Mich./King</b>
<b>400m Dash:</b> 2nd, St. Joseph's Invitational (1:02.38), 5th, Bluffton Invitational (1:02.66), T2nd, Bulldog Invitational (59.4)✳, 1st, SVSU Invitational (58.34), 13th, Hillsdale Gina Relays (58.80); <b>200m Dash:</b> 2nd, St. Joseph's Invitational (26.81), 6th, Bluffton Invitational (26.60), 4th, Bulldog Invitational (26.34)✳, 3rd, SVSU Invitational (26.05)			
<b>Crystal Flutur</b>	<b>So.</b>	<b>Distance</b>	<b>Ludington, Mich./Mason County Central</b>
<b>3000m Steeplechase:</b> 1st, Bluffton Invitational (11:58.26), 2nd, Bulldog Invitational (12:12.20)✳, 1st, SVSU Invitational (11:53.17), 22nd, Hillsdale Gina Relays (12:07.40)			
<b>Jessica Gladding</b>	<b>So.</b>	<b>Throws</b>	<b>Fenwick, Mich./Central Montcalm</b>
<b>Hammer Throw:</b> 4th, St. Joseph's Invitational (131-8), 5th, Bluffton Invitational (123-6), 3rd, Bulldog Invitational (125-10), 3rd, SVSU Invitational (138-10.50), 28th, Hillsdale Gina Relays (135-5), 7th, Northwood Open (134-8), 11th, GLIAC Championships (133-3); <b>Shot Put:</b> 3rd, St. Joseph's Invitational (37-7.50), 4th, Bluffton Invitational (37-9.50), 1st, Bulldog Invitational (38-10.25), 3rd, SVSU Invitational (38-8.50), T29th, Hillsdale Gina Relays (38-8.75), 4th, Northwood Open (38-3.25), 11th, GLIAC Championships (37-8.50); <b>Discus:</b> 3rd, St. Joseph's Invitational (116-6), 8th, Bluffton Invitational (107-0), 2nd, Bulldog Invitational (117-4), 2nd, SVSU Invitational (127-8.50), 30th, Hillsdale Gina Relays (116-5), 7th, Northwood Open (114-4), 8th, GLIAC Championships (115-5)			
<b>Katie Hanover</b>	<b>Fr.</b>	<b>Pole Vault</b>	<b>Kalamazoo, Mich./Mattawan</b>
<b>Javelin:</b> 7th, St. Joseph's Invitational (77-9), 18th, Bluffton Invitational (70-5.25), 7th, Bulldog Invitational (69-5), 5th, SVSU Invitational (84-8.50), 6th, Northwood Open (92-1), 12th, GLIAC Championships (88-1); <b>Pole Vault:</b> 5th, St. Joseph's Invitational (9-6), 6th, Bluffton Invitational (9-0.25), T7th, Bulldog Invitational (10-0), T4th, SVSU Invitational (9-6), 4th, Northwood Open (9-6.25), T14th, GLIAC Championships (9-9.75)			
<b>Larenda Hintz</b>	<b>Fr.</b>	<b>Sprints</b>	<b>Kingsford, Mich.</b>
<b>100m Hurdles:</b> 7th, St. Joseph's Invitational (16.97), 12th, Bluffton Invitational (16.96), 9th, Bulldog Invitational (17.24)✳, 8th, SVSU Invitational (16.99), 41st, Hillsdale Gina Relays (17.23), 7th, Northwood Open (17.54); <b>400m Hurdles:</b> 7th, St. Joseph's Invitational (1:13.60), 5th, Bluffton Invitational (1:10.91), 4th, SVSU Invitational (1:08.93), 33rd, Hillsdale Gina Relays (1:11.16), 3rd, Northwood Open (1:08.35)			
<b>Geneva Jones</b>	<b>So.</b>	<b>Middle Distance</b>	<b>Detroit, Mich./Cooley</b>
<b>1500m Run:</b> 2nd, St. Joseph's Invitational (4:56.25), 4th, Bulldog Invitational (4:58.40)✳, 3rd, SVSU Invitational (5:06.49); <b>800m Run:</b> 2nd, Bluffton Invitational (2:20.87), 24th, Hillsdale Gina Relays (2:20.40)			
<b>Jenny Irwin</b>	<b>So.</b>	<b>Distance</b>	<b>Scottville, Mich./Mason County Central</b>
<b>1500m Run:</b> 1st, St. Joseph's Invitational (4:44.24), 4th, Hillsdale Gina Relays (4:37.76)▲, 4th, GLIAC Championships (4:33.11)▲, 11th, NCAA-II Championships (4:40.73); <b>3000m Run:</b> 1st, Bulldog Invitational (10:05.80)✳▲, 4th, Butler Twilight (10:06.00), 6th, GLIAC Championships (10:20.91); <b>800m Run:</b> 1st, SVSU Invitational (2:15.65), 5th, Windsor Open (2:20.19); <b>5000m Run:</b> 1st, Bluffton Invitational (18:03.21)			
<b>Crystal Kuzma</b>	<b>Sr.</b>	<b>Sprints</b>	<b>Wixom, Mich./Western</b>
<b>Long Jump:</b> 4th, St. Joseph's Invitational (15-10.50); <b>100m Dash:</b> 1st, St. Joseph's Invitational (12.50), 5th, Bluffton Invitational (12.68), 1st, SVSU Invitational (12.42), 7th, GLIAC Championships (12.36); <b>400m Dash:</b> T2nd, Bulldog Invitational (59.4)✳, 17th, Hillsdale Gina Relays (59.12); <b>200m Dash:</b> 4th, SVSU Invitational (26.38)			
<b>Kathryn Lange</b>	<b>So.</b>	<b>Distance</b>	<b>Laingsburg, Mich.</b>
<b>1500m Run:</b> 6th, St. Joseph's Invitational (5:17.21), 2nd, SVSU Invitational (5:03.13), 2nd, Northwood Open (5:05.24); <b>5000m Run:</b> 9th, Bluffton Invitational (19:59.54); <b>3000m Run:</b> 13th, Hillsdale Gina Relays (11:00.40), 17th, GLIAC Championships (11:11.49)			

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**Jaime Lyberg** **So.** **Middle Distance** **Gladstone, Mich./Escanaba**  
**800m Run:** 2nd, St. Joseph's Invitational (2:27.72); **400m Dash:** 6th, Bulldog Invitational (1:01.00)\*, 3rd, SVSU Invitational (1:00.07), 25th, Hillsdale Gina Relays (1:00.42), 1st, Northwood Open (1:01.14); **200m Dash:** 8th, Northwood Open (28.11)

**Molly Machinski** **Sr.** **Hurdles** **North Branch, Mich.**  
**100m Hurdles:** 3rd, St. Joseph's Invitational (15.87), 4th, Bluffton Invitational (15.78), 2nd, Bulldog Invitational (15.54)\*; **400m Hurdles:** 5th, St. Joseph's Invitational (1:10.01)

**Mary Miller** **Jr.** **Distance** **Sault Ste. Marie, Mich.**  
**5000m Run:** 2nd, St. Joseph's Invitational (18:59.37), 6th, GLIAC Championships (18:24.61), 30th, Hillsdale Gina Relays (18:23.60); **10,000m Run:** 2nd, Bluffton Invitational (39:23.77), 6th, GLIAC Championships (41:31.73); **1500m Run:** 3rd, Bulldog Invitational (4:55.70)\*; **3000m Run:** 2nd, SVSU Invitational (10:47.78), 2nd, Northwood Open (10:34.70)

**Brook Smith** **Fr.** **Hurdles** **Gaines, Mich./Swartz Creek**  
**100m Hurdles:** 10th, St. Joseph's Invitational (19.08), 17th, Bluffton Invitational (18.01), 10th, Bulldog Invitational (18.34)\*, 11th, SVSU Invitational (17.46), 8th, Northwood Open (18.05); **400m Hurdles:** 9th, SVSU Invitational (1:20.07), 7th, Northwood Open (1:14.36)

**Sharon Smith** **Jr.** **Sprints** **Inkster, Mich./Oak Park**  
**200m Dash:** 3rd, Bluffton Invitational (25.82), 1st, Bulldog Invitational (25.54)\*, 1st, SVSU Invitational (25.42), 14th, Hillsdale Gina Relays (25.62), 3rd, Butler Twilight (25.43), 3rd, GLIAC Championships (24.75)▲, 2nd, Windsor Open (25.11); **100m Dash:** 1st, Bulldog Invitational (12.14)\*, 2nd, SVSU Invitational (12.43), T12th, Hillsdale Gina Relays (12.70)

**Michele Vanderhyde** **Jr.** **Pole Vault** **Howard City, Mich./Tri-County**  
**Pole Vault:** 4th, St. Joseph's Invitational (10-0), 2nd, Bluffton Invitational (10-6), 5th, Bulldog Invitational (10-6), 2nd, SVSU Invitational (10-6), 19th, Hillsdale Gina Relays (10-6), 2nd, Northwood Open (10-6), 10th, GLIAC Championships (10-9.50), 10th, Aquinas Twilight (10-0)

**Julia Viel** **Fr.** **Distance** **Big Rapids, Mich.**  
**5000m Run:** 3rd, St. Joseph's Invitational (19:27.50), 2nd, Bluffton Invitational (19:11.04), 16th, GLIAC Championships (19:21.01); **3000m Run:** 11th, Bulldog Invitational (10:57.20)\*, 4th, SVSU Invitational (11:13.16), 7th, Hillsdale Gina Relays (10:48.10), 4th, Northwood Open (10:54.50)

**Jennifer Walsh** **Fr.** **Hurdles** **Wyoming, Mich./Kellogsville**  
**100m Hurdles:** 6th, St. Joseph's Invitational (16.94), 10th, Bluffton Invitational (16.83), 6th, Bulldog Invitational (16.54)\*, 6th, SVSU Invitational (16.62), 36th, Hillsdale Gina Relays (16.75), 4th, Northwood Open (16.93); **400m Hurdles:** 9th, St. Joseph's Invitational (1:17.14), 10th, Bluffton Invitational (1:17.66), 9th, Bulldog Invitational (1:16.50)\*, 8th, SVSU Invitational (1:15.61), 35th, Hillsdale Gina Relays (1:13.02), 6th, Northwood Open (1:12.54)

**Sonya White** **Fr.** **Throws** **Allegan, Mich.**  
**Shot Put:** 7th, St. Joseph's Invitational (32-9), 10th, Bluffton Invitational (33-4), 3rd, Bulldog Invitational (33-3.25), 9th, Northwood Open (33-9.25), 18th, GLIAC Championships (28-1.50); **Discus:** 10th, St. Joseph's Invitational (78-3.50), 14th, Bluffton Invitational (85-0), 5th, Bulldog Invitational (88-5), 9th, Northwood Open (102-4); **Hammer Throw:** 9th, Bluffton Invitational (98-7), 5th, Bulldog Invitational (110-8), 5th, SVSU Invitational (123-10.50), 11th, Northwood Open (112-2), 15th, GLIAC Championships (112-2)

**Leanna Wolf** **So.** **Middle Distance** **Fountain, Mich./Mason County Central**  
**1500m Run:** 3rd, St. Joseph's Invitational (4:59.45); **200m Dash:** 12th, Bluffton Invitational (27.54); **400m Dash:** 3rd, Bluffton Invitational (1:00.67); **800m Run:** 1st, Bulldog Invitational (2:17.00)\*, 2nd, SVSU Invitational (2:19.13), 8th, Hillsdale Gina Relays (2:15.44), 3rd, GLIAC Championships (2:13.61)▲, 3rd, Windsor Open (2:15.67)

**Relays**  
**4x100m Relay:** 1st, St. Joseph's Invitational (48.91), 2nd, Bluffton Invitational (49.55), 1st, Bulldog Invitational (48.1)\*, 6th, Hillsdale Gina Relays (48.28), T6th, Butler Twilight (48.74), 3rd, GLIAC Championships (47.90)▲, 1st, Windsor Open (48.83)  
**4x400m Relay:** 3rd, St. Joseph's Invitational (4:17.61), 1st, Bulldog Invitational (4:04.10)\*, 2nd, SVSU Invitational (4:01.40), 7th, Hillsdale Gina Relays (4:00.10), 3rd, Butler Twilight (3:58.64), 6th, GLIAC Championships (4:03.16)

\*Results Do Not Include Preliminary Rounds    \* Manual Time    \* Converted Time    ▲ NCAA-II Provisional National Qualification Mark

## 2003-04 WOMEN'S OUTDOOR TRACK AND FIELD SEASON BESTS

Event	Name	Mark	Date	Location
100 Meters	Sharon Smith	12.14*	4/8	Bulldog Invitational
100 Meter Hurdles	Molly Machinski	15.54*	4/8	Bulldog Invitational
200 Meters	Sharon Smith	24.75▲	5/7	GLIAC Championships
400 Meters	Ashley Farr	58.34	4/17	SVSU Invitational
400 Meter Hurdles	Larenda Hintz	1:08.35	5/1	Northwood Open
800 Meters	Leanna Wolf	2:13.61▲	5/7	GLIAC Championships
1,500 Meters	Jenny Irwin	4:33.11▲	5/7	GLIAC Championships
3,000 Meters	Jenny Irwin	10:05.80*▲	4/8	Bulldog Invitational
3,000 Meter Steeplechase	Crystal Flutur	11:53.17	4/17	SVSU Invitational
5,000 Meters	Rachel Cox	17:57.28	5/1	Butler (Ind.) Twilight
10,000 Meters	Rachel Cox	38:43.99	4/3	Bluffton Beaver Invitational
4x100 Meter Relay	—	47.90▲	5/7	GLIAC Championships
4x400 Meter Relay	—	3:58.64	5/1	Butler (Ind.) Twilight
Hammer Throw	Jessica Gladding	138-10.50	4/17	SVSU Invitational
Shot Put	Jessica Gladding	38-10.25	4/8	Bulldog Invitational
Discus	Jessica Gladding	127-8.50	4/17	SVSU Invitational
Javelin	Abigail Bearman	98-11	3/27	St. Joseph's Invitational
Long Jump	Jennifer Delamater	17-4.25	3/27	St. Joseph's Invitational
Pole Vault	Kristyn Buck	11-6.25▲	4/10	MSU Spartan Invitational

**\*FINAL 2003-04 WOMEN'S OUTDOOR TRACK AND FIELD SCHEDULE/RESULTS\***

DATE	MEET/INVITATIONAL	SITE	RESULTS/TIME
March 27	Saint Joseph's (Ind.) Invitational	Rensselaer, Ind.	2nd of three teams (120 points)
April 3	Bluffton (Ohio) Beaver Invitational	Bluffton, Ohio	2nd of eight teams (136 points)
<b>April 8</b>	<b>Bulldog Invitational</b>	<b>Big Rapids, Mich.</b>	<b>No Team Scoring</b>
April 17	Saginaw Valley State Invitational	University Center, Mich.	No Team Scoring
April 23-24	Hillsdale Gina Relays	Hillsdale, Mich.	No Team Scoring
May 1	Northwood Open	Midland, Mich.	No Team Scoring
May 1	Butler (Ind.) Twilight	Indianapolis, Ind.	No Team Scoring
May 6-7	GLIAC Outdoor Track and Field Championships	Hillsdale, Mich.	6th of 10 teams (52 points)
May 12	Aquinas Twilight Invitational	Grand Rapids, Mich.	No Team Scoring
May 14	Windsor (Ontario) Open	Windsor, Ontario	No Team Scoring
May 27-29	NCAA Division II Outdoor Championships	Pomona, Calif.	Did Not Score

All times are Eastern and subject to change  
Home meets in **bold** and held at FSU's Top Taggart Field

**2003-04 WOMEN'S OUTDOOR TRACK AND FIELD INDIVIDUAL HONORS**

**ALL-GLIAC PERFORMERS**

*\*Placed sixth at the league meet under head coach Jeff Kavalunas\**

**Rachel Cox** – 2nd, 5000 meters (18:00.67)  
**Sharon Smith** – 3rd, 200 meters (24.75)  
**Leanna Wolf** – 3rd, 800 meters (2:13.61)

**NCAA DIVISION II NATIONAL COMPETITOR**

*\*Sophomore Jenny Irwin competed in the 2004 NCAA-II Championships\**

**Jenny Irwin** – 1,500 meters (Placed 11th - 4:40.73)

**NCAA DIVISION II PROVISIONAL NATIONAL QUALIFIERS**

*\*FSU registered six NCAA Division II Provisional National Performances\**

**Jenny Irwin** – 1,500 meters (4:33.11)  
**Jenny Irwin** – 3,000 meters (10:05.80)  
**Kristyn Buck** – Pole Vault (11-6.25)  
**Sharon Smith** – 200 meters (24.75)  
**Leanna Wolf** – 800 meters (2:13.61)  
**4x100-Meter Relay** – (47.90)

*(Jennifer Delamater, Sharon Smith, Crystal Kuzma, Elizabeth Engle)*

**FERRIS STATE ALL-TIME OUTDOOR TOP FIVE PERFORMANCES**

*\*FSU posted 17 school top five all-time marks this season\**

**Name** – FSU All-Time Ranking, Event, Meet (Mark)

**Sharon Smith** – 1st, 100 meters, Bulldog Invitational (12.14)  
**Sharon Smith** – 1st, 200 meters, Bulldog Invitational (24.75)  
**Michelle Blanch** – 5th, Pole Vault, Hillsdale Gina Relays (10-0.25)  
**Kristyn Buck** – 1st, Pole Vault, MSU Spartan Invitational (11-6.25)  
**Rachel Cox** – 1st, 5000 meters, Butler (Ind.) Twilight (17:57.28)  
**Rachel Cox** – 4th, 10000 meters, Bluffton Invitational (38:43.99)  
**Jennifer Delamater** – 3rd, 100 meters, Bulldog Invitational (12.24)  
**Crystal Flutur** – 1st, 3000 Steeplechase, SVSU Invitational (11:53.17)  
**Jessica Gladding** – 5th, Hammer Throw, SVSU Invitational (138-10.50)  
**Jenny Irwin** – 1st, 1500 meters, GLIAC Championships (4:33.11)  
**Jenny Irwin** – 1st, 3000 meters, Bulldog Invitational (10:05.80)  
**Jenny Irwin** – 2nd, 5000 meters, Bluffton Invitational (18:03.21)  
**Crystal Kuzma** – 4th, 100 meters, GLIAC Championships (12.36)  
**Mary Miller** – 5th, 10000 meters, Bluffton Invitational (39:23.77)  
**Leanna Wolf** – 4th, 800 meters, GLIAC Championships (2:13.61)  
**Michele Vanderhyde** – 4th, Pole Vault, GLIAC Championships (10-9.50)  
**4x100 Relay** – 2nd, GLIAC Championships (47.90)  
*(Jennifer Delamater, Sharon Smith, Crystal Kuzma, Elizabeth Engle)*

**INDIVIDUAL FIRST PLACE FINISHES**

*\*Ferris State had 25 first-place finishes during the outdoor campaign\**

**Kristyn Buck** – Pole Vault, Bluffton Invitational, 1st, (11-0.25)  
**Kristyn Buck** – Pole Vault, SVSU Invitational, 1st, (11-0)  
**Rachel Cox** – 5000 Meters, St. Joseph's Invite, 1st, (18:45.42)  
**Rachel Cox** – 5000 Meters, Aquinas Twilight, 1st, (18:38.38)  
**Rachel Cox** – 10000 Meters, Bluffton Invitational, 1st, (38:43.99)  
**Jennifer Delamater** – Long Jump, St. Joseph's Invite, 1st, (17-4.25)  
**Ashley Farr** – 400 Meters, SVSU Invitational, 1st, (58.34)  
**Crystal Flutur** – 3000 Steeplechase, Bluffton Invite, 1st, (11:58.26)  
**Crystal Flutur** – 3000 Steeplechase, SVSU Invitational, 1st, (11:53.17)  
**Jessica Gladding** – Shot Put, Bulldog Invitational, 1st, (38-10.25)  
**Jenny Irwin** – 1500 Meters, St. Joseph's Invite, 1st, (4:44.24)  
**Jenny Irwin** – 5000 Meters, Bluffton Invitational, 1st, (18:03.21)  
**Jenny Irwin** – 3000 Meters, Bulldog Invitational, 1st, (10:05.80)  
**Jenny Irwin** – 800 Meters, SVSU Invitational, 1st, (2:15.65)  
**Crystal Kuzma** – 100 Meters, St. Joseph's Invite, 1st, (12.50)  
**Crystal Kuzma** – 100 Meters, SVSU Invitational, 1st, (12.42)  
**Jaime Lyberg** – 400 Meters, Northwood Open, 1st, (1:01.14)  
**Sharon Smith** – 200 Meters, Bulldog Invitational, 1st, (25.54)  
**Sharon Smith** – 200 Meters, SVSU Invitational, 1st, (25.42)  
**Sharon Smith** – 100 Meters, Bulldog Invitational, 1st, (12.14)  
**Leanna Wolf** – 800 Meters, Bulldog Invitational, 1st, (2:17.00)  
**4x100 Relay** – Bulldog Invitational, 1st, (48.1)  
**4x100 Relay** – St. Joseph's Invitational, 1st, (48.91)  
**4x100 Relay** – Windsor (Ontario) Open, 1st, (48.83)  
**4x400 Relay** – Bulldog Invitational, 1st, (4:04.10)

**GLIAC ALL-ACADEMIC TEAM HONOREES**

*\*Ferris had 12 student-athletes earn GLIAC All-Academic Team honors\**

**Kristin Balla** – Sophomore; Farmington, Mich.  
**Abigail Bearman** – Junior; Port Huron, Mich./Northern  
**Michelle Blanch** – Senior; Grand Rapids, Mich./Kenowa Hills  
**Rachel Cox** – Senior; Gladstone, Mich./Battle Creek Lakeview  
**Crystal Flutur** – Sophomore; Ludington, Mich./Mason County Central  
**Jessica Gladding** – Sophomore; Fenwick, Mich./Central Montcalm  
**Jenny Irwin** – Sophomore; Scottville, Mich./Mason County Central  
**Kathryn Lange** – Sophomore; Laingsburg, Mich.  
**Jaime Lyberg** – Sophomore; Gladstone, Mich./Escanaba  
**Molly Machinski** – Senior; North Branch, Mich.  
**Mary Miller** – Junior; Sault Ste. Marie, Mich.  
**Michele Vanderhyde** – Junior; Howard City, Mich./Tri-County

