

2007 Bulldog Invitational Track and Field Meet

Date: Saturday April 7, 2007

Location: Top Taggart Track and Field

Entries: Team rosters and event entries must be received by **Tuesday April 3, 2007.**
FAX 231-591-2869. You may enter as many athletes as you would like in each event.
Hytek entries may be e-mailed to **kavalunj@ferris.edu**

Entry Fee: \$100 per team, or \$10.00 per individual.

Confirmation and Scratches: 10:00-11:00 AM in the 3rd floor press box.

Implement Weigh-ins: Weigh-in starts at the throwing area located across the street from Top Taggart Stadium at 10:00-11:30 AM.

Track Events: Seeding will be done following final scratches. All events will be timed finals.

Surface: 8 lane, 400 meter polyurethane. ¼ spikes or less.

Field Events: 3 attempts with top 8 to finals for an additional 3 attempts. NCAA competition rules in effect. **Note: Javelin will be contested on a grass runway.**

Results: Available in the press box approximately ½ hour after last event. Results will also be faxes to each school.

Starting Heights:

Men High Jump will start at 6'0"- 2" raises until 6 left then 1" raises.
Pole Vault will start at 12'6" – 6 " raises until 6 left then 3" raises.

Women High Jump will start at 4'10" – 2" raises until 6 left then 1" raises.
Pole Vault will start at 8'0" – 6" raises until 6 left then 3" raises.

Minimum Distances To Be Measured

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|-----|------------------|-------|------------------|
| Men | Discus – 120-00 | Women | Discus – 100-00 |
| | Hammer – 120-00 | | Hammer – 110-00 |
| | Shot Put – 40-00 | | Shot Put – 36-00 |
| | Javelin - 130-00 | | Javelin – 80-00 |

BULLDOG INVITATIONAL TRACK AND FIELD MEET Saturday April 7, 2007

Event Time Schedule

FIELD EVENTS

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|-------|--|
| 11:00 | Hammer Throw – Women then Men Shot Put – Men then Women Javelin – Women then Men |
| TBA | Discus – Women then Men (to follow men's hammer) |
| 11:00 | POLE VAULT – WOMEN THEN MEN |
| 11:00 | LONG JUMP – WOMEN THEN MEN |
| 12:00 | HIGH JUMP – WOMEN THEN MEN |
| TBA | TRIPLE JUMP – (to follow Men's LJ) Women then Men |

Running Events (Women precede Men. Fast heats second)

| | |
|-------|-------------------------------------|
| 12:00 | 5,000 Meters (Women) |
| 12:25 | 3,000 Steeplechase (Women then Men) |
| 12:55 | 400 Meter Relay |
| 1:10 | 1,500 Meter Run |
| 1:45 | 100 Meter Hurdles |
| 2:00 | 110 Meter Hurdles |
| 2:15 | 400 Meter Dash |
| 2:40 | 100 Meter Dash |
| 3:05 | 800 Meter Dash |
| 3:20 | 400 Meter Intermediate Hurdles |
| 3:40 | 200 Meter Dash |
| 4:15 | 3,000 Meters Run (Women) |
| 4:45 | 5,000 Meters Run (Men) |
| 5:15 | 1,600 Meters Relay |

**Rolling Time Schedule
Times Are Estimates**