

Bulldog Track & Field and Cross Country Newsletter

January 2006

Ferris State University

2006 Highlights

- FSU to host 2006 GLIAC Outdoor Track and Field Championships (May 4-5)
- Alumni Gathering at Bulldog Track and Field Invitational (April 8)

Bulldogs at the NCAA Championships

The 2005 men's and women's indoor and outdoor track and field teams qualified eight athletes to compete at the NCAA National Championships.

The Reggie Lewis Center in Boston MA. was the site for the undercover championships which featured several Bulldog athletes. Kamitra Carroll (Fr./Flint, MI.) participated in the shot put and finished 11th with a throw of 44-2. On the track, Jenny Irwin (Jr./

Scottville, MI.) ran in the Mile and placed 11th overall in a time of 4:58.38. Senior Sharon Smith (Inkster, MI.) competed in the 200 meter dash and finished in 17th place with a time of 25.57. Also, the Distance Medley Relay team of Jenny Irwin, Leanna Wolf (Jr./Ludington, MI.), Geneva Jones (Jr./Detroit, MI.) and Chandra Robinson (Fr./Warren, MI.) scored an 8th place finish with a time of 11:56.52 to earn All-American honors.

The outdoor championship was held at Abilene Christian University in Abilene, TX. Two individuals qualified to compete in the finals. Jenny Irwin advanced to the finals of the 1500 meter run and went on to finish in 4th place with a time of 4:30.60 and earn All-American honors. Qualifying in the Shot Put, Kamitra Carroll threw 45-11.25 in the preliminaries to finish in 11th place.



Hall of Fame Inductees

Three former track and field and cross country athletes were inducted into the Ferris State Bulldog Athletics Hall of Fame Class of 2005.

John Dawe of Whitmore Lake, cross country and track and field (1973-

1976); Sherri Jones of Muskegon, track and field (1984-1988); and Dr. Rhonda (Filius) Little, of Waterford, track and field (1980-1984).

The Bulldog Athletics Hall of Fame, which inducted its charter class

in 2000, was established to honor those student-athletes and coaches who have distinguished themselves in their sport.

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GLIAC Track & Field Championships

The men's and women's track and field teams finished 7th (31 points) and 4th (51.5 points), respectively at the 2005 GLIAC Indoor Championships held at Saginaw Valley State University. Grand Valley captured both team titles.

Earning All-GLIAC honors were freshman Jared Kelsh, 3rd, Mile (4:15.19) and senior Ryan Rouse, 3rd, Pole Vault (14-11). For the women, Junior Jenny Irwin was 1st in the 3000 (10:12.08), senior

Sharon Smith finished 3rd in both the 55 and 200 (7.27/25.31), freshman Kamitra Carroll placed 2nd in the Shot (45-10.75), and the Distance Medley Relay was 2nd with a time of (11:51.89).

FSU's men's and women's teams both took 6th place at the outdoor GLIAC Championships hosted by Grand Valley State. The Bulldog women registered 64.5 points in the 10-team field, while the men's squad totaled 44.5 points in

their 9-team division. GVSU won both the men's and women's titles. All-GLIAC honors went to Kyle Schuberg—3rd, 200 (22.62), 3rd, Long Jump (22-4.25); Joe Mielke—3rd, HJ (6-5.5); Kurt Peterson—3rd, PV (14-3.25); Jenny Irwin—2nd, 1500 (4:34.90) and 2nd, 3000 (10:11.17); Kamitra Carroll—2nd, Shot (46-6.75); Jessica Gladding—3rd, Discus (126-3); and Sharon Smith—3rd, 100 (12.45)



Jared Kelsh



Irwin First Women's Cross Country All-American

Senior Jenny Irwin (Scottville/Mason County Central) of the 2005 Ferris State cross country team earned All-America honors with a 20th -place finish in the 25th annual NCAA Division II National Cross Country Championships held Saturday November 19th in Pomona CA. Irwin fin-

ished the 6-kilometer race in a time of 22:11.7 to become the first women's cross country All-American in Bulldog history. Her performance also represented the highest finish ever for a FSU performer at the Division II Women's Cross Country Championships. Irwin claimed

first team All-GLIAC honors for the 3rd consecutive season and 1st team All-Region honors for the 2nd consecutive year. Irwin placed among the top 5 meet competitors in all 7 of her races prior to the national championships, which included 5 individual titles.



Kamitra Carroll

All-Time Top 5 Performances

Indoors

Kyle Schuberg—2nd, 200 meters (22.47)

Joe Mielke—T5th, High Jump (6-6)

Kamitra Carroll—1st, Shot (47-9.25); 4th, Weight (47-11)

Jenny Irwin—1st, Mile (4:58.38); 1st, 3000 (10:12.05); 3rd, 800 (2:14.40)

Sharon Smith—2nd, 200 (25.31); 3rd, 55 (7.27)

Mary Miller—4th, 3000 (10:25.69)

Women's Distance Medley Relay—1st, (11:51.89)

Outdoor

Jared Kelsh—3rd, 1500 (3:53.87)

Joe Mielke—T5th, HJ (6-8)

Jenny Irwin—1st, 1500 (4:30.11); 1st, 3000 (10:00.97)

Kamitra Carroll—1st, Shot (47-3.75)

Jessica Gladding—3rd, Hammer (151-11)

Mary Miller—5th, 10,000 (39:20.13)

2005 Men's and Women's Cross Country



#42 Ray Rollet

The 2005 Bulldog Men's and Women's cross country teams concluded their seasons at the NCAA Great Lakes Region Championships hosted by Ferris State at Katke Golf course. The men's squad moved up to 17th, while the women finished 5th for the second year in a row. At the Great Lakes Intercollegiate Athletic Conference (GLIAC) Championships, the men

placed 9th and the women 3rd for the second consecutive year.

Individually, the men were paced the entire season by sophomore Ray Rollet (S. Rockwood/Airport), who finished 42nd and 76th respectively at the GLIAC and Regional Championships, and was the individual champion at the Wildcat Open hosted by Northern Michigan University. On

the women's side, Senior Jenny Irwin paced the team with record setting performances throughout the entire season, earning 1st team All-GLIAC and All-Region honors. Also earning accolades was Freshman Mikinzie Stuart (Saginaw/Nouvel CC) earning 2nd team All-Region honors, with an 11th place finish.

FSU Hosts NCAA Championship

Ferris State University hosted the 2005 NCAA Great Lakes Regional Men's and Women's Cross Country Championships Saturday November 5th, at FSU's Katke Golf Course.

The 25th annual women's postseason event and 47th annual men's championship featured approximately 260 student-

athletes with the women competing at 6,000 meters and the men contesting 10,000 meters

The regional fields included 23 men's teams and 24 women's teams from the Great Lakes Region which encompassed all schools from the Great Lakes Intercollegiate Conference (GLIAC), and the

Great Lakes Valley Conference (GLVC). The top 4 men's and women's teams along with the top 2 individual finisher not associated with one of the four squads automatically qualified for the finals to be held at Pomona CA. Grand Valley State won both the men's and women's titles

"While it's a lot of work to put on an event of this magnitude, it also provides us with an opportunity to enhance our sport locally and will be a big boost for our athletes competing,"
Coach Kavalunas

Schuberg Awarded Bennett Scholarship

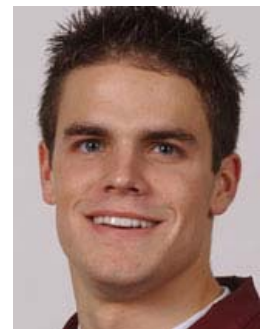
Junior Kyle Schuberg, (Big Rapids/Big Rapids) has been named the first recipient of the Norman and Helen Bennett Memorial Track and Field Scholarship.

Kyle has competed in the sprints and long jump for the FSU men's track and field team. In 2005, he earned All-GLIAC honors

in the outdoor 200 meters and the long jump. Indoors, Schuberg had the #2 All-Time 200 mark with a time of 22.47 and earned an NCAA National Championship provisional mark. Academically, Kyle maintains a 3.75 G.P.A in Plastics Technology.

The scholarship is in honor of Helen Bennett

who began teaching at Ferris in 1956 and served as a physical education instructor and coach, and Norman Bennett, who served as head track coach from 1956 to 1971. Norman led the Bulldogs to three undefeated seasons, and never had a losing season.



Kyle Schuberg

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Bulldog Track & Field/Cross Country

2006 Track & Field and Cross Country

Indoor Track and Field

			4/26-27	GLIAC Multis	HC-Hillsdale, MI.
1/13	Chippewa Open	CMU-Mt. Pleasant, MI.	4/28-29	Hillsdale Relays	HC-Hillsdale, MI.
1/20	Mike Lintz Open	GVSU-Allendale, MI.	5/4-5	GLIAC Champ.	Ferris-Big Rapids, MI.
1/28	Notre Dame Invite.	ND- South Bend, IN.	5/12-13	North Central Open	NCC-Naperville II.
2/3-4	Div. II Challenge	SVSU-Saginaw, MI.	5/25-27	NCAA Outdoor Champ.	Emporia State-Emporia, KS.
2/10	Grand Valley Open	GVSU-Allendale, MI.			
2/17	Jack Skoog Open	CMU-Mt. Pleasant, MI.			
2/24-25	GLIAC Champ.	Univ. of Findlay-Findlay, OH.			
3/10-11	NCAA Indoor Champ.	Boston, MA			

Outdoor Track and Field

4/1	St. Joseph Invite.	SJU-Rensselear, IN.			
4/8	Bulldog Invitational	FSU-Big Rapids, MI.			
4/15	Saginaw Valley Invite.	SVSU-Saginaw, MI.			
4/22	Northwood Invite.	NU-Midland, MI.			

Cross Country

9/1	Drenth Open	CMU-Mt. Pleasant, MI.
9/14	Spartan Invite.	MSU-E. Lansing, MI.
9/22	Bulldog Invite	FSU-Big Rapids, MI.
9/30	Loyola Invite	Loyola Univ.-Chicago, IL.
10/6	Michigan Collegiate Champ	T.B.A
10/21	GLIAC Championships	Univ. of Findlay-Findlay, OH.
11/4	NCAA Great Lakes Region	Univ. of W-P-Parkside, WI.
11/18	NCAA Championships	Univ. of W. Fla.-Pensacola, FL.