



WOMEN'S TRACK & FIELD RECORDS

WOMEN'S INDOOR RECORDS

| Event | Name | Performance | Year | Site |
|------------------|---|-------------|------|----------------------|
| 55 Meters | Jennifer Delamater | 7.17 | 2002 | Hillsdale |
| 55 Meter Hurdles | Morgan Buckner | 8.17 | 2002 | Hillsdale |
| 200 Meters | Jennifer Delamater | 25.26 | 2002 | Hillsdale |
| 300 Yards | Gina Mitchell | 37.64 | 1986 | Michigan State |
| 300 Meters | Melissa Thomas | 40.71 | 1991 | Saginaw Valley State |
| 400 Meters | Keisha Jones | 56.58 | 1999 | Indianapolis |
| 600 Yards | Sherri Jones | 1:28.04 | 1986 | Michigan State |
| | Penny Bailey | 1:28.04 | 1988 | Macomb C.C. |
| 600 Meters | Monica Ferguson | 1:35.94 | 1992 | Saginaw Valley State |
| 800 Meters | Katie Chapman | 2:09.30 | 2002 | Boston, Mass. |
| 1000 Yards | Shelly Saunders | 2:42.44 | 1985 | Ferris State |
| 1000 Meters | Nikki Norris | 2:59.34 | 1991 | Grand Valley State |
| 1500 Meters | Shelly Saunders | 4:39.31 | 1985 | North Dakota State |
| 3000 Meters | Dawn VanBrocklin | 10:15.74 | 1986 | Grand Valley State |
| 5000 Meters | Dawn VanBrocklin | 17:50.14 | 1986 | Grand Valley State |
| High Jump | Rhonda Filius | 5-9 | 1981 | Central Michigan |
| Long Jump | Tanisha Maze | 18-6 3/4 | 1992 | Grand Valley State |
| Triple Jump | Tanisha Maze | 38-5 | 1992 | Saginaw Valley State |
| Shot Put | Tianna Kirkland | 46-11 | 2002 | Boston, Mass. |
| 20 lb. Weight | Farrah Sewell | 56-7 1/4 | 2001 | Boston, Mass. |
| Pole Vault | Adrienne Desenzio | 11-0 1/4 | 2003 | Saginaw Valley State |
| 4 x 400 Meters | Wolf, Kilbourne Colladay, Washington | 3:51.55 | 1995 | Iowa State |
| 4 x 800 Meters | Irwin, Jones Flutur, Wolf | 9:14.16 | 2004 | Findlay |
| Distance Medley | Bailey, Drown Langley, Klein | 12:40.24 | 1988 | Michigan State |



D'Ann Hoppa



Jody Pavlik



Amanda Wolf



Shelly Saunders

WOMEN'S OUTDOOR RECORDS

| Event | Name | Performance | Year | Site |
|-------------------------|---|-------------|------|------------------------|
| 100 Meters | Sharon Smith | 12.14 | 2004 | Ferris State |
| 200 Meters | Sharon Smith | 24.75 | 2004 | Ferris State |
| 400 Meters | Lauren Washington | 55.73 | 1992 | Hillsdale |
| 800 Meters | Katie Chapman | 2:06.94 | 2002 | Hillsdale |
| 1500 Meters | Jenny Irwin | 4:33.11 | 2004 | Hillsdale |
| 3000 Meters | Jenny Irwin | 10:05.80 | 2004 | Ferris State |
| 3000 Meter Steeplechase | Crystal Flutur | 11:53.17 | 2004 | Saginaw Valley State |
| 5000 Meters | Rachel Cox | 17:57.28 | 2004 | Butler |
| 10,000 Meters | Kerry Wolcott | 38:32.84 | 1989 | Hillsdale |
| 100 Meter Hurdles | Morgan Buckner | 14.48 | 2002 | Northwood |
| 400 Meter Hurdles | Sherri Jones | 1:00.15 | 1988 | Angelo State |
| 4 x 100 Meters | Taber, Thomas Kilbourne, Washington | 47.84 | 1992 | Hillsdale |
| 4 x 400 Meters | Washington, Edinger Ferguson, Thomas | 3:44.90 | 1992 | Angelo State |
| Long Jump | Jaime Sollose | 18-2 1/2 | 1999 | Ferris State |
| Triple Jump | Jaime Sollose | 37-2 1/2 | 2001 | Ferris State |
| High Jump | Rhonda Filius | 5-8 | 1983 | Southeast Missouri St. |
| Shot Put | Tianna Kirkland | 47-0 1/4 | 2002 | San Angelo, Texas |
| Discus | Tianna Kirkland | 153-7 | 2002 | San Angelo, Texas |
| Javelin | Terri Patterson | 143-10 | 1989 | Southwestern Michigan |
| Hammer Throw | Farrah Sewell | 180-9 | 2000 | Grand Valley State |
| Pole Vault | Kristyn Buck | 11-6 1/4 | 2004 | Michigan State |

