

WOMEN'S TOP FIVE ALL-TIME OUTDOOR MARKS

100 METERS

Katina Kilbourne	12.16	1992
Jennifer Delamater	12.34	2001
Crystal Kuzma	12.36	2003
Cynthia Merritt	12.37	1988
Tina Salo	12.44	1982
Karen Burr	12.44	1982

200 METERS

Jennifer Delamater	24.85	2002
Melissa Thomas	25.04	1991
Katina Kilbourne	25.04	1994
Sharon Smith	25.32	2003
Crystal Kuzma	25.49	2003
Gina Mitchell	25.54	1985

400 METERS

Lauren Washington	55.73	1992
Kiesha Jones	55.90	1999
Melissa Thomas	56.09	1991
Sherri Jones	56.43	1988
Gina Mitchell	56.94	1985

800 METERS

Katie Chapman	2:06.94	2002
Lori Edinger	2:11.01	1994
Monica Ferguson	2:13.24	1991
Sherri Jones	2:14.44	1986
Penny Bailey	2:15.25	1989

1500 METERS

Shelly Saunders	4:36.24	1985
Katie Chapman	4:38.50	2002
Penny Bailey	4:41.14	1989
Monica Ferguson	4:42.44	1992
Emily Koss	4:43.04	1987

3000 METERS

Karen Klein	10:12.74	1987
Emily Koss	10:15.34	1987
Dawn VanBrocklin	10:27.74	1985
Denise DeLong	10:29.14	1982
Penny Bailey	10:30.74	1989

5000 METERS

Dawn VanBrocklin	18:04.04	1985
Rachel Cox	18:09.11	2003
Tracy Burry	18:09.43	1992
Kerry Wolcott	18:22.14	1989
Pam Browne	18:34.14	1990

10,000 METERS

Kerry Wolcott	38:32.84	1989
Pam Browne	38:36.24	1991
Karen Klein	38:40.34	1987
April Smith	39:39.84	2002
Barb Bacon	39:49.34	1987

100 METER HURDLES

Morgan Buckner	14.48	2002
Shellie Gaul	14.60	1995
Lauren Washington	14.74	1992
Sherri Jones	14.85	1988
Althea Graham	14.98	2003

400 METER HURDLES

Sherri Jones	1:00.15	1988
Lauren Washington	1:00.55	1992
Carrie Cunningham	1:02.68	1993
Sue Sweinhagen	1:03.14	1994
Jessica Berube	1:04.54	2003

SHOT PUT

Tianna Kirkland	47-0.25	2002
Farrah Sewell	41-10.5	2000
Antionette Rose	41-8	1986
Jill Trembl	41-6	1981
Vicky Butchko	41-1.5	1989

DISCUS

Tianna Kirkland	153-7	2002
Jody Pavlik	151-1	1997
D'Ann Hoppa	150-9	1989
Farrah Sewell	145-6	2000
Vicky Butchko	136-1	1993

JAVELIN

Terri Paterson	143-10	1989
Jennifer Brogger	133-6	2002
Atesha Olds	125-1	2002
Carla Buechler	123-7	2000
Michelle Dupie	116-9.5	1985

LONG JUMP

Jamie Sollose	18-2.5	1999
Toya Hunter	18-1	1994
Deb Mackins	17-11.75	1983
Sarah Duesing	17-11.5	2003
Althea Graham	17-8	2003

TRIPLE JUMP

Jamie Sollose	37-2.5	2001
Melissa Braxton	36-6.5	1999
Shellie Gaul	36-2	1995
Toya Hunter	35-8	1994
Theresa Schindler	35-7.5	1989

HIGH JUMP

Rhonda Filius	5-8	1983
Sarah Duesing	5-6	2003
Trisha Sustarich	5-6	1997
Joann Herst	5-6	1986
Theresa Schindler	5-4	1988
Morgan Buckner	5-4	2002

4 x 100 METERS

Taber, Washington, Kilbourne, Thomas	47:84	1992
Buckner, Desenzio, Kuzma, Delamater	48.34	2001
Gaul, Wallin, Kilbourne, Thomas	48:36	1994

4 x 400 METERS

Washington, Edinger, Ferguson, Thomas	3:44.90	1992
Washington, Edinger, Ferguson, Thomas	3:45.42	1992
Washington, Edinger, Ferguson, Thomas	3:45.64	1992

HAMMER THROW

Farrah Sewell	180-9	2000
Tianna Kirkland	157-6	2002
Carla Buechler	150-7	2000
Jody Pavlik	150-1	1997
Atesha Olds	135-2	2002

POLE VAULT

Adrienne Desenzio	11-3.5	2003
Kristyn Buck	11-0.25	2003
Susan Jadan	11-0	2001
Michele Vanderhyde	10-6	2003
Michelle Blanch	10-0.25	2003
Emily Kooiker	9-10	2002



TOP-FIVE PERFORMER

Senior Kristyn Buck presently ranks second among Ferris State's all-time performers in the women's outdoor pole vault. A 2003-04 team captain, Buck also holds the school's third-best indoor pole vault performance.

KATIE CHAPMAN: ELITE TEAM MEMBER

Former FSU All-American Katie Chapman joined the Indiana Invaders, an elite USA Track and Field Club Team, in April of 2003.

The Invaders compete in USA Track and Field National Championship competitions.

Chapman was a three-time All-American in the 800 meters at Ferris State. She currently holds both the school's indoor (2:09.30) and outdoor (2:06.94) records in the event.

