

FERRIS STATE CROSS COUNTRY ROSTERS

2003 MEN'S ROSTER

Name	Year	Hometown/High School (College)
Barrington Dykes	Fr.	Greenville, Mich./Central Montcalm
Joe Every	Sr.	Niles, Mich.
Chase Gibson	Fr.	Big Rapids, Mich.
Kurt Kramer	Jr.	Pewamo, Mich./Pewamo-Westphalia
B.J. Meyers	Fr.	Rockford, Mich.
Joe Swendrowski	So.	Rockford, Mich.

2003 WOMEN'S ROSTER

Name	Year	Hometown/High School (College)
Kristen Balla	So.	Farmington, Mich.
Rachel Cox	Jr.	Gladstone, Mich./Battle Creek Lakeview (Indiana Wesleyan)
Crystal Flutur	So.	Ludington, Mich./Mason County Central
Jenny Irwin	So.	Scottville, Mich./Mason County Central
Geneva Jones	So.	Detroit, Mich./Cooley
Kathryn Lange	So.	Laingsburg, Mich.
Mary Miller	Jr.	Sault Ste. Marie, Mich.
Chandra Robinson	Fr.	Warren, Mich./Mott
Julia Viel	Fr.	Big Rapids, Mich.
Leanna Wolf	So.	Fountain, Mich./Mason County Central

Head Coach: Jeff Kavalunas (Grand Valley State, 1987)

Assistant Coach: Lisa Rollefstad



Sophomore Joe Swendrowski aims for the finish in a men's cross country race.



The Bulldogs Take Off At The 2003 GLIAC Cross Country Championships



MEN'S CROSS COUNTRY MVP'S

2002	Steve Picucci
2001	Joe Swendrowski
2000	Steve Picucci
1999	Steve Picucci
1993	Chad Waucaush
	Trevor Smith
1992	Jeremy Bruskotter
1991	Joe Wardie
1990	Lee Christensen
1989	Lee Christensen
1988	Dan Ebright
1987	Dan Ebright
1986	Dan Ebright
1985	Pete Rittenger
1984	Paul Mehlberg
1983	Paul Mehlberg
1982	Pete Rittenger
1981	John Steinberg
1980	John Steinberg
1979	John Steinberg
1976	Bob Ewigleben
	Dave Baker
1975	Tony Fleming
1974	Steve Fountain
1973	Tony Fleming
1972	George Wilson
1971	Steve McFarlan
1970	Alan Kennedy
1969	Dennis Weymouth
	Tom Morrell
1968	Alan Kennedy

WOMEN'S CROSS COUNTRY MVP'S

1980	Denise DeLong	1992	Jill Myrand
1981	Denise DeLong	1993	Sherine Powell
1982	Denise DeLong	1994	Lori Kamrowski
1983	Dawn Clark	1995	Jenny Barber
1984	Shelly Saunders	1996	Jenny Barber
1985	Dawn VanBrocklin	1997	Michelle Terry
1986	Karen Klein	1998	Michelle Terry
1987	Emily Kloss	1999	Katie Klaver
1988	Penny Bailey	2000	Michelle Terry
1989	Jeanne Spitler	2001	April Smith
1990	Nikki Norris	2002	Jenny Irwin
1991	Monica Ferguson		



Monica Ferguson