

WOMEN'S TOP FIVE ALL-TIME OUTDOOR MARKS

100 METERS

Sharon Smith	12.14	2004
Katina Kilbourne	12.16	1992
Jennifer Delamater	12.24	2004
Crystal Kuzma	12.36	2004
Cynthia Merritt	12.37	1988
Tina Salo	12.44	1982

200 METERS

Sharon Smith	24.75	2004
Jennifer Delamater	24.85	2002
Melissa Thomas	25.04	1991
Katina Kilbourne	25.04	1994
Crystal Kuzma	25.49	2003
Gina Mitchell	25.54	1985

400 METERS

Lauren Washington	55.73	1992
Kiesha Jones	55.90	1999
Melissa Thomas	56.09	1991
Sherri Jones	56.43	1988
Ashley Farr	56.86	2006

800 METERS

Katie Chapman	2:06.94	2002
Jenny Irwin	2:08.95	2006
Lori Edinger	2:11.01	1994
Monica Ferguson	2:13.24	1991
Leanna Wolf	2:13.61	2004

1500 METERS

Jenny Irwin	4:24.13	2006
Shelly Saunders	4:36.24	1985
Katie Chapman	4:38.50	2002
Penny Bailey	4:41.14	1989
Monica Ferguson	4:42.44	1992

3000 METERS

Jenny Irwin	9:43.87	2006
Karen Klein	10:12.74	1987
Emily Koss	10:15.34	1987
Dawn VanBrocklin	10:27.74	1985
Denise Delong	10:29.14	1982

5000 METERS

Rachel Cox	17:57.28	2004
Jenny Irwin	18:03.21	2004
Dawn VanBrocklin	18:04.04	1985
Tracy Burry	18:09.43	1992
Kerry Wolcott	18:22.14	1989

10,000 METERS

Kerry Wolcott	38:32.84	1989
Pam Browne	38:36.24	1991
Karen Klein	38:40.34	1987
Rachel Cox	38:43.99	2004
Mary Miller	39:20.13	2005

100 METER HURDLES

Morgan Buckner	14.48	2002
Shelli Gaul	14.60	1995
Lauren Washington	14.74	1992
Sherri Jones	14.85	1988
Althea Graham	14.98	2003

400 METER HURDLES

Sherri Jones	1:00.15	1988
Lauren Washington	1:00.55	1992
Carrie Cunningham	1:02.68	1993
Sue Sweinhagen	1:03.14	1994
Jessica Berube	1:04.54	2003

SHOT PUT

Kamitra Carroll	47-11.25	2006
Tianna Kirkland	47-0.25	2002
Farrah Sewell	41-10.5	2000
Antionette Rose	41-8	1986
Jill Treml	41-6	1981

DISCUS

Tianna Kirkland	153-7	2002
Jody Pavlik	151-1	1997
D'Ann Hoppa	150-9	1989
Farrah Sewell	145-6	2000
Vicky Butchko	136-1	1993

JAVELIN

Terri Paterson	143-10	1989
Jennifer Brogger	133-6	2002
Atesha Olds	125-1	2002
Carla Buechler	123-7	2000
Michelle Dupie	116-9.5	1985

LONG JUMP

Jamie Sollose	18-2.5	1999
Toya Hunter	18-1	1994
Deb Mackins	17-11.75	1983
Sarah Duesing	17-11.5	2003
Althea Graham	17-8	2003

TRIPLE JUMP

Jamie Sollose	37-2.5	2001
Melissa Braxton	36-6.5	1999
Shelli Gaul	36-2	1995
Toya Hunter	35-8	1994
Theresa Schindler	35-7.5	1989

HIGH JUMP

Rhonda Filius	5-8	1983
Sarah Duesing	5-6	2003
Trisha Sustarich	5-6	1997
Joann Herst	5-6	1986
Theresa Schindler	5-4	1988
Morgan Buckner	5-4	2002

4 x 100 METERS

Taber, Washington, Kilbourne, Thomas	47:84	1992
Delamater, Smith, Kuzma		
Engle	47.90	2004
Buckner, Desenzio, Kuzma, Delamater	48.34	2001

4 x 400 METERS

Washington, Edinger, Ferguson, Thomas	3:44.90	1992
Washington, Edinger, Ferguson, Thomas	3:45.42	1994
Washington, Edinger, Ferguson, Thomas	3:45.64	1992

HAMMER THROW

Farrah Sewell	180-9	2000
Tianna Kirkland	157-6	2002
Kamitra Carroll	154-3	2006
Jessica Gladding	151-11	2005
Carla Buechler	150-7	2000

POLE VAULT

Kristyn Buck	11-6.25	2004
Adrienne Desenzio	11-3.5	2003
Susan Jadan	11-0	2001
Michele Vanderhyde	10-9.5	2004
Michelle Blanch	10-0.25	2004
Emily Kooiker	9-10	2002



SCHOOL RECORD HOLDER

Former Bulldog Sherri Jones holds the school's outdoor 400-meter hurdle record. She was among three former track and field athletes inducted into the 2005 FSU Athletics Hall of Fame Class.



GLIAC TOP-EIGHT FINISHER

Senior Elizabeth Engle earned a medal at the 2006 GLIAC Outdoor Track and Field Championships hosted by Ferris State as she placed eighth overall in the javelin with a toss of 101-6. The Bulldog women posted 13 top-eight finishes in the meet.