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April 26, 2007
For immediate release

Northwood's Jamie Long Named 2007 GLIAC Women's Golf "Athlete of the Year"

GVSU's Bennett Earns "Freshman of the Year" Honors, NU's Turner Named "Coach of the Year"

BAY CITY, Mich. -- Northwood University senior **Jamie Long** was named the 2007 Great Lakes Intercollegiate Athletic Conference (GLIAC) Women's Golf "Athlete of the Year." Grand Valley State University's **Caitlin Bennett** earned the conference's "Freshman of the Year" title, while Northwood's **Dave Turner** was tabbed "Coach of the Year."

Long turned in a strong senior season at Northwood, finishing with the team's top score in nine of 11 events. This spring Long was at her best, earning a pair of wins and four top-five finishes in five events. She earned All-GLIAC honors all four years of her career and placed in the top ten of the GLIAC Tournament all four seasons as well. She shot 75 or better on six occasions during the season and shot over 84 just once. She posted an individual record of 730-100 (.880) over the course of the year. Long is the first Northwood women's golfer to earn the GLIAC Player of the Year honor.

Bennett was named to the All-GLIAC First Team in her debut as a Laker, posting a 78.2 stroke average on the season. She finished in the top ten in five tournaments, claiming medalist honors in the Findlay Invitational. Bennett shot a 75 in the first round and fired a 73 in the second round to help the Lakers win the invitational. She followed that performance with a third place finish in the Bubba Watson Invitational, recording rounds of 73 and 74 in the two-round tournament. In the Lakers' second place finish at the GLIAC Championships, Bennett took sixth place, firing a three round score of 235 (81-75-79).

Turner guided Northwood to a third place finish at the GLIAC Tournament and to a school-record breaking season. The Timberwolves set new school standards in team round (306) and tournament score (616) at the Northern Kentucky Spring Invitational, a tournament that saw Northwood place third out of 21 teams. Northwood earned a total of seven top-five finishes, including five of the six spring events the Timberwolves entered. A former GLIAC Men's Golf Coach of the Year, this is the first time Turner has earned the honor on the women's side.

Joining **Long** and **Bennett** on the 2007 All-GLIAC First Team are: sophomore's **Becky Hoffman** and **Alison Meyers**, junior **Missy Ward**, and senior **Casey McKinnon** of Ferris State University; and sophomore **Jackie Studor** of Northwood.

The All-GLIAC Second Team includes: sophomores **Raquel Hansen** and **Meghan Hunter** of Ferris State; freshmen **Caitlin Duval** and **Ashley Smith**, and junior **Tracey Puckering** of Grand Valley State; and junior **Stephanie Gillette** of the University of Findlay.

A complete list of the 2007 All-GLIAC Women's Golf teams are on the following page.

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2007 GLIAC Women's Golf Postseason Awards

Player of the Year: Jamie Long - Northwood University
Freshman of the Year: Caitlin Bennett - Grand Valley State University
Coach of the Year: Dave Turner - Northwood University

2007 All-GLIAC Women's Golf Teams

First-Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Hometown/High School</u>
Caitlin Bennett	Grand Valley State	Fr.	Grosse Pointe Woods, Mich./North
Becky Hoffman	Ferris State	Jr.	Gaines, Mich./Swartz Creek
Jamie Long	Northwood	Sr.	Swartz Creek, Mich.
Casey McKinnon	Ferris State	Sr.	St. Ignace, Mich./LaSalle
Alison Meyer	Ferris State	So.	Duluth, Minn./Central
Jackie Studor	Northwood	So.	Hinckley, Ohio/North Royalton
Missy Ward	Ferris State	Jr.	Fenton, Mich./Linden

Second-Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Hometown/High School</u>
Caitlin Duval	Grand Valley State	Fr.	Wyoming, Mich.
Stephanie Gillette	Findlay	Jr.	Toledo, Ohio/Start
Raquel Hansen	Ferris State	So.	West Olive, Mich./Grand Haven
Meghan Hunter	Ferris State	So.	Dexter, Mich.
Tracey Puckering	Grand Valley State	Jr.	Midland, Mich./Dow
Ashley Smith	Grand Valley State	Fr.	Plymouth, Mich./Salem

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Hometown/High School</u>
Michelle Boogaard	Grand Valley State	So.	Grand Rapids, Mich./South Christian
Katie Clementz	Findlay	Sr.	Continental, Ohio
Meghan Marks	Ashland	Sr.	Upper Arlington, Ohio
Jessica Slonaker	Gannon	So.	Sunbury, Pa./Shikellamy
Lotte Voermans	Northwood	Fr.	Tilburg, Netherlands

* - All-GLIAC Women's Golf selections are based upon a player's stroke average in her 10 best rounds in league play, including the three rounds of the GLIAC Tournament. All ties are broken by total strokes in the GLIAC Tournament.