



BECCI HOUDEK

**5-9 ♦ Freshman ♦ Guard
Canton, Mich.**



Coach Dorow on Houdek: Has a knack for finding open teammates ... Can pass the ball with either hand ... Makes others better ... Ability to score ... Solid shooter with good range ... Has quick hands and long arms.

High School: A 2007 graduate of Canton High School ... Averaged 15 points, 6.0 assists, 4.0 steals and 3.5 rebounds per game during the fall 2006 season ... Attained 2006 Associated Press Class A Honorable Mention All-State accolades ... Led the Chiefs to a 19-3 overall record and a district final appearance as a senior ... Prepped by Brian Samulski ... Helped team claim the Western Lakes Athletic Conference Championship for the second time in three years in final campaign ... Guided team to district titles in both 2003 and 2005 ... Four-time all-conference honoree ... Averaged nine points, five rebounds and four assists per contest in her junior campaign ... Honorable mention All-Metro and Basketball Coaches Association of Michigan (BCAM) All-State pick along with being chosen to both the *Detroit News* and *Detroit Free Press* All-Metro West Third Teams ... Claimed All-West First Team honors in her senior season ... Four-year letterwinner ... Also participated in soccer and was a 2006 Michigan Division I Honorable Mention All-State honoree.

Personal: Daughter of Randy and Donna Houdek of Canton, Mich. ... Born 4/17/89 in Southfield, Mich. ... Enjoys soccer ... National Honor Society member ... Has three brothers ... Applied biology major.

HOUDEK FILE

ATHLETE I LOOK UP TO
Tom Brady
DREAM JOB
Astronaut
MOTTO I LIVE BY
Just keep swimming!
PREGAME RITUAL
Watch a Disney movie
IF I COULD CHANGE THE GAME
Listen to music while we play
BEST NON-ATHLETIC TALENT
Math
SOMETHING FEW KNOW
I can't have sugar after 6
IF I HAD ONE WISH
Stay young forever
WORDS DESCRIBING ME
Intelligent, bouncy, loyal
FAVORITE SPORTS TEAM
Michigan Football



AMY JOOSTBERNS

**5-10 ♦ Freshman ♦ Forward
Nashville, Mich./Lakewood**



Coach Dorow on Joostberns: Tenacious inside player ... Smart player ... Learning more and more every day ... Good perimeter skills ... Works hard and competes every possession ... Adjusting to collegiate interior play.

High School: A 2007 graduate of Lakewood High School in Lake Odessa, Mich. ... Honorable mention all-state honoree ... Averaged 10.4 points, 6.8 rebounds and 3.0 assists per game while shooting 51% from the floor during the 2006 season ... Two-time first team all-county selection ... Attained team Most Valuable Player Award accolades ... Served as team captain ... Named honorary captain of the All-Capital Area Activities Conference Team ... Coached by Kate Prominski ... Four-year letterwinner ... Twice received conference all-academic award kudos ... Also competed in both volleyball along with track and field on the prep level.

Personal: Daughter of Tony and Brenda Joostberns of Nashville, Mich. ... Born 12/30/88 in Battle Creek, Mich. ... Hobbies include books and music ... Has an older sister, Stefanie, who is a member of the track and field team at Central Michigan University ... Mother is employed as a buyer and father is a tool room supervisor ... Majoring in marketing at Ferris State.

JOOSTBERNS FILE

MY DREAM JOB
General Manger of NBA Team
SOMETHING FEW KNOW
I love Elvis!
MY WORST FEAR
Birds
FAVORITE SONG
Jailhouse Rock by Elvis
ATHLETE I LOOK UP TO
Cheryl Ford
BIGGEST PET PEEVE
Mispronunciation
MY DREAM VACATION
Paris - relaxing and sightseeing
FAVORITE RESTAURANT
Bob Evans
IF I HAD ONE WISH
To be taller
FAVORITE SPORTS TEAM
Detroit Pistons



KATIE MOUNT

**5-6 ♦ Freshman ♦ Guard
Waterford, Mich./Mott**



Coach Dorow on Mount: Has fun playing basketball ... Aggressive player ... Unselfish competitor ... Ability to make things happen ... Continues to work hard on overall level of play ... All about the TEAM.

High School: A 2007 graduate of Waterford Mott High School ... Totaled nearly 13 points, four rebounds and four assists per game in her prep playing career ... Earned *Detroit Free Press* Class A Honorable Mention All-State kudos as a senior ... Coached by Andy Coleman ... Helped the Corsairs to a 13-10 overall record in 2006 ... Ranked among the top 50 basketball players in Oakland County ... Was a first team All-Area Lakes nominee for the Oakland Activities Association Division 2 school ... Helped team to a district crown for the first time in 25 years as a sophomore (2004) ... Team captain ... Attained all-conference and All-Area Lakes Second Team recognition in 2004 ... Picked up all-area first team honors as a junior (2005) while being ranked among the *Detroit Free Press* top 100 players statewide ... Also competed in softball and track at various points in her prep career

Personal: Daughter of Larry and Kathy Mount of Waterford, Mich. ... Born 10/29/88 in Milford, Mich. ... Participated in numerous community service activities and coached youth basketball ... Earned a Presidential Fitness Award and Citizenship Award ... National Honor Society member ... Likes the outdoors, hanging out with friends and working out ... Majoring in nursing at Ferris State.

MOUNT FILE

ATHLETE I LOOK UP TO
Teghan Thelen
FAVORITE BOOK
A child called "It"
WHAT MAKES ME LAUGH
Lorraine from Mad TV
MOTTO I LIVE BY
Biggest risk is not taking one
MEMORABLE FSU HIGHLIGHT
Making the timed mile
IF I HAD ONE WISH
Stay young & don't grow old
BIGGEST PET PEEVE
When people litter
GOAL FOR THIS YEAR
Improving my defense
MY WORST FEAR
Losing someone close
WORDS DESCRIBING ME
Unique, trustworthy and kind-hearted

