

## MEET THE 2005-06 BULLDOGS

SAM JOHNS



25  
Bulldogs

### 5-9 ♦ Soph. ♦ Guard/Forward Allendale, Mich.

**Coach Bloodworth-Fisk on Johns:** "Sam can do anything she sets her mind to. She's a tremendous athlete who can score from anywhere on the floor. Her court savvy is incredible and she has the ability to make things happen."

**College: 2004-05:** Started two contests ... Appeared in 26 outings ... Scored 10 points or more in six games ... Had a season-high 16 points and sank four three-pointers vs. Saginaw Valley State (2/12) ... Reached double-figures four times in a five-game stretch (2/3-2/12) ... Ranked third on squad in made three-pointers and fifth in steals ... Dished out six assists against Northwood (2/19) ... Pulled down nine rebounds vs. Northern Michigan (2/5) ... Made her collegiate debut in first league game vs. Findlay (12/2).

**High School:** A 2004 graduate of Allendale High School ... Guided AHS to the program's first 20-win campaign (21-4) by averaging 15.7 points, 4.3 rebounds and 3.5 assists per game during the 2003 season ... Was a four-time (2000-03) All-Ottawa Kent Silver Conference selection ... Led the Falcons to their third-straight district championship and attained honorable mention all-state accolades in 2003 ... Concluded her prep career as the school's all-time leading scorer with 1,262 career points ... Was the Falcons' leading scorer four consecutive seasons ... Four-time (2000-03) *Detroit Free Press* Scholar-Athlete Award recipient ... Helped AHS win a conference title in 2003 ... Served as the squad's team captain ... Twice (2002-03) received all-area honors ... Registered 16.8 points, 8.7 rebounds and 4.2 assists per outing in her junior campaign (2002) ... Prepped by both Brad and Susan VanTimmeran ... A four-year letterwinner ... Also competed in softball ... Played Amateur Athletic Union (AAU) basketball for the Shoreline Hoops squad.

**Personal:** Daughter of Russ and Wanda Johns of Allendale, Mich. ... Born 2/4/86 in Grand Haven, Mich. ... Was active in AHS' National Honor Society, Graduation Committee and the Athletic Advisory Committee ... Criminal justice major.

### CAREER HIGHS

Points	16 vs. Saginaw Valley State, 2/12/05
Rebounds	9 vs. Northern Michigan, 2/5/05
3-Pt. FG	4 vs. Saginaw Valley State, 2/12/05
Assists	6 vs. Northwood, 2/19/05
Steals	4 vs. Concord (W.Va.), 1/3/05
Blocks	1, three times, last vs. Northwood, 2/19/05
#Neutral Site	

### JOHNS FILE

**IF I HAD ONE WISH**  
Be able to dunk

**WORDS DESCRIBING ME**  
Loud, Loud, Loud

**WHO I'D LIKE TO PLAY 1-ON-1**  
Michael Jordan

**WHY I WEAR #25**  
I've always worn it

**ATHLETE I LOOK UP TO**  
Brad VanTimmeran

**MY PERSONAL GOAL**  
Injury-free all year

**DREAM VACATION**  
Anywhere warm & sunny

**IF I COULD CHANGE THE GAME**  
No blood, no foul

**BEST PART ABOUT FSU**  
Hanging out w/teammates

**MY BIGGEST PET PEEVE**  
People leaving blinker on while driving on highway

### Career Statistics

Year	G-GS	Fg-Fga	Pct	3M-At	Pct	Ft-Fta	Pct	Reb	Avg	Ast	To	Blk	Stl	Min	Pts	Avg
2004-05	26-2	59-148	.399	20-70	.286	13-21	.619	66	2.5	37	46	3	28	419	151	5.8
<b>Totals</b>	<b>26-2</b>	<b>59-148</b>	<b>.399</b>	<b>20-70</b>	<b>.286</b>	<b>13-21</b>	<b>.619</b>	<b>66</b>	<b>2.5</b>	<b>37</b>	<b>46</b>	<b>3</b>	<b>28</b>	<b>419</b>	<b>151</b>	<b>5.8</b>

KATIE LOOSVELT



3  
Bulldogs

### 5-3 ♦ Sophomore ♦ Guard Trenton, Mich./Carlson

**Coach Bloodworth-Fisk on Loosvelt:** "Katie's ready to take control on the court. She picks up the tempo and provides a spark each time she steps on the floor. She'll give opponents fits this year due to her defensive pressure on the ball."

**College: 2004-05:** Received action in all 28 games and started the final eight outings ... Netted a season-best 10 points at Wayne State (1/15) ... Had nine points on three other occasions ... Finished the year second on team with 84 assists ... Tallied eight assists at Northwood (1/16) ... Recorded five steals at Mercyhurst (1/22) ... Notched her first collegiate basket in the season opener vs. Lewis, Ill. (11/16) ... Sank six three-point baskets and made 30 free throws during the season.

**High School:** A 2004 graduate of Carlson High School ... Tallied a school single-season record 20.4 points per game as a senior during the 2003 campaign ... Three-time (2001-03) All-Michigan Mega Conference Gold Division honoree ... Led Marauders to an 18-3 overall record and a conference title in 2003 ... Coached by Chris Boller ... A three-year (2001-03) letterwinner ... Attained both *Detroit Free Press* and *Detroit News* Class B All-State accolades in her final campaign ... Garnered 2003 Basketball Coaches Association of Michigan All-State Special Mention kudos ... Compiled school single-season record 133 assists and 147 steals as a senior ... Three-time (2001-03) all-region pick ... Ranked as CHS' all-time leader in career assists (337), steals (424) and field goal percentage (.502) ... Received all-metro west and team MVP Award honors in 2003 ... Totaled 11 points, seven steals and five assists per outing as a junior (2002) ... Competed in volleyball and soccer along with track and field.

**Personal:** Daughter of Richard and Sandra Loosvelt of Trenton, Mich. ... Born 8/2/86 in Dearborn, Mich. ... Served as senior class president, vice president of the National Honor Society and named CHS' 2003 homecoming queen ... Participated in the student council and the Business Professionals of America ... Marketing major.

### CAREER HIGHS

Points	10 at Wayne State, 1/15/05
Rebounds	5, three times, last at Northern Michigan, 2/24/05
3-Pt. FG	2 vs. Northern Michigan, 2/5/05
Assists	8 at Northwood, 1/26/05
Steals	5 at Mercyhurst, 1/22/05
Blocks	None
#Neutral Site	

### LOOSVELT FILE

**WORDS DESCRIBING ME**  
Small, energetic, mature

**IF I COULD CHANGE THE GAME**  
Create a five-point line

**BEST PART ABOUT FSU**  
I love my team!

**MY BIGGEST PET PEEVE**  
Mean people & smoking

**SOMETHING FEW PEOPLE KNOW**  
I hate touching cotton balls

**FAVORITE SPORTS TEAM**  
Detroit Pistons

**WHY I WEAR #3**  
Always the smallest jersey

**IF I COULD DO ANYTHING**  
Provide lifelong happiness

**FAVORITE SONG**  
"We Built This City"

**SONG DESCRIBING ME**  
I wish I was a little bit taller by Skee-Lo

### Career Statistics

Year	G-GS	Fg-Fga	Pct	3M-At	Pct	Ft-Fta	Pct	Reb	Avg	Ast	To	Blk	Stl	Min	Pts	Avg
2004-05	28-8	24-89	.270	6-21	.286	30-46	.652	57	2.0	84	95	0	25	644	84	3.0
<b>Totals</b>	<b>28-8</b>	<b>24-89</b>	<b>.270</b>	<b>6-21</b>	<b>.286</b>	<b>30-46</b>	<b>.652</b>	<b>57</b>	<b>2.0</b>	<b>84</b>	<b>95</b>	<b>0</b>	<b>25</b>	<b>644</b>	<b>84</b>	<b>3.0</b>

