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For Immediate Release

## **Grand Valley State's Niki Reams Earns Second Straight GLIAC Women's Basketball Player of the Year Award**

**BAY CITY, Mich.** -- Senior forward **Niki Reams** of Grand Valley State University has been selected as the Great Lakes Intercollegiate Athletic Conference (GLIAC) women's basketball Player of the Year for the second consecutive season. Rookie center **Jaelyn Armstrong** of Lake Superior State University was chosen as Freshman of the Year. Coach of the Year honors went to Michigan Tech University's **John Barnes**. All three were selected by the GLIAC women's basketball coaches in conjunction with all-conference balloting.

**Reams** becomes the first GLIAC women's basketball player to earn consecutive Player of the Year awards since her current coach, GVSU skipper Dawn (Zarling) Plitzuweit, received the same accolades following the 1994 and 1995 seasons. Reams has poured in an outstanding year, averaging 16.0 points, 7.3 rebounds, 2.3 assists, and 2.2 steals per game. She ranks fifth in the GLIAC in scoring, fourth in rebounding, fifth in steals, seventh in blocked shots, eighth in free throw percentage, and 15th in field goal percentage. The Jennison, Michigan native has tallied over 1,000 points in just two seasons at GVSU. She was named the GLIAC North Division Player of the Week three times this season.

**Armstrong**, a native of Haslett, Michigan, has appeared in 25 of 26 games for the Lakers and ranks fourth on the team in scoring, averaging 10.3 points per game. She is shooting 45 percent from the field and averaging 4.5 rebounds per contest. She has displayed heroics for LSSU this season, hitting the game-winning jumper at the buzzer in a 70-68 victory over Ashland in December. Armstrong scored a season-high 25 points in a 90-87 overtime loss at Hillsdale and topped the 20-point plateau in road victories at Ferris State and Northern Michigan.

**Barnes** led his team to records of 19-7 overall and 14-4 in the GLIAC despite the Huskies' starting point guard suffering a season-ending injury in the opening game of the year. Tech, which finished with the league's second-best record, beat 17 of the 18 different teams on its schedule at least once. Since becoming the skipper for the MTU women after spending six seasons as the MTU men's assistant, Barnes owns career marks of 55-27 overall (.671 winning percentage) and 40-14 in league play (.741 winning percentage). Tech is in position to make its 12th overall and second straight appearance in the NCAA Tournament.

Joining Reams on the All-GLIAC North Division First Team are: Lake Superior State junior guard **Mandi Johnson** and senior center **Becky Marquardt-King**; Ferris State University junior guard **Erin Miller**; and Michigan Tech junior guard **Catherine Rottier**.

The All-GLIAC South Division First Team includes: Mercyhurst College junior forward **Julie Anderson**; Gannon University junior forward **Christina Jackson**; Ashland University sophomore guard **Lisa Graue** and junior guard **Amber Rall**; along with Hillsdale College junior forward **Nikki Wustman**.

*-more-*

**Great Lakes Intercollegiate Athletic Conference  
2005-06 Women's Basketball All-Conference Teams and Postseason Awards**

**Player of the Year:** Niki Reams - Grand Valley University (Sr, F, Jenison, Mich.)  
**Freshman of the Year:** Jaclyn Armstrong - Lake Superior State University (Fr, C, Haslett, Mich.)  
**Coach of the Year:** John Barnes - Michigan Tech University

**GLIAC North Division All-Conference First Team**

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Pos.</u>	<u>Hometown/High School</u>
Mandi Johnson	Lake Superior State University	Jr.	F	St. Ignace, Mich.
Becky Marquardt-King	Lake Superior State University	Sr.	C	Sault Ste. Marie, Mich./Sault Area
Erin Miller	Ferris State University	Jr.	G	Niles, Mich.
Niki Reams	Grand Valley State University	Sr.	F	Jenison, Mich.
Catherine Rottier	Michigan Tech University	Jr.	G	Seymour, Wis.

**GLIAC South Division All-Conference First Team**

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Pos.</u>	<u>Hometown/High School</u>
Julie Anderson	Mercyhurst College	Jr.	F	Verona, Ontario/Sydenham
Lisa Graue	Ashland University	So.	G	Dayton, Ohio/Wayne
Christina Jackson	Gannon University	Jr.	F	Lorain, Ohio/Southview
Amber Rall	Ashland University	Jr.	G	Bucyrus, Ohio/Wynford
Nikki Wustman	Hillsdale College	Jr.	F	Grandville, Mich./Calvin Christian

**GLIAC North Division All-Conference Second Team**

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Pos.</u>	<u>Hometown/High School</u>
Julia Braseth	Grand Valley State University	Jr.	F	Grand Rapids, Mich./East G.R.
Kristin Reinhart	Ferris State University	Jr.	G	East Lansing, Mich.
Erika Ryskamp	Grand Valley State University	Jr.	G	Schoolcraft, Mich.
Amanda Sieja	Michigan Tech University	Sr.	C	Middleton, Wis.
Crystal Zick	Grand Valley State University	So.	G	Bryon Center, Mich.

**GLIAC South Division All-Conference Second Team**

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Pos.</u>	<u>Hometown/High School</u>
Jenn Carlson	Hillsdale College	Jr.	G	Clarkston, Mich.
Casey England	Gannon University	Jr.	G	Van Buren, Ohio
Jodie Haines	Hillsdale College	Jr.	G	Grand Rapids, Mich./Kenowa Hills
Kristen Rogers	Wayne State University	Sr.	G	Lansing, Mich./Everett
Michelle Vorst	University of Findlay	Sr.	G	Ottoville, Ohio

**GLIAC North Division All-Defensive Team**

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Pos.</u>	<u>Hometown/High School</u>
Mandi Johnson	Lake Superior State University	Jr.	F	St. Ignace, Mich.
Sarah Magee	Michigan Tech University	Sr.	F	Green Bay, Wis./Bay Port
Niki Reams	Grand Valley State University	Sr.	G/F	Jenison, Mich.
Catherine Rottier	Michigan Tech University	Jr.	G	Seymour, Wis.
Erika Ryskamp	Grand Valley State University	Jr.	G	Schoolcraft, Mich.

**GLIAC South Division All-Defensive Team**

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Pos.</u>	<u>Hometown/High School</u>
Julie Anderson	Mercyhurst College	Jr.	F	Verona, Ont./Sydenham
Lisa Graue	Ashland University	So.	G	Dayton, Ohio/Wayne
Christina Jackson	Gannon University	Jr.	F	Lorain, Ohio/Southview
Gretchen Rocco	Hillsdale College	Sr.	G	Olivet, Mich.
Nikki Wustman	Hillsdale College	Jr.	F	Grandville, Mich./Calvin Christian