

MEET THE 2008-09 BULLDOGS

JENNA GUAY



**6-1 ♦ Senior ♦ Forward/Center
Escanaba, Mich.**

Coach Dorow on Guay: Continues to progress ... Strong and determined defensive player ... Great communicator on the floor ... Improved her overall post play ... Tough matchup for opponents.

College: 2007-08: Started 28 of 29 games ... Earned GLIAC Player of the Week laurels to start the year after being named to Quincy Subway Classic All-Tourney Team ... Tallied career-high 21 points vs. Delta State (11/17) ... Had 14 boards at Quincy (11/16) ... Had 11 double-figure scoring games ... Was team's second-leading rebounder and fourth-leading scorer ... 2006-07: Made two starts and played in all 32 contests ... Had 16 points and nine rebounds vs. Marygrove (2/22) ... Added 10 points vs. Northwood (2/3) ... Matched school field goal percentage record vs. Marygrove (1.000; 8-8) ... Had 91 points and 77 rebounds ... 2005-06: Saw action in 24 contests and started three games ... Received squad's Rookie of the Year Award ... Netted 90 points and 73 rebounds ... Scored 10 points in four different contests ... Netted 10 points and six rebounds against Marygrove (1/9).

High School: A 2005 graduate of Escanaba High School ... Registered 11.5 points and six rebounds per game as a senior ... Led team in scoring and rebounding ... Two-Time All-Northern Conference pick ... Presented Escanaba Basketball Fan Club Award ... Was coached by Tracy Erickson ... Earned three varsity letters ... Helped Eskymos win a conference title in 2002 ... Earned two varsity volleyball letters along with three in track and field ... Led EHS to 2004 Michigan Upper Peninsula Division I Track and Field title.

Personal: Daughter of David and Gail Guay of Escanaba, Mich. ... Born 5/5/87 in Neenah, Wis. ... Interests include basketball and volleyball ... Father is a mechanical engineer while mother works as a registered nurse ... Was active in school's Key Club ... Older sister, Chelsey, plays volleyball at Saint Xavier (Ill.) in Chicago ... Enjoys outdoor activities such as snowboarding and riding snowmobiles ... Majoring in nursing.

CAREER HIGHS

| | |
|---------------|---|
| Points | 21 vs. Delta State (Miss.), 11/17/07 |
| Rebounds | 14 at Quincy (Ill.), 11/16/07 |
| 3-Pt. FG | None |
| Assists | 4 at Northern Michigan, 2/11/06 |
| Steals | 2, five times, last at Ashland, 1/31/08 |
| Blocks | 3, twice, last vs. St. Francis (Ind.), 12/20/06 |
| #Neutral Site | |



GUAY FILE

WORDS OF WISDOM
"Whatever it is, if he brings you to it, he'll bring you through it."

QUOTE:
"It'll be all good in the end, if it's not good ... it's not the end."

Career Statistics

| Year | G-GS | Fg-Fga | Pct | 3M-At | Pct | Ft-Fta | Pct | Reb | Avg | Ast | To | Blk | Stl | Min | Pts | Avg |
|---------------|--------------|----------------|-------------|------------|-------------|----------------|-------------|------------|------------|-----------|------------|-----------|-----------|-------------|------------|------------|
| 2005-06 | 24-3 | 33-79 | .418 | 0-0 | .000 | 24-35 | .686 | 73 | 3.0 | 12 | 24 | 10 | 7 | 273 | 90 | 3.8 |
| 2006-07 | 32-2 | 39-76 | .513 | 0-0 | .000 | 13-19 | .684 | 77 | 2.4 | 20 | 27 | 10 | 7 | 314 | 91 | 2.8 |
| 2007-08 | 29-28 | 88-157 | .561 | 0-0 | .000 | 70-94 | .745 | 160 | 5.5 | 36 | 57 | 13 | 12 | 615 | 246 | 8.5 |
| Totals | 85-33 | 160-312 | .513 | 0-0 | .000 | 107-148 | .723 | 310 | 3.6 | 68 | 108 | 33 | 26 | 1202 | 427 | 5.0 |

BECCI HOUDEK



**5-9 ♦ Sophomore ♦ Guard
Canton, Mich.**

Coach Dorow on Houdek: Has a knack for finding open teammates ... Can pass the ball with either hand ... Makes others better ... Ability to score ... Solid shooter with good range ... Has quick hands and long arms.

College: 2007-08: Started 13 of her 28 games ... Had six double-figure scoring performances, including a season-high 15 points vs. Lake Superior State (2/16) ... Notched double-digit scoring in four of her final six contests of the campaign ... Had 14 points in GLIAC Tourney Quarterfinals at Northwood (3/1) ... Placed third on team in steals and fourth in assists ... Was squad's sixth-leading scorer and ranked second in free throw percentage (.853) for the year ... Ranked third among team's performers with 14 three-pointers.

High School: A 2007 graduate of Canton High School ... Averaged 15 points, 6.0 assists, 4.0 steals and 3.5 rebounds per game during the fall 2006 season ... Attained 2006 Associated Press Class A Honorable Mention All-State accolades ... Led the Chiefs to a 19-3 overall record and a district final appearance as a senior ... Prepped by Brian Samulski ... Helped team claim the Western Lakes Athletic Conference Championship for the second time in three years in final campaign ... Guided team to district titles in both 2003 and 2005 ... Four-time all-conference honoree ... Averaged nine points, five rebounds and four assists per contest in her junior campaign ... Honorable mention All-Metro and Basketball Coaches Association of Michigan (BCAM) All-State pick along with being chosen to both the *Detroit News* and *Detroit Free Press'* All-Metro West Third Teams ... Claimed All-West First Team honors in her senior season ... Four-year letter-winner ... Also participated in soccer and was a Honorable Mention All-State honoree.

Personal: Daughter of Randy and Donna Houdek of Canton, Mich. ... Born 4/17/89 in Southfield, Mich. ... Enjoys soccer ... National Honor Society member ... Has three brothers ... Played varsity soccer at Ferris this fall (2008) and earned second-team All-GLIAC honors as a starting goalkeeper ... Secondary education major with a math major and history minor.

CAREER HIGHS

| | |
|---------------|-------------------------------------|
| Points | 15 vs. Lake Superior State, 2/16/08 |
| Rebounds | 7, twice, last at Northwood, 3/1/08 |
| 3-Pt. FG | 3 vs. Lake Superior State, 2/16/08 |
| Assists | 6 vs. Grand Valley State, 2/23/08 |
| Steals | 5 at Hillsdale, 2/14/08 |
| Blocks | 3 vs. Mercyhurst, 1/19/08 |
| #Neutral Site | |



HOUDEK FILE

WORDS OF WISDOM
"Don't let others change who you are."

QUOTE:
"The only one that can say you can't do something is you ... and you don't have to listen."
- Nike

Career Statistics

| Year | G-GS | Fg-Fga | Pct | 3M-At | Pct | Ft-Fta | Pct | Reb | Avg | Ast | To | Blk | Stl | Min | Pts | Avg |
|---------------|--------------|---------------|-------------|--------------|-------------|--------------|-------------|-----------|------------|-----------|-----------|-----------|-----------|------------|------------|------------|
| 2007-08 | 28-13 | 54-111 | .486 | 14-38 | .368 | 29-34 | .853 | 78 | 2.8 | 66 | 41 | 10 | 31 | 502 | 151 | 5.4 |
| Totals | 28-13 | 54-111 | .486 | 14-38 | .368 | 29-34 | .853 | 78 | 2.8 | 66 | 41 | 10 | 31 | 502 | 151 | 5.4 |

