

Revised 7/23/07

## PROPOSAL SUMMARY AND ROUTING FORM

**Proposal Title: Psychology of Interpersonal Relationship**

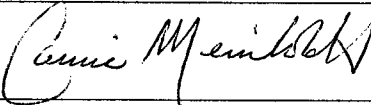
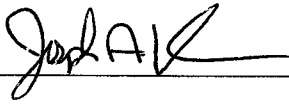
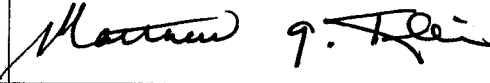
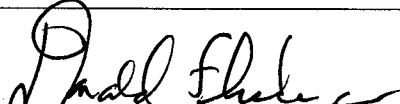
**Initiating Unit or Individual: Connie Meinholdt - Psychology Program**

**Contact Person's Name: Connie Meinholdt e-mail: ConnieMeinholdt@ferris.edu**

**phone: 231-591-2759**

**Date or Term of Proposal Implementation: Summer 2008**

- Group I - A – New degree/major or major, redirection of a current offering, or elimination of a degree, major or minor
- Group I - B – New minors or concentrations
- Group II - A – Minor curriculum clean-up and course changes
- Group II - B – New Course
- Group III - Certificates
- Group IV – Off-Campus Programs

Group/Individual	Signature	Date	Vote/Action *
Program or Academic Unit Faculty			<input checked="" type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support
Department Faculty			<input type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support
Department Head			<input checked="" type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support
College Curriculum Committee			<input type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support
Dean			<input checked="" type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support
University Curriculum Committee			<input type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support
Senate			<input type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support
Academic Affairs		3/26/08	<input checked="" type="checkbox"/> Support <input type="checkbox"/> Support with Concerns <input type="checkbox"/> Not Support

\* Support with Concerns or Not Support must include a list of specific concerns. Votes must be shown for faculty groups. Administrators check appropriate action taken.

**To be completed by Academic Affairs**

\_\_\_\_\_  
President (Date Approved)

\_\_\_\_\_  
Board of Trustees (Date Approved)

\_\_\_\_\_  
President's Council (Date Approved)

**1. Proposal Summary**

(Summary is generally less than one page. Briefly: state what is proposed with a summary of rationale and highlights. Additional rationale may be attached.)

**Psychology of Interpersonal Relationships** – The most commonly cited reason for seeking psychological therapy is having trouble in an interpersonal relationship. This course will examine multiple psychological aspects of relationships to better understand why and how our relationships can make us “crazy” or enhance the overall quality of life and health. Course topics will include: (1) an introduction to studying relationships using the scientific method, (2) parent-infant relationships and how children acquire mental models for friendships and later dating relationships, (3) attraction and dating in young adults including evolution theory on mating behavior and helping behavior, (4) love, sexuality and commitment, (5) communication patterns and an introduction to counseling interventions, (6) relationship problems (e.g. jealousy, deception, betrayal, conflict and violence) (7) the individual challenges of shyness and loneliness, and (8) adjustment issues at loss of relationship through divorce or death. Finally, I would like to include a brief section on the influence of information technology on relationships.

Proposed textbook: Perlman & Brehm. (2006). *Intimate relationships*, (4<sup>th</sup> ed.) McGraw Hill Publishers

**2. Summary of All Course Action Required\***

a. **Newly Created Courses to FSU:**

Prefix	Number	Title
Psyc	390	Psychology of Interpersonal Relationship

b. **Courses to be Deleted From FSU Catalog:**

none at this time – Psyc 390 – Psychology of Interpersonal Relationships would be a summer-only course for 2008, although it might be taught in future summers.

Prefix	Number	Title
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c. **Existing Course(s) to be Modified:**

Prefix	Number	Title
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d. **Addition of existing FSU courses to program**

Prefix	Number	Title
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e. **Removal of existing FSU courses from program**

Prefix	Number	Title
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\*Contact Senate Secretary or UCC Chair if spaces for additional courses are needed.

## NEW COURSE INFORMATION FORM

*See Sample – Limit to Two Pages Please*

### Course Identification:

<b>Prefix:</b>	<b>Number</b>	<b>Title</b>
Psyc	390	Psychology of Interpersonal Relationships

### Course Description:

**Psychology of Interpersonal Relationships** – The most commonly cited reason for seeking psychological therapy is having trouble in an interpersonal relationship. This course will examine multiple psychological aspects of relationships to better understand why and how our relationships can make us “crazy” or enhance the overall quality of life and health. Course topics will include: (1) an introduction to studying relationships using the scientific method, (2) parent-infant relationships and how children acquire mental models for friendships and later dating relationships, (3) attraction and dating in young adults including evolution theory on mating behavior and helping behavior, (4) love, sexuality and commitment, (5) communication patterns and an introduction to counseling interventions, (6) relationship problems (e.g. jealousy, deception, betrayal, conflict and violence), (7) the individual challenges of shyness and loneliness, and (8) adjustment issues at loss of relationship through divorce or death. Finally, I would like to include a brief section on the influence of information technology on relationships.

Proposed textbook: Perlman & Brehm. (2006). *Intimate relationships*, (4<sup>th</sup> ed.) McGraw Hill Publishers

### Course Outcomes and Assessment Plan:

1. Understand how to use basic scientific methods for studying human relationships
  - Exams will be used to assess knowledge of the scientific method and its' application in studying psychology of relationships
  - One short paper will propose a research project to study internet relationship behavior
2. Acquire fundamental knowledge of psychological theories that address emotions, cognition, relationship development, and psychotherapy processes
  - Exams will be used to assess knowledge and application of theories for explaining relationship behaviors
  - One short paper analyzing a relationship in the news
3. Identify key factors leading to distress, conflict, violence, break-up or divorce and learn some fundamental principles of intervention and referral-making
  - Exams will be used to assess knowledge of about relationship problems and appropriate interventions (or referrals)
4. Recognize the benefits or applications of psychological knowledge about relationships to daily life concerns
  - Students will produce a reading/discussion journal describing how theories succeed or fail to explain relationship behavior

**Course Outline including Time Allocation:**

May 20, 2008	Introduction & scientific method applied to relationship research (2 hours)
May 21	Attachment theory and relationship schemas (2 hours)
May 22 - 23	Attraction - Dating, mating, relationship beliefs, social cognition theory, evolution theory (4 – 5 hours)
May 27 - 30	Exam I - 5/27 (1 hour) Reading Journal Review by professor Love (2 hours) Commitment & social exchange theory (2 hours) Sexuality, (2 hours)
June 2	Communication, gender differences (2 hours)
June 3 – 6	Stresses & Strains (2 hours) Conflict, violence (2-3 hours) Basic counseling interventions with distressed couples (3-4 hours)
June 9 - 11	Individual challenges – shyness, loneliness (2 hours) Perversions, fetishes, stalking, and other pathologies (2 hours) Counseling with individuals (2 hours)
June 13	Exam II - 6/11 (one hour) Reading Journal Review by professor Coping with loss – death or divorce (1 - 2 hours)
June 16 – 17	Research proposal (6/16) Information technology relationships (2 – 3 hours) Exam III - 6/17 (1 hour)

**CREATE NEW COURSE**  
Course Data Entry Form

**FORM F**

**Create New Course**  
Rev. 07/23/07

**I. ACTION TO BE TAKEN: CREATE A NEW COURSE**

Notes

1. Complete each item in Section I and Section II.
2. If this course is to be used as a prerequisite for other university courses, Form Fs that reflect the prerequisite change must be submitted for those courses as well.

Term Effective (6 digit code only): 200805 Examples: 200801(Spring), 200805(Summer), 200808(Fall)  
Note: The first four digits indicate year, the next two digits indicate month in which term begins.

**II. PROPOSED FOR NEW COURSE: Complete all sections a through r.** See manual for clarification.

a. Course Prefix

Psyc

b. Number

390

c. Enter Contact Hours per week in boxes.

LECTure  LAB  Independent Study – Check (x)

Practicum:  Seminar:

d. Course Title: Psychology of Interpersonal Relationship (Limit to 30 characters/spaces.)

e. College Code: Arts & Sciences f. Department Code: SSCI

Credit Hours: Check (x) type and enter maximum and minimum hours in boxes.

g. Type:  Variable  Fixed h. Minimum Credit Hours 3 i. Maximum Credit Hours

j. May Be Repeated for Added Credit: Check (x)  Yes  No

k. Levels: Check (x)  Undergraduate  Graduate  Professional

l. Grade Method: Check (x)  Normal Grading  Credit/No Credit only (Pass/Fail)

m. Does proposed new course replace an equivalent course? Check (x)  Yes  No

n. Equivalent course: Prefix  Number  See instructions on Replacement courses.

**o. CATALOG DESCRIPTION** – Limit to 75 words – PLEASE BE CONCISE.

This course will examine psychological aspects of relationships that can be distressing or vitalizing. Topics include: parent-infant relationships, attraction and dating, evolution theory, communication, commitment, love and sexuality, relationship problems (e.g. jealousy, betrayal and violence), and adjustment issues at loss of relationship through divorce or death. Finally a brief section on the influence of information technology on relationships will be included.

p. Term(s) Offered: 200805 (See instructions for listing.) q. Max. Section Enrollment: 40

r. Prerequisites/Co-requisites/Restrictions: (If none, leave blank.) Limited to 100 spaces. Psyc 150.

UCC Chair Signature/Date:

Academic Affairs Approval Signature/Date:

Daniel Fluty - 3/22/08

To be completed by Academic Affairs Office: - Standard & Measures Coding and General Education Code  
 Basic Skill (BS)  General Education (GE)  Occupational Education (OC)  G.E. Codes

**Office of the Registrar use ONLY**

Date Rec'd: \_\_\_\_\_ Date Completed: \_\_\_\_\_ Entered: SCACRSE \_\_\_ SCADETL \_\_\_ SCARRES \_\_\_ SCAPREQ \_\_\_

## GENERAL EDUCATION APPROVAL FORM

Form G plus justification of the General Education designation being sought must be sent to the General Education Coordinator (preferably electronically). The criteria for each designation can be found FSU General Education website:

<http://www.ferris.edu/HTMLS/academics/gened/gened.html>

Upon review, the form below will be completed by the **University General Education Committee** for the courses that will meet General Education requirements. The form must be included in the proposal packet.

**Course Prefix:** Psyc **Course Number:** 390

**Course Title:** Psychology of Interpersonal Relationships **G. E. Codes Requested:**  
S

<p style="font-size: small;">G.E. Codes: G=Global Consciousness; R=Race/Ethnicity/Gender Issues; S=Social Awareness; C=Cultural Enrichment; W=Writing Intensive; Z=Scientific Understanding</p>
<p><b>Initiator:</b> <u>Connie Meinholdt</u> <b>Date Sent:</b> <u>February 29, 2008</u></p> <p><b>Proposal Contact:</b> <u>Connie Meinholdt</u> <b>Email:</b> <u>ConnieMeinholdt@ferris.edu</u></p> <p><b>Department:</b> <u>Social Sciences</u> <b>Campus Address:</b> <u>2072 ASC</u></p> <p><b>Please Print</b></p>

<p><b>University General Education Committee:</b> _____</p> <p><b>Chair:</b> _____ <b>Date Returned:</b> _____</p>
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Based upon University General Education Committee review on \_\_\_\_\_(date), we

- Support the request to designate the course listed above as a \_\_\_\_\_(insert Gen. Ed. Designation(s).)
- Do not support the request to designate the course listed above as a \_\_\_\_\_(insert Gen. Ed. Designation(s) for reasons listed below.

**Comments:**

\_\_\_\_\_

## College of Arts and Sciences

March 25, 2008

**TO: Thomas Oldfield, Vice President of Academic Affairs  
Meral Topcu, Chair, College Curriculum Committee**

**FR: Matthew A. Klein, Dean** *MAK*

**RE: PSYC 390 – Psychology of Interpersonal Relationship**

Enclosed for your information is the proposal for PSYC 390 – Psychology of Interpersonal Relationship which I have approved to be offered Summer 2008 by the Social Sciences Department.

Thank you.

Cc: Andy Karafa  
Valerie Greenfield

REC'D MAR 26 2008